

# JNTA THE PHOENIX JOURNAL

Y2K—THE NEW MILLENNIUM

KNOWING TRUTH IS NOT ENOUGH. SUCCESSFUL CHANGE REQUIRES ACTION

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**NEWS REVIEW** 

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### PECIAL REPORT:

# To Your Good Health In The New Millennium

"CHEMTRAILS"

Editorial Comment:

With many of the emergency wards in larger hospitals reported to be jammed beyond capacity—a condition attributed to this year's "flu season"—this is an excellent time to review the products with which we have been graciously provided to attend to our health. Accordingly, the bulk of this article is derived however, if viewed from a satellite, would provide from Journal #130, which we refer to as the "Health Book". First, however, let's examine a possible being sprayed. explanation for this pandemic.

"normal" for the "flu season" to peak at this time, we have to wonder if there might be something in the air—literally. Reports on the Internet indicate that there are widespread patterns of "chemtrails" (apparent contrails that are NOT normal contrails) across the continent at this time. If you look in the sky above you-what do YOU see?

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there are days when the entire cloudy sky is striated, indicating a heavy pattern of spraying, and there is rarely a day when there is not some evidence of spraying. While the striation pattern is the most common and the "X" pattern occurs frequently, the most telling is the "O" pattern—since when does an airplane fly in a perfect circle? Such a pattern, excellent knowledge of the dispersal of whatever is

Is this some form of mass vaccination program? While the major news media report that it is Or are the powers-that-be "just testing" some chemicals on the public? Either way, the lack of informed consent puts those behind such a program into the category of criminals, as defined by the Nuremberg Codes—derived from the Nuremberg Trials, at which many of the most infamous Nazi scientists were tried. Let's not forget about Project Paper Clip, either—the program which imported many

> Nazi scientists to this country to continue their work after World War II.

> To provide some insight into this chemtrail issue, we turn with great respect and appreciation to Mike Blair and The SPOTLIGHT newspaper. Complete subscription

In Las Vegas, where this newspaper is produced, information is included at the end of the article. We encourage any who can afford to do so to please support Liberty Lobby and The SPOTLIGHT.

[QUOTING:]

#### WARFARE CHEMICALS BEING TESTED

By Mike Blair

The strange-looking streaks in the sky aren't your imagination. They are anti-bacteriological warfare chemicals being tested by the federal government. And the public has been kept in the dark.

The Pentagon, and possibly other federal government entities, is testing anti-biological warfare agents, which produce the mysterious "chemtrails" that are appearing on an irregular basis in the skies over many American cities, towns and rural areas, according to a scientific researcher in an exclusive interview with The SPOTLIGHT.

An Air Force veteran who, while on active duty, was attached to the nation's top-secret National Security Agency (NSA), presents compelling evidence that the Pentagon is using regular Air Force and Air Force National Guard aircraft to release anti-bacteriological warfare chemicals into the skies.

(Continued on page 2)

### **ALSO IN THIS ISSUE**

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over central Virginia. They were initially reported nationally by The SPOTLIGHT.

Since *The SPOTLIGHT*'s original report, thousands of people across the country have contacted this newspaper about the telltale streaks in the sky. Some casually look at the "contrails", thinking they are from a plane's engine exhausts, condensing water vapor into a visible cloud.

#### **UNLIKE TRUE CONTRAILS**

If you closely watched the trails over an extended period of time, you could tell they are unlike regular aircraft contrails. The chemtrails do not rapidly disperse. Instead they gradually spread out in a lacy pattern, ultimately forming what appears to be banks of clouds.

Even after fanning out, the chemtrails can be readily spotted because the banks of clouds are in straight lines across the sky as they mesh together. Sometimes they turn an otherwise sunny day into one that is overcast.

he believes he has tracked the chemical spraying to the "unconventional pathogen-countermeasures program" of the top secret Defense Advanced Research Projects Agency (DARPA). The agency has funded laboratory studies and tests conducted by scientists at the University of Michigan at Ann Arbor.

DARPA Director Lawrence H. Dubois claims the agency is "not doing any large-scale or outdoor testing" and he knows of "no evidence that [the chemical substance] is being sprayed from aircraft by any agency of the federal government". However, The SPOTLIGHT's source said he is convinced that DARPA is deeply involved in the massive spraying.

#### **EXTENSIVE RESEARCH**

"After talking to friends in Congress, government and medicine, I have been referred to the University of Michigan and Dr. James Baker, Jr., his nanotechnology oil-water liquid—the same liquid developed by Dr. Craig Wright, a scientist at Novavax Inc. in Columbia, Md.," the researcher said. "I speak for thousands of American citizens who are being sprayed by military aircraft and haven't a clue why the government is spraying and lying to them. They are very concerned in light of the present Administration."

The researcher said the government is planning for a biological attack against the United States. Government officials have referred to such an attack as "not if, but when".

A number of Third World countries hostile to the United States as well as Russia and Red China are involved in massive chemical and biological warfare development programs.

The government and its scientists claim that the chemicals being tested are harmless to humans. The researcher disagrees.

"Certain illnesses including pneumonia tracked the 800-522-6292, OR send check or money order to: spraying effort across America but the American people have not been told about the project," the researcher said. "In fact, government agencies have deliberately lied to the citizens again and again.

"These aircraft trails appear below 10,000 feet and do not act like ice crystals. Spray from aircraft are

The chemtrails were detected some two years ago observed cutting on and off as you would throw a switch on the aircraft control panel. Grid patterns are final piece by Sandra Tulanian) consists of excerpts of painted in the sky with 'X' and circles are also numerous writings by Commander Hatonn from late painted."

> being sprayed is responsible for "rainbow-like" colorations that appear frequently during the formation of the chemtrails. The "X" found in an area being sprayed probably marks the areas for satellite study of the dispersal patterns.

#### **ATTACK**

Government officials are concerned about a biological attack against the United States involving the use of the deadly disease anthrax, which several countries, including Iraq and North Korea, are developing as a biological weapon.

Government officials also are concerned about the development of a pandemic outbreak of a deadly flu, similar to the so-called Spanish Flu that killed tens of millions worldwide in 1918.

Recent outbreaks of a new flu strain in Hong Kong, The former researcher told *The SPOTLIGHT* that which appears to be transmitted by chickens, has given rise to fears about a pandemic outbreak developing and quickly sweeping across the globe.

> As it turns out, the chemical substance is being tested at the University of Michigan under Baker's direction. Baker, a professor of internal medicine, serves as Director of the Center for Biologic Nanotechnology at the university's medical school, which is effective at countering hopefully better meet demand. We are not in major flu viruses and anthrax spores.

The substance, called BCTP, is a milky-white emulsion of tiny lipid droplets suspended in solvent developed by Wright, chief research scientist at Novavax. Wright is also President of Novavax Biologics Division. Novavax is a bio-pharmaceuticals company.

BCTP is made of water, soybean oil, Triton X 100 detergent and the solvent tri-n-butyl phosphate. BCTP envelops the viruses and spores, causing them to explode and thus destroying them upon contact.

The researcher told The SPOTLIGHT that he believes the Clinton Administration is using BCTP as a countermeasure against anthrax, deadly influenza and other potential biological killers. If, for example, the government instituted a full-scale anthrax vaccination program, the public would panic, the researcher noted. This is particularly true in the wake of a mandatory anthraxvaccination program instituted by the military, he said. Many critics are convinced the military is using an unsafe vaccine.

"I believe the government is undertaking experiments with BCTP, a means of countering an anthrax or other biological attack without anyone being at war," the researcher said. "It is, I think, a case of 'what they don't know won't hurt them—it may help them.'

"But the point is, you don't experiment on the public without their knowledge and consent, or at least that is the way it's supposed to be," he added.

[END QUOTING]

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Most of the rest of this lengthy article (all but the 1992 through early 1995 which were placed in Journal According to the researcher, the oil in the substance #130, TRACKING DOWN THE KILLER, pp 143-218. We generally refer to this Journal and its compilation of health-related information as the "Health Book".

#### 12/25/92—#1

I have asked that full information be given on Gaiandriana along with writing on products which WE HAVE MADE AVAILABLE TO YOU-FOR RECOVERY OF YOUR HEALTH. You are going to have to begin your program with cleansing of the parasites you carry within. This is easy to accomplish but it is mandatory. Why? Because the parasites utilize your nutrients that "accidentally" make it past the "neutralizer of good food" and are now being USED AS VIRAL AND MICROBE CARRIERS to "getcha".

Then, you are going to have to attend intake enough to get balanced. I further advise good supplements and then ongoing attention through the "gaias" and "drias" to maintain, and shore up continually, your immune systems. We can't get all the information into this Journal but we can get enough that you can begin to utilize the information immediately.

I am asking the crew to rev up the motors to marketing of anything—we don't even WANT TO BE. We want to be able to share with you for as long as allowed. In that way we will be left alone for the most

YOU ARE TRULY IN THE MIDDLE OF THE WAR FOR YOUR WORLD! This is a WAR you CANNOT win with the sword. Salu.

#### GOD'S TANGIBLE GIFT TO YOU

I am herein making an announcement of God's gift to you, HIS faithful. I have worked hand-in-hand (actually mind-to-mind) with our most beloved Wendell Hoffmann (for I desire that he have credit and appreciation for his open willingness to "give me a hearing") and we have ready for you something which none other on the planet yet has in its "whole" form. My blessed children are working as quickly as possible here and are working hours without end to arrange to get this to any who desire it—immediately as the mails can move it. There is much to be worked out but we have been petitioned to NOT hold the supplement for details. YOU NOW HAVE THE "WHOLE" SUBSTANCES WHICH WILL GIVE RE-CREATION TO YOUR CELLULAR STRUCTURE INTO WHOLENESS AS RENEWED.

The basic structured product is to be called: Gaiandriana. The substance made with this addition was added to the "bread" substance sustaining the children of Moses in the desert, called "manna". As our children will package it for you, the mixture can be added to "Life Crystal" so that the product already in possession can be utilized without loss to any of you. Instructions will be given. The details shall be given directly but OUR ONES JUST BACK FROM WITNESSING AND MAKING ARRANGEMENTS ASKED THAT WE GIVE YOU "KNOWING"

#### TODAY, CHRISTMAS [1992].

The next question will obviously be: "Will it be marketed widespread through stores, etc.?" I would guess that, to meet your regulations, it most likely will, at some time, be offered—or through a network or something similar. The point is to offer to ALL who wish healing and better life quality in bodily stamina, etc. We also must be sure that all costs are covered, for ones have gone without resources to accomplish this task. We are not through perfecting the "products" but we know that you do not wish to wait for perfection of packaging, etc. "If" ones will take the new product, supplement, with chlorella, with or without the addition of hydrogen peroxide, you have all that you MUST have to begin the re-creation of perfection in the cellular structure and recovery of imperfect immune systems. All substances utilized are pure and simply substances without chemical additions. This is WHY there will be effort to stop the flow of the product itself. So, use discretion in how you speak of this supplement so that we can have the value without the "war". Thank you. Perhaps a notice will be readied for this paper's edition—the holiday interruption makes it difficult for the workers to handle the added load. Kathy and Dave, Diane and Jack have volunteered to do the work and I bless them for their continued service without complaint or stinting. KNOW, chelas, that in the "giving" comes automatically the reward in like kind. Ah, if man would ever but learn this simple fact of "being". When the receiver is ready for the GIFT—so then shall GOD provide! \*\*\*\*

#### 12/28/92—#1

#### **GAIANDRIANA**

Yes, for you who are waiting for the supplement: We are working as fast as little hands can move. We do, however, require protection of the products and full control over all advertising so that nothing is done or said which takes this out of the supplement category. What seems most appropriate to do is integrate capability of utilizing that which you already have acquired from this resource and shift over. Supplies are being built but it takes time to meet regulations of labels, etc. Be a bit patient, please. We will also be bringing forth a chlorella with introduced cellular programming specific to each consumer. The DNA will reprogram its crystal-program to individualize. This will be a "whole food" product—not drug, not "chemical", and fully NATURAL. It will reclaim in wholeness the cellular structure specific to type of cell within the body. This means that the immune system will reclaim itself.

There will be specific supplement already programmed for various compromised organs, i.e., liver, kidney, etc. But that will need more attention before it can be released without being stopped in allowed distribution.

Since the supplements will reclaim the immune system, the immune system will function without being compromised so all mutant-cell diseases and viral activities will be targeted and the body will reclaim itself.

Remember that when the student is ready, the teacher appears. Well, also, when the people are ready for God to assist—HE will not fail! Please do, however, allow us to work out things properly and

KNOW, PLEASE, there will likely have to be many changes in these early stages of labels, packaging, pricing, etc. The INTENT is to keep this within our own operation somehow, in order to disallow greedy marketers from ripping-off the public. We desire to get the pricing such that ALL can have the supplements and this is really difficult in this world in which you live because a natural item is easily copied.

We MUST have a healthier "living" citizenry or we will continue to have a dying nation and world. The chemical/drug houses have destroyed the well-being of all bodies on the globe.

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#### 1/14/93—#2

#### GAIANDRIANA AND MITOCHONDRIA

I honor ones who have worked and served in the past in this presentation of substance—it is, however, imperfect to now and greed has entered into EVERY circumstance to now. He who lives by greed shall perish in greed—therefore, we shall serve God in all instances

This means not that ALL men will not gain benefit from that which is offered—but NO MAN shall be allowed to divert, take unto himself for grievous use or cause this natural substance to be given into the hands of the Adversary. Therefore, ALL caution and care will be given in ALL instances to make NO CLAIMS other than "support of better physical and emotional states of being" as in "makes you 'feel' better as would balanced nutrition".

I am not at this time, however, interested in offering you a bunch of hoopla on "nutrition". I KNOW what the body needs to balance its cellular reproduction and recreation to its original blueprint (DNA/RNA mapping). This Gaiandriana IS the catalyst which gives the varied "instructions" to each individual structure.

I do not practice medicine, law, nutrition or any other so-called "professional" career activity. We do not deal in any type of produced drugs or chemicals as presented through any pharmaceutical development or offering. We do not claim "cures" or any form of induced "healing". At any rate, man "heals" self. Supplements—be they natural, chemical or impacting in any manner—are only tools to assist in such "healing".

I do need to point out clearly, that the "mind" is in ALL instances the "directive" order-giver. This means that the physician or teacher can lead, teach, hope and pray—but the individual "mind" will do the work or it won't get done. Therefore, I suggest that with all substances and supplements that any individual utilizes that the mind give the instructions to the remainder of the vehicle. In other words, just as adding various solutions to your gas tank in your car—the various weighted liquids will go to various places of work—i.e., cleaners to the carburetor, gas to the combustion chambers, lubrication to this or that, etc.

Gaiandriana changes and integrates with any and all cells and becomes the perfection of THAT particular cell. The Gaiandriana will actually take the shape suitable for structuring or recreating the cellular "whole". The introduced cells will immediately go to wherever there is malfunction or mutation—just as do the proper cells of the immune system. I have no intention of giving you scientific breakdown on this paper, for if I do, the distraction will cause you to improperly use the supplement. I will, however, share

these technical properties as we find time and space my scribe has neither at present.

We do not wish to longer hold the product awaiting perfection of instructions save to make sure you understand how best to utilize that which you will have. YOU CANNOT OVERDOSE UNDER ANY CIRCUMSTANCE. HOWEVER, there is enough natural product which would cause you to not "feel" very well if you gulp down the whole bottle at once. It might even ultimately be better for you to do so but you might find yourself nauseated and wishing you had not done so.

For you who already have what is called "Crystal Life"—you have a good base for "mixing" and, therefore, can utilize whatever liquid you have remaining. I do suggest, however, that as you begin to use the new product that you start with a bit different regimen. You who feel good and have noted response already—are out ahead. Therefore, I suggest you simply continue on with 8-10 drops of BOTH under the tongue as you have been doing. If you are suffering from an assault, such as a "cold" etc., you will want to hit it hard with say, one to two ounces a couple of times in a day. If you take it in juice, say apple, you will neutralize the stomach acids to some extent and that will allow the Gaiandriana to pass in more quantity into the intestine where it can then rapidly move into the circulatory system.

You who knowingly suffer from viral-(and HIV) caused debilitation or active mutation of cells as in malignancies—give your body a break—take as much as you can tolerate without nausea several times a day for the first three days and then taper it down. The little friends reproduce themselves to their own perfection so overdose won't help—just waste. To an already compromised system, however, the need is great so treat it likewise.

We get constant responses of "miraculous", "total resolution" of all manners of insults to the body. However, we decline to accept this in such terms—you have only given your body what it needs to create its perfection in working cellular recreation. What, actually, represents good health to you? Is it not "feeling good—or 'fit'"?

Remember also that, as the reclamation becomes active, there can be symptoms that you might think are "illness" as the radicals and mutated cells are cast off. There are items which will assist you if you want them. There is a natural combination which we CAN offer you and which I have asked to be put on "hold", for we have no intention of being in the healing "business". And, further, we do no advertising through the paper except for those things made available through other entities. We will never offer you any "solutions" without means of obtaining use thereof. To tell you "baby buntings" will cure arthritis and then not tell you where to get "baby buntings" would be an insult to your intelligence. I can also promise you in guarantee—that you will always be given, through anything we suggest, that your costs will be below anything on the market and the quality, perfection, or as nearly perfect as hands can make it to be.

We must help in healing one another that we might serve our Father and for THIS cause HE allows our sharing. We also ask that you be as patient as possible as our children take on this massive job of distribution for in the beginning there is no resource for mass "anything". I will leave it to the ones who must bear the work to give instructions as to acquisition.

Now, in addition, our "researcher in charge" is working with me directly—to produce various medium "bases" which will automatically produce "target" Gaiandriana. One will cause immediate awakening of the estrogen-producing glands. If you are interested in obtaining specific target gaiandriana product—please inquire. I believe the cost will be minimal and can simply be introduced WITH the "regular" product. It is not necessary except wherein the present structures have ceased to function. Of course, if the structure, say the glands themselves, have been surgically removed— I think you are not ready for full reproduction. That is, of course, up to you! It is imperative at this time, surely, to have at least one blueprinted cell intact even if non-functional in your own system under discussion. Again, we make no claims of any sort other than a better feeling of well-being.

I know that chlorella is available through this resource and, again, it is a whole-life substance which has protein necessary for good muscle stamina and fuels body function. At this time we won't pre-introduce Gaiandriana to the chlorella, for there is no need for you who already intake Gaiandriana—it will introduce

However, there are a couple of other things which I would suggest. One, if you wish, is to get Gingko. It is massively important to the free use of mitachondria which converts "sugars", etc. I have written about this before and will not bore the audience. I have asked that you all going off the "deep end" on anything. I am not THAT be also made available to you.

Then, the one that I have on "hold" is a basic antioxidant to handle the free-radicals released from the toxins sluffed off. We can make it available if enough of you tell us you want it.

Hydrogen Peroxide is very important but with this NEW Gaiandriana is not nearly as important as before. The new product has a medium base that produces H<sub>2</sub>O<sub>2</sub>. I think, however, that with a compromised body or in the instance of arthritis, Alzheimer's and/or some of the "elderly" symptoms—it is necessary to have larger amounts until symptoms seem improved. Again, that is up to you. We certainly are NOT in competition with any profession. I certainly am not in competition with Chiropractic—because aligning the skeletal structure will enhance all body reclamation.

A damaged "nervous system" and injured spinal cord are capable of "repair" or, at the least, improved function if intact at all. All we are doing is offering the body some necessary tools to repair itself at a cellular level.

I have noted, however, on occasion after occasion that those who expect miracles, cause miraclesyou, after all, are THE greatest miracle of Creator. He would never give unto you his perfection and keep from you, forever, the means of maintaining that perfection. BUT NEVER EXPECT HIM TO PERFECT OR RE-PERFECT THAT WHICH IS DEDICATED TO THE SERVICE OF HIS ENEMY—GOD NOR HOSTS WILL SERVE "SATAN". If your intent be "right", your reclamation will also be "right", for you shall have the balanced state of being which will allow reclamation. If your intent is simply to "heal" enough to continue with your unGodly actions and intent—I think you would probably simply sluff off the cells.

Can this "stuff" be actually "seen" or is it one of those "spiritual gimmicks"? It not only can be

multiply and program—but they can visually be seen WILL TAKE CARE OF ITSELF. IT IS BETTER TO growing into cellular "strings", "clumps" and membranes of living form. No, they won't grow up into puppies, toads or chirping pets. They will never be more than individualized programmable "cells"—exactly what they are created to be.

Herein, please, let me sketch a few specifically individualized cells and you can get an idea of various recognizable forms. These can be seen and isolated under a microscope.

I could agree, that the product is so mild in taste, and quite pleasant to bland, that you might be fooled into thinking it's "Willard Water" or some other inoxious "stuff". No, it is quite viable and quite provable and exceptionally "useable".

Just a side idea: Ladies, take a teaspoon amount and "wash" over your face. Now, take a "liquid" vitamin E solution (not oil and not thickened supplement—just liquid "E" as you will find in a dropper bottle from "Schiff" or a "GNC" store) in the amount of a few drops. Smooth this over the face immediately. You will "not believe" the results in a matter of hours. This same exercise on rashes, stretch marks in pregnancy, etc., will note very pleasing results. USE GOD'S PRODUCTS—EVEN ASPIRIN (A NATURAL SUBSTANCE FROM THE WILLOW BARK). Aspirin used properly relieves pain and regulates the blood viscosity.

Many of you ask for nutrition input. I don't want a touter of "meatless" or any other extreme. Treat your body properly to balance it and the rest will take care of itself, precious ones. Good nutrition is, of course, a fine goal. But, you may find times when you cannot practice that which you desire. Be prepared with that which will give you sustained energy and whole-cell

We are now growing here, right now, spelt. This is "Triticum Spelta" as separated from "Triticum Sativum" (which is wheat). So, it is a form of wheat but it is the oldest known grain to man. It is not a hybrid so can produce its own seed, etc. It can be gotten easily in health food outlets or ordered.

I suggest, if you want to give it a try, homemade (or purchased) spelt bread. If you have facility for grinding, get the whole grain and grind it into flour and use as you would any flour of wheat. You can purchase the whole-grain flour I'm sure. Tinker with your bread-makers, you who have them, or any way you desire to use, but have the equivalent of at least two large, thick slices, or cereal, or whatever grabs you—EVERY DAY. More would be better. Butter that bread with BUTTER (!) if you have it. You need what is in the natural butter. If you have a hangup about it—put anything you want on or "nothing". Why? Because spelt has a large supply of cyanogenic glucosides or nitrilosides, called the "anti-neoplastic Vitamin B17". (Enough said?) This is best utilized "broken down into useable form" in the presence of substances found in "butter".

Also, sprinkle your diet liberally with soup made from RED lentils. If you can't get "red", use "brown"—but what you are wanting is what makes the lentil "red". Isn't all this fun? By the way, CHUBBY is BETTER than SKINNY! It is said that "You can't be too skinny or too wealthy." WRONG!! ON BOTH COUNTS!

IF YOU BALANCE THAT BODY AND BRING microscopically seen in individual cells—as they THAT "MIND" INTO CONTROL—THE REST

HEAL THAT WHICH CAUSES YOU TO BE UNBALANCED AND THAT MEANS THE OTHER OLD SAYING HAS TO BE CONSIDERED: "IT IS NOT WHAT YOU ARE EATING THAT IS YOUR PROBLEM—IT IS WHAT IS EATING YOU!'

Salu

P.S.: THERE IS ABSOLUTELY NOTHING OTHER THAN NATURAL SUBSTANCES-PROBABLY FOUND IN 99% OF ALL PANTRIES IF YOU KNEW HOW TO USE THEM—AND THEN, THE WONDROUS GIFT OF LIFE ADDED TO THIS AMNIONIC LIQUID. GOD has returned this gift to you for your use in this journey in its proper sequence— HE CAN ALSO TAKETH IT AWAY! The life-forms themselves are as old as "time" itself and it is precious, indeed—don't abuse this gift, I petition you. And remember, there is no place for "greed" in the house of the Lord. So be it.

#### 1/25/93-#2

#### **GAIANDRIANA**

In 1986, the J.D. Bernal Peace Library organized a conference on the dangers of biological warfare. Ritchie Calder said then that among the weapons being stockpiled were some designed to bring about genetic changes. He said the "doomsday bug was under wraps" and that there was "a conspiracy of silence about germ weapons because the implications were so frightening".

He told the British Daily Mirror after his address that "somewhere in the world a germ is being cultured to which we would have no natural resistance and to which there would be no sure defense." [H: Ah so-and therefore there must be something presented which will create its own defense while targeting the very mutated cells introduced. Remember that the HIV virus MUTATES WITH EVERY INDIVIDUAL IT INFECTS—THEREFORE PROVING IT TO BE SELECTIVE IN ITS ABILITY CONFORM AS NECESSARY. SO, TO ALTER THAT PATH OF DESTRUCTION, YOU HAVE TO INTRODUCE SOMETHING LIKEWISE CAPABLE OF INDIVIDUAL SELECTION WITHIN THE VERY CELLS CONTAINING THE VIRUS, AS WELL AS GIVING FULL RESTORATION OF THE VERY IMMUNE SYSTEM AFFECTED. THAT IS WHAT IS OFFERED HERE—GAIANDRIANA—THE VERY STRUCTURE THAT CHANGES ITSELF INTO THE IDENTICAL PERFECTION OF THE DNA/RNA BLUEPRINT OF EVERY LIVING CELL. IT HAS BEEN RETURNED TO YOU-BY US, THE HOSTS—AND WILL BECOME EVEN MORE PROFICIENT IN ITS SELECTION AS YOU ENTER INTO THAT DAMNABLE "PHOTON BELT", AS IT THRIVES ON THE INVISIBLE. HIGHER **ULTRAVIOLET** FREQUENCIES. Simple? Indeed! But, you aren't going to get it in a hospital ward, chemical house, pharmaceutical house of death drugs, or in the pits of Gay-ville or Lower Somalian food lines. By the way, do you ones realize that almost NONE of the needy villages in Somalia have received any food help AT ALL? What might that tell you about that Somalian operation? Villages have been simply driven by and passed up to get to the media-directed towns selected for show and tell.]

#### **GAIANDRIANA**

There are other products which support and aid in the workings of Gaiandriana which we shall also make available, but, if you can only have ONE—get the Gaiandriana, for it renews the very cellular structure of your own body and then all the rest can be utilized to perfection.

We are receiving reports daily of ones who have witnessed improved function in everything from Parkinson's disease, Alzheimer's, to simple improvement in the feeling of "well-being"—and this in only a couple of days of intake. Miracle? YOU are the miracle! May insight be your guide.

#### 1/30/93-#1

#### **PRIORITIES**

I would remind you ones of MY mission so that you might better understand why our presentations do not always match your own perception of what should be done and in what order to accomplish same.

Ours is to prepare, bring Truth out of the shambles tampered-with disinformation misinformation—in other words, we call it THE WORD.

Next, we must awaken the sleepyheads who do not see that which has come down upon your globe through powerful, controlling influences in a totally humanistic issue of slavery/master.

We must speak of that which is WRONG, analyze it and then when we see and understand that which has come to be-consider what can be done to counter the rolling blob of would-be freedom and Truth killers.

The enemy must be identified and his modus operandi studied and a defense planned, orchestrated and instrumented.

Further, it means that to regain individual sovereignty—you MUST start where you CAN DO SO. You must see what can be done at community, county and then state levels of organization of government-THEN you can bring pressure to bear on the Feds. The government has become totally topsy-turvy and you are now run by the government, not the government by youthe-people. In addition, you are forced to pay for your slavery.

In addition to these insights, we are to point out some changes of natural evolution—i.e., this so-called "Photon Belt" now creeping upon you with very damaging X-rays (for lack of better definition in understanding). Yes, we can and have brought information and structured substance to allow you to do very well in those frequencies of light rays. The same thing will allow cellular good health and enhancement of the living immune system.

I note that Chlorella is listed first in the discussion regarding some recommended "things" to assist you to good health. That is error in placement, for if it would indicate its priority of importance—it is NOT first in importance—it might well be last. It is a natural algae and could be substituted out with other algae forms. ANYTHING with Gaiandriana (this is not just a tradename) is FIRST and LAST in importance. If you had nothing other than this one substance you could do

Our staff-in an effort to "underplay" the significance of the offering to keep clear of regulators are not ever going to give you more than a smattering of

of what it is and how it works. I have given explicit and very technical details to the researchers so that testing and perfection of product can be accomplished. Phenomenal claims are pouring in from ones who suffer the debilitations of a myriad of malfunctions from diabetes, carcinomas, etc., to head colds. I am happy to share the results but I remind EVERYONE—Man cures self and anything utilized by Man is simply a tool. It is simply a giving of the substances "missing" which accomplishes the ability to reclaim a measure of good health. If you go forth and claim "miracle cure"—you will be in gross error, for you will simply make sure you DO NOT HAVE IT FOR YOUR USE.

#### **GAIANDRIANA**

These improvements in health and well-being are nice but the thing we need attended is that allowance of the cellular structure, as is, to be able to speed up its frequency levels to more nearly match the rays pouring in upon you. That is what is made possible with gaiandriana—a living cellular structure which duplicates any DNA blueprint in every and all living cells. Instead of mutations when attacked by something or other such as a virus—the cells are able to destroy the virus because of the capabilities naturally of a strong immune system. These little friends match an individual's cellular DNA according to body location and individual. The cells can cross cellular walls and reach the invading virus, etc. It acts just the opposite of what could be exampled as the HIV virus, which mutates to every individual attacked. The invading virus, for instance, is a "foreign" influence and must be discarded or devoured. The Gaiandriana perfects the cells and does the foreign body removaljust as do the normally operating immune-system cells. EVERY "disease" is caused by "foreign" invasion and/ or MALFUNCTION. This can occur at any time from conception to day of death of the body. If genes are damaged, then some cells will not produce and reproduce. If this occurs in formation of a fetus, obviously, you have malformations. Nothing is apt to help that which is not formed but anything formed and caused to malfunction by foreign-body intake can be given proper recovery of itself. This will not, however, be true of some heavy-metal poisons, radiation death of cells, etc. However, it can allow restructuring and recovery of all DAMAGED cellular structure. This will assist in all sorts of a myriad of incapacitations.

#### 2/3/93-#1

#### RESPONSE TO INQUIRIES ON T-CELLS

#### **GINGKO**

Before we close out these updates, let us consider Gaiandriana and T-Cell count improvement. We have many responses that utilizing the Gaiandriana is giving almost immediate response in numbers of T-Cells—but with the lowering of amount of intake the count will not maintain itself and falls off. This will not happen if utilized with at least 3 tablets of Gingko per day. There is a direct and immediate response to the addition of the Gingko in this arena. Ones are finding the best results come from four ounces of Gaiandriana liquid in a day, followed by daily intake of one ounce per day for the following 12 days. During this two-week period also its importance. I am now, however, writing on the intake 3 Gingko tablets per day. After this two weeks

subject and shall continue to give you a full explanation (13 days, actually), continue with 8-10 drops of Gaiandriana under the tongue for about three minutes AND continue the 3 daily Gingko tablets. If the T-Cell improvement drops—do another run-through of the 4-1-1 etc. To maintain the level of T-cell improvement this is the best approach. After a while it will balance itself out, if other impacts are not present. It takes a while for the body to improve and reverse its functions.

> Many are claiming miraculous results. Please do not do this, for if there are "miracles" happening-YOU are the miracle. You are simply restructuring and normalizing the normally functioning original cellular structure of your body.

> As to your inquiries regarding the use of Gaiandriana in "Valley Fever" fungus, I would suggest the same regimen as above, for you need a good immune system in any event. A specific target Gaiandriana "little friend" is being targeted for study but a healthy immune system is the goal to achieve at any point. Valley Fever is a fungus, Coccidioides immitis (a cocci). Cocci are more vulnerable to destruction by our little "Pacman" gophers than are the viruses because there are no cell walls to resist passage of a countering element.

> What is happening with these newly discovered and hybridized agents of disease is that they overwhelm the immune system and actually have no known countering agent (antibiotic). It is always the concomitant 'disease" process which kills in AIDS—not the little lazy HIV virus. "Cure" should not be in ANY medical or even natural-healing practice or even self-healing practice. ONLY THE BODY/MIND CAN HEAL OR CURE OF SELF—everything else is only a tool. Further, it has to be established that the tools do not damage as well. In the instance of Gaiandrianas—they are fully natural little cellular forms which are simply specific-use tools. This does not mean they cannot be used for many jobs (i.e., a hammer or pliers) but there can be specialized pliers for different tasks, as example. If our offering makes you feel better and seems to enhance your wellbeing, the pleasure is ours. God bless and keep you in HIS hands, for it is from HIS HANDS that these things come forth for your blessing.

> Take this from the computer and we will effort to get on with more writing, for the ending of this week may require that you be elsewhere most of the time. \*\*\*\*

#### 2/4/93-#1

#### VALLEY FEVER

What do I suggest? GAIANDRIANA! There is no known "cure" for Valley Fever! If your immune system is debilitated-Valley Fever will run to epidemic proportion SOON. Why? Because like other "harboring" diseases—once in the body, ALWAYS IN THE BODY—THEY ARE, JUST WAITING! If you people don't get that IMMUNE SYSTEM working properly, you will not make it as they dump one thing after another on you. Remember those soldiers coming back from the "Desert Storm"? Chelas, you are in constant jeopardy from these hidden death-dealers. I have no right nor wish to pound upon you blind lambs—but you are going to need to do something or you are going to perish, it appears, at the hands of the wouldbe KINGS.

#### CHAPARRAL & AQUAGIA

Please, you nice herb-users—Chaparral is now removed from the "quantity" health food outlets and herbal stores. What does this tell you? THAT IT IS DAMNED EFFICIENT AS Α HEALTH RESTORATIVE. ONE BY ONE "THEY" DEPRIVE YOU OF THAT WHICH YOU MUST HAVE TO SURVIVE IN A DELIBERATELY SICKENED WORLD.

There is irony herein, however, for Chaparral is simply a name meaning a "thicket of small low-growing shrubs". What the point is, is to get the Creosote bush (Larrea tridentata of the caltrop family of Mexico and the Colorado desert) away from you. Now, if you live in this area affected with Valley Fever, you will note that it is thriving near the desert areas—which is overgrown with creosote bushes! Use your heads, chelas, and save your lives! Should you rush out there and start grazing on these bushes? I wouldn't suggest it because you can make yourselves very, very sick by such unintelligent use—of anything. But, you CAN find ways of helping your own health—so investigate those ways. I DO suggest you help yourselves with a little Gaiandriana and mitochondria (Aquagaia). It is better to have a healthy immune system which can handle these invaders than all the "treatment" and proclaimed "cures" in the world. So be it.

#### 4/16/93—#1

#### **GAIANDRIANA**

We will be, very shortly, offering more "in-depth' information regarding Gaiandriana as we have had it available long enough to get the next bombardment of response and inquiries from you readers. We find that many are taking too much, others not enough—others simply do not follow directions. In all instances, we must remember that there are two types of, say, "cancer" cells: causatives—artificial (or "constructed") and "natural". The "natural" bothers are things such as caffeine in coffee, etc. The "constructed" and worse are the additives of "constructed caffeine-like substance", say, in the cola beverages. Gaiandriana allows immediate attack of your immune system against the "naturals" (especially if not overwhelmed by great intake), but it is all but impossible for a "natural" substance to break up and dissolve the causative agent when "man-made" through genetic/DNA manipulation of the invader—IF THE RECIPIENT CONTINUES TO ABUSE BY CONTINUED INTAKE OF THE DAMAGING AGENTS, I.E., OVERUSE OF ALCOHOLIC BEVERAGES (SURPRISING AS IT MAY SEEM, EVEN THOUGH ALCOHOL IS DAMAGING IN ITS OWN RIGHT) IT IS THE "ADDITIVES" WHICH CAUSE THE MUTATION OF CELLS—TOBACCO ADDITIVES, ETC. Further, please note that if you use Mogu (Mugu) tea do NOT overdo it. If you drink it like you would a juice or a drink of water—you defeat the work of the Gaiandriana, as it will move directly to take up residency and fuel supply from the ingested tea which is often its very living foundation. Why work on "aliens" if you keep abundantly supplied in your favorite life-fuel? Also, MANY THINGS cannot well be adapted in conjunction and either negate the other or simply are not compatible.

to get better that they are swamping their bodies with everything and while they are "feeling" better are not showing sufficient increase in the immune cells. The researchers are going to take the whole of this week to work on variations to increase the Gaiandriana per unit, reducing the solution's "fuel" supply to cause better intervention of the cells as they move into the body. You must understand that as this passes through the stomach—30 to 50% of the cells are killed. To help avoid such massive loss, a bit of apple juice is suggested but most ones forget to use it. Also, you must remember that many "patients" continue to take medications which are chemically damaging to the cellular structure as it efforts to move within its own DNA-structured cells.

I can equate this somewhat to a sperm efforting to get past all the birth-control devices to fertilize an ovum. I told you not to EXPECT miracles—YOU ARE THE MIRACLE and it requires your own cooperation. If you continue to abuse and insult the body, you are working not only for the disease invaders but also for the disease-enhancing additives in your intake. Ones who have been pronounced "terminal" are showing massive return of good health but also show willingness to balance their intakes of "body debilitating" substances. We will ask our Doctor to draw up a listing of harmful substances. If you can't give up your "addictions", then begin to "taper off" and as you feel better the nagging addiction CAN come under control. It will mean you will have to invest in greater intake amounts (of the correct items), not just at random "overtake" anything. Also, if you are showing no, or poor, results—change your intake methods to hit very hard with under the tongue amounts four to five times a day—leaving the liquid under the tongue for at H<sub>2</sub>O<sub>2</sub> to anything, that it be DILUTED FIRST. Just as least 3 minutes. If you are working with a child or animal of whom you can't require this—use many times a day under the tongue and it will take up into the bloodstream.

#### 4/27/93-#1

#### **HYDROGEN PEROXIDE: USE FOR PURIFICATION OF "STUFF"**

#### **NECESSARY INSTRUCTIONS: GAIANDRIANA AND OTHER "PRODUCTS"**

As we sit to pen this information I am at a loss as to how to keep you from thinking me idiot-material. However, you who already have past information, say, regarding hydrogen peroxide and its antiseptic-antibiotic properties, please be patient while we offer information to those who have not received same. Further, summer is upon you and such as Gaiandriana and the Mo-Gu starters and/or tea need updated care instructions.

We have gotten back from ONE who said he had the "stuff" tested and found a few bacteria, a virus or two and some E. Coli in the test-run. If it were the Gaiandriana, I question that result very, very much. It is important for you to know that in the culture medium utilized, there is a combination of items which CREATE AND PRODUCE HYDROGEN PEROXIDE in the Gaiandriana transformation. This will purify the liquid. This does not mean that you cannot contaminate the bottle in some manner. However, since intake decreases, usually, let us consider the "setting" bottle,

We find that especially ones with HIV are so eager etc. Of course, it is recommended that you store the larger quantity in refrigeration facilities.

> HOWEVER, if you have no refrigeration facilities, etc.—place the equivalent of 10 drops of food-grade (35%) hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) in a small quantity (approximately an ounce) of water (to first dilute the  $H_2O_2$ ) and then add this diluted  $H_2O_2$  to the 32-ounce Gaiandriana or Aquagaia bottle. Remember to scale down the number of H<sub>2</sub>O<sub>2</sub> drops utilized for the smaller 16-ounce and 8-ounce product bottles. Gaiandriana or Aquagaia will continue to thrive and the unwanted bacteria and/or any virus will be destroyed and then actually removed by ingestion by the Gaiandriana or Aquagaia activity.

> The "tea" (Mo-Gu) is a very different matter. You are making a very sweet growing medium for the membrane and in addition you are growing it in a warm condition (necessary) and further you are setting it for a couple of weeks or so, give or take a bit. What do suggest? Well, I suggest that probably you won't want to ship much "tea" during the hot months because of lack of refrigeration en route. But, you CAN purify the water used in making the tea with the general ruleof-thumb water-purification formula of 7-10 drops of 35% food-grade H<sub>2</sub>O<sub>2</sub> per gallon of water—which will additionally help enhance the membrane growth.

> Then, later on, as you process or "harvest" the finished Mo-Gu tea product and store it in the refrigerator, add another 7 to 10 drops (say, for a gallon storage container of Mo-Gu, with scaled-down number of drops for smaller storage containers) of the 35% food-grade H<sub>2</sub>O<sub>2</sub>. Again, first dilute the H<sub>2</sub>O<sub>2</sub> in some water before adding to the Mo-Gu. You will not taste it and neither will it hamper the value.

> I always suggest, in adding any 35% food-grade you must NEVER drop concentrated anything into the mouth (for it would damage living cellular structures), neither do you dump it full-strength into living culture medium. Dilute it in a bit (say, an ounce) of water first and STIR rapidly whatever it is you are dumping the diluted H<sub>2</sub>O<sub>2</sub> into for purification purposes. Naturally, if just purifying a gallon of water, there is no need for active stirring, though a little closed-container agitation (a few shakes) won't hurt.

#### **GETTING "SLIMED"**

Another question: What about that slimy goo in the bottom of the bottle of Gaiandriana or Aquagaia if left out of refrigeration? GOOD GOO! I suggest you now go get some FOOD-PROCESSED ALOE VERA LIQUID. Take a half cup or so of it (some of it is even orange or lemon-lime flavored, etc.) and dump in the "goo" and last portion of a Gaiandriana or Aquagaia bottle. Or, strain the "goo" out of its original bottle and place it into the new aloe vera "home". Leave set for a couple of days and you will have a concentrated batch of Gaiandriana or Aquagaia product, which will be an addition to the original bottle.

This is NOT a replacement for the original batch you get, for it will not contain all you need. However, in ones who intake products which tend to kill off a portion of the Gaiandriana in the body (like caffeine in coffee), this will enhance the potency—even if you just drink a little. Remember, Aloe Vera itself has a tendency to make some people feel "queazy", so DO NOT OVERDO how much of this you drink!! However,

a full-blown AIDS victim could take ten times a "normal" amount and only improve—for perhaps "feeling good" is a very relative state of being.

Some people are going to run fevers and have "crisis" symptoms as healing takes place. If this goes on for very long, look to other health problems for the cause. First, treat the "liquid batch" with hydrogen peroxide as above described. THEN start on a regimen of hydrogen peroxide according to the instructions given again herein [following after next paragraph].

I happen to know that you do not need to work up to any 25 drops as the instructions [following] claim UNLESS you are suffering from flu, infection or other maladies. If you are "well" and "anything" makes you feel bad—either stop it or, certainly, decrease the amount. USE YOUR REASONING MIND!! Like anything of this nature—TOO MUCH WILL MAKE YOU SICK OR BE DETRIMENTAL, EXCEPT WITH GAIANDRIANA—AND THEN EVEN THOUGH YOU MIGHT NOT FEEL GOOD (BECAUSE OF THE OVERDOSE OF ALOE FROM THE CULTURE MEDIUM), YOU WON'T HURT YOURSELF.

#### HYDROGEN PEROXIDE—H,O, (35% FOOD GRADE)

Purchase a small eyedropper bottle at the drug store. Fill your small dropper bottle from the large bottle as needed. The large bottle may be stored in the refrigerator or in the freezer, inside another plastic container. The small eyedropper bottle should also be kept in the refrigerator. Always use caution when handling 35% hydrogen peroxide!

DO NOT use with carrot juice, carbonated drinks or alcohol. For best results, take on an empty stomach, one hour before a meal or three hours after meals.

Formula: Mix the number of drops of 35% hydrogen peroxide into at least 6 oz. of distilled water, juice or milk and stir vigorously, then drink the mixture. Some people eat 1/4 to 1/2 of a banana immediately after drinking the solution. You may prefer something else to

If your stomach gets upset at any level, stay at that level or go back one level. Then proceed to increase your daily dosage again.

When free of complaints you may taper off by taking:

- 25 drops once every other day for 1 week.
- 25 drops once every 3<sup>rd</sup> day for 2 weeks.
- 25 drops once every 4th day for 3 weeks.

A good maintenance dosage could be 5-15 drops per week, or whatever makes you feel good.

If you get the 35% hydrogen peroxide on your skin, rinse it under running water for several minutes.

Soak feet: 1-1/2 oz. 35% to 1 gal. of water.

Bath: 16 oz. 35% to a tub of water to detoxify.

Colonic: ½ pt. of 3% per 5 gal. of water.

Douche: 6 tablespoons of 3% per qt. of water.

Candidiasis: 1 drop of 35% 3 times a day then increase schedule.

For the more serious complaints, stay at 25 drops 3 times per day for 1 to 3 weeks. Then graduate down to 25 drops two times per day until your problem is taken care of. This may be from 1 to 6 months.

If you have a weak stomach you may experience nausea similar to that in pregnancy. Also, as dead bacteria or various forms of poisons are released, you EVERYTHING. REMEMBER, 7 DROPS OF 35% will experience a cleansing effect as they are released through the elimination organs of the body: skin, lungs, kidneys and bowels.

Some reactions to the cleansing effect could include skin eruptions, nausea, headaches, sleepiness, unusual fatigue, diarrhea, head or chest cold, ear infections, boils or any other ways the body uses to loosen toxins. This is a natural cleansing of the body and should be of a short duration as you continue to maintain your program.

Formula to make a 3% solution of hydrogen peroxide: Put 1 oz. of 35% hydrogen peroxide in a pint jar. Add 11 ozs. of distilled water. This will give you 12 ozs. of 3% H<sub>2</sub>O<sub>2</sub>. Use also for brushing teeth and applying to skin sores.

Do not use 35% H<sub>2</sub>O<sub>2</sub> if you have had a transplant.

#### TO THOSE OF YOU WAITING FOR NEW STRENGTH OF PRODUCT

Because I have mentioned that work is being done on strengthening the Gaiandriana, some of you are backing off and waiting. Please don't do that, for research is being done and it will be a while. In addition, one of the items in the medium is being removed in order to enhance the strength. This will mean that you can get the same basic result by adding some food-processed aloe vera to the initial product, which will allow a higher level of Gaiandriana presence. Gaiandriana will only grow to its level of fuel (food) available—so just treat the product accordingly.

I am, further, requesting that all further product be receiving hydrogen peroxide for purification purposes. Any that YOU ADD, however, will only enhance—not damage.

#### **OTHER PRODUCTS**

We have tried to make available other products to use in conjunction with the Gaiandriana. USE YOUR REASON HERE ALSO!! If something makes you feel bad—don't use it! Cut back on amount or forget it altogether. These are all natural substances so remember, if you are eating anything that makes you feel bad—you quit eating it, right? Just continue the Gaiandriana—I promise you—it is not making you ill. If you are reacting, then it may be due to the "base" or "combining" substance in tableting, etc.

#### **CHLORELLA**

We get complaints about chlorella causing indigestion, etc. Chew the tablets or dissolve in a bit of liquid before intake.

Now again, use reason. Are you still eating in addition to the chlorella? Well, perhaps you will wish to reduce the intake. It is better for you than food but you DON'T NEED EVERYTHING. We are efforting to show you what you could take with NO food in survival situation AND STILL BE ABUNDANTLY HEALTHY. Adjust your intake accordingly. If you are caught in an emergency and need survival sustenance—now you know what to take for health needs.

You can subsist on chlorella and water alone. Add Mo-Gu tea, a bit of spelt bread and some lentils (preferably red) and you can live healthily ever after—in other words, it would not be malnutrition that would "getcha". AND ALWAYS KEEP FOOD-GRADE HYDROGEN PEROXIDE AVAILABLE TO PURIFY FOOD-GRADE HYDROGEN PEROXIDE TO A GALLON OF WATER WILL PURIFY IT AND THE

"FLAVOR" OF FRESHNESS UNDER MOST CIRCUMSTANCES NOT EVEN NOTED AT ALL.

THIS is why one of the first items confiscated from health food stores, labs, and so on-IS HYDROGEN PEROXIDE IN FOOD GRADE. I remind you readers of long standing: The best treatment for arthritis and other seemingly "incurable" diseases is hydrogen peroxide therapy in an accompanying regimen of Gaiandriana, which moves in and restores the cellular restructuring of self.

#### **CRYSTAL LIFE**

That is an exceptional product but has become almost out-of-sight expensive. However, the best results with Gaiandriana are being reported with continued, even if remarkably decreased, amounts of Crystal Life right along in conjunction with the Gaiandriana-mixed or otherwise. About 8 to 10 drops mixed or separate under the tongue three times a day is excellent. In illness, however, increase within reason. If I did not already state it prior to this—add 7-10 drops of hydrogen peroxide per quart to the Crystal Life also—especially if non-refrigerated, after opening. This will decontaminate any possible "unwanted visitors" and not damage the product.

#### WATER

I cannot urge you often enough to TREAT your faucet water. Even if you have a reverse-osmosis unittreat that water with proper amounts of hydrogen peroxide, for YOU DO NOT KNOW WHAT IS IN WATER. WON'T THAT ΙT CONTAMINATION BY TOXINS BUT IT WILL TAKE CARE OF THE VIRAL OR BACTERIAL CONTAMINATES. IT IS CHEAP AND NON-TOXIC IN PURIFICATION AMOUNTS. The best mouthwash and gum enhancer is a mouthwash of several drops of hydrogen peroxide (35%) in one-fourth cup of water (or so) and cleanse mouth after brushing (or just do it several times a day as convenient). If the solution is "light" just swallow the wash—it can only help you unless you have an active mouth infection. Moreover, I suggest keeping some hydrogen peroxide near and handy to drop a few drops of undiluted peroxide on your toothbrush a couple of times a week—or dailywhatever. You will have a sterilized brush and stop spreading germs and recontamination.

#### **SPILLING**

If you spill full strength (35%) peroxide on your skin—it will burn you. Rinse immediately under water and it will be fine. It will bleach so rinse anything that gets spattered—in water. It is simply one of those substances which needs to be handled properly. Peroxide offers so many "cleaning" uses that I won't even effort to list them-but you will find it about the most useful item around your kitchen, bath, etc. You can find information at health-food stores and vitaminsupply outlets.

Our people may also be able to direct you or help you with product or information. I do not attend those things unless brought to my attention. We offer these things as a service rather than a major business, so we are perhaps remiss in full-range material. We can do better when the full load eases a bit. Thank you for your WATER WILL PICK UP A MUCH IMPROVED patience and loving support of the ones who have taken this load on in addition to their other tasks—ever without complaint and ever wishing to help and please. At present they are trying to build refrigeration facilities to bring you exceptional product as the months heat up and yet do so with very, very limited resources—so we do thank you for your patience. With George Green's attack on the Institute a lot of things have had to wait or be actually closed down until the audits are over and the reclamation can begin. As you might realize, the impact has been great on all entities in these projects. It is fine—rewards will be in like measure to that which is given forth.

#### 9/1/93—#1

#### GAIANDRIANA AND SPELT BREAD

So, what has Dharma been doing that she couldn't trip through and over the keyboard? We have been perfecting the Gaiandriana and that which needs to go WITH IT for full-bore offering. I spoke of it at length on this past Sunday so will not be repeating here. We will be writing about IT and also that which is suggested you do along with the Gaia-drianas and drias. We have waited for ones of your place to meet our needs and offered to meet theirs—but we only get more conflict and discrediting. We are not interested in "saving" anything but will offer God's gifts to anyone who desires to share in HIS work and journey. We are going to offer to do so in convenience and pricing which will be less than anything you can purchase anywhere.

A MAJOR part of my suggested "program" is SPELTA BREAD. Spelta is a grain all of its own unique being. It is the best fiber resource, has large amounts of B-17 (anti-carcinoma)—it is the grain GOD gave to the planet as "manna" when you were put upon it.

The Spelta is more mildly flavorful than wheat and even ones allergic to wheat will have no allergy to Spelt. It is, however, VERY EXPENSIVE, for it was all but removed from the market. We will arrange to find a conduit and keep you informed. We are finding that, in general, the cost is upwards of a dollar per pound—even in large batches for the most part. This means that in some health-food resource stores it is \$2.50 a pound and

Our people need another job like the proverbial holein-the-head but we see no other way to make this available to you. We can consider packaging in smaller than the usual amount of 25 (min.) pounds of the flour. As we grow and harvest from our own fields we can grind it and offer it for less but, with Mr. Green's antics this year, we lost most of the harvest quantity. We are indebted beyond measure to the Millers, who made an irrigation system available albeit almost too late to salvage the fields. Don't worry about keeping "track", people—GOD KEEPS GOOD RECORDS!

In addition to the above, the PLAN is to offer a good bread-making machine at below cost of even the discount markets—direct from a manufacturer. It looks like perhaps the best turbo machine may come in at well under \$200 (it sells for \$300). This is NOT set yet— I am only mentioning it for you who diligently effort to follow necessary instructions.

I have had Dharma into the Gaiandriana preparation but also standardizing a recipe which can be utilized in any machine or, at the least, TWO varieties (the round and the square leaders on the market). It is difficult, for whole-grain Spelt is harder to deal with than is whole-

dozens of loaves of bread she has developed one that appears to package into individual machine-ready ingredients for a large loaf of just around, or just under, two pounds. To get better "rising" we are, of necessity, adding a bit of bread flour from wheat, so all should keep that in mind when ordering the pre-packaged ingredients. We have not been able to establish costs for the product because we haven't reached a stabilized

By the way, the ones who have served you so well up to now—Kathy, Diane, Jack and on and on—are willing to run the extra load of accounting and ferreting out the machines and will offer them on a "time" payoff arrangement, if possible, and it appears to be possible. Of course, you will be able to utilize the ingredients by hand as well so don't get up-tight about it. Also, you can get Spelt flour and make cookies, muffins, biscuits or any flour product. This other is simply for convenience and FOR MY PURPOSES-FOR I PREFER YOU HAVE BREAD WHICH YOU CAN SLICE AND THEN TOAST. In the toasting comes a release of the substances which make the grain so incredibly good in the first place—AND THEN, BUTTER IT. I said BUTTER, not margarine. There is a substance in BUTTER which allows utilization of the important substances and allows the body full utilization—no other oil has it.

As we get closer to being able to offer the full-range regime and do the labor (for we have to "nursery" the drianas and other mandatory life-forms and it takes TIME for full growing cycles), we have no facilities and even though there are willing hands to help, we remain limited by ability to get "quantity" and the preparation of thousands of packages by hand is an overwhelming prospect for these already overextended people. Your patience will be appreciated and we know that you will be gracious and understanding as always. We are hopefully looking forward to early or mid-October to

outdated—it won't—it will be the same as utilized for "maintenance". I believe, especially for you CONTACT subscribers, there is a special offer which is being set up in some manner. It will henceforth PAY ones to subscribe because there will be ongoing discounts, to ones who do so, on everything which is accepted by the CONTACT to back publicly—the JOURNALS also.

We will keep you informed as we move along here.

#### 9/4/93—#1

#### **SPELT**

Please, readers, understand that this is NOT Dharma's only task—writing for me or my compatriots. I have her actually putting together the life-substance resource of Gaiandriana that you might have that which WE know to be necessary and correct for all purposes of good health. Someone has to do the actual measuring and testing and she is NOT a chemist or scientist any more than she is an author. She must also perfect the required product of SPELTA (Triticum spelta) and not Triticum aestivum or (T. sativum) which is the grain of what you call WHEAT. This is done so that YOU will be able to utilize the product in some measure of success, since the grain seems to be highly "hidden" (because it is a most wondrous product sent to you from God). It is the most delicate of flavor, surpassing wheat

grain wheat. The loaves will be "heavier" but after in its flavor and unmatched in its health-positive perfection.

> She is working to perfect right proportions for what I demand as well as a product that you can utilize in your bread machines, by hand (in your oven), or in other cooking. "We" are "there" with the bread loaves—it is just the final product testing daily and the problems of packaging which confront her now and, here, she has help so it should move right along. We have a typical "team" in working here—she takes credit for the "good" baking and causes "me" to look bad with the "hockey pucks"! Ah, a ghost gets no respect! Worse yet-there have been lots more "hockey pucks" than soft, fine loaves of manna. She plans to offer you some other recipes as the flour becomes more available. It is very expensive to purchase—WHEN YOU CAN GET IT and must be utilized as "whole" grain product to be suitable.

#### 9/23/93—#1

#### **GAIALYTE CONTENTS AND USE**

Let us divert from the day's "urgents" and consider one of the "products" which we will bring in (hopefully) October: GAIALYTE. What is it? Can we just use MO-GU tea? Why is it more expensive than any simple fruit juice? Who conjured such a boggle of "stuff"?

In order:

GaiaLyte is brought forth from that which was called Kargasok Tea. This was what was grown in the ultra-high lands in a LOT of ultraviolet (and higher) rays of solar origin. This IS the basic component of MU-GU tea as we have used the tea by that name. There are so many "names" that we specify simply for definition. The FACT IS that it is NOT the same, for we are now growing the resource from an entirely different growing medium. The GaiaLyte will be a fully integrated electrolytic liquid. The "drink" which will be brought as a "concentrate" (3 to 1 minimum—as much to one as Do NOT concern that the product you have will be you like maximum) contains EVERYTHING supplemental to Gaiandriana—INCLUDING A **GROWING PROGRAMMING BASE** GAIANDRIANA AND BASIC DRIANAS. It will also contain enough Carbragaia (shark-fin cartilage) to equal a full schedule of what is being used in Mexico. If you are using MO-GU—keep on—it can only enhance your full-rounded intake but it WILL NOT be the same. However, the "new" drink will supply all you need without it. Do as you wish, for this is NOT A MEDICAL PROGRAM OF ANY KIND. We are not physicians as in Medical Doctor; we are not anythingexcept, hopefully, sharers of information.

> The GaiaLyte will have a full spectrum of vitamins, minerals, Ginkgo, Echinacea, Chlorella, Oxygenators, Aloe Vera—everything necessary to "program" the cells in the tea membrane AND the Gaiandriana included. No, this does not replace the Gaiandriana used otherwise. This is a PERFECT medium to enhance the ability of the Gaiandriana you already take to enhance itself reinforcement fuel, if you will. There is a lot more included but this is sufficient to give you an idea.

> We are efforting to keep the "quantity" base to a quart for shipping purposes and economy. You can dilute the concentrate with water AND/or anything you like. I ask that you ADD two things to the reconstituted drink: apple juice (unfiltered preferred) (at least onefourth cup per one-fourth cup of concentrate) AND Cranberry juice (at least one-fourth cup per one-fourth

by a minimum of ½ cup.] The apple juice is directly needed to flush out the gall bladder and the cranberry juice flushes out the bladder (urine). You may use as much as you like of either OR both and I would hope you would do so on a continuing basis because of the value of these two products and their focus of use.

I believe you will find it a very tasty beverage but I ask that no matter how "good", just keep to the "program" amounts or you may find yourself a bit "woozy" immediately after intake. This is due more to the Aloe Vera present than the tea itself—but as you know, even the MO-GU tea can make you quite lightheaded. There is no alcohol in the beverage although you may very well think so as the body rushes to uptake the fuel supply. This is not a medical-chemical concoction, so you could take the entire bottle without damage or hazard—but you might well not feel so great for a bit afterward and it is totally UNNECESSARY for any expected positive response.

Readers, please consider this statement carefully: This is not like taking an antibiotic with flu or sore throat. This is a well-body systemic enhancement. It sometimes, as with other persons' elixirs—takes weeks or months to feel any difference. ONCE balanced, however, you will note that at onset of infection, cold, etc., if you take around six ounces of Gaiandriana and double up on the GaiaLyte—you will probably note positive response in about an hour. Remember, you are activating the enhanced immune system and it takes a while to accomplish this task. If you expect instant perfection, disappearance of scar-tissue, long fingernails to paint in pretty pictures, return your hair color to what it was at 15 years, you are barking up the wrong Gaiatree. Most of you have worked 30, 40, 50-60-80 years to mess up yourself to the extent you have—give GOD a chance to work WITH you for a couple of weeks at least.

We have one precious friend from right in our immediate circle in the hospital RIGHT now as we speak. She was not feeling well a few weeks ago and I asked to have her run through the "program". She is in the hospital and a massive amount of "stuff" was drawn from one of her lungs. The interesting part is that the substance being removed is causing the hospital staff grief—because they don't find what anyone would expect. They realize that something was going on in the lung in point—probably massive infection or tumors but the removed substance is confusing, for it doesn't seem to fit anything "ongoing"—even testing for "mystery disease". So, what is it? Well, I might suspect that it is the result of a breaking down of mutant cells from tumors, blood clots from some type of injury or isolated infection in the lungs. We have noted, as has Merkl, that when tumors or infectious clumps break down-they reduce the tumors to "mush" and then have to be either surgically removed sometimes or go through a long period of self-removal in the "waste" systems.

Will this mean "she" is totally healed and awaiting the OK to come home? No—it DOES, however, mean that she is alive and would probably otherwise be quite dead with this much build-up of fluid-one lung was all but useless for air intake. Ongoing illness and "cure"? Come now, I am not in the medical business—nor even the "diagnosis" business. You would have to ask HER. Further, she may well undergo all sorts of things while hospitalized, such as X-rays, antibiotics, etc. These are accepted treatments in a medical setting so "who knows?"—we just pray that she will rally her own

cup of concentrate). [This would increase each serving resources and heal. Beloved ones, it is ALL anyone can mixed with any flavored "pop" of any kind—is very, do. Doctors do not "cure" nor "heal"—THE PATIENT DOES—all things done by a physician are tools to aid the body to do its own healing.

I conjured the boggle of "stuff" and Dharma has worked day and night as if in a laboratory, and now we have it with everything it now needs. As we move along we will also enhance its own frequency level which will transfer to the body of anyone taking it—just as with Gaiandriana—only in a much different manner of utilization. Remember, you are now in the time of having to brace yourselves against the pulses and electromagnetic fields being structured against you—such as those "towers" we have been writing about being placed all over your globe. This will also enhance the ability to utilize the higher ultraviolet and above rays, without simply converting them to cancer and skin atrophy. This does not mean to stop protecting yourselves to the best of your ability, for there is so much left to thrust upon you that you must utilize all care and possible protection at every occasion.

Your immune T-cells are very, very prevalent in the skin, friends. Further, if you can—use PABA-based lotions for skin protection (sunscreen) because it is marvelous for the immune cells within the skin as fuel to keep them working. It is not just a "sun-blocker", the point is that it also enhances the dermal immune cells.

#### COST:

This is an expensive concentrate to produce, as anyone using Aloe Vera and other of the ingredients would note right off. We tried to bring the cost lower but, until we can find better resources, we are stuck with that which IS. What you have is a far, far better and more comprehensive product than Crystal Life ever began to be—just as is—even if it did not have living Gaiandriana in it. That product was, I believe, costing in the neighborhood of 80 dollars a bottle (quart). You will now have a gallon for less than an eighth the cost. Frankly, it COULD be used exactly like Crystal Life, in drops, but it is not so effective used that way—especially as you are efforting to BRING YOUR SYSTEM into balance and enhancement. Besides, I BELIEVE (Merkl does not) that you must have vitamin particulate present from which to program production by the cells—after they have lost their full-spectrum capabilities. We will walk, together, through the maze as best we can to reach full balance and capability. We are not yet to SURVIVAL mode. We are simply efforting to get prepared and realize what we can do for selves in an ongoing, non-competitive manner with the big-boys, and have whole-body enhancement along with offering the mind that which it needs to "sharpen up".

WHY DO YOU HAVE TO MIX IT IN IMMEDIATE-USE AMOUNTS AND NOT THE WHOLE GALLON?

Because it is reactive with the juices and water. It will literally "change color" and it will not be appetizing, even if taste is unchanged. It also will separate into component parts and MUST BE AGITATED (SHAKE IT). IT HAS LIVING CELLS, HOWEVER, AND UNREFRIGERATED WILL EFFERVESCE (form gas). When your bottle arrives, I suggest you chill it FIRSTthen remove top, replace top and shake well [then refrigerate]—or you may have GaiaLyte all over your ceiling and cupboards! It will react just as a shaken can of pop or champagne.

On this note, I would say that the concentrate—

very tasty and delights the children as well, as with any punch mix or juice mixture.

You will have calories, which must be considered in diabetic situations. I further suggest that you give a teaspoon, at least, of AQUAGAIA, along with the drink, to any diabetic because AquaGaia is "mito-chondria", which is a basic manipulator of blood sugars and balancer of glucose-insulin producing glands. As for calories, they come from the necessary sugars used as medium base. The sugars are radically "changed" but still must be considered just as you would have to consider wine, sugar, pop or anything. Reconstituted, with WATER, you will have calorie equivalent of reconstituted Tang, fruit juice, punch, or any other beverage (such as regular pop). So, dilute with sugarfree beverages and consider the fruit-juice addition and you will be fine. THIS IN NO WAY EVEN BEGINS TO SUGGEST YOU CHANGE YOUR MEDICAL REGIME FOR DIABETES—ANY SUDDEN CHANGE TO A REGULATED "PATIENT" WOULD BE VERY NEGATIVE AT UPSTART. "IF" changes and refunction become apparent—the doctor will note it. DO NOT TREAT THIS LIKE A MEDICINE—IT IS NOT! If it is more suitable, say, with children, to give the juices separately (or even leave them off entirely) just go with what is comfortable for you. I REPEAT: THIS IS SIMPLY AN ENHANCEMENT TYPE OF PROGRAM, NOT A MEDICINAL REGIME—NOR ARE THERE ANY CLAIMS OTHERWISE.

#### **EXERCISE:**

It is up to you. Obviously, if you start off ILL, you will not feel like exercising. Any "body" is better off in having some exercise—but this has NOTHING to do with exercise. We leave that to the "fitness" proponents. This is likened to equating medicine with running, or exercise with vitamins—they DO different things. THIS IS NOT AN EXERCISE ADJUNCT OF ANY KIND, with one exception: THE ADDED OXYGENATION WILL ENHANCE STAMINA QUALITIES **INCREDIBLY!** 

Thank you for your inquiries and we ask your patience. Our workers are volunteers and there is only a handful to do this massive load of preparations. Even our provider of the Gaiandriana and AquaGaia is sucked into IRS court these days in another "state"—so we will have to adjust as we can.

The "youngsters" are doing an IMPOSSIBLE task of structuring some kind of order in distribution, etc. I CAN promise you one thing—ALL will be well tended and timely, for that is what our volunteers are dedicated to provide in order to share with the rest of you, our team. We need YOU and, here, we understand WHY and no amount of work is spared in order to fill my necessary requests. I bless this team, for they are the very life-resource which will see our own troops through this "gathering" period. They serve with every adversarial arrow shot at them. In addition, I simply, myself, do not know how to thank them, for I give them one "impossible" task following another—superhuman tasks in "time" alone, jobs for which they have little or no background—and ask them to both make it possible and learn it if you don't know it. What saves "the day" here almost EVERY day? A sense of humor and realization that if I ask them to do a thing-IT CAN BE DONE! AND IT

#### **FOOD POSSIBILITIES**

You are going to end up in a terrible bind for "food". Food is the controlling factor in all wars—and in peace, if the controller wants to manipulate YOU.

Hybridization of seeds is the first most horrendous thing which has come to pass—for the seeds from a crop are worthless except for the eating. They will not reproduce.

specific type of Spelt—there are only four kinds), for it was the first food grain brought to your planet. means that it measures its environment and grows accordingly. This is a "thinking" grain. The "toxins" show up in varying degrees and once toxicity is established at a plus 2 or plus 3 (meaning contaminates such as pesticides and chemicals, etc.), it will not reproduce itself well: it will not make good breads and so on. Genetically, the "common" variety (of which there is not very much around anymore) will continue to maintain itself in a "nontoxic" state or WILL NOT GROW. Spelta is radioactivity resistant and utilizes the higher-wave light frequencies to advantage—not to store radiation for the unsuspecting "eater".

#### PROTEIN NEEDS

Now, this is fine for "grain" but what about for other things that Spelt is valuable—not protein. There are several proteins in the grain but we consider that some of the proteins which "become" present in the "toxic" grain are what causes it to be labeled "toxic" in the first place. So, you will need chlorella (algae), possibly yeast and, of course, you knew I would eventually get there-lentils (red preferably) and SOYBEAN curd, sprouts, tofu, milk and thus and so. So, I annoy the planters (who are not farmers but are becoming so) with, "Now, get ASSIST IN THE INSTRUCTIONS TO THE some non-hybrid quality from the same 'Common Spelt' resource"—and lay out some fields as soon as purchasing is out of the question this season. The BODY. THERE ARE FIVE TAPES. Spelt needs to go in the ground very, very soon to attend its winterizing.

THIS is why it is so hard to not have the resources which George Green has taken from this Institute. The Institute was established for the specific purpose of making available the resources for these projects. It reminds me of the thieves taking from the church donation boxes for the poor. How can ones steal from God's people when all they are doing is providing a foundation upon which a remnant can survive in wholeness and the masses can recover if they so choose? Well, I always, like you, ask—and, of course, we all know the answer. We were never promised an easy go of it ...!

#### \*\*\*\* 10/2/93—#1

#### NATURE'S PRODUCTS FOR A NATURAL LIFE

(INTRODUCTION by Oberli [E.J.]: For many months Commander Hatonn, with the help of WH and

reaching us as a result of entering the "Photon Belt", rather than suffering from it. While any one of these products, taken alone, will enhance wellbeing, when taken together in a "program" as He has outlined below, they become TNT. And that's INDUSTRIALmanufacture and stockpile enough GAIALYTE to be ALL except the "common spelta" are "toxic". This risk. We think we are ready, so go ahead, swamp us with orders!)

Things YOU will need for this starting program: Apple Juice

Cranberry Juice

Butter (not margarine)—Butter causes the Spelt to release its B17 (anti-carcinogen)

THIS IS NOT A MEDICAL PROGRAM OF ANY KIND. YOU CANNOT OVERDOSE OR UNDER-DOSE. SUGGESTED AMOUNTS ARE SET FOR OPTIMUM EFFECT, FOR ALL UNUSED SUBSTANCE IS WASHED AWAY IN THE EXCRETORY SYSTEM. PEOPLE WITH ONGOING, KNOWN MALFUNCTION OR DISEASE MAY WELL WANT TO TAKE MORE THAN THIS SCHEDULE REFLECTS. THIS IS UP TO YOU. AS WITH ANY SUPPLEMENTAL REGIME, IT TAKES proteins? It is interesting to note that the proteins in A BIT OF TIME TO RESPOND FULLY. THE BODY the Spelt are not as useful as might be thought. It is MUST READJUST ITS FUNCTIONING—YOU ARE ADDING THE THINGS IT MAY WELL BE MISSING, AS WELL AS DOING SO IN A "PROGRAMMED" SOLUTION WHICH MERGES WITH THE BODY CELLULAR STRUCTURE AS AN ICE CUBE MELTS WITHIN ITS MOTHER WATER.

#### **AUDIO TAPES**

THE AUDIO TAPES INCLUDED ARE TO SUBCONSCIOUS MIND FOR BOTH LOCATING POSSIBLE BODY MALFUNCTIONS AND/OR we can have enough funds to lease them, as INVADERS NOT SUPPOSED TO BE WITHIN THE

- 1. Learning Self-Hypnosis: What it is and how to
- 2. Clearing and Relaxing Tape: To clear dark energy forms from your presence while in relaxation.
- 3. Let's Look Within and See What's Wrong: This is to "scan" the body for SELF while in a state of total relaxation. YOU consciously do not need to participate—your mind will recognize any malfunction or invader.
- 4. Let's Heal Ourselves: This tape is instructions for your subconscious mind to allow sending of "troops" to infected, mutation or malfunctioning areas for specific attention.
- 5. Subliminal Message Tape (Healing and Success)—MUSIC. This tape is a gift and is for the purpose of allowing you something which enhances your program and can be enjoyed ANYTIME, ANYWHERE. The other hypnosis tapes should only be used in a state of rest when not operating any kind of machinery or other focused activities.

Dharma, has been bringing and perfecting a series of WILL RECOGNIZE APPROPRIATE USE. FOR BLOOD SYSTEM. products which, when properly integrated and used INSTANCE, YOU WILL NOT PROBABLY USE THE STRUCTURES EXACTLY LIKE YOUR BODY

together, will give our physical bodies the tools and SELF-HYPNOSIS LEARNING TAPE AFTER YOU supplies they need to rebalance and achieve "good ARE TRAINED TO RESPOND TO THE OTHER health". More importantly, the body frequency will be TAPES. HOWEVER, IF YOU ARE CAUGHT AT raised to take advantage of the additional energy ANY TIME UNABLE TO "SLEEP"-GET IT OUT AND USE IT.

THE MORE YOU USE THE HEALING TAPE— THE MORE QUICKLY YOU CAN PROGRAM YOUR OWN SYSTEM TO ATTEND ITSELF. FURTHER, YOU WILL BE ASTOUNDED AT THE This is why we are working on Spelt (and a STRENGTH dynamite! It has taken several weeks to INCREASED FEELING OF WELLBEING. WE WILL SOON HAVE AVAILABLE A SIMPLE "SUCCESS" ready to supply the first orders without long back-order TAPE FOR YOUR ENJOYMENT (NOT YET AVAILABLE).

> THESE TAPES MAY APPEAR TO BE UNPROFESSIONAL, FOR THEY ORIGINALLY MADE FOR SPECIFIC PERSONS AND SPECIFIC PURPOSES (FOR DHARMA) BY MYSELF AND DORIS. DORIS IS AN ACCOMPLISHED HYPNOTHERAPIST AND THE CONTENTS OF THOSE TAPES ARE VERY PROFESSIONAL. REMEMBER, SHE HAS TO GET HER INSTRUCTIONS THE SAME WAY YOU DO! WHAT IS CREATED IN THE SUBCONSCIOUS MIND OR ATTACKING THE BODY AT THAT LEVEL OF SUB-CONSCIOUSNESS—MUST BE CONFRONTED AND REINSTRUCTED AT THAT SAME LEVEL OF CONSCIOUSNESS. THE SUBCONSCIOUS MIND DOES NOT SLEEP AND KNOWS EVERYTHING GOING ON WITHIN THE ENTIRE SYSTEM—IT NEVER FORGETS!

> USE THESE TAPES AT EVERY OPPORTUNITY-ESPECIALLY AT THE BEGINNING OF THE PROGRAM. TAKE THE TIME FOR YOURSELF, FOR YOUR RESPONSE WILL BE INCREDIBLE IF YOU INSTRUCT THE ITEMS YOU INGEST TO DO THEIR WORK! DO, PLEASE, CONSIDER USING THE HEALING TAPE AS YOU GO TO SLEEP AT EVERY OPPORTUNITY—THAT IS WHEN THE MIND AND BODY DO THEIR HEALING AND REPAIRING, SORTING AND ADJUSTING.

> (Oberli's Note: The tapes multiply the value of the program by scads—if you do not use them, you may have to redo the first week of the program several times before you get the "boost" you get with them. They come with the starter kit; sold separately, they are \$12.00 plus shipping.)

#### GAIANDRIANA & AQUAGAIA

AQUAGAIA AND GAIANDRIANA ARE TWO SEPARATE ENTITIES AND IF STORED TOGETHER THE GAIANDRIANA CONSUMES THE MITOCHONDRIA IN THE AQUAGAIA. (The mitochondria is that which feeds on vessel plaque adhering to blood vessel linings. It is also that which directly affects the blood-sugar conversion system within the body—so you want to tend it carefully.)

AFTER ENTRY INTO THE BODY SYSTEM THEY GO ABOUT THEIR SEPARATE WORK AND MIXING IS FINE—SIMPLY DO NOT MIX FOR STORAGE OR FOR ANY LENGTHY PERIOD OF TIME.

EACH TIME YOU TAKE EITHER THE GAIANDRIANA OR THE AQUAGAIA—HOLD A PORTION UNDER THE TONGUE FOR A COUPLE OR THREE MINUTES BEFORE SWALLOWING. AS YOU LISTEN THROUGH THE TAPES YOU THIS ALLOWS INSTANT ENTRY INTO THE BOTH ARE CELL

FOREIGN BODY PRESENCE (I.E., VIRUS, BACTERIA, MUTATION CELLS, ETC.) ARE TAKEN OUT, USED FOR REFUELING AND/OR SLUFFED FROM THE BODY.

THIS IS NOT A MEDICINE OF ANY KIND. IT IS A WHOLE-CELL PRODUCT WHICH ALIGNS WITH INDIVIDUAL BODY CELLULAR LIFE. It seems to enhance the production of immune system function and increase presence of T-cells—among other cells in the immune system—raising immeasurably the body's defense system to deter malfunction of any kind. The "Driana" cells are blueprinted with all substances found in natural cell structures. These work WITH the ORIGINAL cell patterns in a body and reproduce only "whole" cells, while cleansing out the mutations and alien particulate. Do not expect this to act as an antibiotic of some kind—the cellular structure has to be shored up and an enhancement period of time accomplished. This is only that which can help your own healing mechanisms do what they were originally supposed to do in perfect creation of body specific. FIRST YOU ENHANCE AND HEAL YOUR OWN IMMUNE SYSTEM AND SYSTEMIC "ORDER" AND THEN THE BODY WILL ATTEND ITS PROPER FUNCTION.

#### **GAIALYTE**

This is an electrolyte concentrate with Kargosok tea, Gaiandriana, Carbragaia (a cartilage similar to shark-fin but "programmed" to human tissue), juice and a plethora of vitamins and minerals necessary for EVERY cell structure. This also adds fuel for the new cells introduced from the Gaiandriana and Aquagaia.

#### **RECONSTITUTION INSTRUCTIONS:**

TAKE ¼ CUP (2 OZ) CONCENTRATE AND RECONSTITUTE WITH WATER TO ONE (1) CUP LIQUID. (CHILL THE CONCENTRATE AND SHAKE WELL BEFORE OPENING AS IT TENDS TO "BLOW" AS IT MATURES AND RELEASES NEW LIFE.) (If volume is a problem, the water can be reduced or eliminated but the fruit juice is necessary.)

ADD: 1/4 CUP CRANBERRY JUICE

ADD: 1/2 CUP APPLE JUICE

This is a very tasty drink and is best when chilled or on ice.

DRINK A FULL MEASURE OF THIS MIXTURE AT LEAST FOUR TIMES THE FIRST DAY. IT IS SUGGESTED BY USERS THAT IT IS BETTER TO TAKE YOUR LAST DAILY AMOUNT ABOUT 4 HOURS PRIOR TO SLEEP-TIME AS IT TENDS TO "REV-UP" THE SYSTEM. MANY, HOWEVER. ENJOY IT AS A BEDTIME DRINK SO USE YOUR OWN JUDGMENT.

WHY APPLE AND CRANBERRY JUICE NOW, WHAT ADDITIONS? BECAUSE YOU WILL NEED TO CLEAR OUT THE LIVER DISCHARGE SYSTEM AND APPLE JUICE IS RECOMMENDED FOR THE FUNCTION OF THE GALL BLADDER. CRANBERRY JUICE IS RECOMMENDED FOR THE DAY ONE: BLADDER (URINE) SYSTEM. YOU MAY USE ALL BUT THIS IS A MINIMUM AMOUNT DESIRED

CELLULAR STRUCTURE. UPON ENTERING FOR INITIAL CLEANSING. HAVE AS MUCH segments. Can be mixed into GAIALYTE drink— PICK UP YOUR DNA PATTERN AND REPRODUCE ENCOURAGE DRINKING A LOT OF BOTH AS ONLY "WHOLE" ORIGINAL CELLS. ALL WELL AS OTHER JUICES AT EVERY OPPORTUNITY. AT UPSTART OF THIS PROGRAM DO NOT GET THE JUICE "BLENDS". AS THEY WILL NOT CONTAIN THE PROPER AMOUNT OF EITHER. AS YOU MOVE INTO A REGULAR, ONGOING INTAKE REGIME—USE ANYTHING YOU WANT.

#### **SPELT BREAD**

This is a problem to some who have no access to Spelt. Spelt is, however, THE gift of GOD to your planet as the "original" grain. It is deliciously milder than wheat, non-hybrid and is so far superior to other grains as to be almost incomparable. If you cannot get Spelt bread or grain, of course, use the best whole grain bread you CAN get.

OUR RESOURCES WILL BE ABLE TO SUPPLY YOU WITH SPELT IN ONE FORM OR ANOTHER. THEY ALSO ARE SETTING UP A PROGRAM WHEREBY YOU CAN OBTAIN A BREAD MACHINE FOR YOUR USE AND "BREAD MIX" WHICH IS SUITABLE FOR SAME. THE FLOUR IS NOT INTERCHANGEABLE IN MOST INSTANCES BUT CAN BE ADJUSTED NICELY IF TIME IS TAKEN TO DO SO. THERE ARE, HOWEVER, SUBSTANCES IN SPELT THAT NO OTHER GRAIN HAS AVAILABLE AND SPELT IS ALL THAT I RECOMMEND. OTHERS ARE SIMPLY FILLERS FOR THE TUM-TUM.

IN THE UPSTART PROGRAM YOU WILL INGEST PROBABLY MORE THAN YOU WANT, IT WILL SEEM, FOR IT IS A MAGNIFICENT BREAD UPON WHICH YOU COULD LIVE NICELY WITH NOTHING ELSE ADDED. HOWEVER, OUR THRUST IS AFTER, AMONG OTHER THINGS, THE FIRST TWO "B" VITAMINS AND B17. B17 IS AN "ANTI-NEOPLASTIC" SUBSTANCE WHOSE PRESENCE IS NOT FOUND ELSEWHERE IN ANY AMOUNTS ALLOWABLE TO YOU ANY LONGER. TOASTING THE GRAIN OR BREAD HELPS RELEASE THE VITAMIN AND ALSO THE ADDITION OF BUTTER (NOT IMITATION) INGESTED WITH THE GRAIN ALLOWS TWICE, OR MORE, THE RELEASE OF THAT VITAMIN. If you cannot bring yourself to have butter on every piece of bread you eat—I do ask that you have at least one tablespoon of butter per day in some way. It has properties that no other fat carries.

find that it is the very thing you go through now which got you into the unbalanced mess in the first place. If your system is able to work as it should—IT CAN BALANCE ITS OWN PERFECTION WITHOUT YOUR CUTTING IN OR OUT ITEMS FROM A REGULAR DIET. YOU HAVE MADE YOUR BODIES SICK. IT IS UP TO YOU TO GIVE THEM, THEY NEED TO HEAL THEMSELVES.

#### **INSTRUCTIONS**

YOUR INDIVIDUAL SYSTEM THE CELLS WILL ADDITIONAL JUICE AS YOU WISH. WE EXCEPT in cases where you already have mixed Gaiandriana into the drink.

4 GAIALYTE drinks

4 TO 5 AVERAGE SLICES OF SPELT BREAD (PREFERRED TOASTED) WITH A BIT OF BUTTER DAY TWO:

SAME AS DAY ONE

#### **DAY THREE**:

GAIANDRIANA: REDUCE TO THREE OUNCES.

AQUAGAIA: REDUCE TO THREE OUNCES.

GAIALYTE: REDUCE TO THREE DRINKS.

SPELT BREAD: YOU CAN REDUCE TO 2 SLICES IF YOU DESIRE.

#### DAY FOUR:

GAIANDRIANA: REDUCE TO 2 OUNCES.

AQUAGAIA: REDUCE TO 2 OUNCES.

GAIALYTE: CAN REDUCE TO 2 DRINKS IF DESIRED.

SPELT BREAD: AS DESIRED—AT LEAST ONE SLICE OR EQUIVALENT IF AVAILABLE. DAY FIVE:

GAIANDRIANA: REDUCE TO 1 OUNCE.

AQUAGAIA: REDUCE TO 1 OUNCE.

GAIALYTE: IDEAL TO CONTINUE PERMANENTLY, 2 DRINKS PER DAY.

SPELT BREAD: AS AVAILABLE AND DESIRED. IDEAL TO ALWAYS HAVE SPELT BREAD AS YOUR STAPLE GRAIN PRODUCT. DAY SIX & SEVEN:

GAIANDRIANA: REDUCE TO 1/2 OUNCE.

AQUAGAIA: REDUCE TO 1/2 OUNCE.

GAIALYTE: 2 DRINKS

SPELT BREAD: AT LEAST ONE SLICE OR **EQUIVALENT** 

#### **MAINTENANCE:**

GAIANDRIANA: 1/2 OUNCE PREFERRED, TAKEN IN DROPS UNDER THE TONGUE AT LEAST THREE TIMES/DAY. UNFORTUNATELY, THE AMOUNT NOW BECOMES A MATTER OF EXPENSE AND ABILITY TO HAVE QUANTITY. AS LITTLE AS 8 TO 10 DROPS UNDER THE TONGUE TWO TO THREE MINUTES 3X PER DAY WILL PROBABLY MAINTAIN YOU IN A HEALED STATE OF NORMAL FUNCTION. I SUGGEST THAT IF COLDS, FLUS, ETC., ARE AROUND YOU OR YOU SHOW SIGNS OF PHYSICAL STRESS, INCREASE YOUR INTAKE ACCORDINGLY.

AQUAGAIA: IF YOU HAVE A KNOWN As you get your body back into BALANCE you will METABOLISM PROBLEM OR PLAQUES IN THE VESSELS, I DO SUGGEST YOU CONTINUE WITH AT LEAST MINIMUM INTAKE OF AQUAGAIA. HOWEVER, IF CLEARANCE IS ACHIEVED AND YOU ARE COMFORTABLE, YOU CAN USE A FEW DROPS UNDER YOUR TONGUE ONCE OR TWICE DAILY AND YOU WILL REMAIN BALANCED. IF YOU NEED TO GIVE UP EITHER ONE OR THE OTHER, AQUAGAIA OR GAIANDRIANA, GIVE UP THE AQUAGAIA—FOR IN A BALANCED STATE THE GAIANDRIANA WILL SUFFICE NICELY.

GAIALYTE: IF YOU CAN DO SO, CONTINUE WITH TWO DRINKS PER DAY—INDEFINITELY. IF YOU MUST REDUCE INTAKE, PLEASE TRY TO 6 OUNCES GAIANDRIANA divided into 2-ounce MAINTAIN WITH AT LEAST ONE DRINK PER ONE TYPE OF JUICE AT A TIME IF YOU LIKE segments. Can be mixed nicely with GAIALYTE drink. DAY. THIS IS MASSIVELY ENHANCED WITH 6 OUNCES AQUAGAIA divided into 2-ounce WHOLE GAIANDRIANA AND CARBRAGAIA AND

OTHER THINGS WHICH YOU CANNOT GET ELSEWHERE, ANYWHERE WE KNOW ABOUT.

SPELT BREAD: THE PROPER AMOUNT IS AT LEAST ONE SLICE PER DAY.

[Oberli's Note: Thirty-some years ago, when the diet beverage called METRO-CAL was first introduced, my uncle Harold Ekker (a huge man) complained, "I've drunk two cans of that stuff with every meal for six weeks and all the good it's done is gain me ten pounds!" This program is a bit like that—if you just add it to what you eat/drink now it will add to the weight around your middle and subtract from the weight of your wallet.

What our friend has brought to us is an ulcerless, stress-defeating new lifestyle which can restore our bodies to their intended functioning, a condition most of us have not enjoyed since long before our first birthday. If we will substitute a glass of GaiaLyte and a slice of buttered spelt toast for that morning cup(s) of coffee plus donut (or ?) and then do the same at lunchtime, we will experience a marvelous elevation of energy and a new clarity of thinking without any significant change in our daily food/beverage expense. The cost is approximately \$3 per day at the maintenance level—less than most spend for lunch—and this includes the optimum input of Gaiandriana.

Speaking of cost, I should remind you that GCH has said many times that we are to provide substantial price breaks to CONTACT subscribers.

For additional ordering information please call NEW GAIA PRODUCTS at 1-800-639-4242. Thank you for your attention—Oberli]

(We thank Oberli for volunteering to assist with this announcement.)

NOW. WE. ARE **ASKED ABOUT** SUPPLEMENTS TO THIS PROGRAM. AS MANY AS YOU FEEL YOU CAN AFFORD IS THE ONLY LIMITATION I CAN SEE. THERE ARE SOME THINGS WHICH WILL MAKE YOU FEEL SO MUCH BETTER AND FUNCTION MORE EFFICIENTLY. A WELL-ROUNDED SUPPLEMENT PROGRAM IS EXCELLENT FOR ONGOING AVAILABILITY OF NEEDS FOR THE CELLS' CONTINUING HEALTH AND BALANCE. WE HAVE TAKEN THESE ADDITIVES UP IN SEPARATE WRITINGS AND DESCRIPTIONS.

IT IS IMPOSSIBLE TO SAY ENOUGH ABOUT SUCH AS THE PROPER USE OF HYDROGEN PEROXIDE AND THE ALOE VERA PRODUCTS. IN THE GAIALYTE, FOR INSTANCE, THE REACTION WITH THE GAIANDRIANAS AND THE ALOE VERA PRODUCE ABUNDANT FOLIC ACID, HYDROGEN PEROXIDE AND VITAMIN C AS MAJOR CONVERSION TAKES PLACE. WE ARE NOT, HOWEVER, IN ANY BUSINESS OTHER THAN THAT WHICH WILL ALLOW YOUR OWN DEFENSES TO BALANCE YOUR BODY FUNCTIONS. WE CAN OFFER YOU WHAT MAY BE NEEDED—YOU, HOWEVER, MUST HEAL SELF—THESE ARE BUT TOOLS FOR YOUR USE.

AS THE GOVERNMENT TAKES AWAY YOUR SUPPORT SYSTEM IN THE FORM OF NATURAL **SUBSTANCES** AND (BEGINNING IN THIS DECEMBER) YOU ARE GOING TO GET IN WORSE PHYSICAL CONDITION UNLESS YOU TURN TO THAT WHICH WILL NATURALLY BRING BALANCE IN PROPER PROPORTION TO YOUR CELLULAR

YOUR DEFENSE SYSTEM TO CAST OFF self in spite of these problems and addictions. You may DISEASE, ETC. YOU DO NOT HAVE TO "MAKE A BIG DEAL OUT OF IT". THE BODY IS TWO SLICES PER DAY; ALWAYS TRY TO GET PERFECTLY ABLE TO ATTEND ITSELF AND DEFEND ITSELF IF GIVEN A BASIC MINIMUM OF WHAT IT NEEDS. ONCE RESTRUCTURED IN WHOLENESS IT CAN SURVIVE ON THE BASICS OF WATER, GOOD AIR, CHLORELLA, GAIANDRIANA REPLACEMENTS, A FEW LENTILS AND SPELT. IS THIS DESIRABLE? IF YOU ARE STARVING TO DEATH? I THINK IT WOULD BE MOST AGREEABLE! IT IS OBVIOUS THAT YOU WILL NOT BE GIVEN GOOD HEALTH AS A PROMISE FROM YOUR NEW WORLD ORDER—SICKNESS SEEMS TO BE THE OFFERING AND BANDAID TREATMENT FOR

> THIS IS ALL NATURAL SUBSTANCE WHICH WE OFFER—NO MEDICINE AND CHEMICALS. WE ARE NOT PRACTICING MEDICINE UNDER ANY CIRCUMSTANCES-NONE OF US ARE DOCTORS NOR HAVE ANY WISH TO BE SO.

CAN YOU HEAL YOURSELF? OF COURSE! GOD BIRTHED YOU WITH THE PERFECTION TO DO SO. CAN A BABE UTILIZE THESE THINGS TO HEAL SELF? OF COURSE, ONLY THE CONSCIOUS MIND OF THE BABY IS NOT AWARE—THE SUBCONSCIOUS MIND WILL HEAR, FOR INSTANCE, EVERY WORD ON THE INSTRUCTIONS FAR FASTER THAN YOU burst into flame. ADULTS.

#### FOR INFANTS AND TODDLERS

YES, INDEED, GIVE THEM THE ABOVE ITEMS. MAKE CEREAL FROM THE SPELT OR OFFER IN OTHER FOODS AS THEY GROW INTO READINESS FOR SOLID FOOD. THE JUICE MIX WILL BE GREATLY ENJOYED BY BABIES AND CHILDREN—GIVE **THEM AMOUNTS** APPROPRIATE.

GAIANDRIANA, ETC.: PLEASE DO OFFER YOUR CHILDREN THIS DEFENSE SUPPORT. THEY ARE BOMBARDED MORE HARSHLY THAN ARE ADULTS. IF A CHILD IS SHOWING SIGNS OF COMING DOWN WITH A COLD OR FLU—GIVE UP TO THREE OUNCES AND THEN BACK TO MAINTENANCE. GAIANDRIANA CAN BE SIMPLY ADDED TO FORMULA OR WATER-OR A BIT OF JUICE. IF YOU CAN GET YOUR BABY FUNCTIONING IN A BALANCED MANNER—IT CAN MAINTAIN ITSELF.

YOU CAN, AT THE LEAST, MATCH OR SURPASS THE LIFESPAN (IN GOOD HEALTH) OF THE ANCIENT PEOPLE OF HIGH TIBET OR THE OTHER LONG-LIVED BROTHERS. YOU ARE SIMPLY KILLING OFF YOUR OWN SPECIES AS YOU ARE GOING. IT SEEMS A BIT OF A SHAME SINCE HUMANS CLAIM TO WISH A LONG AND HEALTHY LIFE. IT IS STRICTLY UP TO YOU.

We are continually blasted with the fact that if people would quit smoking, drinking, eating wrong, etc., etc., etc.—they wouldn't have these problems. Well, you do these things and surely enough you damage

find the addictions coming under YOUR CONTROL instead of OUT OF CONTROL as you REGAIN CONTROL AND BALANCE. I would urge you to get control as rapidly as possible, for the thrust of the New World Order is going to get more repressive instead of better and you need all the ammunition you can get for good health, if you are to withstand that which is

I can only offer that which "can" assist you to perfect a "miracle"—YOU ARE THE MIRACLE!

#### \*\*\*\* 10/26/93—#1

#### POINTS TO PONDER: GAIANDRIANA

It has been brought to my attention that I need to give you a few more instructions on Gaiandriana. Dharma handles a lot of the research experiments with the "mother" cells and she got a real shocker today. Yesterday was too busy to attend much work on the Gaiandriana so all she did was add the additional water I told her to use to "hold" it. Today is a beautiful, clear and "Sun-intense" day at this altitude. By midafternoon the cells had grown and "crystallized" to the point that the entire 3-gallon container was acting as a giant refracting magnifying glass. She has 12 of them and every one was focusing such an intense laser that there are actually etched burns ready to flame on the wooden tables. These were smoking and moving in a TAPE AND TAKE IT IMMEDIATELY WITHIN AS line at the speed of the orbit, smoking and ready to

> The reason I tell you readers this is to warn you who would think you can "upgrade" your own drianas—be careful, for if you put the liquid into a crystal container (as in hand blown, uncut, crystal) and place in the Sun-you can very well start a fire and burn your house down. Treat it EXACTLY as you would a high-quality magnifying glass. This has burned into the wood and, therefore, ruined the surface finish of the furniture and might very well scorch formica if not attended. I would not expect this to happen but these are large three-gallon containers and the power is tremendous. It is nice, however, for confirmation reasons that this happened—for it proves beyond doubt that you have active crystals reproducing so quickly that the replication frequency measurements are "offscale"

> I always have her temper the solution with other ingredients and color to gauge "readiness" and prevent this from happening. It is a good experience, however, to SEE the results and life reproduction right in full eye view. If you think this will not raise those frequencies within a body cell to such an extent as to rapidly dispatch a foreign form (virus, etc.), then think again. These people (four of them) literally watched the cells line up in solution, into "stands" to intensify the laser. NEVER UNDERESTIMATE THE POWER OF GOD IN CREATION nor what God will make available, if HIS people would but accept the gifts. HE would never leave His creations without messengers or that which you need to make transition—unless His own turn from HIM. In that instance HE has NOT denied—HE has BEEN denied.

#### **CLONES**

I find it most amusing to watch and receive the STRUCTURE AND ALLOW YOU TO ENHANCE yourselves. However, do not think that you cannot help input from the past week's revelations in the "news".

Cloning?? Twins, triplets or more? Come children, SURELY these are NOT NEW capabilities—it is simply that this technology is now being made public to counter the revelations and happenings to come which would overwhelm the senses. We thought it especially amusing in that the releases of cloning news came from FRAGMENTS! That, too, of course, is up to you. the same journalists who covered a large meeting which Rick Martin attended and all but four or five speakers were clones—some now without the original. Cloning is EASY, RAPID and downloading "memory" even more easily accomplished than downloading a computer program.

I have been asked to make a detailed discussion on the subject. No, thank you—we have had detailed discussions on that very subject over and over again for five years.

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#### 10/30/93-#1

#### **AIDS CAUSES**

I remind you that WE are the only ones who have told you the truth of it and HOW the AIDS virus is passed. Today, however, they claim they have "found" that the AIDS "HIV" virus is passed within a living cell, PROGRAMMED to enter into the safety of other change (of host(s)). ABOUT THE "TOO THIS AND TOO THAT" TASTE OF THE GAIALYTE—IT IS NECESSARY TO ALLOW PASSAGE OF THE NEW CELLS TO MOVE THROUGH THE BARRIERS. YOU HAVE THE GIFT OF KNOWING AND OF LIFE—IF YOU ALLOW IT TO BE ACCEPTED.

I repeat to you beloved readers who wish to share with us as things are offered for your choosing or denying: We are NOT in a mass-marketing thrust; we are not in a MEDICINE-chest thrust; we are NOT TRYING TO "SAVE" ANYONE OR ANYTHING. We offer that which may well help you feel better and enhance wellbeing—NOTHING MORE. If it happens to cross the barriers of the protective structures guarding an HIV virus—so be it. It only allows the body to structure itself properly to create the capability. The bottle of "stuff" doesn't do anything. The contents, if utilized, CAN—there is a big, big difference.

#### 11/8/93-#1

#### GENETIC REALIZATION (PERHAPS YOU WILL WANT TO TRY GAIA-SOURCE)

What do you have today from the "real" world of medical "breakthroughs"? Three things from CNN this morning: "1) Alzheimer's is a GENETIC malfunction; 2) Heart disease is NOW LINKED TO GENETIC MALFUNCTION, and 3) Breast cancer is linked to GENETIC problems." Interesting?!? So, what will be the next step in this unfolding drama of life and death? Yes, indeed—years of RESEARCH and NEW DRUGS to further alter the genetic structuring, along with outrageous surgeries ad nauseam. WOULD IT NOT BE BETTER TO SIMPLY TAKE GAIANDRIANA, LET THE BODY SORT ITS PERFECT GENE-DNA **STRUCTURE** AND RECLAIM AND RESTRUCTURE ITS OWN PERFECTION?? IT

MORE REASONABLE, caffeine, alcohol, nicotine, etc. SEEMS **INEXPENSIVE AND PROBABLE** PERFORMANCE THAN MUTILATION, DEAD-BLOOD-GIVING AND POISONING THE ENTIRE SYSTEM TO RECALL ONE OR TWO GENETIC

#### **GOD CREATING**

YOU, of God, are given great gifts with your birthing onto this stage of experience. You are given "reason", "choice in free will" and ability to CREATE. You can create good health or allow your enemy to destroy it. You can act in such ways as to cause the adversary to have no power over you or your nation— OR YOUR GLOBE. But do you remember "how" to Create? Creation is never violent, forceful or negative to any God-Creation. GOD CREATES NEW AND BETTER WAYS—SATANIC FORCES CAN ONLY USE THAT WHICH IS ALREADY CREATED AND **TOTALLY FUNCTION** IN **PHYSICAL** DIMENSIONS.

IF YOU WISH TO CHANGE A THING, YOU MUST CREATE THAT WHICH WILL BRING IT INTO BEING—IN GOODNESS. GOD HAS THE "POWER" OF THE UNIVERSE—YOU ARE OF cells for protection and sets up a barrier against GOD CREATOR—THEREFORE, YOU ALSO expand—to properly balance, the cells must learn (be treatment, while mutating to change with every DNA HAVE THIS POWER WHICH SURPASSES ALL IN KEEP UP YOUR THE UNIVERSE. IS IT NOT TIME THAT WE USE GAIANDRIANA AND STOP COMPLAINING THESE THINGS GIVEN FROM CREATOR TO CREATE OUR PERFECTION?

#### 11/20/93—#1

#### GOOD HEALTH

There is no substitute for good health in the form good nutrition and abstaining from all "harmful" substances. Man is simply not going to abstain until he is sick unto death and is forced to do so. We can't wait until everyone is dead before we offer something to BALANCE a bit better that WHICH HE CONTINUES TO INTAKE.

So, let us recognize that man will not act on simply "good advice" but I promise you that if you offer other solutions to his dilemma by the addition of "something" to neutralize the action of these damaging things—he will do so

What is happening now is that people continue their "vices" and negate a great amount of the validity of the Gaiandriana. This is because, with the addition of these particular substances which affect the nervous system, or the instructions to the cells, you have original focus of the drianas to negate the invaders—FIRSTthen the focus can be changed to the healing or perfecting of the "cells".

instance, of the burned tar from a smoke, no matter what the smoke. This is an introduced damage maker—but the immune system and body-healing cells CAN overcome it if given enough of a head start. It becomes a mechanical "thing". These named invaders, however, move rapidly within cells and, although they don't belong there, they set up a whole string of events. For instance, none of the substances as itemized would be particularly damaging, except in mental response, if left circulating long enough to be rendered harmless. This is not the case with poisons, toxins and such as

Do not get the idea that when I say neutralize the atom or molecule of caffeine that I mean negate the response of the body to a cup of coffee. I simply mean that it will give the drianas "equal" opportunity.

These substances work on the nervous system, knocking out the molecules which give full flow to the nerves and central nervous system "home office".

I am not interested, at this time, in offering some kind of drops to allow people to continue their vices. However, this will do it. It will not keep a person from getting intoxicated by alcohol but it can prevent, totally, the damage to brain-cell connections—the same with Alzheimer's physical nervous response, muscular dystrophy, Lou Gehrig's, Parkinson's and other "nervous" incurable diseases. It is a protein substance that interferes with the nervous system connector relays. The most auspicious results, however, will be seen with ones wishing to cooperate in their own wellbeing and utilize the "program".

Dharma laughed and suggested "fat drops"; well WE CAN DO THAT—this WILL DO THAT. IF ones would take as directed the full "program", they would lose appetite; moreover, the body would be able to balance out the unnecessary fat absorption.

What people do is overwork fat cells and they programmed) to accept only the sufficient amount. This can easily be done but the substances are NOT ALLOWED YOUR USE—so a new product with target capability WILL NOT BE ALLOWED-so we have to label it something else, don't we? You will never be able to take everything I ask you to take daily in the bread, GaiaLyte and chlorella alone—and lose weight—if you continue to consume a cake with every drink. OBESITY is a mind-game—a total brain-drain program. Obese people do not eat because they need food-they need love and solace. BALANCED NERVE-MIND FUNCTION PRODUCES PERFECT BODIES BALANCED IN POSITIVE MANNER OF RATIOS **PROPER FOR SKELETAL** STRUCTURE—ALWAYS. Mental unbalance followed by intake imbalance is what causes obesity, underweight—whatever. A balanced, working body will attend itself—except for the CONSCIOUS/ SUBCONSCIOUS training of the person in point.

I have hesitated to offer this to you people because some of you who must attend my needs and are under bombardment by electronic-wave beams-NEED THE FAT CELLS AROUND THE AREA OF THE MIDSECTION FOR PROTECTION! As you come along, we can handle that problem but we have caused so many changes in ones closely working here—that one or two more is like the backbreaking single straw added to the load.

When we get the countering frequencies established There is no way to counter the immediate effect, for and raised beyond that which the enemy uses for bombardment-we can put you on "automatic" selfadjusting and negate need for all this other effort.

> Until we can do that, however, it will require that some extra substance, extra thought (even to meditation on balance and wellness) be continued—and the majority will ALWAYS need the boost. It is fine, beloved ones—it is fine. If you turn to the balancing substances we offer, you will find a lessening of your energy and financing expended to that which doesn't work at any cost! Do you understand? If your coffee is important to you and allows you to "feel" better

realize that there are healing qualities in caffeine but it does not positively interact well with Gaiandriana; just the opposite, it negates. It will be ever thus but it can be "neutralized" energy-wise, molecule by molecule.

Would this be good for ANYONE—say, those who do not want Gaiandriana? Of course, because I fully intend to have the stuff LOADED with Gaiandrianaor mitochondria, depending upon that with which we are working. Alcohol will respond better with mitochondria (Aquagaia) because of its energyconversion capability.

The alcohol molecule neutralizer would be excellent to be utilized in diseases of, say, the liver, the pancreas, the spleen, kidneys, etc., which deal with detoxification of the system—regardless of whether alcohol is present or not. It is not needed, however, because if you are taking the other things offered, you are "covered". What we want to accomplish up front is the ability to keep these additives from damaging the value and potency of the Gaiandriana or mitochondria (Aquagaia). If you can balance the toxin prior to intake, you are far, far ahead, for there are some molecular structures which absorb a tremendous amount of energy to negate.

Will this allow you to go from 5 cups a day of coffee, to ten? WHY IN THE WORLD WOULD YOU EVEN WANT TO CONSIDER SUCH A THING? THERE ARE OTHER THINGS BESIDES CAFFEINE IN COFFEE WHICH AIN'T SO HOT FOR YOU. The "acid" alone in coffee and some teas—is enough to destroy your system. Are you searching for suicide or healing? WHY? A couple of glasses of wine are healing and calming—a couple of quarts at a sitting gets you drunk. Even the occasional "drunk" will not hurt you as much as the drunken driving likely will. REASON, LOGIC and WISDOM had better become your code-word rule-of-thumb(s).

Will the negation of the items in point keep you from addiction? YES! So, there is, after all a Tooth Fairy—but only useful with "I" teeth. The proper use of Gaiandriana itself will stop an addiction in its tracks, utilized WITH MIND-CHANGE. "Intoxication" and "alcohol damage" are not interchangeable terms, my friends. Neither are they the "kind" of "diseases" established to relieve responsibility, as claimed by your nut-niks. "Disease" is now a copout diagnosis to offer excuse for lack of responsibility—as are all ADDICTIONS.

So, Hatonn is getting mean in His old age? Yes! I do not accept excuses—TWICE! An EXCUSE is good for ONE TIME ONLY!

We are WATCHING one die of Lou Gehrig's disease (which is, by the way, a total misdiagnosis in the first place, as that is not what is wrong with the man!) right in front of your eyes when, yep, about 20 drops of this and a bottle of Gaiandriana would stop this nonsense. But, I too believe a man has the right to commit suicide any way he chooses. If one ceases to desire to live in the play granted by God—then it is between him and God. I have little patience with giving attention to such foolishness and I consider it the highest form of irresponsibility to others, including God. \*\*\*\*

#### 12/3/93—#1

#### **IMPORTANT NEW PRODUCTS**

The following is an explanation regarding the new products which will now be introduced for your use—

especially for you who are taking Gaiandriana products.

The physical actions of the products are all the same, so I will explain the mechanism of the various items for your understanding in terms which I believe will be most effective in simple explanation.

There are toxins which are particularly detrimental to your body and yet are used by so many of you who would be on a health program. They are especially noxious in the face of what is efforting to be accomplished with intake of the Drianas, i.e., Gaiandriana, AquaGaia, GaiaLyte. (Know, please, that GaiaLyte as it comes from this source is already neutralized for all ingredients.)

Toxins such as caffeine, nicotine, alcohol and sucrose (refined sugars) are especially dastardly in the "confusion" brought within the cellular structure of your body. In EVERY instance they will lower the cellular frequency and introduce that which I like to refer to as free radicals, simply because they enter cells and act as "foreign" substance in the same category as a virus or bacteria. In many instances they are WORSE. The reason is that they interfere with the frequency and they circulate through excretory cleansing systems (liver, kidneys) and must be detoxified. This is especially hard on a body and causes a focus on the foreign particulate.

Those of you taking the Gaia products are not getting full use of the product. Why? Because when the Gaiandriana, for instance, enters the body—it has certain duties in the reclamation of cells. If you introduce these toxins into the system, the Gaiandriana (Drias and Drianas) move FIRST to cleanse the TOXINS which have now passed into the cells of almost all of the system.

#### WHAT HAPPENS WITH THE "GAIASORB"?

The solutions in all instances are grown in the presence of an overriding light frequency of the toxin in target (example: caffeine). When equal numbers of cells are added to anything now containing caffeine (example), there is IMMEDIATELY INSTANT bonding of all caffeine particulate to the programmed cells of the GaiaSorb. The particulate of the toxin is bound and rendered, for all practical purposes, neutralized. Its frequency is interrupted and bound within the frequency of the GaiaSorb cells. In turn, as ingested into the body, it is rendered into the same frequency of Gaiandriana cells. In other words, the toxins are no longer primary targets for Gaiandriana because it does not recognize the (now neutralized) toxin particulate as a "foreign" invader.

Does this mean that all these toxins are good for you? No, indeed. It does mean that, with the use of these new substances, the toxins will not be allowed to neutralize the ability of the Gaiandriana to go about its wondrous work. Of course, in the neutralizing and frequency changing of the toxic particulate, there is incredible advantage to ANYONE using the substance. We simply have not tested the extent to which it works otherwise.

We do note that if you need a relative comparison for your further understanding, consider "Beano" or "Lactaid" or those genetically-prepared digestive aids which specifically aid in prevention of gas buildup or failure of digestive processes to easily handle targeted byproducts of foods intaken.

Yes, we can specifically target anything but

things take time, for I am working with one who is NOT a scientist and we have to nurture these babies like any creative processing. We will not offer anything to you which is not tested and proven effective. Therefore, in our attempt to get these new products into your hands and use-we ONLY attended the target of compatibility and effectiveness WITH Gaiandriana, AquaGaia, GaiaLyte, etc. We do KNOW that used ALONE the drops are greatly effective but we have not done anything to research those other avenues of use. We have, however, had many testing the caffeine neutra-bond and all find it delightful, in that it seems to take the sharpness (bitterness) from the beverage and renders caffeinated coffee more digestable and palatable than decaffeinated brands.

The "direct" taste will simply be one of "a bit like electrolyte" base. That is because EVERYTHING which is compatible with cell integration—MUST be in electrolytic balance. It will not be as noticeable as with something like "Beano" because the purpose is not the same as with a gas-prevention substance, with which you are efforting to change the conversion process of carbohydrates and sugars.

We will, by the time you have this information, have enough to fill most immediate orders. It is not a part of the original "package programs" at this time because we did not wish to hold up availability. Further, there is no need to invest in solutions for items which are of no value to some individuals. I trust our crew to make the pricing reasonable and get the bottling approved and done in time for use by those of you who want the product, immediately. The product will, I believe, arrive in 2-ounce dropper bottles for your convenience. We will attempt to get full labeling done prior to shipping the first batches—depending on the availability of printing.

We will turn to other selected items in this category of toxins and target some foods that the body has trouble handling easily or which produce negatively perceived byproducts of digestion. We will also try to make available some targeted aids such as estrogen, thyroid and some of the other glandular substances which become very unbalanced through aging, modern surgery and drug interventions in disease, etc. There is nothing chemical or "medicine" in any of these products. We have no wish to interfere, intervene or in any way practice medicine. Everything which shall be offered, ever, through here is totally natural in EVERY

I would, however, call your attention to the myriads of presented-as-new treatment programs being offered through the medical profession in the line of genetics, DNA and RNA processing. THIS IS NOT AN ACCIDENT—THEY ARE HAVING TO MOVE INTO "DAMAGE CONTROL" AS SUCH AS GAIANDRIANA GETS TO CIRCULATING THROUGH THE COMMUNITY OF MAN. It, if nothing else, PROVES the basis upon which the Drianas and Drias perform their balancing act. We note recently that actual pancreatic tissue is being "transplanted" into diabetics. Wouldn't it be easier to simply reprogram and reclaim ill-functioning tissue by simple oral intake of that which will ultimately balance the function? It would seem so to me, but then again— I make no claims to medicine, surgery (psychic or otherwise) or chemical compounds.

By the way, however, number two, because these remember something, readers, we are BUSY and these items we offer are "grown" in the full presence of all

solar rays (directly) and undergo increased amounts of direct ultraviolet spectrum and beyond ultraviolet spectrum LIGHT frequencies—you will find a buildup of tolerance for radiation rays and/or radiation treatments for various tumorous diseases. In other words, we are getting feedback that with the intake of Gaiandriana there seems to be a remarkable lessening of the sickness produced by these medications and therapies. I make no comment, for that is the respected method of treatment on your place and I am not allowed to speak against it. However, use logic and reason in your treatment programs and note that even chicken soup can have very, very beneficial qualities. Remember, the medical physicians thought it wise to drain blood from patients at one time—now they give you dead blood from someone else. It is all beyond my understanding but we are legally not allowed to comment and, therefore, consider each thing with wisdom and, please—leave us out of it.

As you are now into the holidays recognized around your world as the "Holy Days", be ever mindful of TRUTH. You most certainly should partake of that which brings joy and remindings unto the heart, for man needs wise and good traditions and joyous times of sharing and giving. This is true of all "religions", all beings. Do not think that a Christmas tree is evil—it is whatever focus YOU PLACE UPON IT. I prefer artificial trees, for the whole of the ritual is usually artificial and why would you destroy a tree to please your nose—get some evergreen spray and leave the tree in its garden. That, however, is up to you. But if man is to survive—it will be because he begins to CHOOSE to leave those living oxygen machines firmly planted and nurtured into the soil of Mother Earth!

**EVERY** DAY IS A HOLY DAY EVERYTHING, EVERY BEING, IS SACRED! IN THAT SACREDNESS THERE ARE NO THINGS WHICH YOU MAY OVERLOOK OR FAIL TO APPRECIATE AND TO WHICH TO RELATE-ALL ARE RELATIONS AND ALL MAKE UP THAT WHICH IS YOU. BE EVER MINDFUL OF THE GRACE AND GLORY OF CREATION/GOD.

#### 4/17/95-#1

#### **CLOCK AND CALENDAR**

The pleadings come in to: "Please, can't you slow the clock and calendar so we have time to get-!" NO! If I could do so, I wouldn't. You ones have got to get with the program—another week, a month, a year may well make a big difference in the short daily routine; it will not change the Universe if you continue to "just wait".

HOW does Dharma measure time? By that which gets lost in the entropy and finally has to be found to do a "project". She has spent all this morning just clearing her desk. No, I did not say "clearing up" her desk—I simply said clearing it while looking for "silver" documents—both kinds, soluble and coin. Sometimes the smallest task is magnified by the multitudes who await my input—through Dharma. So be it, a lot goes begging and is ultimately lost to the cause by the delays and stacks upon stacks of material without means of sorting (to ever locate again), lack of space to file or place and slings and arrows from ones who feel that they MUST have DIRECT response— RIGHT NOW, or we are somehow false prophets of monatomic gold processing but he has far more of a ANYWHERE YOU SEARCH.

some kind. We are NOT prophets of ANY kind!

Everyone seems to have their own project and agenda. Fine, but how is it that it seems to always involve Dharma? She now has seven stacks of every kind of information (except books) which makes another two stacks from just one month of incoming documents. Each stack is as high as it will go without toppling and when it topples, it remains in a heap. Please, you who await response—WE CAN'T DO IT! Why? I, too, have an agenda. That means that if those at CONTACT can't write on various subjects more than the News Desks, we won't write on some subjects. We already have, with just MY agenda, more than we can afford to print and that is quite a shame, for information is ALL that will save your nations and your species.

#### ONE OF MY AGENDAS: OXYSOL

The major topic on my agenda is one of urgency. We have now gotten our "ducks" aligned and will have available, by the first of May, colloidal silver with trace gold—to use ALONG WITH the Oxysol which is a different product entirely. [Editor's note: Oxysol suspends trace amounts of gold and silver in an active hydrogen peroxide fluid, while the newest product will suspend the gold and silver in distilled water.] We also have introduced silver, gold and other completion minerals into GaiaLyte. It has been in there for a year now so what you have is certainly perfected. However, if you wish, a good way to get it all at once is to add Oxysol to either Gaiandriana or GaiaLyte or take a few drops at the same time. The drias alchemize the gold particles into monatomic gold, which is the programming circuitry of cells as to DNA, RNA, etc.

Gold in colloidal form is even better than silver for frequency and positive charge but you only need a trace and, since that is within the regulator's ability to LEAVE ALONE, we will go that route. My own "opinion" is that silver without the trace of gold is only a tenth as good. Since NOBODY else offers this, we have had to do it ourselves and Dharma is tired of being a blind scientist, for her forte is chocolate-chip cookies.

Ones raise all sorts of objections to my need to have a piece of coal run through the solution of gold, silver, ash and hydrogen peroxide. But it is necessary to ensure the POSITIVE charge results in the particulate, holds the trace elements in suspension AND releases enough other trace minerals as to fill the body's cellular needs—such as tiny atoms of otherwise dangerous things if incorrectly introduced—i.e., a minute trace of sulfur, manganese, etc. No, there is no harmful thing introduced such as mercury or lead. Those things have their place but not in consumption as found in your array of needed items. The major problem with these unwanted substances is that enough shows up in other things as to overload. We can neutralize those heavy metals easily enough but not the way you have things structured politically. We can neutralize the radiation rods from your nuclear power plants also—but the enemy wants them to terrify youthe-people. The method is already perfected by a man who can literally "flame off" sand and recover gold. Interesting? No, infuriating that you can't have these things to use.

No, this person is not David Hudson, so please

grasp than ability to produce, at this time. These are very definitely no-nos in your society of political insanity and big business takeover. We had to take a different routing to get it into the Gaiandriana. The Drias convert to monatomic gold within the cells but it is the ONLY other way to get the stuff except to burn off everything else in mineral samplings. I repeat something, however: I will NOT give away methodology and when we have a product it will always be a superb product, less expensive than ANY OTHER SOURCE and will pass all regulations of anybody—as a natural substance or organic product.

I didn't want to push the river and the people here are distracted by work regarding other products and a push for Snell, etc., this week, so I am writing for the paper of April 25th in announcing availability of the colloidal product. I'm not requiring any particular name be given so please take note. I cannot overstress the desirability of this product in this world of inability to fight these hardened and resistant microbes now attacking the bodies of you-the-people. Antibiotics are just going to continue to make the situation worse and worse. Even in your own older scientific literature it is found that colloidal silver can kill every recognized microbe. Gold will allow for reprogramming of the cells after killing off the microbe invader. The Oxysol already available from "Gaia" is an incredible topical antiseptic for EVERYTHING, including herpes (topical) and burns of minor severity. Colloidal silver itself is wondrous on burns and is used in burn centers. The colloidal form, applied to healing burns, reduces fibrous-tissue scarring by great measure. If it had the trace gold, it would reduce it further, for the fibrin would dissolve after new tissue is formed, thanks to the programming capability of gold (Au) changed into crystal form—as is accomplished from an Au compound to an Au+1 conversion. But it must be accomplished WITHIN the cells. I, for that, recommend a solution of Gaiandriana WITH colloidal silver; a mixture that can be applied directly and instantly to merge within the cells present. But this is another lecture I had not intended for today.

We have enough working on the product to get it finished. The holdup is always, please understand, the getting of permits, labels, bottles, etc. I hope all of you can stay alive long enough to get "approved" by the government or meet their regulations! It seems they have already banned food with nutritional value, so I suppose to finish you off they will soon ban food entirely.

#### 4/21/95—#1

#### **BALANCE IS EVERYTHING**

Because I have asked that the team get you some of the products of which I speak and this time I announced it prior to their having same, I must give you some strong advice UP FRONT.

As of this paper there IS colloidal silver available from Gaia. I always promise you a couple of things about Gaia products: They are REAL, they are the best on ANY market and they are "living", for all are balanced through the perfection of cell structure of Drias which will immediately pick up INDIVIDUAL DNA patterns, supply RNA in perfection and WILL don't annoy him with it. David has a grasp on ALWAYS BE THE LEAST EXPENSIVE OF

We purposefully have offered things in a given sequence, which was necessary at the time. We do not COMPETE with anything or anyone—NOBODY ELSE HAS THE LIVING CELLS IN SUSPENSION. The supplier of Gaiandriana, for instance, uses MY "recipe" and never releases a single drop until it is totally programmed to the highest frequency within your capability without changing structure. By the way, we have, from onset, grown silver and gold traces within the Gaiandriana along with some other minerals which are ONLY found in PERFECT cell structures, for they are GROWN there, alchemized there and ONLY within a living cell.

#### BUT-

I hope to be able to bring the prices DOWN so that you can fully saturate your bodies with Gaiandriana at some point. You get plenty now if you only take a few drops a day, for the body will simply toss aside anything not used within its circulation time.

I offer this discussion before you get any colloidal products from Gaia because, if you are an "overdoer" you will not hurt self, BUT, you will have a tendency to take enough to hit whatever disease process you may have taking place—AND WASH OUT, DEAD, SUICIDE, KILL, MURDER—WHATEVER YOU CHOOSE TO CALL CLEANSING, THE GOOD BACTERIA THAT GIVES A BALANCED INTESTINAL FLORA AND FAUNA. FOR INSTANCE, YOU NEED ACIDOPHILUS AND LACTO-BACILLUS, ETC. So what do you do and STILL get rid of the nasty critters? You simply add it to your intake program.

If you have a suspect dis-ease, even to stomachulcer symptoms which would ultimately boil down to nagging organisms in the belly-go ahead and hit them HARD with the colloids or OxySol. It won't hurt you but it will really annoy your visitors. They will abandon ship but they will take with them your balanced bacteria. So, I suggest, for whatever disease you KNOW you carry, the following: Get rid of the parasites FIRST if you have a chance to do so. Then take maximum portions for whatever ails you. If it be stomach problems, take on an empty stomach half an hour before eating. Why? Because you probably have been taking antacid preparations and have unbalanced everything about your digestive system. Then eat or whatever. Next, after allowing some two to three hours to pass—take double or triple amounts of the added acidophilus and lacto-bacillus. I will ask our people if they can supply you with this but until then just get these replacements at the health-food store. I prefer the liquid, fresh—but for ongoing replacement, freeze-dried powder or capsules are fine.

# THIS IS THE ONLY PROBLEM THAT COLLOIDAL SILVER/GOLD WILL PRODUCE—EVER—THE SIMPLE OVERCLEANSING.

What is different about Gaia colloids? The silver is re-colloidalized with gold traces. Gold holds a different electrical frequency than can silver and can knock out the really hardened criminals in the disease spectrum. Only a TRACE will be found because of REGULATIONS. We never offer ANYTHING which is not within all boundaries of legality. This is WHY you need both products we now offer—to use in different needs but still have the sufficient spectrum for disinfectant, antiseptic AND internal applications.

#### ANTIBIOTICS WON'T WORK

YOU ARE MOVING INTO A TIME WHEN YOU WILL HAVE TO HAVE SOMETHING TO FIGHT INFECTIONS, FOR THE ANTIBIOTICS AVAILABLE ARE NOT GEARED TO FIGHT THE RESISTANT STRAINS YOU HAVE CREATED BY OVERUSE OF SUCH AS PENICILLIN. COLLOIDAL SILVER/GOLD, FOR INSTANCE, WILL KILL PENICILLIN, IT IS SO COMPREHENSIVE. YOU HAVE TO UNDERSTAND THAT THAT WHICH IS AN ANTIBIOTIC IS BUT A "GROWN" MOLD OR FUNGUS PRODUCT, TO WHICH MANY PEOPLE ARE ACTUALLY DEATHLY ALLERGIC.

These products offered here are pure enough and anti-toxic enough to take in intravenous or intramuscular injection. I do not herein suggest this other than to offer as example of the safety level of the product. Nobody can offer any product of injectable or intravenous nature without Medical Licensing AND REGULATIONS. We offer only natural, living or herbal product and suggest nothing more. I remind all of you that YOU ARE THE HEALING MIRACLE—ANYTHING YOU ADD IS ONLY A TOOL.—Gyeorgos Ceres Hatonn

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#### NEW GAIA OFFERS JOURNEY TO HEALTH

#### WHAT SHOULD WE BE TAKING?

By Sandra Tulanian, 3/3/95

The times we live in do not afford us the opportunity to keep life simple enough that health can be taken for granted by just ingesting food and water. The game rules have been changed by bureaucrats (directed by crooks higher up the ladder) who dictate questionable farming practices which, when added to the already choking pollution of our atmosphere and water, end up depleting the soil, the food supply—plus the air and water we breathe—of many of the essential nutrients that would otherwise allow our bodies to function optimally.

Without these "food"-based essential nutrients, our immune systems and body physiologies are sitting ducks for any attack—from the usual chemical and biological "warfare" practices of those wishing to make us sick, to increased high-energy photon bombardment from nuclear radiation pollution, as well as from cosmic sources as this planet prepares itself for the upcoming changes.

It is up to every individual to take personal responsibility for their health and prioritize the needs their bodies may have at this time, as well as pay special attention to the needs of their children. I hope to describe here some good products available to you so that your search for a basic, complete arsenal against disease can come to an end.

New Gaia has presented many products to the public that you can pick or choose for individual needs. But there is a core of products which should be taken regularly, that is felt to be essential to health and wellbeing. These products are: Gaiandriana, AquaGaia, Gaialyte, Kombucha Tea, Kombucha Vinegar, CarbraGaia, GaiaCleanse Program, Chlorella, Spelt, and 3-In-1. Each of these provides a service to the body that is a necessary assistant to the other. We will discuss each one individually to provide you with the information you need to understand why these items are necessary.

The physiology of the body is basically governed by

the actions and programming found within the cell. The cells make up the tissues of the body; the tissues make up the organs such as the heart or liver which, in turn, make up the organ systems that work in harmony with each other to keep the entire body functioning. If the cell structure has been altered or is malfunctioning (for whatever reason), every organ system is affected. To what degree they are affected depends on the offending substance that has caused the cell's breakdown or the length of time that cell has been subjected to abuse.

Gaiandriana is a product that is said to help correct the faulty programming that has occurred at the cell level by correcting into perfection the cell's DNA/RNA blueprint. Viruses, unlike bacteria, have the ability to fuse with the DNA strand within the cell, creating a mutation to that cell. By perfecting the DNA/RNA blueprint, the cell may be returned to a level of vitality which allows it to fight off an incoming virus and maintain the homeostasis within the cell and, in turn, within the organ systems.

This is essential for the immune organ system, because without healthy cells that can fight off offenders like free radicals, viruses and cumulative levels of radiation, the immune system is overtaxed to the point of exhaustion—eventually leading to dis-ease. Another benefit from consuming Gaiandriana is its ability and nature to thrive on the invisible, higher photon frequencies which are bombarding us daily. Gaiandriana is able to speed up the frequency levels of the cells to more nearly match the energies pouring in and assaulting the body. This, in turn, can offer a two-fold benefit: One benefit is the ability of the cell to withstand and actually adapt to these otherwise damaging energies; the other benefit is to help protect ourselves from mind manipulation through pulse-beams that are irradiating mankind relentlessly. Originally the dose was 10 drops, 3 times per day, under the tongue. However, with the growing number of "manufactured" epidemics and other stepped-up plans for our demise by the Elite, perhaps more is better. One ounce or more per day may produce faster and more effective results.

Aquagaia was introduced to benefit the mitochondria system that lies within the cell. The mitochondria is the energy producer of the cell and is essential to convert the food we eat into useable cell fuel and to produce enzymes that are absolutely necessary for survival of the body system.

Aquagaia is also said to feed on vessel plaques adhering to blood vessel linings. Most all of us by the age of twenty have plaques developing on the arterial walls due to the American diet that is filled with saturated fats, high protein, white flour products and limited consumption of fresh fruits and vegetables. This product provides added fuel to any compromised system to assist in strengthening the immune system, as well as cleaning out blood vessels and enhancing the pliability of the vessel walls throughout the body. Both Gaiandriana and AquaGaia work in harmony to strengthen and eliminate mutations of all cells by working together within the cell structure itself.

Another product that you will find essential in your daily regime is GaiaLyte. This is a fully integrated electrolyte liquid that is brought forth from the Kombucha Tea. The tea and juice, vitamins, minerals, Gingko Biloba, Echinacea, Chlorella, oxygenators, Aloe Vera and Gaiandriana are a powerful combination that helps boost energy levels as well as providing electrolyte balance within the body to help enhance the performance of the Gaiandriana within the cells. Electrolytes are

substances which dissociate into ions in solution and thus become capable of conducting electricity. The balance of these electrolytes in the body will aid in protection from the various high-frequency energies that we are now subjected to, as well as enhance the effectiveness of all the other products you are consuming for your health.

Another beverage that should be taken in a dose of approximately 8 ounces per day is the "Tea Breeze" Kombucha Tea. Enough cannot be said about this fermented drink from the mushroom fungus found long ago by a prominent Japanese woman in a town called Kargasok, Russia. What she found amongst these villagers astounded her. The women were virtually without wrinkles or other signs of aging and the overall population was comprised of unusually healthy people. She was told that these people drank 8 ounces of Kombucha Tea daily. She brought the mushroom fungus back to Japan and, today, over a million Japanese people drink the fermented tea daily. With its high content of special proteins and enzymes, this tea is said to reduce cholesterol, restore hair growth, strengthen eyesight, help insomnia, aid in weight reduction, help with allergies, bronchitis, asthma and a myriad of other debilitating conditions including the prevention of certain cancers.

While these are claims from people who have used or researched the product, it would simply be prudent to regard Kombucha Tea as a must to add to your daily health regime. Many people make their own tea with the mushroom that is available through New Gaia Products, but for those of us with limited time, the ready-made tea in the 1-liter and 2-liter bottles is both delicious and convenient. Try mixing the tea with the GaiaLyte and your favorite juice, or just drink it Chlorella is an important addition to anyone's straight.

There is a Kombucha Vinegar that has been developed which offers similar properties to unpasteurized apple-cider vinegar, which has been used for centuries to care for all types of ailments. This product packs a punch when fighting off the common cold and is great as a digestive aid. Many are using this product in their salad dressings or other recipes to enhance the nutrition that their families receive. While Kombucha Vinegar is not recommended for canning or preserving, it certainly is recommended for general consumption.

CarbraGaia is the membrane that is found in the mushroom fungus of the Kombucha Tea bathed in a nurturing amniotic-like fluid of Gaiandriana to aid the body in repair of connective tissue. This product was designed to replace the need for a shark cartilage supplement, which has been well researched and documented in recent years and which is said to program the body to never develop cancer tumors. By mixing one teaspoon into any of the above-mentioned drinks, you add one more weapon to your arsenal in the quest to build the immune system to its optimum healthy state.

Next you have to focus on the nasty "bugs" living within your body.

A 14-day program has been developed that assists in the elimination of the nasty parasites found within the body. Very few people realize the kinds and types of diseases that these parasites can contribute to, such as Cancer, AIDS, Hepatitis, Hodgkin's Disease and Diabetes, just to name a few. There have been reports that people have been able to turn their conditions

around by utilizing a program such as the GaiaCleanse offered by New Gaia has been found to be superior to Program to eliminate the myriad of parasites, such as flukes, keeping house in their internal organs.

The beauty of this program is that 14 days every 3 months is all that is required to ensure a body that is free of most parasites. The GaiaCleanse line includes tinctures that can be mixed in any one of the above beverages or in juice. There is also an intestinal cleanse that comes in the kit to ensure proper elimination and cleansing during the two weeks. Parasites have been "engineered" to be the carriers of nasty viral attack agents; these steps to health are important if one is to realize optimum health within the cellular structure and organ tissues of the body.

Chlorella is a single-celled, freshwater algae which is a nutritionally balanced whole food that is extremely high in protein (60%) and contains more than 20 essential vitamins and minerals, 19 of the 22 essential and nonessential amino acids, enzymes, plus Chlorella growth factor. The combination of these factors results in a product that has been found to be excellent in the healing of wounds, injuries and ulcers, immune strengthening, age retardation, protection against radiation, normalizing digestion and bowel function and protection against toxic pollutants, to name but a few of its benefits.

Chlorella is a rich source of chlorophyll, which is extremely effective in controlling body odor both internally and externally. The suggested daily consumption is 3 grams per day, but dosages should be adjusted to your individual needs. Many times, the alkaline reserves in the body are so depleted that Chlorella in larger doses is warranted.

Moreover, because of its superb food value, emergency food-storage stash.

As part of an ongoing nutritious diet, the grain of Spelt (Triticum Spelta) should be added to every diet in replacement of the standard wheat grain. Spelt is superior to wheat in that it contains more protein, crude fiber and fats than wheat. It also contains special carbohydrates (Mucopolysaccharides) which help stimulate the all-important immune system.

Many people who are allergic to wheat find Spelt to be easily digestible. What is most exciting is the delicious nutty flavor that Spelt offers to any baking needs. Another advantage of Spelt is the large amount of vitamin B17 found in the grain (also known as Laetrile), which has a reputation for retarding cancerous cell growth and aiding in the healing of other serious illnesses. Spelt also has an exceptionally thick husk around the center grain, which protects it from all kinds of pollutants and insects far better than is the case with other grains. The Spelt grain can be ground into flour and used in any recipe where flour is required. New Gaia offers the whole Spelt grain bread mixes, or the grain itself to be ground into flour, or the flour already milled for your convenience. This simple addition to your family's diet can provide a wealth of extra nutrition for your loved ones as well as a great taste experience.

The last product I wish to discuss is a newer product of which you may not be fully aware. Many of you have heard of the latest craze using a product called "Pycnogenols". Pycnogenol comes from the bark of the pine tree and is said to have remarkable antioxidant properties that are aiding in the relief of a number of chronic conditions. The 3-In-1 product

Pycnogenol. The research that has been conducted on the elements found in Pine Bark was primarily conducted on Grape Seed Extract because this, too, had the components that offered the superior anti-oxidant protection.

What was discovered is that the Grape Seed Extract was even superior to the Pine Bark in that it contains a higher level and higher potency of OPCs (Oligomeric proanthocyanidins) which are the active ingredients in freeradical scavenging. These OPCs found in the Grape Seed Extract are known for their instant bio-availability to seek out nasty free radicals and produce rapid counter-effect results. While no claims are here being made for the healing qualities of any product, the OPCs found in Grape Seed Extract have been identified with: anti-aging protection, improved vision, decrease in wrinkles, resistance to mental deterioration, reduced risk of heart disease, reduced risk of stroke, enhanced immune system, faster healing, subdued PMS and reduced inflammation of arthritis.

The other substances found in 3-In-1 are Ester-C® and Aloe Vera. Ester-C® is found to get into the bloodstream faster and in larger amounts than other forms of vitamin C and loses only a fraction of what other vitamin C products lose through elimination. It is also found to penetrate white blood cells more efficiently, which is necessary for their metabolism. There is also a reduction, if not an elimination, of the side effects from the acidity of regular Vitamin C because Ester C® has a neutral pH. Each capsule also contains 150 mgs. of Aloe Vera which is the equivalent of one-and-one-half ounces of natural Aloe Vera juice. Excerpted from an article by John C. Pittman, M.D., we read: "Acemannan, a mucopolysaccharide, is a long-chain sugar which is found as an active ingredient in Cold Processed Whole Leaf Aloe. It interjects itself into all cell membranes. This causes an increase in the fluidity and permeability of the membrane, allowing toxins to flow out of the cell more easily and nutrients to enter the cell. The net result may improve cellular metabolism throughout the body, resulting in a boost of energy production.'

These three powerful ingredients are found in one product called 3-In-1. It is a potent product that should be utilized by anyone suffering from a chronic condition or for those wishing to maximize the functioning of their immune system on a day-to-day basis.

All the above products discussed—Gaiandriana, AquaGaia, GaiaLlyte, Kombucha Tea, Kombucha Vinegar, CarbraGaia, GaiaCleanse, Chlorella, Spelt and 3-In-1—can be the keys to a healthier and more vibrant life by reinvigorating the immune system, increasing the metabolic activity of the cells, providing more complete nourishment to allow the organ systems to function in harmony with one another, and to increase our bodies' overall frequency levels to withstand the onslaught of various high-frequency energies that are thrown our way. These products work synergistically to maximize the effects of each product.

Of course, right thinking, right exercise, and right eating are absolutely necessary additions to any health regime, but the benefits and gifts found within these various products are priceless to our wellbeing in this high-stress

FOR ORDERING INFORMATION CALL: 1-800-NEW-GAIA, 1-800-639-4242 FOR A FREE CATALOG.

# The Immaculate Deception The Bush Crime Family Exposed Chapter Eleven

By Russell S. Bowen

#### CHAPTER 11

#### AND THE BEAT GOES ON

"Excuse me, George Herbert, irregular heartbeating, read-my-lying-lipping, slipping-in-the-polls, do-nothing, deficit-raising, make less money than Millie the White House dog did last year, Quayleloving, sushi-puking Bush. I don't remember inviting your ass to my show. I don't need you on my show. My ratings are higher than yours."—Talk show host

"George Bush, he's on bad drugs, he's sick mentally and physically, if he was a dog he'd be shot. He's a scumbag. That's why he won't be re-elected. He's not morally, physically or mentally fit to be the President."—Christopher Hitchens, columnist for The Nation, Washington Editor for Harpers, on CNBC talk show Live With Steve Edwards

As 1992 began to unfold, Texan George Bush should have been riding high. He was President of the world's most powerful country. He was the leader of the Western world.

But he was an emperor with no clothes. As a president, he was an abject failure, a fact that was obvious to many. Even worse, perhaps, his ineptitude had made him a national joke, prime fodder for the latenight talk-show hosts such as Arsenio Hall-whose depiction captured national attention because of its obvious accuracy.

In 1988, when Bush assumed the presidency, he had promised 30 million new jobs. He was about 29 million short, but that was far from the only failed campaign promise.

In 1992, he presided over a national economy in ruins. Foreign policy, once seen as his strong suit, was in disarray. There was no policy.

At some time during his four-year reign, Bush had hoped to glide into re-election on cruise control, presenting himself as the general at the helm of the once-popular Persian Gulf War. That was the strategy his handlers recommended to him: Wrap yourself in a patriotic mantle of a tough, no-nonsense commander.

In typical elitist fashion, the Bush Administration was apparently so focused on that image that they did not even see the economic problems that caused so much suffering for millions of Americans. Those very problems came home to haunt Bush.

But 1992 was a troubling time for another reason. It was not a typical election year, when the two parties mount their candidates and hire their spin-control doctors to find the right prescription for winning.

This time, the system was turned upside down. The

reason was the most popular Independent candidate in many years—Ross Perot, whose candidacy at this writing was officially unannounced.

The immediate allure of Perot with the voters topping Bush in some polls—was bad enough. But even worse, Bush had to be concerned particularly about this opponent because Perot knows a lot about House—got impression concerned about the

Perot had been intimately involved with Presidents Nixon and Reagan in his search for missing Vietnam a \$1 billion Commodity Credit Corp. loan for Iraq. prisoners of war. In the course of those activities, sources tell us. Perot had access to various secretive acts in which Bush was a participant. So the questions arise: What bombshells will Perot unleash on Bush during the course of the campaign? Or, rather than exposing Bush, will he just drop out and fade into the sunset leaving his supporters in the lurch?

Bush, already facing a defensive campaign in which he will have to explain a lot to the Perot faction, already is looking at a national inquiry into the myriad of intrigues he has concocted.

practices are so widespread that they are now recounted only by dedicated reformers. Undoubtedly spurred by accounts such as those told in these pages, even the conventional establishment news media have caught on to the elaborate Bush acts of intrigue.

The latest development, which was unfolding as we went to press, was the perjury indictment of former cabinet member Caspar W. Weinberger in the Iran-Contra scandal.

Weinberger's notes, which led to his indictment, are so explicit that they may lead to more charges of other ranking officials.

At press time, Clair George, former top spymaster, was in court facing nine criminal counts of lying and obstructing inquiries into the scandal.

In the latest chapter in the Bush-Noriega saga, at press time, the former Panamanian dictator was sentenced to 40 years in prison for racketeering and drug smuggling. In a three-hour speech, he angrily denounced Bush. "Panama was invaded because I was an obstacle to President Bush, who preferred me dead,"

Meanwhile, congressional Democrats were calling for another special counsel to investigate what they said were criminal acts by the Bush Administration in its policy toward Iraq and particularly in its handling of the BNL affair.

embarrassing to the Administration," wrote the Wall Street Journal. "It would highlight how the White House aggressively backed Saddam Hussein with

taxpayer-financed programs, helping to create the very Iraq military machine the U.S. and its allies had to subdue in the 1991 Gulf War."

The newspaper reported the Atlanta branch of BNL or Banca Nazionale del Lavoro, an Italian-controlled bank, provided \$4.5 billion in loans to Iraq between 1986 and August of 1989-some of which helped to build its war machine. The Bush Administration has sought to portray the loans as the isolated work of a few BNL officers in Atlanta.

But Rep. Henry Gonzalez, who is heading the BNL investigation, tried to show in a recent speech that the White House had intervened directly in the criminal probe.

The Texas Democrat quoted notes made by a Treasury Department official who had talked with Gail McKenzie, the Assistant U.S. Attorney handling the BNL case.

One of the notes, which date from November 7, 1989, reads:

"McKenzie: She has been called by the White embarrassment level." This conversation occurred just as the Bush Administration was preparing to authorize BNL itself had earlier provided many U.S.-guaranteed

Gonzalez also cited the notes of an Administration official that showed the White House—including Bush himself—was directly involved in 1991 in trying to limit the information given to Congress about the Administration's policy toward Iraq. Typically, the Administration has used executive privilege to limit congressional access to documents dealing with Iraqi policy.

But Gonzalez disclosed a CIA report dated Indeed, evidence of his misdeeds and his corrupt November 6, 1989 that was sent to the State Department and the National Security Council. The report indicated that Iraq was using BNL loans to finance its "clandestine missile and nuclear weapons procurement program". Just two days later, the Administration approved \$1 billion of Commodity Credit Corp. loans for Iraq, which had trouble raising money elsewhere.

The Journal reported that a probe by a special counsel would likely focus on the alleged doctoring of information relating to exports to Iraq that was provided to Congress by the Commerce Department. "Many congressional Democrats maintain these allegations were designed to mislead Congress and are criminal," said the newspaper.

"Democrats believed that an investigation of the BNL affair by a special counsel would also turn up more incriminating information of the Administration's use of taxpayer-financed government programs, or an attempted cover-up by the Administration once Iraq became an adversary, or even of interference in the judicial process to prevent information from coming to light," said the newspaper.

In addition to the serious issues of Bush's corruption—his effectiveness and direction have been harshly criticized, not from partisan opponents, but from all sides of the political spectrum.

Pulitzer Prize-winning columnist David Broder, for "Such an investigation, at the least, would be example, castigated the President for his unconvincing mixture of "blue-sky optimism and the scapegoating of Congress".

'The problem, very simply, is that whenever Bush

American people, the shallowness of his rhetoric and the thinness of his domestic program is exposed."

So much for the emperor with no clothes.

Newspaper columnist David Gergan described Bush's current tenure in the White House as a presidency "on the edge of a cliff". He labeled Bush a "Mexican jumping bean" who traveled too much, gave speeches about nothing, neglected to have any vision and frittered his time away on details. Bush, he charged, knows nothing about being President.

Bush the blueblood has never been in touch with the average American. His stay at the White House has further callused him from the problems of everyday people.

Washington consultant Lynn Nofziger, a former aide to Ronald Reagan, interviewed in Newsweek, said Bush is in serious trouble because: "These guys over at the White House don't understand the American people. They never had to worry about a job. As a result, they came at this matter of the economy rather casually." The Bush Administration, he charged, viewed the recession as nothing more than another political issue that they could dismiss with a catchy slogan.

But continuing unemployment numbers show that Bush remains unable or unwilling to confront America's many problems. Mortimer Zuckerman, Editor-in-Chief of U.S. News and World Report, wrote recently that Bush has failed in every way-domestically and in foreign policy.

Bush blames Congress, even though he has no fixit political agenda of his own. "He says with astonishing transparency, 'I will do what I have to do to be re-elected," writes an incredulous Zuckerman. Act, and said it would make the 1990s the era for clean above the national interest. We have a deficit of \$400 billion, soaring costs to service it and a national debt hammerlock on the ability to govern. But all that Bush can say is that violating his pledge on taxes was a mistake because it cost him too much politically. What of the national interest?"

Domestically, Bush distinguished himself by his now laughable "read my lips" pledge not to raise taxes. "The U-turn on the budget added flip-flop-flip to the political lexicon," writes an outraged Zuckerman.

Overall, Bush comes across in Zuckerman's words as a politician "who substitutes campaigning for governing, who used polling instead of judgment, pandering instead of politics and attacks on Congress instead of real debate. He seems more worried about losing his job than about the fact that millions of Americans have already lost theirs."

Under Bush, Air force One has become a glider. It goes whichever way the wind is blowing.

Are the American people better off than before Bush? No way!

Author Arthur Frederick Ide writes in Bush-Quayle that the supposed gains of Americans have so far allowed "only a few to enjoy the better things in life. The majority of people actually have suffered a reversal of prosperity and plenty—taking pay cuts, accepting increased work hours, giving up special holidays, holidays and bonuses."

"Many of the 'new poor' have been pushed out of jobs and homes. But under Bush, his well-to-do friends

average middle-class family has dropped 17 percent...This means that United States society is experiencing downward mobility and that poverty is rising."

Depression. He compares George Walker Herbert Bush to Herbert Hoover, finding "startling similarities". Both presidents were convinced the "good life" was here and would stay here with little government intervention. They idly and callously stood by while Americans suffered great pain. Banks failed, farms were foreclosed and vast numbers of unemployed Americans stood in bread lines then and now.

As seen in prior pages of this book, Bush has failed miserably at every undertaking. Drugs? As we have documented, the drug trade is going stronger than ever.

Bush's competence even in national defense has been totally discredited. He's the same President who said, as quoted in Columbia Journalism Review, that the "Patriot is proof positive that the missile defense works." He made that comment at a February speech at Raytheon's Andover, Massachusetts plant. Not much later, a congressional committee was showing war footage to illustrate how the Patriots had been highly

Bush? The educational president? All hype. Bush? The environmental president who was going to clean up this country? More hype.

Tough on the environment was the "right" or politically-correct rhetoric when Bush was running for President. But it's typical of Bush—in that his other history of self-aggrandizement. They have dimmed the face was exposed when he had to deliver.

"President Bush saluted that law, the Clean Air "He gives the impression that his political survival is air," wrote the *New York Times*. That was two years ago. There was no election then.

"During the 1988 campaign, Mr. Bush often said • that has quadrupled over the past 12 years, placing a he wanted to be known as 'the environmental president'. But critics say that while he took strong stands on environmental matters for the first two years of his administration, his approach changed in the midst of the recession."

> There's no doubt also that the one area where Bush claimed competence—because of his experience as an ambassador—has not escaped his general incompetence. That's in foreign policy.

> Foreign affairs expert David Ignatius, commenting in the Washington Post, admitted that Bush won two wars during his tenure. They were the 40-year-old Cold War against the Soviet Union and the 100-hour war against Iraq.

But considering that dictator Saddam is still in office, it's questionable how much Bush accomplished the inauguration of Reagan. in crushing a tiny country with our immense armed forces. As for the Soviet Union's break-up, it might be argued that Bush was the lucky beneficiary of a timely event. In both events, Bush has typically failed to follow up.

"At the postwar conference table, Bush has been something of a loser," wrote Ignatius. "Instead of acting decisively to shape postwar Russia and Iraq, he has coasted along without a clear policy. In place of careful coalition building that led to the two victories, he has fallen into quarrels with such key allies as Germany, France and Japan."

Then, there was the recent Earth Summit at Rio.

is pushed out of the protective cocoon of the presidency have prospered. While the wealthiest families' incomes The victor of Desert Storm, reporters said, arrived in into some kind of direct communication with the have skyrocketed 67.3 percent, the income of the Rio "isolated and on the defensive". Newsweek characterized Bush's appearance there as the "grinch who stole the summit".

> Another damning commentary on the President is that he has allowed the U.S. to become the "black To Ide, the situation is similar to the Great knight of the environment", despite the fact that it was America which created an Environmental Protection Agency as early as 1970—long before most countries were involved at all.

> > In addition, it was in America where a tough clean -air bill was passed 22 years ago and a tougher one in 1990.

> > Americans spent an estimated \$800 billion over the last ten years cleaning up our land, water and air. And yet, under the leadership of President Bush, America, tragically, now is perceived as the "black hat".

> > Why in the world did the American people, over several decades, allow the Bush-family clan to victimize them through its greed-motivated search for raw power and high positions?

> > The answer is not entirely apparent but it is clear that American history has been fortunate to have produced families of great achievement who passed down their sense of responsibility from generation to generation.

> > These families have brought honor to themselves while greatly contributing to their nation. They brightened the American dream and for this they will be rightly remembered by historians.

> > But as this book has shown repeatedly, scandalous intrigues, outright deceptions and downright lying have been the continuing modi operandi of the Bush clan.

> > They have established an unmatched and unprecedented dream of their country. That will be their dubious legacy, not only for those Americans who will later chronicle and expand on these events, but also for those of us who have lived through them.

And where was George:

- When his shipmates were drowning in the plane from which he parachuted to safety.
- When the Bay of Pigs fiasco was planned and executed.
- When the triangle fire teams were put together and trained for an infamous mission in Dallas.
- When President John F. Kennedy was assassinated in Dallas.
- When former Attorney General and candidate for President Robert Kennedy was killed in Los Angeles, after stating it would take an executive order to open the files of the Warren Commission Report and Records.
- When Martin Luther King was assassinated in Memphis, Tennessee.
- When Ronald Reagan was nearly assassinated in Washington by a known Bush-family associate.
- When the deal was made to hold the Iran hostages until
- When the Iran-Contra deals were being made.
- When the truth about his association with Iraq should have been made clear to the American people.

Don't ask George. He's more acquainted with deniability than telling the truth.

I think we've got a fairly accurate handle on your past, George. Maybe we can make your future as uncomfortable as you have our past.

We'll see in November [1992, the year this book was written].

This concludes the book. We once again express our appreciation to Russell S. Bowen, author.

# he News D

#### By John Ray

#### TRADE: HOW TO STOP GIANTS IN THEIR TRACKS

By Carolyn Court, Global Information Network, 12/19/99

MELBOURNE, (IPS)—It was supposed to be a secret among the world's mega-rich, their ultimate their businesses.

But a global agreement with potentially huge repercussions could not remain under wraps for too long, and soon a campaign against the Multilateral Agreement on Investment (MAI) was in the works.

By December 1998, all negotiations on the MAI had ceased. The Organization for Economic Cooperation (OECD) that had been tabling it had to issue a public statement regarding the failure of its members to produce what had been touted as the transnationals' best bet against government intervention that hindered trade.

How a tenacious alliance of Non-Government Organizations (NGOs) from all over the world was able to stop the OECD from pushing through with the MAI is chronicled in the new book Stopping the Juggernaut: Public Interest versus the Multilateral Agreement on Investment.

A collection of articles on the MAI by various NGOs, "Stopping the Juggernaut" is being seen by activists here as a guidebook on how to conduct a successful worldwide protest against globalization.

As it is, they are warning that the MAI may yet resurface in the World Trade Organization (WTO).

Indeed, it was no coincidence that the book was launched in Sydney on the eve of the WTO meeting in Seattle in late November.

That meeting also subsequently succumbed to the power of protests, but activists themselves concede that the fight is hardly over.

Juggernaut" have been earmarked for the newly formed Australian Fair Trade and Investment Network, which is seeking to prevent the revival of any MAI-type pact in the WTO.

As Australian Conservation Foundation (ACF) President Peter Garrett observed at the launch of the book that was put together by two Australian academics: "The arrival of the MAI set the scene for what I believe was one of the major contests between competing visions of our future."

Transnationals [Trans-National Corporations] (TNCs) had sought the signing of the MAI following repeated upheavals in their businesses, particularly in Third World countries in which they either got properties expropriated or "trapped" following changes in government or were continually barred from participating fully in lucrative sectors of the economy.

Why the OECD became the host for the MAI initiative was no surprise. The global organization, after all, includes 29 of the world's richest countries, most of which house the headquarters of the TNCs. At the negotiations, only five non-OECD country observers were present.

possible in most economic sectors and restrictions

against the movement of capital would have been lifted. Among other things, the MAI would also let TNCs file cases against foreign governments before an international panel. All these, the behemoth companies argued, would only make the business climate worldwide better.

But activists retorted that big businesses were hardly weapon against government regulations that hampered the victims of injustice that they were painting themselves to be.

> Patricia Ranald, one of the "Stopping the Juggernaut" compilers, noted that transnationals own the biggest concentration of global capital. In 1996 alone, she wrote, "...the top 200 TNCs had combined annual sales bigger than the combined economies of 182 of the world's 191 economies".

> Activists have made much of the fact that while the MAI stipulated the rights of corporations, it made no mention of the rights of citizens and the countries in which these firms sought the utmost hospitality.

> Thus, while TNCs could sue governments for providing barriers to trade that could include local environmental laws, the MAI did not put any legal obligations on foreign companies to behave in ways that are socially and environmentally responsible.

> Activists point to already existing trade pacts, such as the North American Free Trade Agreement (NAFTA), that have allowed companies to sue governments over environmental laws that were considered barriers to business.

> According to Ranald, these agreements "place the rights of investors on a higher legal plane than international environmental law".

> Action against the MAI began following the leakage in early 1997 of the draft text of the agreement to Canadian activists. The text was posted on the World Wide Web, setting alarm bells off around the globe.

Tellingly enough, royalties from "Stopping the signed by 600 organizations from 70 countries that all but signaled the growing international protest against the

> When the French government announced its withdrawal from MAI negotiations in October 1998, it was clear that the agreement would have little chance of passing in the OECD. According to the French, "consultations with civil society suggested that the treaty was 'non-reformable'".

> James Goodman, Ranald's co-author, described "Stopping the Juggernaut" as "an important exercise, partly to draw lessons from the campaign, but also to highlight which factors are unique and which factors can be carried over into similar campaigns".

> According to Goodman, two factors in particular prompted many people around the world to rally against the MAI. These were the massive scope of the agreement, which covered the whole range of NGO concerns and had the potential of affecting every level of government, and the exclusive and self-serving nature of the forum in which it was being negotiated.

> These, he said, galvanized organizations representing diverse interests to unite and fight the MAI.

At the same time, Goodman acknowledged the Under the pact, foreign ownership would have been crucial role played by the Internet in linking up the many groups and becoming the key tool in providing

information and communication in what became a global anti-MIA campaign.

ACF's Garrett predicted that the fight against the MAI is "the foundation for a new North/South/East social and environment movement...(that) will increase in momentum in the years to come".

[JR: Many of these Transnationals are predators, whose rights under world treaties supersede the laws of most Third World countries they invade in order to gain access to their national assets—against the will of the people. In order to level the playing field of all the Third World countries, sovereignty over national assets would have to be abolished and control of the world's assets put into the hands of the Transnationals.]

#### THIRD WORLD SUSPICION: WAS Y2K BUG A HOAX?

By Anthony Faiola, International Herald Tribune, 1/7/00

BUENOS AIRES (Washington Post Service)—U.S. computer experts predicted widespread blackouts in Argentina with the turn of the year.

And so Mariana Gonzalez fumed as if the practical joke of the millennium had just been played on her as she stood on a Buenos Aires street corner under the glow of vast electric billboards. They have not even flickered in the days since the calendar turned to Jan. 1, 2000.

"We're a country that can't afford to waste money, and that's just what we did with this hoax!" said Miss Gonzalez, 36, who was peddling cheap calculators and talking about the estimated \$1.5 billion spent in Argentina for Y2K readiness.

"We can't feed our families, and we spent millions on a sham to make foreign companies rich."

She is not alone in her dismay. The money spent on updating computers is drawing widespread popular outrage here and in many Third World nations. Suspicions of overspending on the Y2K bug that never materialized are increasing with every day that passes without a computer breakdown.

"So, what was all the fuss about?" asked David By February 1998, the OECD received an ultimatum Higgins, the Sydney Morning Herald's Biz.com editor. He added, "Can we get a refund?"

> But Victor Guerrero, Technical Secretary of the National Commission for Y2K Information Conversion in Mexico, looked at the expenditure of \$6.5 billion by his country's public and private sectors in a different

> A report from the U.S. Senate Special Committee on the Year 2000 Technology Problem predicted last summer that a third of Mexico's computer systems would crash, but in fact the first days of the year have been largely glitch-free. That makes the expense well worth it in Mr. Guerrero's eyes.

> "We had to take the problem seriously, and we've come out on top," he said. "The quality of equipment and infrastructure has improved, and more companies are now using computers as a result of this experience."

> As early reports indicate that nothing approaching the widely predicted doomsday in Latin America or the rest of the developing world came to pass, Miss Gonzalez and Mr. Guerrero personify two emerging schools of thought about Y2K fever:

> 1. That a passel of technology companies and consultants, perhaps for profit, overestimated the potential repercussions of the bug, encouraging governments and businesses to spend scarce funds and

A posting in a chat room run by SinaNet, one of China's biggest portals, said, "Counting money with both hands, the American bear laughs a good laugh."

2. That concern over the bug gave the developing world a good reason to upgrade technologically outdated systems, providing a vital advance into the computer age.

In fact, advocates say, the Y2K craze, even if overstated, became the force that kicked small nations into high gear during the last part of 1999, spurring them to make the changes that prevented big problems.

"Should they have spent less? I don't think so," said Lee Tablewski, a senior research associate at the University of Miami's North-South Center, who monitored Y2K readiness for the Americas.

"There will be a Y2K dividend for Latin America," he said. "Because they've done a good job of fixing utilities, improving government databases, those kind of emergency management systems will be better prepared for the future."

Rightly or wrongly, however, many fingers are pointing toward governments and technology companies in the United States and Europe for generating what is now taken to be hype.

"You Americans were too paranoid about this from the beginning," said Alejandro Prince, Director of the Buenos Aires-based economics and technology consulting firm Prince & Cooke.

Mr. Prince conducted extensive research on Y2K problems in Argentina and had long played down the severity of the risk....

...China's banking sector spent about \$1.25 billion in dealing with Y2K issues, which pales in comparison to figures in the West.

Overall fixes in the United States alone cost an estimated \$100 billion, but many of China's banking functions are not computerized, labor costs are low, and China often solves problems with "human wave" tactics instead of high technology.

In Argentina, which has Latin America's highest per-capita income and is one of its most technologically advanced nations, high-tech companies experienced a major windfall in 1999.

In a year when GDP fell by almost 3 percent and industrial output was down sharply, spending on technological products and services soared 10 percent.

The private sector spent an estimated \$1.3 billion on Y2K bug adjustments, while the government spent another \$150 million.

Several major foreign companies—which officials declined to identify—submitted bids of \$7 million to \$15 million to debug the computer system at Argentina's National Social Security Administration, which has more than 4,000 computer terminals and 10,000 users.

An auditor at the agency reviewed the proposals, rejected them and hired a local agency for a light touchup that cost \$2.7 million. To date, no Y2K problems have emerged at the agency.

"I don't think there's any question that some foreign companies tried to make a buck off us," said Leandro Popik, the Public Action Subsecretary, who leads Argentina's Y2K task force.

Latin American representatives of U.S. high-tech giants dismissed such ideas...."Y2K was not a revenue generating opportunity for Microsoft."

[JR: The cost for upgrading systems worldwide was estimated by some to be a half-trillion U.S. dollars. If some systems needed upgrading, they say it was worth the expense—if not, then the hoaxers are laughing all the way to the bank.]

#### **DISASTERS' TOLL IN FRANCE MONUMENTAL**

By Ray Moseley, Chicago Tribune, 1/6/00

LONDON—The two great disasters that struck France in the closing days of the 20th Century have exacted a heavy price, and the death tolls keep growing.

On Wednesday, the tolls stood at 88 people, 100,000 birds and 300 million trees.

The disasters began with an oil spill off Brittany's Atlantic coast on Dec. 12. That was followed by a storm of historic destructiveness that swept across the entire, Texas-size country on Dec. 26 and 27.

The storm generated winds of more than 100 milesan-hour. It was by far the greater tragedy, and it caused damage estimated at between \$9.5 billion and \$11 billion. That is about 3 percent of France's national budget.

Historic cathedrals, schools and houses were heavily damaged; telephone and electricity services were cut off over wide areas and trains were brought to a halt. Authorities are just beginning to reckon the full costs.

The losses in the private sector alone were estimated at \$6.3 billion, of which about two-thirds was covered by

Historian Emmanuel Le Roy Ladurie said the storms caused the worst damage to France since detailed records began about 1660.

The fate of the 88 people who died in the storm, many of them killed by trees falling on houses or cars, has almost been overshadowed by the spectacular damage to French forests and parks, estimated at more than \$3

Trees on the Champs Elysees in Paris went down. In the Bois de Boulogne and the Bois de Vincennes, the two big forests that border Paris on the west and east, 140,000

Ten thousand trees on the grounds of King Louis XIV's Versailles Palace were felled, and 17,500 in a park at St. Cloud, designed by the 17th Century landscaper Andre Le Notre. Parklands at Rambouillet and other historic chateaux also have been devastated.

In the park of Sceaux, just south of Paris, few of the 400 poplars that bordered a canal remain. In forests of the Limousin area of southwest France, up to 70 percent of trees were brought down or severely damaged.

The toll of 300 million trees nationwide is far greater than the 15 million destroyed by storms that hit Britain in October 1987 with hurricane force.

The French storms wiped out almost 3 percent of the country's 10 billion trees, many of them hundreds of years old. The worst damage by far was in the Lorraine, Marne and Champagne districts of eastern France, where up to 30 percent of trees in some forests were destroyed.

"In areas where all the trees have fallen, we will have to re-create the entire forest, which means that in certain cases it will take 100 to 200 years," said Jacques Descargues of the National Office of Forests.

France has the third-largest forest area in Europe, after Sweden and Finland. Its forests cover 35 million acres, or about 30 percent of national territory.

The \$71 billion-a-year timber and paper industries employ 500,000 people. The storms brought down an estimated 3.5 billion cubic feet of timber, equivalent to three years of production. Experts said prices for wood are expected to tumble by about 10 percent as a result.

Some ecologists said the loss of trees has some benefit. It removed old timber and opened the way to planting of a greater variety of species, a priority of France's reforestation program.

the death of many birds. Scientists estimate that 100,000 birds, 90 percent of them guillemots, already have been killed by oil spilled from the tanker Erika that broke up in heavy seas and went down off the Brittany coast.

But biologists said the food chain for fish was not badly affected....

...One piece of good news is that vineyards across France came out of the storm with little damage. But in the Medoc area of southwest France, which produces some of the world's greatest wines, 250,000 acres of forest were nearly obliterated and an additional 100,000 acres were heavily damaged.

Jean-Louis Viaut, Director of the Medoc Council of Wines, said the damage was an "ecological catastrophe".

The Champagne and Burgundy wine regions suffered only light damage.

Authorities estimate damage to historic monuments at \$160 million. This includes \$36 million at the Chateau of Versailles and its park, \$3.5 million to the Paris Cathedral of Notre Dame, \$6.3 million each to the Parthenon in Paris and the Rouen Cathedral and \$1.6 million to the Chateau of Vincennes near Paris.

At the Chateau of Vincennes, the Sainte Chapelle, a chapel started by King Charles V in the 14th Century and completed by Francois I in the 16th Century, five of the six great stained-glass windows in the nave that dated from the 19th Century were blown out. But a 16th Century window, depicting the Apocalypse, was saved.

Across France, many electricity pylons were down, and the monetary loss in this sector was estimated at \$2.7 billion. About 3.4 million people were without electricity immediately after the storm and some service still has not been restored.

Trains were stopped by power failures and trees across rail lines. Damage to phone lines was put at \$160 million.

[JR: Despite the misery and the astronomical cost from this storm, Paris threw a New Millennium celebration that was spectacular. All that was missing was some French bureaucrat stating—"let them eat cake!" Is it possible that certain elite groups (using HAARP) were sending the French some kind of message?]

#### WASHINGTON SENATOR TO ENDORSE ANTI-FLUORIDE LAW

From the Safe Water Coalition, Idaho Observer, 12/99

SPOKANE, Wash.—Washington legislator State Senator Daniel P. Swecker has agreed to sponsor a bill banning the fluoridation of municipal water supplies in Washington State during the legislative session that will convene in January 2000.

Fluoride, a highly caustic, mutogenic, carcinogenic and immunosuppressive byproduct of phosphate fertilizer and aluminum manufacture, has been diluted in the water supplies of the nation's towns ostensibly to protect the residents from tooth decay. Ironically, less than one percent of the "medicated" water passes over the gums of the water-drinking public. At least 99 percent is gray water for bathing and washing or is used to water the lawns and gardens of America.

John Yiamouyiannis, Ph.D., who has been studying the effects of mass fluoridating the public as public health policy for many years and has written several welldocumented books on the subject, attributes systemic use of the poison...to a variety of symptoms that plague Americans. The list includes susceptibility to colds and However, they said the loss of habitat would lead to flus, brittle bones in the elderly and behavioral problems

in children.

According to a spokesman for the Safe Water Coalition of Washington State, a recent Dartmouth College study published in the International Journal of Environmental Studies (August, 1999) found that water treatment with fluorides increases the body's cellular uptake of lead, a condition that can lead to a variety of problems that include cancer. Lead poisoning is associated with learning disabilities, hyperactivity, substance abuse and crime in America's young people.

The plan to fluoridate America's tap water began in 1931. Public-relations specialist Edward Bernays helped organize the dental-awareness campaign to supplement the nation's drinking-water supply with fluoride to prevent tooth decay. The public-relations coups of Bernays, who went to his grave in 1995 at age 103, have been exposed in the work The Father of Spin: Edward L. Bernays and the Birth of Public Relations (Crown 1998).

More than a half-century after the plan was born, fluoridation, now reaching two-thirds of the U.S. population, is beginning to undergo overdue scientific study. According to Appendix E of the government publication, Review of Fluoride Benefits and Risks (February 1991), bone and joint cancers in several Washington and Iowa counties that fluoridate their water has increased 47 percent from 1973 to 1987; for men under 20, the bone-cancer rate has gone up 70 percent.

Other scientific studies have yielded similarly grim findings: genetic damage, neurological impairment and diminished IQs in children. Ironically, excessive fluoride in drinking water has also been found to cause disfiguring dental fluorosis and an increase of cavities and gingivitis among disadvantaged children coast to coast. Mass medication of the public with fluoride has been scientifically identified as a cause of dental problems it is supposedly administered to prevent.

"The fact that some dental associations and some dentists generously endorse and promote" the use of fluoride which they are often giving away as a free service to save children's teeth, "ought to be the first red flag for the thinking person," commented the Coalition in its publicly distributed pamphlet.

The above paragraph implies that dentists know that by giving fluoride away freely to their patients, they will keep returning for expensive dental services that attempt to correct oral symptoms caused by their free fluoride treatments.

In the Journal of the American College of Dentists (1996) it was reported that dental incomes and patient costs are higher in fluoridated communities. This was also reported in the Journal of The American Dental Association (February 1972).

In the CBS News Almanac for 1976, it was revealed that there are more dentists in fluoridated communities. A dental survey in Tucson, Ariz., in 1992, reported in Chemical & Engineering News (July 27, 1992), revealed that the more fluoridated water a child drank, the more cavities appeared in the teeth. The report indicated that fluorides make the teeth brittle and more prone to decay.

The American Dental Association News (August 23, 1999) reported that net earnings among solo dentists ranged from over \$50,000 to more than \$200,000 annually in 1997.

#### Fluoride absorption through the skin

A study by three researchers with the Massachusetts Department of Environmental Quality Engineering in Boston, published in Science News (1984) found that the body absorbs pollutants through the skin by washing, showering and bathing. Hence, Americans in fluoridated communities who are drinking low revels of fluoride in Nazi doctors in the concentration camps.

their tap water are also inhaling and absorbing fluoride through their skin when they bathe and shower.

Fluoridation is pollution of the public drinking water at the expense of taxpayers. It appears that since it was becoming so difficult and costly for fluoride-producing industries to adhere to federal standards in disposing of the toxin, fluoride salesmen such as Bernays sold the product to cities that would meter it out to accumulate in the bodies, yards and gardens of the American people.

The treatment is also costly. One reason fluoridation was rejected in Barnstable, Massachusetts in 1993 was due to the estimated annual cost per consumer per year of

You can call the Washington legislature in Olympia on the toll free hotline 1-800-562-6000 to leave word for your state senator to cosponsor Senator Swecker's bill.

You can also contact your state representatives and urge them to introduce a companion bill in the House. If you are out of state, you should get a copy of the bill through the 1-800 number and present it to your local legislator.

Safe Water Coalition of Washington State is a nonprofit organization that has been largely responsible for successfully keeping fluoride out of the municipal water supply in Spokane, Washington.

If you are battling the fluoride issue in your area and want to become well-versed on this important issue, please contact the Coalition for information and support its efforts to keep this insidious substance out of public water supplies. Write:

> Safe Water Coalition 5615 W. Lyons Ct. Spokane, WA 99208

or call: (509) 328-6704.

[JR: This fluoride issue has been addressed by all of us but most dentists abide by the ADA's position that fluoride is a benefit to dental care and will argue with you and dismiss the facts. Try finding toothpaste without fluoride. It is up to us to do what is right.]

#### RITALIN—MIND CONTROL

By Alexander Cockburn, Los Angeles Times, 7/6/99

It turns out that Theodore Kaczynski, a.k.a. the Unabomber, was a volunteer in mind-control experiments sponsored by the CIA at Harvard in the late 1950s and early 1960s.

Michael Mello, author of the recently published book, The United States of America vs. Theodore John Kaczynski, notes that at some point in his Harvard years-1958 to 1962—Kaczynski agreed to be the subject of "a psychological experiment". Mello identifies the chief researcher for these only as a lieutenant colonel in World War II, working for the CIA's predecessor organization, the Office of Strategic Services. In fact, the man experimenting on the young Kaczynski was Dr. Henry Murray, who died in 1988.

Murray became preoccupied by psychoanalysis in the 1920s, drawn to it through a fascination with Herman Melville's *Moby Dick*, which he gave to Sigmund Freud, who duly made the excited diagnosis that the whale was a father figure. After spending the 1930s developing personality theory, Murray was recruited to the OSS at the start of the war, applying his theories to the selection of agents and also presumably to interrogation.

As Chairman of the Department of Social Relations at Harvard, Murray zealously prosecuted the CIA's efforts to carry forward experiments in mind control conducted by

The overall program was under the control of the late Sidney Gottlieb, head of the CIA's Technical Services Division. Just as Harvard students were fed doses of LSD, psilocybin and other potions, so too were prisoners and many unwitting guinea pigs.

Sometimes the results were disastrous. A dram of LSD fed by Gottlieb himself to an unwitting U.S. Army officer, Frank Olson, plunged Olson into escalating psychotic episodes, which culminated in Olson's fatal descent...object of a lawsuit not only by Olson's children but also by the sister of another man, Stanley Milton Glickman, whose life had disintegrated into psychosis after being unwittingly given a dose of LSD by Gottlieb.

What did Murray give Kaczynski? Did the experiment's long-term effects help tilt him into the Unabomber's homicidal rampages? The CIA's mindexperiment program was vast. How many other human time bombs were thus primed? How many of them have exploded?

There are other human time bombs, primed in haste, ignorance or indifference to long-term consequences. Amid all the fingerpointing to causes prompting the recent wave of schoolyard killings, not nearly enough clamor has been raised about the fact that many of these teenagers suddenly exploding into mania were on a regimen of antidepressants.

Eric Harris, one of the shooters at Columbine [High School], was on Luvox. Kip Kinkel, who killed his parents and two students in Oregon, was on Prozac.

There are a number of other instances. Apropos possible linkage, Dr. Peter Breggin, author of books on Prozac and Ritalin, has said, "I have no doubt that Prozac can contribute to violence and suicide. I've seen many cases. In the recent clinical trial, 6% of the children became psychotic on Prozac. And manic psychosis can lead to violence."

A 15-year-old girl attending a ritzy liberal arts school in the Northeast told me that 80% of the kids in her class were on Prozac, Ritalin or Dexedrine. The pretext used by the school authorities is Attention Deficit Disorder or Attention Deficit Hyperactivity Disorder, or ADHD, with a diagnosis made on the basis of questions such as: "Do you find yourself daydreaming or looking out the window?"

Ritalin is being given to about 2 million American schoolchildren. A 1986 article by Richard Scarnati in the International Journal of the Addictions lists more than a hundred adverse reactions to Ritalin, including paranoid delusions, paranoid psychosis, amphetaminelike psychosis and terror.

Meanwhile, uncertainty reigns on the precise nature of the complaint that Ritalin is supposed to be treating. One panel reviewing the proceedings at a conference on ADHD last year even doubted whether the disorder is a "valid" diagnosis of a broad range of children's behavior and said there was little evidence Ritalin did any good. In 1996, the Drug Enforcement Administration denounced the use of Ritalin and concluded that "the dramatic increase in the use of [Ritalin] in the 1990s should be viewed as a marker or warning to society".

Indeed. Land mines now litter the terrain of our society, waiting to explode.

[JR: Connect the dots! The U.S. government has been using drugs on humans in the MK-Ultra Mind-Control Program since the 1960s. Now it extends to our children through the drug companies with the use of Prozac and Ritalin. Do you still wonder why our children are killing children?]

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Item	PRICE PER UNIT	Qty.	Amount	l1	em	PRICE PER UNIT	Qty.	Amoun	
GAIANDRIANA LIQUID 16 oz. 32 oz.	\$ 20.00 \$ 40.00			OTTIOLE	& Colloidal Silver 16 oz. 19drogen Peroxide 32 oz.	\$ 8.00 \$ 45.00			
AQUAGAIA (Mitochondria) 16 oz. 12 oz. 32 oz.	\$ 20.00 \$ 40.00			GAIACLEANSE KIT	14-DAY PARASITE PROGRAM	\$ 75.00 \$ 48.00			
GAIALYTE 2 liters	\$ 8.50 \$ 15.00			Individual components sold GULF WAR SYNDROME	seperately—call for prices  "Starter Kit"	\$260.00			
KOMBUCHA TEA BREEZE  1 liter liter 2 liters	\$ 3.50			GAIASORB NEUTRA-BO		\$ 6.00			
KOMBUCHA TEA VINEGAR 16 oz.	\$ 6.00				EINE ALCOHOL	each			
CARBRAGAIA (FIBRINO-CARTILAGE) 8 oz.  MELLOREAM BEVERAGE POWDER 3.25 1b	\$ 8.50 \$15.00			SUCROSE_	_ STARCH				
"3 IN 1" GRAPE SEED EXTRACT 60 CAPSULES	\$ 18.00			GAIASORB NEUTRA-I	BOND TRAVEL PACK	\$ 15.00			
"4 IN 1" WILD YAM EXTRACT 60 CAPSULES A-C-E Anti-Oxidant Formula 180 TABLETS	\$ 22.00 \$ 24.95			*HITACHI (HB101) BI	+				
CHLORELLA 300 TABLETS/500mg. EA.	\$21.00				SHED/REFURBISHED)	No Lon	ger A	/ailable	
ECHINACEA GOLD PLUS 90 TABLETS GAIATRIM - 30 Day Supply	\$ 24.50 \$ 35.00			<b>★</b> GAIASPELT	(Whole Wheat & Spelt)				
GINKGO BILOBA (24% Extract) 180 TABLETS	\$ 24.95			BREAD MIX	(Pure Spelt)	\$ 3.50			
OLIVE LEAF 60 TABLETS OLIVE LEAF EXTRACT 35 PG.	<b>\$ 24.00</b> <b>\$ 2.75</b>			<b>★</b> GAIASPELT FLOU	2 lbs. @ \$1.25/lb.	\$ 2.50			
by James R. Privitera, M.D. BOOKLET	S&H included			WHOLE GRAIN	4 lbs. @ \$1.25/lb.	\$ 5.00			
RARE EARTH CAPSULES 60 CAPSULES POSLIN CAPSULES 60 CAPSULES	-				8 lbs. @ \$1.25/lb.	\$ 10.00			
ALOE PLUS 77 60 CAPSULES/450mg. EA.  Alfalfa & Minerals	\$16.95			<b>≭</b> GAIASPELT KERNEL	S 4 lbs. @ \$1.25/lb. 10 lbs. @ \$1.25/lb.	\$ 5.00 \$ 12.50			
ALOE FREEZE DRIED CAPS 90 CAPSULES				*PROGRAM STARTIN	G PACKAGE				
NONI 60 CAPSULES MEGA-MULTI VITAMINS 30 CAPSULES	+			1 Bottle Gai	\$130.00				
ALOE JUICE Whole Leaf Aloe Vera Concentrate (10X STRENGTH) 1 liter	\$18.00			1 Bottle Ac 2 Bottles GaiaI 4 Pkgs. Sp					
SUPER OXY (CHERRY-BERRY) (CRANBERRY-APPLE) 1 quart	\$18.00			5 Audi					
BODY BOOSTER 32 oz. LIQUID LIFE 32 oz.	\$20.00 \$22.00			<b>★</b> MAINTENANCE PACK	ZAGE				
GAIAGLO LOTION 4 oz.	\$20.00			1 Bottle Gai					
HORSETAIL TINCTURE 2 oz.  GAIA VITE Colloidal Multi-Vitamin & Mineral 2 oz.	\$ 8.00 \$10.00			2 Bottles Gaial	\$ 80.00				
GAIACOL 2 oz.	\$10.00				elt Bread Mix				
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