

PHOENIX JOURNAL EXPRESS

A bulletin commenting on appropriate current news events, clarification of portions of the Journals and answers of a general nature to questions not found in the existing Journals.

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MAY 1991 VOLUME XIII NUMBER 8

5/24/91 #2 HATONN TODAY

May I be so bold as to point out a few items for your consideration. I need not make much comment--just YOU pay attention as I take just a few items from today's Wall Street Journal and see HOW MANY OF YOU PICKED THEM UP AND WHAT DO YOU THINK ABOUT THEM? WHEN IT COMES TO THE BANKING SITU-ATION--PLEASE PAY CLOSE ATTENTION FOR THIS IS A GLOBAL THING, NO MATTER WHAT "THEY" TELL YOU.

BUSH/KUWAIT

Outrage Boils over the postwar policies of Kuwait's royal rulers.

The anger goes beyond the quick trials and harsh sentences for accused traitors. Comments by Kuwait's ambassador to the U.S. in a TV interview that Kuwait doesn't need lectures from Americans on judicial practices further fan the flames. "The Kuwaitis seem to have slipped back to a state of prewar arrogance" fumes Rep. Ackerman, a Democrat who backed sending U.S. troops to free Kuwait.

Bush officials stay low key despite Kuwait's slowness to move toward democracy. The emir gives the U.S. only vague promises about setting a specific date for elections. Kuwaitis are noncommittal on giving women equal rights. Middle East Watch, a human rights group, says that over 100,000 residents who have Kuwaiti mothers and foreign fathers are denied benefits.

"Given Kuwait's actions, I'm confused about what the high noble purpose of this war was", says Wash-

ington bank chairman Joe Albritton.

Undoubtedly there is promise of better--closer to home:

President Bush marked the 89th anniversary of Cuban independence Monday by calling for a free press there, the right to organize political parties and free and fair elections under International supervision. He challenged Fidel Castro to let Cuba live in peace with its neighbors, promising that if Mr. Castro made such changes, relations between our two countries would "significantly" improve. He focused, in short, not on Mr. Castro, but on the need for Cubans to pick their leaders by a democratic process.

On the same day, the president said he would oppose the lifting of trade sanctions on Iraq so long as Saddam Hussein was in power. He did not call for a vote in Iraq. The presidential spokesman called attention to a recent speech by deputy national security adviser, Robert Gates (yes, the one up for head of the CIA), to the American Society of Newspaper Editors. Mr. Gates also focused on Saddam, not on ending the Baath dictatorship by giving Iraqis a fair chance to pick their leaders.

This seems odd. It is Saddam, not Fidel Castro, who has been calling for democracy. He has agreed to grant the Kurds autonomy within a looser federal Iraq, and he has stated that press freedoms, the rule of law and elections throughout Iraq would be a more acceptable guarantee of the rights of the opposition than a Western military force or even the U.N. security squad, which he has whittled down to 500 men armed only with handcuffs. He seems to be respond-

ing to the demands stated two years earlier in London by Iraqi Shiites and Kurds, of the right, left and center, for democracy and the rule of law as a durable protection of their rights within the present boundaries of Iraq; and to the same demands presented during Operation Desert Shield by 21 political parties, including all major opposition groups.

Oh well, guess they lied to you about the need for the Iraq war, after allhow many of you have noticed?

And, again, crime will be encouraged and abetted by your government:

The Supreme Court has said that they will completely repeal the statute known as RICO (Racketeer Influenced and Corrupt Organizations law) if major reforms are not quick in coming-Dan Quayle has taken up the banner and reforms are expected to be forthcoming shortly!

Now for more on Quayle and Bush:

Bush readies vetoes to block Democrats, who hope for political gains: Leading the White House hit list: bills restricting strikebreakers and mandating parental leave. Administration officials vow openly to veto a defense bill that fails to fund the B-2 bomber and SDI. They talk privately of vetoing legislation that cuts spending on the space station, a pet project of Darman and Quayle.

And, money, money-must be money aplenty:

Bush responded to increasingly open Soviet pleas for financial help, saying he would be backing a Western aid package tied to economic reform by Moscow. The President said he

hasn't received a formal aid request, but noted that Gorbachev is sending an envoy to Washington next week to discuss economic issues.

Ok, so you just gave them another 1 1/2 Billion dollars in grain--that comes up to 3.5 Billion now and growing, for this does not consider the private commitments made by private grain growers when Gorbachev visited in the U.S. YOU HAVE NO RESERVE, DEAR LITTLE AMERICANS! THIS little package now being referred to is in the amount of \$100 Billion (one hundred billion dollars). So be it.

But Bush is on a roll, let us not slacken now:

The House agreed to EXTEND BUSH'S SPECIAL AUTHORITY TO NEGOTIATE TRADE AGREEMENTS, CLEARING THE WAY FOR TRADE TALKS WITH MEXICO. The action means Bush can submit trade accords that aren't subject to legislative amendments (which are all under regulations already in his power). But the House reserved the right to make revisions if the pact doesn't include promised labor and environmental protections.

The trade talks are likely to accelerate what is already Mexico's greatest economic upsurge in a decade----and the abolition of American industrial strength!!!!

But, the best is yet to come--hold your breath if you have missed this one. The banks, S&L's and Insurance companies have not stripped you quite far enough into total poverty and destruction so we now have a nice new one for you-the-people:

A HOUSE PANEL ENDORSED AN OVERHAUL OF DEPRESSION-ERA FEDERAL BANK LAWS AF-TER VOTING IN FAVOR OF THE BANKING INDUSTRY ON SEV-ERAL AMENDMENTS.

This banking bill cleared panel by 36-0 vote:

Approval of the measure, which contains MANY OF THE BUSH ADMINISTRATION'S PROPOSALS, sharply boosts the prospects for enactment of comprehensive banking legislation this year.

It came after a day of pro-bank

votes that exempted nearly 80% of the nation's banks from the Community Reinvestment Act and gutted an earlier amendment that could have slowed expansion by large banks.

Under the bill the Financial Institutions Subcommittee is sending to the full committee, banks would be allowed to establish nationwide branch networks, affiliate with securities firms (undoubtedly more honest than the S&L's) and become parts of holding companies that are owned by industrial corporations. Elements of the plan to modernize the banking system still face significant legislative obstacles, BUT TREASURY OFFI-CIALS AND OTHER BACKERS OF STREAMLINED BANK LA WS (ESPECIALLY THE FEDERAL RE-SERVE CORPORATION) WERE DELIGHTED BY THE PANEL'S ENDORSEMENT OF MAJOR SEC-TIONS OF A BILL THAT AP-PEARED TO HAVE LITTLE CHANCE JUST A MONTH AGO.

"This unanimous vote changes the dynamics" of the debate over how to modernize banking laws, said Rep. John LaFalce. "The 36-0 vote increases the chances of passage dramatically." Edward Yingling, chief lobbyist for the American Bankers Association, said the breadth of the House panel's bill will help build momentum for comprehensive legislation in the Senate Banking Committee. The Senate panel is in the early stages of trying to build consensus on its version of the bill, etc., etc., etc.

I won't take time herein to list subcommittee and committee members but I ask you to take your Congressional handbook and look at the list. Then I want you to go to the Trilateral Commission and Council on Foreign Relations and do a little cross checking-good luck, WORLD!

NOW FOR THE WHOPPER WHICH WILL SHOW YOU THE CONNECTIONS WHICH YOU MIGHT MISS IF TODAY WAS HEAVY ON OTHER READING FOR YOU WON'T GET A SECOND CHANCE FROM THE MEDIA OR PRESS.

While you might think this is a singular effort to hook up the Securities racket into the Banking system only in America--you should see what Great Britain has ALREADY DONE and, just this day, what Japan is doing:

Japanese Bank Liberalization: Japanese banking regulators received draft proposals for desegregating the securities and banking business.

Under the auspices of the Finance Ministry's banking bureau, the Financial System Research Council hopes to make formal its staff's recommendations--largely what the financial industry expected--within two weeks. The Securities Exchange Council may act on the draft today.

The plan calls for mutual entry by banks and securities firms into each group's business through dedicated subsidiaries. For example, new laws would require separate units for traditional securities dealings and trust banking, and allow commercial banking by long-term credit banks...and so it goes.

But what of this?

Saudi Arabia seeks war loans: Saudi Arabia is said to be seeking a \$2.5 billion loan from major Saudi banks to help meet some Gulf War costs. The kingdom this month signed a \$4.5 billion credit with a group of foreign banks, its first dollar borrowing in more than two decades (no, don't breathe yet). The Islamic proscription against usury makes borrowing a sensitive subject. Saudi Arabia is expected to use both loans to pay the \$8 billion still owed of its \$13.5 billion contribution to the U.S. to pay a share of the war's cost.

Breathe now! Is this some kind of crazy and unusual day in the news world? No, just a regular day of tightening nooses and honing axes for the demise of the planet as you know it. Just one more day in the halls of "injustice" while you-the-people consume the poison bite by bite. By the way, the "camel is already inside the tent--waving its tail at you."

I don't know about you--but I can't stand any more so let us allow you to read for selves--you just have to remember to read between the lines and know what to look for. Good luck. I do not, at this point, see how you are going to get out of it.

5/8/91 **SANANDA**

SUCCESSFUL COMMUNICA TION MEANS RECOGNIZING AND CLEARLY DEFINING "INNER" EXPECTATIONS

Greetings, precious Druthea. We are Sananda, Lord Michael, and St. Germain. We come in the service of Holy God/Aton of Light and The Creation.

We will begin this day with the challenge of peeling away the "barriers" to successful communication in your "human" languages by efforting to show you how you can stretch the limitations of human language to achieve clearer and more succinct communication ability with one another.

Because "Universal Language" has no limiting "words", it is God's perfect language. When beings communicate in Universal language, there is no way to "lie" to yourself or another about your intent, since it is the language which utilizes pure thought from that "in which is the heart/spirit" as...feeling. So the key to more successful communication on your plane is to learn to fully understand HOW you feel about a circumstance before you. Now, emotion is defined as, "A strong surge of FEELING, as of love, hate, or fear." So by understanding and identifying your feeling accurately, you will find that YOUR perceptions and beliefs about any given circumstance will bring up certain emotional feelings. First, you must correctly determine which emotion you actually do feel. For example, when you correctly determine that you are afraid, then you must determine WHY you are afraid in order for you to successfully resolve it. Fear is a feeling one has generally when he feels threatened in some way. Every emotion is SHOWING you something...a lesson to be understood, or a sustaining need we all have, such as absolute/unconditional LOVE. For example, when you are touched by some act or behavior done for you or another in kindness which absolute love expresses, you feel JOY and UNITY.

On the other hand, when you are angry or hurt about something someone said or did "to" you and you fail to identify ACTUALLY WHY you feel this way, then you will be unable to communicate effectively to "clarify" what may perhaps be a misperception on your

Then most often, your unresolved anger and hurt will actually propel you to respond in a variety of 'punishing" behaviors directed toward self, the other who you perceived caused you pain, ALL others with whom you come in contact, or all of the above. One of the common ways ones respond irresponsibly, which we discussed previously, is through "passive-resistant" behavior, in which one is afraid or simply unwilling to confront the person honestly about his anger and/or hurt feelings therefore seeks indirect ways to punish the perceived perpetrator against him. Others of you ones respond most directly in your anger and hurt to the perceived perpetrator, and then, of course, when ones begin arguing about WHO is RIGHT and WHO is WRONG, nothing is solved, and resentment begins to establish itself most firmly, especially when ones stubbornly refuse to search the common ground of cause which allows self-understanding of MUTUAL responsibility of the circumstance. When mutual understanding of each "point of perception" is accomplished for each, then a satisfying resolution, which recognizes joint responsibility of forgiveness and release of the "error", can be reached. Of course, both must wish to resolve the issue between them, for if one's objective is to deny responsibility and continue to blame and punish, then THEY must deal with what is now their PROBLEM on their own. The others must stand firm with integrity to not allow themselves to be PULLED down or into an emotional drama of one who is unwilling to reasonably resolve their problem.

Now, feeling anger and hurt is definitely a most uncomfortable place to be, in that one will feel isolated, separated and rejected and so his "altered" ego will urge him to cast blame outside of self. Many of you have most likely heard the saying or even have personally felt like "It is ME against the World". It is not a comfortable feeling to feel unsupported and "victimized" and so it is up to YOU to learn to set aside "Altered" Ego perceptions so that you can successfully uncover HOW you have contributed to the cause of this "victim" self-separation and/or misunderstanding with another.

One of the challenges you ones have in your interrelationships is responsible communication. In order to communicate responsibly, YOU each must be-

come acutely in touch with WHY you feel these "negative" emotions, such as fear, anger, jealousy and resentment. For example, many of you ones often use "sarcastic humor" to state your true feelings, let off "steam" and yet still "hide" the feelings. Many of your so-called comedians have successfully used cutting, sarcastic and sardonic jokes to tell the world or even particular others HOW they really feel about them...and then of course they call it humor. They behave as if it's okay to call it a "joke" because they assume it is less painful to the ones the sarcasm is directed at, only deep inside, THEY KNOW IT IS NOT LESS PAINFUL AT ALL. Ones who USE sarcasm in their communication, whether it be comedians or not, must recognize they most often harbor intense feelings of unresolved anger and/or unworthiness and they desire to feel superior by causing pain, somewhat indirectly by calling it "humor", to others because of these intense unresolved FEELINGS within.

Let's give you ones a common example of how many of you USE what you call "humor" to express inner hurt and/or superiorty/unworthiness. have often heard you ones make a sarcastic (An ironical or scornful utterance; comtemptuous and taunting language) remark, such as, "When God said brains, you thought He said trains, so that's why you have no brains" and then you'll say, "No, Just Kidding"...ha ha ha. We have heard so many unkind things said by you ones to each other, and then, "No, I'm Sorry, kidding". just MOSTLY YOU ARE NOT "JUST" KIDDING in these circumstances. This is most often a "dig" and usually falls under "passive-resistant" behavior. You have a wondrous cliche' in this regard. "Many a TRUTH is said in jest". So be it.

Now we will discuss expectations, to expect defined as, "1. To look forward to as a certain or probable. 2. To look for as right, proper, or necessary. 3. *Informal* To presume; suppose."

All of you have expectations, whether you completely understand what they are or not. Of course, for successful communication in your interrelationships, being CLEAR yourself about what are your expectations within any given relationship and/or situation is essential. Now there are what can be termed "reasonable" or "realistic" ex-

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pectations as well as "unreasonable" and "unrealistic" expectations. example, there is certainly nothing "wrong" with looking forward to being justly treated, or to making a successful speech. Those are reasonable expectations for one who treats others justly, and one who prepares properly for his speech. But to expect that others will behave AS YOU would in any given circumstance, is most unrealistic. All will behave according to their own inner integrity, or lack there of, or they will behave according to the dictates of their own individual personality, which may certainly be correct for them, only perhaps not YOUR way. In order to successfully interrelate in harmony and balance, ALL expectations must be acknowledged openly, so that all expectations which are determined reasonable be defined clearly for all. In this way the integrity of your defined common expectations and objectives, such as work objectives, will not be compromised because of unresolved emotions, unrealistic expectations or other allowed misunderstandings.

There are many kinds of what would be termed "social" expectations, such as saying, "Thank you" when someone does something nice for you or serves you in some way. In most all situations, gratitude expressed to another is most reasonable and certainly appreciated, if it is sincere. Now ask yourselves, chelas, when you ones GIVE something to another, whether it be a physical gift or something intangible such as friendship, love and support, what DO you expect in return? You are NOT honest with yourselves, chelas, if you tell yourselves, "I expect nothing." Because even when you extend YOUR hand in sincere love, kindness and friendship, YOU expect the one you give to to LIKE you and feel connected to you in return. You want to be a part of their life by letting them know YOU appreciate and support them. You enjoy the inner "rewards" of giving which makes someone feel good and appreciated. If the receiver is ungracious to you, face it, chelas, you are disappointed and often saddened.

Let us give another example of expectations. When you personally make your commitment to serve GOD, what do you expect in return for your service? Well, certainly a "reasonable" expectation is that you expect to be guided and sustained, to be protected and fulfilled within your service, do you not? Or what do YOU expect? Do you expect that you need not be responsible for your own behavior? Do you expect your life to be "problem" free and your lessons easier? Do you expect to be more special than your other brothers and sisters? Do you "bargain" with God: you'll give this, IF he gives that? We are asking you to really be HONEST with yourselves, chelas, because your "unreasonable" expectations are NEVER met and so it is best to uncover them NOW so that you can find the true PEACE, JOY and BALANCE in your service to God, which reasonable expectations provide for you.

Now, we would like you ones to clearly think about what are your expectations when and if you decide to make your home in Tehachapi? you expect spiritual perfection of the ones already committed in service? Do you expect "social" fun and entertainment from Dharma, Oberli, Hatonn, George and Desiree' and the others here? Do you expect the businesses created by these ones to financially support you, now or in the future? WHY do you wish to be here? To be closer to God, perhaps? To learn how to be closer to God? Remember YOU are the temple for God. Do you recognize a purpose for you, perhaps, a way to serve GOD where you are able and willing to do so? Do you expect Hatonn to tell you what you must do as your service to GOD? Do you KNOW what your service is? For we will tell you, as has our beloved brother Hatonn, that Tehachapi is a place of work, of commitment of service to GOD/ATON Our Father, to assist the growth, transition and cleansing of a sick/unbalanced humanity and this beloved planet, Shan. We have a job, and YOU ones who choose to serve God are the hands and feet of HIS Brotherhood of LIGHT. The road is often most painful and precarious for you beloved ones of GOD's service, most especially emotionally, until you ones learn to detach from others' often cruel rejection of you and their unwillingness to SEE the truth. God only asks that YOU do your job to the best of your ability. Do you expect that you WILL? Ponder these things, chelas, for in confronting self-expectations in responsibility, you will unlock that door to the inner peace and fulfillment which has often eluded most of you in your "past" experiences.

TRUST

Now we will discuss a very prominent barrier to successful communication within your interrelationships, and that is TRUST, defined as, "1. Confident reliance on the integrity, honesty, or justice of another; faith. 2. Something committed to one's care; a charge or responsibility."

Trust is a most delicate subject in that most all of you have either breached a trust and/or been the "victim" of a breach of trust by others. So as a result, most of you find it difficult to establish complete trust and faith in others whom you share experience with. First of all, many of you now recognize that you as "common people" have blindly trusted your government leaders and many of THEM have breached YOUR trust by lying and deceiving you for their own selfish means. So it stands to reason that you NOT give trust blindly or freely to other HUMAN beings until you KNOW of their integrity and intent. For example, DO YOU DESERVE to be trusted? Are you able to keep the private matters of another who trusts you with sharing them with you, to yourself? Do you respect the privacy of others? Or are you always looking over the fence of others to see what they are doing, which is NONE of your business unless it is harmful to you or impacts you in some way that is not reasonable. Many of you have a very dangerous "habit" of gossiping about and then you wonder WHY you are NOT trusted by others. This is why it is most important that for trust to develop, ones must clearly define what matters are privately shared and a shared commitment of responsible communication is adopted by both or all parties, so that any possible misunderstandings can be ironed out quickly and completely. In true dedicated and friendship the commitment thereof, ones always have the shared objective of achieving mutual trust, support, loyalty and understanding, especially when differences come up for them to manage together.

There is really little else more painful and disappointing than for one of you, who possesses honest integrity within, to establish and nurture a friendship, give your love, loyalty and trust to another and then find that they do not honor and trust you enough to speak honestly to you about their true feelings and instead they spite you behind

your back, or even more disheartening, that they have actually USED you for their own selfish means such as to gain money, prestige, sexual conquest or power and NEVER really thought of you as a cherished friend. How many of you now can say that you have trouble trusting others because you have allowed yourself to be USED by choosing the "wrong" person to develop friendship with because they did not have the same degree of commitment to your friendship as did you? This breach of trust occurs often in socalled "Love" relationships and marriages, often after the "lustful" feelings taper off.

So by now you may be contemplating, HOW do you properly solve a perceived "error" or misunderstanding with integrity with one whom you claim as your friend? First of all, you need to acknowledge your feelings, if they be anger, hurt, frustration or whatever, and then you must set up a time to privately and personally talk to the person you have the problem with. Now you must be very careful how you approach the person, since they may not have any idea of what your problem is or their connection with it. Tell them how you're feeling, "I feel hurt and upset because I wasn't invited to your family dinner, perhaps I have misunderstood misinterpreted or something, so will you help me to understand your position so that we can resolve this together?" In this way, you have not placed any blame and you have shown that you value the other person by asking them to assist the resolution of what may be simply your own misunderstanding or oversensitivity, or it may actually be something more than you have understood, from your friend's point of perception, perhaps that this one was irritated with you about something you did, or he just simply felt it was not necessary for you to be there at that time.

Now, in business, there are MANY expectations which ones have about operating their business with integrity. For example, when you purchase a product by phone or mail, do you not EXPECT to receive it within a reasonable time-frame and in good condition? Many things can happen between the time you order and when you (hopefully) receive your order. Many business owners want to keep your business by insuring customer satisfaction, so they have a policy of "The

customer is always right." Well that is not necessarily true, is it? What about ones who purchase items, such as books, from you on agreed upon terms, such as 10 days or 30 days,--DO you not expect them to pay you in full within that time frame? Interestingly enough, MANY businesses, even when given and they have agreed to 30 day payment terms, have a policy that THEY do not pay before 60 or even 90 days. Is this operating business with integrity? So it has become not reasonable within your current business society to TRUST ones, especially NEW customers, to pay you for products they purchase. Yet many retail business-persons become indignant when asked to pre-pay for their purchase and often will simply not buy, unless THEY need the items perhaps to fill a special order for one of their customers. And why do many bookstores, for example, balk when asked to pre-pay? Because they do not know whether or not the books will sell within a 30 day time-frame and "need" the time to return the funds from actual sales to the publisher or distributor. Now America West, for example, has perhaps a little over a dozen of their total "open" resale accounts who are responsible and really do pay in full within the agreed time-frame. The rest do not honor their agreement with America West, and several have NEVER paid their balance, so because of this, America West, in order to continue to pay its printing and overhead expenses now ASKS all new resale accounts to pre-pay with no MIN-IMUM order required and NO returns allowed. Do you blame them? It is interesting to note that many bookstores and distributors expect to be able to RETURN unsold books, as well as, take 30 days to 6 months to pay for them. So then, of course, the RISK of loss is entirely in the publishers hands. So you ponder this, chelas, IS that reasonable?

Now, how many of you have or know someone who has purchased something, say from a department store, and then a year later ask to RETURN it? How many of you have or know someone who has purchased an expensive dress, for a special occasion, and after wearing it, they return it? This is very common, even with middle class and upper middle class women who are in the "social" set and can "afford" to pay for the dress. Well, many department stores have "caught on" to this practice and now DO NOT

ALLOW returns for certain dressy attire. Do you understand, chelas, what we are efforting to show you here. Many ones simply do not behave with integrity, and it has become AC-CEPTABLE to many ones to behave this way! Many simply do not KNOW better and even brag about HOW they take advantage of businesses. So ones who do wish to operate with integrity and responsibility must EXPECT a degree of dishonesty from a percentage of business customers. Many businesses have a special term for this expected percentage of loss, theft and damaged products, they call it normal shrinkage. The results, if shrinkage becomes unreasonable, are often higher prices to the consumer, if the business wishes to stay in business. How sad it is that so many have become slaves to this beast of selfish deception and deceit. However, you will find, precious chelas, that as you align yourself in service to GOD, your conscience will not allow you to get away with any sort of unbalanced behavior, without some careful and often difficult contemplation of the consequences thereof. So Be it.

Thank you, precious chelas, for your attention. Druthea, you are most blessed in your loving and giving service unto Our Father. Thank you, precious little sister of ours. We are Sananda, Lord Michael and St. Germain. We come in the service of Holy God/Aton of Light and The Creation. May you walk in the peace which true knowledge and understanding brings. Salu.

5/18/91 SANANDA

UNFOLDING THE ROOT CAUSE OF ANY "NEGATIVE" PERCEPTION

Greetings Precious Druthea. I AM Sananda. I come in service to Holy God/Aton of Light and to you my brethren. Thank you for finding your balance, Druthea, and petitioning for clarity on "negative" perceptions that we may share with our brethren. For within each "human" conscious mind there exists many various perceptions and depending upon the experiences of emotional attachment, ones will attach to themselves various "degrees" of misperception and therefore respond accordingly.

Let us example the giving forth of The Word: The historical, economic, so-

cial, political and spiritual truths. Every single one of you who first reads of the devastating manifested illusion which now exists upon your plane respond in a multitude of different ways. depending upon the level of your spiritual awareness and maturity. When you are told, for example, that you ones in the United States of America are rapidly losing the freedoms which were guaranteed under your Constitution and Bill of Rights, many of you become afraid, mostly because you have taken the freedoms you have had for granted and few of you have any historical political and/or social-economic knowledge and experience. That which you do have is, as you are finding as you continue to read "The Phoenix Journals", quite limited in truth of the circumstances. Mostly you ones have concerned yourselves with survival needs, succeeding in your chosen profession, raising families and enjoying your lives through various forms of entertainment as you are able. When your pursuit of the socalled "American Dream" or whatever "dream" you have which requires "freedom" to realize, is threatened, such as by the truth that the economic system is collapsing and you may lose your once-secure job, many of you feel extremely frightened especially because you feel helpless. The adversary would like you to feel helpless and fearful because often you will become paralyzed by this and refuse to take any action whatsoever, even for your own security and protection. will simply try to glue those rose-colored glasses tightly around their eyes, that their world can return (they hope) to the innocence which they once enjoyed. I will venture to say, chelas, that once the stirring of your Spirit within has been accomplished, YOU will never return to your original ignorant state. Your conscience will not allow you to.

Now, many ones of you consider your-selves to be most spiritually attuned especially if you have expanded your awareness beyond the limiting doctrines of your various religious institutions. Many of you have accomplished much of your spiritual progress through what is often called the "New Age" movement and "Metaphysics". What I would like you ones to please understand carefully is that the adversary has worked just as diligently within the human leaders of the "New Age" philosophies and doctrines in order to deceive and mislead your spiri-

tual understanding, as well as also working through your Fundamental Religious Institutions to accomplish its deception. Because all of you have various degrees of spiritual innocence and gullibility, the aspects of truth about "personal responsibility" and the nature of evil and goodness, God and Adversary, are often twisted and turned about, so that you searchers of spiritual freedom and truth continue to be bound by the adversary through a more subtle deception and purposeful misinterpretation of the Cosmic Spiritual Laws.

For example, what do the terms "negative" and "positive" mean to you? Let us first define, negative: "1. Characterized by or expressing negation, denial, or refusal. 2. Not positive or affirmative: a negative attitude. 3. The side that denies or contradicts what the other side affirms, as in a debate. Now we will define positive: 1. That is or may be directly affirmed; actual. 2. Characterized by or expressing affirmation; a positive attitude. 3. Openly and plainly expressed: a positive denial. 4. Not admitting of doubt and denial.

So the defining of terms often helps assist the understanding of the meaning of your own often used expressions. Most of you when you are given information about your world circumstance, for example, as laid forth in "The Phoenix Journals", will respond in some way. If the information is frightening to you or causes you to feel "badly" or threatens your "belief" system in some way then most often you ones will say that it is negative. By calling it negative you are thereby expressing denial and refusal to accept the information. In this way do you also refuse responsibility to investigate further and DO something to change the circumstance. I will say that the information SHARED within "The Phoenix Journals" is actually quite positive in that it is OPENLY AND PLAINLY EXPRESSED: POSITIVE TRUTH! Now in order to find balance with EVERY circumstance and EVERY bit of information you are given, you must ASK the Spirit WITHIN you what this circumstance and/or information is showing you. WHAT IS THE LESSON HERE WHICH YOU HAVE ASKED FOR? You will find that, finally having and knowing the truth, when you recognize it as such, to actually be most liberating to you spiritually because you will

have recognized the enemy, and it is YOU. So then, with your newly discovered personal power and responsibility you will demand the Spirit of God within you to show you YOUR opportunity to serve God and The Creation, and therefore change what you find to be unacceptable/unbalanced consequences/circumstances. And then YOU will KNOW YOU CAN create a more balanced circumstance.

Now here is a little test for you. Think of a profoundly "negative" circumstance in your perception. What emotions do you feel, for example, if you lost your job, or your home burned to the ground. Fear? Loss? Anger? Helplessness? Is the "loss" outside of you? Do you ask yourself, WHY ME? And do you feel VICTIM-IZED by something OUTSIDE OF YOU? Now think of a profoundly "positive" circumstance in your perception, such as, the birth of a new babe or getting married. How does simply thinking about this circumstance make you feel? Love, Joy, fulfillment, Peace? Do you know that YOU choose how you will respond in every circumstance and situation put before you? Inner Peace and Joy are yours and you will experience them more and more as you take personal responsibility and sincerely work to create BALANCED circumstances and correct UNBALANCED stances with the INNER GUIDANCE OF YOUR SPIRIT.

Now when you receive information, such as that produced within "The Phoenix Journals" and you respond with FEAR in your heart; then what action does this response demand from you? What do you want to do? Denounce the information? Denounce the speaker who presents it? Turn off the flow of any further investigation of the information?

I will suggest that whenever you respond with FEAR when presented with information, that Spirit within you is showing you something which YOU need to deal with. Truth is showing itself to you and the Spirit within registers it and the "altered" ego chooses to become fearful, because its belief/security structure is feeling threatened. If you will simply see the emotion of fear as a warning of real or imagined danger and/or an illusionary block to the opportunity of expanding your knowledge of truth, discernment and inner understanding, you will be

able to rise above the fear and take the necessary action to KNOW THE TRUTH AND RESPOND TO THE CALL WITHIN TO TAKE RESPONSIBLE ACTION..

Now for you ones who call yourselves skeptics, defined as: 1. One who doubts, disbelieves, or disagrees with generally accepted ideas. 2. One who questions the doctrines of a religion. Skeptical: Doubting, questioning; disbelieving. Skepticism: 1. A doubting or disbelieving attitude. 2. Philos. The doctrine that absolute knowledge is unattainable."

Now there is nothing wrong with questioning that information which you are given in order to find truth. But ones who call themselves skeptical or a skeptic most often hide behind this term so that they can remain on the fence of indecision about a particular matter and therefore not take action or responsibility. By the very definition of skepticism, these ones hold a doctrine/belief that absolute knowledge is unattainable FOR THEM (or anyone else for that matter), and as long as they continue to sit upon the fence of skepticism, they certainly will continue to find themselves unable to absolutely find the truth. One who holds tightly to his skepticism is often most fearful and so appears most self-righteous and arrogant about his beliefs, such as his erroneous belief that, if HE doesn't know Truth then neither can anyone

So for you chelas who are sincerely seeking life spiritual truths, you will continue to learn about discernment of all information presented to your attention. Often you will feel skeptical about and therefore, doubt and question a new idea, thought or bit of information which is given to you. That is perfectly healthy, just don't STOP there. Ask The Father WITHIN to please show you the Truth and guide you to that which will allow Truth to unfold for you. Then wait upon Spirit to unfold the Truth in the BEST way for you to understand it clearly. This means TRUSTING your inner guidance to unfold all you need in the correct time-frame for you. So then PA-TIENCE is necessary as well. Simply because you will feel less stressful if you can trust GOD within to GIVE YOU ALL YOU NEED TO KNOW TO CONTINUE TO GAIN SPIR-**WISDOM** ITUAL AND PER-FECTION.

Every circumstance you give your attention to is a lesson, perhaps of discernment of Truth or conquering paralyzing fear or even rising beyond skeptical indecision. And more than it being a lesson, every circumstance you give your attention to is also AN OPPORTUNITY for improving on or "sharpening" your spiritual wisdom and perfection.

You see, precious chelas, as you sharpen and perfect your spiritual knowledge, your foundation becomes more solid than any man-made structure or material, because your foundation is aligned with the wisdom of knowledge of TRUTH of your IM-MORTAL DIVINITY, COSMIC LAWS AND ONENESS WITH GOD AND THE CREATION. NOTHING of physical illusion will be able to tear down your foundation which is built on Truth and spiritual wisdom. This, alas was my final "initiation" upon your plane less than some 2000 years past. I, Sananda, had to pass the final test of spiritual fortitude as a human upon your place. I knew I had to experience the denial of MINESELF AND MINE FATHER WITHIN by you of my brethren and still rise above the human "altered ego" limitations of fear, frustration and pain. Mine crucifixion was mine final TEST of Spiritual commitment to MINE FATHER WITHIN ME, I THEN ATTAINED a higher level of spiritual mastership of which I continued to develop and perfect after my actual physical departure from Shan, which did NOT occur at crucifixion, but many years later as you have read in "And They Called His I Am Sananda. Name Immanuel: And, of course, the crucifixion of mineself offered MANY lessons to you of my brethren who either witnessed physically, or otherwise, not the least lesson which was totally purposely misinterpreted, and that is THE IM-MORTALITY OF THE SPIRIT OR SOUL WITHIN. I then continued my spiritual mastership training in the higher realms of GOD/ATON and have reached mine inherited perfected spiritual state of SANANDA, ONE WITH GOD. I am assisting and monitoring you of mine brothers and sisters who receive and give forth MINE FATHERS WORD. I am available and accessible, though not yet in physical form, so that I may bring the spiritual foundation and balance along with the other Heavenly Hosts of God, so that you of my brethren, who so choose, can awaken and remember TRUTH, and receive earned graduation to "higher" realms in God's Kingdoms. I am come as MINE FATHER GOD/ATON'S representative, to claim you of His Faithful and True children of Light...and bring you HOME.

Now let us clarify more on "negative" perceptions. When George and Desiree' Green speak before you and they the historical, political, describe socioeconomic and spiritual circumstances in Truth, see this as POSITIVE in that you are now given the opportunity through your Spirit Within TO KNOW TRUTH AND TO TAKE ACTION TO BRING ABOUT NEC-ESSARY CHANGE TO BRING BACK BALANCE. Chelas, information is information. The merit of it is its truth as it relates to your global and spiritual growth and discernment. Your Spirit Within is seeking BAL-ANCE and it will continually show the UNBALANCE that you may choose to HEAL it WITHIN and WITHOUT. This is your measure of responsible spiritual maturity...your ability to absorb Truth and knowledge and become empowered and responsible for creating BALANCED alignment with GOD and The Creation.

Remember chelas, YOU all share the pool of mass consciousness upon this plane, you contribute to the DIS-ease as well as to the LIGHT...it is your choice. You can remain IGNORANT and IRRESPONSIBLE, but you will still suffer the consequences of your ill-thinking and acting behavior. You see, you contribute to the unbalance either directly and knowingly if you align yourself with the destructive adversary, or you contribute to the unbalance indirectly through your ignorance of spiritual and global truth. It is most especially your ignorance of the consequences of your unbalanced "thinking" and doing, and of the Cosmic Laws which has nearly devastated your planet and your species.

So the terms "negative" and "positive" are "New Age" terms and the adversary has encouraged you ones to align all circumstances in either category. Remember the definitions above, these terms do not fit and they cause you to turn from responsibility of a given circumstance because it is identified by you as "negative". YOU CREATE ALL CIRCUMSTANCES, YOUR SPIRIT IS ALWAYS SHOWING YOU SOMETHING you need to YOU DECIDE HOW YOU know.

WILL RESPOND IN **EVERY** CIRCUMSTANCE PUT **BEFORE** YOU. First you will need to recognize unbalance when it is presented to you. Then you will need to further investigate for yourself, with the assistance of your Spirit Within, until you are satisfied with the Truth. Then you will ask God Within to show you how to bring back balance to your portion of the mass consciousness "pie". Then you will do what God within guides you to do.

Here is something for you to think about. That which is "positive" to the adversary...ie: causing confusion and deception is considered quite "negative" to a child of Light. That which is "negative" to the adversary, ie: being exposed as a liar and deceiver, is considered quite "positive" to a child of Light. So you see, those terms are quite relative to the situation encountered and the perceptions retained by opposing personalities.

The absolute surest way, chelas, to compound the problems you face, and therefore create ever more devastating consequences to yourself and your planet, is to be led to (by your Spirit Within) and exposed to THE TRUTH about the circumstances already created, and THEN still doing absolutely NOTHING to change them to bring back balance. So it is the better part of wisdom to HEAR the call of SPIRIT and learn to LISTEN to and accurately decipher your guidance given. All it takes is YOUR COMMITMENT TO SERVE GOD'S WILL and you will be given all you need on your wondrous journey. So be it.

Thank you for your attention. May clarity and understanding be yours that your spiritual foundation may become solid in TRUTH AND WISDOM. I AM Sananda. Thank you little sister, Druthea. Go forth and find your confirmations that they bring you peace and balance in your service to GOD/ATON. Know that I LOVE YOU ALL SO GREATLY for you each are a part of ME as I AM a part of YOU. Walk in God's Light of Truth and KNOW therein you always find Peace. Salu.

OUR NEWEST JOURNAL

MATTER, ANTI-MATTER & WHAT'S THE MATTER

By Gyeorgos Ceres Hatonn

Hatonn gives us much more information on a large number of topics in this JOURNAL and again he keeps us updated with the <u>TRUTH</u> about the latest news.

He includes many interesting comments about spaceships including certain specific frequencies pertaining to them and specific manifestations at certain areas of the earth grid system. Descriptions of their exterior and interiors are also given.

Some of the other topics he covers are: The importance of the new Challenger shuttle replacement -Robotoids, Synthetics and Neutrals - Little Gray Aliens - Continual Update on the Middle-East Situation - Bush and the trip to Paris which he denies - The purpose for the reported alien visit with Bush at Camp David - The history of money and why and how it has to be changed before economic and social problems can be solved -The plans for a new Central American canal using atomic explosions--SOON--and the severe consequences - 666 and the Bar Codes - An explanation of Creation, etc., etc.

SEMINARS

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The man who rows the boat generally doesn't have time the rock it.