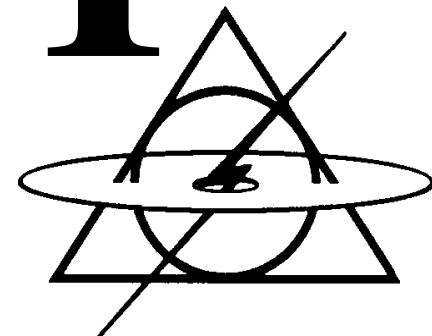


CONTACT

THE PHOENIX PROJECT JOURNAL

GOD'S NEW MILLENNIUM

*KNOWING TRUTH IS NOT ENOUGH,
SUCCESSFUL CHANGE REQUIRES ACTION*



VOLUME 33, NUMBER 7

NEWS REVIEW

\$ 3.00

SEPTEMBER 5, 2001

GAIA: The ONE Program That Can Change Circumstances

8/26/01—#1 (15-010)

RE: UNDERWATER BASES, TUNNELS (SUBMARINE), FROM: NEXUS, ARTICLE BY RICHARD SAUDER, Ph.D.

COMMENT

Hatonn—We are in appreciation for the timely article referencing underwater bases, tunnels and living facilities, sent for use by Norman McLaughlin. I am indebted, for I have much to address as to these facilities, especially atmospheric facilities in the Southeast Asian area.

We also need to remind readers that in the past we have written extensively on underground tunneling and military networks. Those writings should, yes, be repeated, for as with any topic covered in news print, it is usually lost forever to the entropy piles. All were being set to "journals" but that too had to be put aside due to reasons

already covered. It now requires computer technology and understanding enough of said computers to do "searches". We are making-do until we can again function and hopefully retrieve the thieved files and equipment.

Our focus must remain in the area of the Philippines as to our presentations, for it is here we must set our major projects and proposals into actual operations. This is due to untold assaults and thefts by what were our own editors and staff. It is difficult to realize that these miscreants can actually look on the beings of the starving and enslaved people of the globe and continue the assaults on the very ONE program that can change circumstances. THIS HAS TO BE DELIBERATE AND INTENTIONAL, READERS, FOR IT COULD BE NO OTHER.

How dare entities print and place on electronic networks lies and false accusations, easily proven to be false in the very presentations? EASY. These evil clowns use false names, give no contact

information as to location or residence and only present electronic exchange sites which, in addition to other causes of legal action, have no authority.

Until YOU cause these evil beings to speak truth instead of lies, you will not make much progress.

Lady of the dozen pseudonyms, V.K.D. (as more recently a non-signature signoff), and her link to the international Internet, Bellringer, present accusations and absolute fabrications (they cannot even COPY accurately), come forward with total hogswill—and it is accepted as if it were precious gospel as to truth. No, it is not and documents PROVE as much. However, there are never corrections made and the same lies are repeated in the next blast with objections to anyone correcting said lies. IT IS NOTHING FROM THE UNDERWATER BASES OR FROM OUTER SPACE THAT WILL DESTROY YOU, CITIZENS; IT IS THIS INSANITY THRUST UPON YOU BY THE DISINFORMATION ZEALOTS THAT WILL BE YOUR DEMISE AND TICKET TO ENSLAVEMENT.

(Continued on page 2)

CONTACT
P.O. Box 27800
Las Vegas, NV 89126

FIRST-CLASS MAIL
U.S. POSTAGE PAID
BAKERSFIELD, CA
PERMIT NO. 758

FIRST CLASS MAIL

ALSO IN THIS ISSUE

Spelta: Perfect Grain.....	page 5
To The People Of RP: THE GAIA PROGRAM.....	page 12
A God-Given Miracle: Life-Enhancing SPELT.....	page 14
TRUTH Must Always Be Presented And Documented.....	page 17
The News Desk, by John & Jean Ray.....	page 20

TELOS

I want to focus just a brief paragraph on a book [titled *TELOS*] presented on the topic of “Telos” (underground area of Mount Shasta, California). Our most respected editor, P.W., just spent some time with the people in Mt. Shasta City [and the mountain] and renewed friendships with other of our friends in that area. We would hope that he would take time to make a statement regarding his experiences—with perhaps a notation of his PAST experiences as well. [MM: Next week’s *CONTACT* will reveal his exciting adventure!]

It is as with the underwater tunnels, etc., we can no longer simply speak received information, for we have the Bellringers and Durhams who besmirch their very own tales with fabrications. We need no more of this—I always make every effort to have BACKUP in written, published material before or during our own writings to keep the bludgeons from our persons. We have a job to do and it is NOT, fortunately, correcting those writings.

These adversaries repeat and repeat that somehow it has been said that Doris Ekker is my, Hatonn’s only receiver. THAT WAS NEVER, EVER STATED!

I certainly did, however, insist on having my identification as Gyeorgos Ceres Hatonn REGISTERED LEGALLY in relationship to Doris J. Ekker to prevent exactly what has been attempted by Dr. Ed Young and Norey Latona. There are many “other” recognized names also duly registered in the same manner. We do not claim any such individual holding of Hatonn, Aton, Sananda, Soltec, Korton, etc. However, these very writings, per Bellringer’s own presentations and total usurpation of our work as plastered onto the Internet network to be supplied, even banned *Journals*, for any use whatsoever. He is NO ARCHIVING CONSORTIUM, per Dr. Young, HE IS A THIEF OF PROPRIETARY PROPERTY, A LIAR AND CERTAINLY A CHEAT.

DO I MAKE MYSELF QUITE CLEAR?

We will get back to the Spelt information, especially as regards “growing” of the grain, for we must publicly back everything we present. However, it is equally as important in a newspaper to cover unfolding information backing that which we have already presented.

This is exactly WHY you must continually CONFRONT and correct to truth, lies. A lie repeated often enough and long enough becomes the accepted story when it has no fact in FACT.

Let us consider just briefly here and now: On the Chandra Levy-Gary Condit tale in California/Washington D.C. it has been noted and our own paper “News Desk” just ran an article which stated that Chandra Levy was SEEN and IDENTIFIED in Israel, very recently. Now would that be a clone, as Bellringer-Grannie describe of Russell Herman—or simply Chandra Levy having joined the Mossad for “Intelligence Training”, a probable new identity to keep the “secret” and as is the USUAL PRACTICE—security?

IT IS KNOWN, AND CONDIT HAS COMMENTED THAT “THAT” WAS HER DESIRE FOR CAREER TRAINING. AH, BUT, THAT NEVER MAKES IT TO LARRY KING LIVE, EVEN AS A SIDE POSSIBILITY—DOES IT? Note that the well-circulated Jewish lady lawyers have tried, judged and destroyed the man, Condit, without benefit of one shred of evidence! And, readers, THAT IS THE ONLY NEWS TALES MAKING IT TO THE WORLD TODAY!

Get the additional intended insult to my team in Manila as Bellringer refers to Ekkers being “enticed to go to the

Philippines in search of unsuspecting goyim, who desperately needed the financial assistance that the GAIA program claims to have available.” Unsuspecting GOYIM?

Mr. Bellringer also indicates that somehow Grannie must give forth the funds of said “anything monetary” (my words, not his; his are worse). So, does that mean Grannie has the funds? Fine, I suggest that the *CONTACT* staff again make a claim for the WILL gift of \$40 million from Russell Herman as published IN THE PAPER IN HIS WILL.

Mr. Knecht of Texas who claimed to be handling Russell’s estate said he could get that funded. He also came back and said it was “on hold” (the will) because V.K. had filed murder charges against George Bush, *et al.* Strange as it may seem, THERE ARE NO RECORDS OF SUCH A CASE EVER BEING FILED—or was that also EXPUNGED by Sir Bush and his naughty Brigade? Now, V.K.D. goes further and accuses Ekkers, Rays, and others of being a part of that murder. No, this is NOT acceptable.

AND THIS IS WHY YOU NEED BACKUP INFORMATION IN HARD COPY, MY FRIENDS, WHETHER IT BE FROM ARTICLES IN PRINT OR CIRCULATING ON THE INTERNET BY IDIOTS AND EVIL PRESENTERS.

This, however, is NOT a writing about that focus although it might be a better service if it would be. Mr. Condit described himself as being a “moral” man to his interviewer. I do not accept adultery and use of others to be MORAL. I, on the other hand, have a rather restrictive definition of “morality” in my dictionary of behaviors and attitudes.

Mr. Bellringer sets himself up as some moral “Truthbringer”. Wow and Oh, Wow. If what he presents is in no wise “truth”, then how can he possibly be a “Truthbringer”? He is a liar and the writings are a lie.

In the following article we present, we are indebted to the author, the publication in point, and to those bringing it forth for attention. The article also has been presented on that infamous “Internet”.

We are offering this information for educational and interest purposes only. We respect and honor the publication in point and, as well, Dr. Sauder for his research and sharing.

[QUOTING *NEXUS New Times*, September-October, 2001:]

THE EVIDENCE FOR SECRET UNDERWATER BASES By Richard Sauder, Ph.D.

[This is a presentation of excerpts from Dr. Sauder’s book, *Underwater and Underground Bases*, published by Adventures Unlimited Press, U.S.A., 2001. It is available in Australia, New Zealand, UK and the Netherlands from *NEXUS Magazine*. We will have more information regarding Dr. Sauder at the end of the article offered here.]

THERE IS COMPELLING CIRCUMSTANTIAL EVIDENCE THAT THE U.S. MILITARY HAS BEEN CONSTRUCTING SECRET UNDERWATER AND UNDERGROUND TUNNELS AND BASES FOR MANY DECADES.

Stories of underground tunneling by the United States Navy are very persistent. When I first started my research, people began telling me that the U.S. Navy was involved in clandestine tunneling and secret underground base construction. Over the years, I have encountered bits and pieces of information suggesting

that there may well be undersea naval facilities.

A former associate of mine, who had been in the Navy, told me that there are tunnels on both coasts of the United States that submarines enter when they are at sea, and then travel through to secret, underground submarine bases that are inland from the coast. I have been told, time and again, about purported submarine tunnels in the Long Beach, California area that allegedly bore inland from the ocean. [H: Indeed, there are submarine tunnels as well as “dry” tunnels to massive underground facilities in Inyo-Kern areas called “China Lake” military facility.]

SOVIET-STYLE SUBMARINE TUNNELS

In fact, there is precedent in the open literature for such tunnels—albeit in Russia. In their excellent book, *Blind Man’s Bluff: The Untold Story of American Submarine Espionage*, Sherry Sontag and Christopher Drew relate that in the 1980s:

“The Soviets also were building four large underwater ‘tunnels’ at a new submarine base at Gremikha near the tip of the Kola Peninsula, about 150 miles from Murmansk. Blasted out of the adjacent hillside, the granite tunnels were large enough to accommodate the *Typhoons*.”

Have similar underwater tunnels been built by the United States Navy to secretly accommodate its submarines, perhaps in the Long Beach, California area and elsewhere? I consider it possible.

TUNNELING INTO THE CONTINENTAL [SHELF]

I have been given hints that there may be lengthy, secret tunnel systems beneath the continental shelf, off both coasts of the United States. I have spoken to a few insiders in recent years, and I plainly asked one of them: “What about the stories of highly secret naval installations beneath the ocean floor, to which submarines secretly come and go? And what about the stories of secret, undersea bases and hundreds of miles of secret tunnels deep beneath the sea floor along the Atlantic and Pacific coasts of the United States?”

The answer was intriguing: “I would carefully consider those stories.”

And so I am paying attention to the stories. I will tell you candidly that I do not know whether the stories are true or not. They are interesting. If they are true, then there are sophisticated, clandestine undersea bases and tunnels that the United States government operates—and has kept secret from the American people.

BASES BENEATH THE OCEANS AND SEAS

It is important to understand that the technology exists for constructing manned, undersea bases hundreds, even thousands, of feet below the sea floor. The experience, the expertise, the machinery, the trained personnel and the financial means for constructing manned bases beneath the ocean floor have been in place for at least 35 years. Bear in mind that the petroleum industry routinely and frequently carries out major industrial operations in deep water, well out to sea. It also routinely bores down into the deep rock beneath the ocean floor.

A recent news item on *CNN*’s Website profiled one of the deep-sea divers, involved in recovering bodies of drowned sailors from the sunken Russian submarine, the *Kursk*. The diver works for the giant multinational

industrial conglomerate, Halliburton Co. According to the article, the diver worked on unspecified undersea projects with a range of construction activities including “welding, concrete work—whatever jobs can be done undersea”.

Let me relate a personal anecdote. In 1976, while hitchhiking through Scotland, I caught a ride with an ex-diver for the British Navy. He was working at that time in the oil fields in the North Sea, and described his work routine to me as follows. He would put on a diving suit and travel down to the sea floor where he would carry out major construction work, which involved strenuous work on pipelines and valves and the assembly of structural components.

The simple point I am making is that the offshore petroleum industry has had the capability for decades to carry out heavy industrial activities on the sea floor. This capability could easily be extended to constructing airlocks and openings for undersea bases.

Where tunneling is concerned, operating a tunnel boring machine (TBM) in solid rock, hundreds of feet below the ocean floor, really presents no greater a technical challenge than operating a TBM in solid rock hundreds of feet below the surface of solid ground. In both cases the machine and its operators are in an enclosed environment.

Indeed, one source mentioned to me that “in principle” there is nothing to stop a TBM from tunneling out beneath the sea bed from onshore. Once offshore, beneath the sea, there is nothing to stop the TBM from tunneling along the coastline, miles out to sea, beneath the sea floor. And no one would be the wiser.

The state-of-the-art progress for a TBM in good rock is several miles per year. With just one machine and one crew, a 100-mile tunnel system could certainly be secretly constructed in 10 to 20 years. If just five machines were employed, 500 miles (or more) of secret tunnels could be excavated in the same period of time. This is well within the state of the art of tunnel-boring technology.

Indeed, at a recent meeting between the heads of state of Japan and South Korea, the then Japanese Prime Minister Yoshiro Mori proposed constructing a 108-mile-long undersea rail tunnel between Japan and South Korea. The purpose of the tunnel would be to facilitate trade and to provide a rail link between Japan and the Eurasian land mass. In the words of Prime Minister Mori: “The construction is technically possible, but the problem is money.”

The money to carry out a secret project of this sort certainly exists in the Pentagon’s “black budget”. The requisite infrastructure of secrecy to carry out such a project has been in place in the military-industrial complex for decades now. And there is even a paper trail that shows U.S. Navy interest in building manned bases deep beneath the ocean floor.

THE U.S. NAVY PAPER TRAIL

One paper trail begins in 1966, with a letter on 18 April from Robert W. Van Dolah, of the U.S. Bureau of Mines, to Dr. William B. McLean, Technical Director for Research and Development at the U.S. Naval Ordnance Test Station at China Lake, California. In the letter, Mr. Van Dolah alludes to Dr. McLean’s interest in “deep underwater exploration”. Mr. Van Dolah specifically refers to tunneling at great depth under the ocean bottom. His letter says:

“In talking with some of our mining experts here. I find a consensus that sinking a shaft to 10,000 feet

and driving a drift horizontally from this presents no severe problems (other than money perhaps) if the rock is competent and not faulted. One of the most difficult problems in deep mines is sealing off of aquifers. It would seem that even if the rock were competent throughout the tunnel and drift, there might be rather difficult problems in breaking through to the bottom of the ocean and maintaining a seal against the high water pressure.”

MINE TUNNELS BENEATH THE SEA

All over the world there are mines that extend offshore beneath the sea; in many cases, the mines were first excavated many decades ago, even one hundred years ago or more—as with the British coalmines that extend out under the North Sea and the Firth of Clyde.

Among the places where submarine coalmines have been worked, in addition to Britain, are Canada, New Zealand, Australia, Chile, Japan and Taiwan. By the way of further example of undersea hard-rock mining, there is the Jussaro Island undersea iron mine off the coast of Finland, beneath the Gulf of Finland. The Jussaro Island mine tunnels extend hundreds of feet beneath the sea to bodies of iron ore that lie just offshore. The tunnels are accessed from shafts that have been sunk from islands in the vicinity.

As alluded to above, in Britain coal has long been mined from under the North Sea and the Firth of Clyde, at depths ranging to as much as 1,800 feet below the sea floor. In Cornwall, tin mines ran out under the Atlantic Ocean in the early years of the 20th Century. In Canada, there have been many undersea mines. Sixty-five years ago, coal was being mined three miles out to sea, off the coast of Nova Scotia, as far as 1,600 feet beneath the sea floor. The Wabana iron mine at Bell Island, Newfoundland, was mentioned above, but there has also been submarine mining in other places in Canada, including coalmining off Cape Breton Island, Nova Scotia and elsewhere offshore from Nova Scotia, as well as underwater off Vancouver Island, British Columbia.

There have been other submarine coal mines off the coast of New South Wales, Australia, and undersea in Japanese coastal waters, e.g., off the coast of Kyushu and elsewhere. Coal has been mined off South America’s Pacific coast, in Chile. More submarine coal workings that extend out under the Bay of Biscay have been located at Arnao, Spain. There were even submarine mine workings in the United States 80 years ago. The rich Treadwell Gold mines on Alaska’s Douglas Island burrowed more than 2,000 feet deep under the Gastineau Channel in the early 20th Century.

Tunneling out under oceans, seas, bays and estuaries has been done for a very, very long time, all over the world, stretching way back at least into the 19th Century, if not before. Undersea tunnels can stretch for miles and reach depths of 2,000 feet or more beneath the ocean floor. Of course, today’s technology is far more powerful and sophisticated than it was 50, 100 or 150 years ago. One can only speculate as to how long, how deep and how elaborate contemporary, clandestine, submarine tunnels might be.

There are plenty of examples of submarine tunneling in the civil engineering literature. Perhaps the most famous example is the Channel, the well-known, high-speed rail link that borrows deep under the English Channel between France and England. It is so famous that it scarcely needs mentioning.

U.S. NAVY UNDERWATER CONSTRUCTION TEAMS

Of course, if the U.S. Navy has secretly constructed manned facilities and rail tunnels deep beneath the sea floor, it would need a cadre of trained personnel capable of heavy construction at great depth underwater. Is there evidence of a trained, underwater construction unit within the Navy? In fact, there is.

The Navy operates special Underwater Construction Teams (UCTs) out of Port Hueneme, California, and Little Creek, Virginia. The UCTs are special Seabee units that carry out underwater construction projects around the globe. These UCTs are deployed literally anywhere in the world “aboard ships and other seagoing platforms”. Among the areas where UCTs have been deployed are Africa, the Arctic ice cap, Diego Garcia, Iceland, Bermuda, Australia and the Persian Gulf area. Each of the UCTs consists of three officers and 52 enlisted personnel. After a few years of experience in the UCTs, qualified divers are eligible to complete the Advanced Underwater Construction course at Port Hueneme, California. One of the requirements to be a UCT member is to be “eligible for a secret security clearance”.

In other words, there is a unit of specially trained personnel within the U.S. Navy that carries out underwater construction projects all over the world and whose members have “secret” security clearances. This is exactly the type of unit that would be necessary for constructing secret, manned, undersea installations and/or tunnels many miles offshore—perhaps even in the middle of the ocean or beneath other bodies of water, large and small.

As an aside, during the Cold War between the United States and the Soviet Union, clandestine diving units operating from on board top-secret American submarines repeatedly conducted cover, communications-cable-tapping missions on the sea floor itself, in Russian coastal waters. The divers would never surface. The entire operations were carried out underwater, using submerged submarines as a base. The men would go out from the submarines and carry out their work on the sea floor, and then re-enter the submarines.

If there are top-secret bases beneath the sea floor, the UCTs of the U.S. Naval Facilities Engineering Command may possibly have helped build them, perhaps even on clandestine, submarine-based missions similar in secrecy and daring to the top-secret, undersea communications-cable-tapping operations in recent decades.

NAVAL FACILITIES ENGINEERING SERVICE CENTER

If there are secret, undersea manned installations, then it is a safe bet that the U.S. Navy’s Naval Facilities Engineering Service Center (NFESC) constructs and maintains them, or knows who does. The NFESC’s Website says that it is “the Navy’s center for specialized facilities engineering and technology”. The NFESC’s Website further advises that it constructs “Specialized Ocean Facilities”. It states:

“We can help you with the design, construction, maintenance, and repair of fixed ocean or underwater facilities from the shoreline to depths of 6,000 meters (20,000 feet). We can provide engineering services to meet your needs... We have an extensive inventory of specialized tools, equipment, vessels, and test facilities...”

Notice that this agency is talking about the design, construction, maintenance and repair of underwater

facilities as deep as 20,000 feet. Interestingly, the NFESC's Ocean Facilities Department includes both an Ocean Construction Division and a Seafloor Engineering Division. This is exactly the sort of bureaucratic structure that one would expect to find if the U.S. Navy has built secret, manned facilities beneath the seabed.

U.S. ARMY CORPS OF ENGINEERS

If secret, manned facilities under the seabed do exist, I would certainly expect to find evidence here and there that points to the possibility of such facilities—evidence of just the sort that I am presenting here.

During my research at the U.S. Army Corps of Engineers archives I discovered a Program Activity and Funding report, issued by the Corps of Engineers Construction Engineering Research Laboratory (CERL) as ENG FORM 0-4098 on 16 August 1967. It contains several entries that are germane to the instant discussion. Line Item 1, Task Number -01 states:

ENGINEER STUDIES AND INVESTIGATIONS

The objective of this task is to identify, analyze, and initiate research in areas of specialized military construction which are beyond the current state-of-the-art. This task will provide means for applying the current state-of-the-art and anticipated developments in the future. It will enable coordination of the construction research efforts of CERL and other DOD laboratories, government agencies, industry and educational institutions.

The report has several other interesting entries. Task Number -02-005 says:

SEALING DEEP UNDERGROUND STRUCTURES

Explore economical epoxy coatings, concrete additives and other techniques for sealing walls from deep underground hydraulic pressure.

Of course, if the construction were taking place beneath the sea floor, the Army would want to seal the base against the unwelcome intrusion of the deep sea. The document contains more information that reveals the U.S. Army's secret role underground. Task Number -05 says:

POWER PLANT CONSTRUCTION

The objective of this task is to develop new essential knowledge in the design, operation and maintenance of fixed and floating power plants which is peculiar to military requirements. Essential knowledge is required in hardened above- and below-surface plants, in precise, uninterrupted power, and in system reliability and maintainability...

The report then discusses Task Number -05-001:

HARDENED UNDERGROUND POWER PLANTS

Develop design criteria for hardened underground facilities to permit rapid concept selection and design of underground power systems.

And Task Number -05-004:

ADVANCED HEAT-SINK TECHNOLOGY

Develop design criteria for heat dissipation and storage in various underground geological formations as applicable to hardened underground facilities.

This information dovetails very nicely with other U.S. Army information (presented earlier in my book) concerning the dissipation of excess heat that underground installations generate. This is a problem whether the subterranean facility is under a New Mexico desert, burrowed way down in the hard rock below the Antarctic ice sheet, deep beneath a sea mount in the mid-Atlantic Ridge or in the middle of the North American continent beneath the Midwestern

cornfields. No matter where a deep underground base is located, it needs to get rid of excess heat.

Finally, the document gets around to talking about underwater construction. Task Number -07 says:

UNDERWATER CONSTRUCTION (CERC WORK—CERL MANAGEMENT)

The objective of this task is to explore and develop ocean engineering technology to meet Army Military Construction objectives. This task, involving original exploratory developments, studies and investigations and utilization of knowledge and capabilities developed by other agencies involved in oceanography, is to provide methodology essential to planning for and construction of unique military facilities in marine environments.

This is an interesting choice of words: "construction of unique military facilities in marine environments". Lloyd A. Duscha, former Deputy Director of Engineering and Construction for the U.S. Army Corps of Engineers in Washington, D.C., said in a public speech:

"There are other projects of similar scope [to the NORAD base], which I cannot identify, but which included multiple chambers up to 50 feet wide and 100 feet high using the same excavation procedures [as] for the NORAD facility."

Mr. Duscha then referred to the "critical and unusual nature of these projects". Might these large, secret, "critical and unusual" projects be the "unique military facilities in marine environments" that the U.S. Army Corps of Engineers 1967 report refers to? Might both be referring to huge, deeply buried, undersea bases? I think that is very possible. The 1967 report continues with Task Number -07-001:

STRUCTURAL SYSTEMS

FOR UNDERWATER CONSTRUCTION

Develop concepts for constructing underwater storage and transportation facilities for ammunition and other hazardous materials.

Remember this is the U.S. Army talking about underwater construction, not the U.S. Navy. We may have to rethink preconceived notions about which agencies do what. In the black-budget world of the Secret Team and the Invisible Government, the tidy agency boundaries that we are accustomed to thinking about may not be very relevant at all.

Finally, there is Task Number -07-002:

COASTAL EXPLORATION

Develop techniques for rapid evaluation of coastal and inland bottom conditions for construction purposes.

Here the Army alludes to evaluation of the continental shelf (the ocean bottom just off the coastline) and inland bottom areas for underwater construction. Presumably those inland bottom areas would include (but not be limited to) areas such as Puget Sound in Washington state, Chesapeake Bay in the mid-Atlantic region, and the Great Lakes in the upper Midwest. It is my educated guess that any or all of these areas could be locations for clandestine, underwater facilities, deep beneath their bottoms. Is there any other evidence indicating the possible existence of secret, undersea bases, deep below the sea floor? In point of fact, there is.

THE U.S. NAVY'S ROCK-SITE CONCEPT

A U.S. Navy document from 1966 forthrightly discusses the construction of major military installations below the sea floor, in the middle of the ocean. Quoting from the title page:

ABSTRACT. Large undersea installations with a shirt-sleeve environment have existed under the

continental shelves for many decades. The technology now exists, using off-the-shelf petroleum, mining, submarine, and installations within the sea floor that do not have any air umbilical or other connection with the land or water surface, yet maintain a normal one-atmosphere environment within...

The text of the report elaborates what is meant by the Rock-Site Concept:

... a rock-Site installation consists of a room or series of rooms, excavated within the bedrock beneath the sea floor, using the in-situ bedrock as the construction material.

Note what is being said here. The installation is carved out of the native bedrock beneath the floor of the ocean itself. And the installation is composed of one or more "rooms". Now, keep in mind that a "room" to a hard-rock miner or underground construction engineer is not necessarily the same thing as a "room" in an ordinary house. At the beginning of the book I mentioned the dimensions of an underground power plant in the Himalayan Mountains of Bhutan that was hundreds of feet long and more than 100 feet high. Reflect on Lloyd Duscha's remarks, where he refers to multiple underground chambers more than 50 feet wide and 100 feet high. In fact, my research suggests that it would be within the state of the art in the underground construction industry to make mammoth underground chambers, in the middle of the ocean, hundreds of feet below the sea floor, that would have no visible connection to either the land or the surface of the ocean.

Because I realize this assertion may well be controversial for the uninitiated, I am going to quote at length from the U.S. Navy's Rock-Site Concept report. As you read what follows, keep in mind that already in the 1960s the technology existed to construct facilities beneath the ocean floor that could accommodate full-sized submarines, with locks that would permit their crews to enter and exit, well below the surface of the sea. Over the last 35 years, the technology to carry out subterranean and submarine construction has only become more sophisticated and powerful.

Truth may indeed be stranger than fiction. I am increasingly inclined to think that such facilities just may have been built—and just may be in secret use. What follows is a little lengthy and a little technical but is well worth the reading:

"Land-based undersea installations are not only practical today but are not overly expensive. The depth of shaft needed for a land-based installation will depend on the depth needed to reach either a competent rock horizon beneath the sea floor or else a desired depth from a construction point of view. Assume an installation depth of 1,000 feet below the surface is desired. A probable depth of shaft is then 1,200 feet.

"Shafts can be excavated by drilling and blasting but a more usable shaft with far less maintenance and damage to the rock around the shaft will result from boring, a technique just now coming into general industrial use [mechanical shaft boring is now a common practice in the mining and underground construction industries; author's note].

"With a bored shaft in the range of 5 to 8 feet in diameter, the cost will be roughly 4 million dollars completed [in 1966 dollars], including the life support and service systems, although some industrial firms will now estimate a cost of about 2 million dollars for this size of installation. Large diameter shaft drilling has been well discussed in the literature and extensive charts and graphs for detailed cost estimating are available.

“For long distance undersea tunneling, boring is especially attractive. Boring methods require only electric power and yield no serious fumes or gases, as would be the case for tunnels driven by conventional explosive methods. Boring machines are now essentially off-the-shelf equipment for rocks ranging from rather weak shales to strong hard sandstones and have been used with encouraging results in even stronger metamorphic rocks.

“With hydraulic or other automated handling of the ground-up waste rock, including ejection of the waste to the sea floor, tunnel boring in a rock strong enough to be fully self-supporting with a 15-20 foot diameter bore can proceed at rates up to 5 miles per year for a cost of 1 to 1.5 million dollars per mile (in 1966 dollars).

“With modern-day shaft- and tunnel-boring techniques, access to the sea floor from land can be carried out at depths beneath the sea of several thousand feet (to at least 10,000 to 12,000 feet) and to distances offshore of tens to hundreds of miles.”

Astonishing! Here is a U.S. Navy document from the 1960s that plainly describes the capabilities of the underground construction industry at that time as fully able to tunnel out hundreds of miles beneath the ocean, at depths as great as two miles below the sea floor! I have spent a great deal of time in recent years reading tunneling and underground excavation literature, and I assure you that the technology and the machinery for underground excavation has only become more powerful and more sophisticated in the intervening years.

About the author: Richard Sauder, Ph.D., is a native Virginian who presently resides in San Antonio, Texas, U.S.A. He has an abiding interest in Fortean and arcane sciences. He is the author of *Underground Bases and Tunnels* (1995; reviewed in *NEXUS* 2/26), *Kundalini Tales* (1998; reviewed in 6/02) and *Underwater and Underground Bases* (reviewed in 8/04). Dr. Sauder welcomes solid information and documentation from readers on the topics he covers in his books as well as other esoteric or non-mainstream data.

[H: Dr. Sauder's contact information: 5804 Babcock Road, #292, San Antonio, Texas 78240, U.S.A.; E-mail: dr_samizdat@hotmail.com; Website: www.sauderzone.com

NEXUS Magazine: www.nexusmagazine.com

[END OF QUOTING]

You will find all of these publications extremely interesting and I urge you to acquire the books if you are interested in more information. We only offer it here to substantiate that which we have given over the past 14 years.

I am confident that if you could bring yourselves to comprehend the depths to which your “ignorance” is demanded, you would surely object and be ever more than a teensy bit irritated at the delusions wrought upon you.

Meanwhile, the children of the Earth continue to wallow in abject poverty while ridden with famine and disease. Where are YOU going to go on D (destruction) Day?

It doesn't have to be like this, readers, it surely doesn't—but until you get a focus on what can make the difference, you are destined to flop around at the whims and lies of such as the likes of a V.K. Durham and the Patrick H. Bellringers of the world.

GOD HAS MERCY—DO YOU?—GCH

Spelta: Perfect Grain

8/25/01—#1 (15-009)

RE: CONTINUATION (7/25/01 CONTACT, page 13) OF SPELT PRESENTATION

[QUOTING *THE WONDERFOOD SPELT*, by Dr. Wighard Strehlow, 1989:]

BIOLOGY

[H: As we address the values as in a consumer's chart, it needs to be recognized that there is variation. In testing GAIASPELT, for instance, we found there to be fewer calories in the recommended serving because we suggest slicing bread into thinner slices than are usually measured in “regular” sliced breads. In working with test runs we were given input guidelines, from the authorities, which tested the samples. The end suggestion was that the finished product, i.e. bread, could better be served through utilizing a simple “whole wheat” chart as to calories per slice. This is considered for anyone needing exacting caloric counts for special dietary restrictions. In GaiaSpelt “mixes” the ingredients are measured for the desirable mix itself but in utilizing the flour for basic “scratch” baking, the ingredients can be varied for desired outcome.]

Spelt is not wheat! It is among the first original, natural grains known to man. Spelt originated in Southeast Asia and was brought to Europe where it was considered the tastiest grain with its nutty flavor. After the 19th Century, it was forgotten partly because of its lower [crop] yield in comparison to wheat. Immigrants included spelt among their few important belongings when they came to America.

For human survival in the future, spelt is ecologically the ideal grain. It is not a hybrid like wheat and it can be grown without any fertilizers, pesticides or insecticides. It requires a minimum of care and grows in any climate even those with difficult winters (too cold, too dry, too wet). Due to its resistance it is not sensitive to typical grain diseases. The spelt kernel is tightly surrounded by a strong husk or hull, which must be removed before consumption. This protective covering guards against air pollutants and radioactive fallout and makes it good for storage.

[H: I would put in some information here which New Gaia, when in business, offered as a spelt side-product. Hulls were cleaned and separated, ground and added to other fiber and the best fiber/cleansing product on the market today was presented as, if memory serves, GaiaSweep. The fiber produced from spelt is both absorbing in itself and has quite a unique “edge” capability of better cleaning the digestive tract “walls”. It was created to work in conjunction with a parasite cleansing “kit” which we also have highly recommended as a prudent and safe way to rid the system of unwanted or toxic parasites of all kinds, waterborne as well as systemic parasites the body is prone to acquire but become totally debilitating to the body itself.]

It is also found in your new “fad” fat remover fiber products, Spelt “sweep” is better than the other market products for carrying FAT to prevent the adding of the fats themselves to the body itself as fat storage. It is noted, in addition, that the fat carried away has not removed the nutrients from the spelt hulls so that the nutrients are able to be utilized by the body directly from the digestive tract.

Perhaps these are additional reasons that the SPELT is truly and often considered the “miracle” or “wonder” grain.]

ANALYSIS

Spelt contains all of the basic materials for a healthy

body, including protein, fats, carbohydrates, vitamins, trace elements, and minerals. It also contains vital growth and cell nutritive substances (viridine) which until now have not been isolated, as well as an assimilation factor, not identified at this time.

VITA-SPELT NOODLES 100% WHOLE GRAIN SPELT FLOUR			
	average per 100 grams	average per serving 2oz=56.7g	nutritional information per serving
Moisture, grams	6.62	3.73	
Calories	382.00	216.59	220
Protein, grams	14.26	8.09	10
Ash, grams	1.67	0.95	
Fat, total grams	2.94	1.67	2
Carbohydrate, grams	74.51	42.25	42
Potassium, mg	385.00	218.30	220
Sodium, mg	1.72	0.98	0
		percentage of US RDA	
Vitamin A, IU	41.00	23.25	*
Vitamin C, mg	0.0	0.00	*
Thiamine, mg	0.649	0.37	25
Riboflavin, mg	0.227	0.13	8
Niacin, mg	8.46	4.80	25
Calcium, mg	6.96	3.95	*
Iron, mg	4.17	2.36	15

*Contains less than 2 percent of the U.S. RDA of these nutrients.
Source: SCI-TEK Laboratories, C 1400-0407

Spelt is a high-protein food of the past for the demand of the future. The total protein content of spelt varies from 13.1 - 14.28% depending on climate and soil conditions. It is higher than soft wheat (10.5%) and spring wheat (9.1%) but similar to durum wheat (13.8%). The sequence of amino acids also differs between spelt and wheat, spelt containing more cystine, isoleucine, leucine, methionine and neurotransmitters, phenylalanine and tryptophane.

A comparison of amino acids between WHEAT and SPELT is shown below:

Amino Acids mg/g fresh weight	Wheat	Spelt
Cystine	1.10	1.35
Isoleucine	4.40	5.60
Leucine	6.00	9.00
Methionine	2.40	4.00
Phenylalanine	5.00	7.00
Threonine	5.50	5.60
Lysine	2.90	2.75
Tryptophane	1.20	1.80
Valine	4.20	5.80

In comparison with other grains spelt has generally more vitamins and basic minerals. Therefore Hildegard's saying: "spelt is the very best grain" is true.

average mg per 100 grams	Barley	Rye	Wheat	Oats	Spelt
Vitamin B1	0.43	0.35	0.48	0.52	0.649
Vitamin B2	0.18	0.17	0.14	0.17	0.227
Potassium	-	-	481.00	335.00	385.00
Calcium	38.00	115.00	43.70	79.60	38.00
Iron	2.80	5.10	3.30	5.80	4.17
Manganese	1.70	2.40	2.40	3.70	2.90
Copper	0.30	0.50	0.44	0.47	0.62
Zinc	2.70	1.30	3.36	4.00	3.40

Sources: product analyses souci, milupa (11.11.88) and SCI-TEK Lab.

Spelt is rich in polyunsaturated fats and contains no cholesterol. Polyunsaturated fats or essential fatty acids, which cannot be produced by the body, are nevertheless necessary for body functions. Linoleic acid (26.8%) and oleic acid (26.4% in spelt) are particularly responsible for lubricating the nerve cells.

The total fat content of spelt is 2% and can be analyzed as follows:

C8	caprylic acid	0.2%
C10	capric acid	0.1%
C12	lauric acid	0.05%
C14	myristic acid	0.1%
C14'	myristoleic acid	0.2%
C16	palmitic acid	30.0%
C16'	palmitoleic acid	0.1%
C18	stearic acid	2.4%
C18'	oleic acid	26.4%
C18''	linoleic acid	26.8%
C18'''	linolenic acid	1.9%
C20	arachidic acid	0
C20''	eicosadienic acid	1.6%
C20'''	arachidonic acid	0
C22	behenic acid	0.6%
C22'	erucic acid	0.2%
C24	lignoceric acid	1.0%
C24'	nervonic acid	2.8%

TRACE ANALYSIS

Almost every food grown today contains chemicals which create cancer in animal experiments and can often be carcinogenic in human beings as well. These chemicals are found in pesticides, herbicides and insecticides, such as DDT, which, even in small amounts taken orally with foods that have been sprayed, encourage the growth of tumors. Traces of heavy metals like lead, cadmium, mercury and arsenic are also hazardous to health and can be found in all conventionally grown foods. Organically grown spelt contains none of these detriments. To the contrary, it grows in the poorest soil in high altitudes without intensive fertilization. Through its husk spelt is even protected from radioactive fallout as could be observed during the Chernobyl catastrophe in 1986.

CASE REPORTS

[H: We can only list the case reports offered from this booklet because our own records have become scattered and at the time of the New Gaia "FDA raids" which seemed to include EVERYTHING even not included in the surprise search raids, records were lost and since there had just been a move out of the prior location, it has been difficult to sort and recapture organized files.

FOR YOUR INFORMATION THERE WAS NEVER A FOCUS [in the raid] ON ANY OF THE SPELT MILLING OR PRODUCTS BUT WE ARE HAPPY TO HAVE THE VISITORS WITH THE DISCOVERY THAT OUR OWN PRIOR "PARTNERS" AND SPECIFIC WORKERS PRECIPITATED THE RAIDS TO COVER THEIR THEFT OF CONTACT, THE PAPER—ACTUALLY FILING AFFIDAVITS IN ACCUSATIONS OF DISTRIBUTING "DRUGS" THROUGH OUR COMPUTERS AND NEW GAIA.

What has come of it all? A great loss, of course, as was duly planned by the miscreants. Embarrassment through raids carefully orchestrated and attended in both Tehachapi, California and Las Vegas, Nevada. What was found? NOTHING. It was

only found that some of the products had not been specially labeled as "food supplement" as provided through a then very recent change in laws. The raids were on July 14, over a year ago and the last contact of any type with FDA was in late December of 2000.

These are the times that try men's souls, readers, and beware—your acclaimed "best friend" and partner can turn on you like a viper in a corner.

This is also why you will never find us even speaking directly to a "cure" or any "medical" circumstance. We offer whatever we offer, and YOU must attend yourselves, precious friends. Even as you continue to read what is offered here, KNOW PLEASE, we have not stated these cases as our own nor do we claim to have anything EXCEPT SPELT AVAILABLE AS RELATES TO THIS SUBJECT.

You will find a lack of much discussion on B17 which has been brought to our attention by G. Edward Griffin's book entitled *WORLD WITHOUT CANCER*. The documents are excerpts and we do have permission to use same. We will offer that presentation at our earliest free time. Please realize we have myriads of topics to cover and actual hands-in work to do.

A massive job? Yes, indeed, so please be patient, but we ask you to continue your support—for we WILL "get there" if we work together. OUR INTENT IS TO HAVE A GLOBAL ALLIANCE AND THUS AN ASSOCIATION THROUGH WHICH WE CAN HAVE TEAMS TO HANDLE THESE VARIOUS PROJECTS WELL AND IN KNOWLEDGE. THAT CANNOT BE CONSUMMATED BY THIS KEYBOARD—BUT THE WORK MUST FIRST BE DONE RIGHT HERE AT THIS KEYBOARD AND IT WOULD TRULY BE HELPFUL IF SOME OF "YOU" WOULD SHUT DOWN THE NONSENSICAL AND DISTRACTING USURPERS AND THIEVES WHO SABOTAGE US AT EVERY TURN AND LITERALLY SABOTAGED AND DESTROYED FARM EQUIPMENT, IRRIGATION SYSTEMS AND ACTUALLY TOOK FUNDS FROM BANK ACCOUNTS, SAFES, ETC.

This assaulting has taken place internationally and yet, there are nations who will go through the worst famines of history THIS WINTER and it is totally without basis or merit to have delayed these projects through this kind of evil intent-to-destroy.]

The spelt diet has been clinically tested on thousands of patients over the past 30 years in the Hildegard practise in Conatance, Germany. It has proved effective for the following sicknesses:

1. Gastrointestinal disease:
 - Colitis ulcerosa
 - Hemorrhoids
 - Morbus Crohn
 - Diverticulitis
 - Diarrhea
 - Irritable-bowel syndrome
 - Obstipation, constipation
 - Celiac disease
2. Neurodermatitis and other allergies (wheat, soybeans)
3. Diseases connected with basic metabolism:
 - High cholesterol, triglycerides
 - Obesity
 - Diabetes mellitus
4. Chronic infections:
 - Angina
 - Multiple sclerosis
 - Herpes
 - AIDS
5. Rheumatic sicknesses: Arthritis, polyarthritis

6. Cancer and pre-cancer
7. Nerve problems:
 - Depression
 - Parkinson's disease
 - Cerebrosclerosis
 - Alzheimer's disease
8. Drug poisoning, antibiotics' side effects

[H: Because I charge that we be true to our commitment to offer information according to the chosen practitioner or author, we do offer the following but without very much additional comment. Remember that these programs referenced here are from case studies EXPERIENCED in and through the German clinic utilizing Spelt as in the "Hildegard" practice. Some things will be quite in opposition to what you would ordinarily expect but these are the experiences and can be modified as with common sense and more current findings. We are offering information and to further educate you the readers, to the possibilities of considering that which you have come to overlook in this world of whiz-bang existence.]

1. COLITIS ULCEROSA

Every doctor knows that colitis is an incurable disease. The usual treatment with cortisone and salazosulfapyridine (azusulfidine) can sometimes help but never cure the disease with the added risk of severe side effects. Surprisingly enough colitis can be treated effectively with the consequent spelt diet over a period of 3-6 months stopping both diarrhea and bloody bowel movements. The treatment is not specific and can be applied for all forms of diarrhea.

DIARRHEA DIET

FIRST DAY

The patient should only be given warm, unsweetened fennel tea to drink, as much as he or she wishes. Occasionally thin, unsweetened black tea may also be given, since it is a mild circulatory stimulant and helps solidify the stools. In acute conditions, including sickness involving fever, avoid all foods for the first three critical days.

SECOND DAY

On the second day, some dry zwieback, matzos, or hard tack may be given. Bread made with yeast or milk is reserved for the third day.

THIRD DAY

On the third day, a thin spelt flour cereal may be eaten. The spelt flour is simply cooked in water and slightly salted. The patient can eat as much as he or she wishes. Spelt is definitely superior to any other grain in the diet. Neither oats nor rice cereal are appropriate.

The diarrhea egg is prepared from one baked egg yolk and a pinch of powder mixed from seventeen grams cumin and three grams white pepper; it is crumbly dry in texture. The patient should first eat a small piece of old white bread and then one tablespoon of diarrhea egg without salt. It does not taste bad and usually helps right after the first egg. Only in severe cases will there be a need for a second or third egg on the same day. (CC 200, 18).

This procedure should be repeated as many days as necessary. With dysentery, for example, the treatment will have to be continued for at least three to four days. It pays to be cautious in cases of serious infections, since a relapse is almost always worse than the first attack.

The diarrhea egg will have to be used longest of all to cure colitis, a difficult illness of the large intestine which can go on for years. Colitis patients may have up

to eight to twelve bowel movements day and night and, as a result, are reduced to skin and bones. Then one must faithfully give diarrhea egg once or twice a day for weeks or months, always preceding it with a piece of old white bread. After a while, the patient will notice with pleasure that the bowel movement becomes more and more seldom, and finally the illness is healed!

GENERAL DIARRHEA DIET FOR FURTHER TREATMENT

The following foods are strictly forbidden during the full period of diarrhea.

1. All milk and dairy products such as cheese, cottage cheese, cream, buttermilk, ice cream. Butter is allowed in small quantities.
2. Dark bread, coarse or whole grain bread, fresh yeast bread. **[H: This does not include spelt bread or spelt products other than Spelt fiber.]**
3. Water and mineral water. **[H: Mineral water often triggers an intestinal reaction and all water should be boiled and if desired, filtered to insure no microbial or parasitic microbes are present.]**
4. All cold food and drinks.
5. All roasted and fried food.
6. Raw food, salads, raw fruits.
7. Coarse vegetables like leeks, cucumbers, or mashed potatoes.
8. Beef, dried meat, and sausage.
9. Sugar, sugar products, jelly.
10. Hot spices like mustard, paprika, etc.

[H: Remember this is a program to try to get diarrhea UNDER CONTROL and get the patient to stability as quickly as is possible.]

The following foods are permitted during the whole period of diarrhea:

1. White bread, whole wheat bread, OLD yeast bread, zwieback. Spelt flour and any products made from spelt: noodles, dumplings, etc.
2. Warmed wine, especially red wine.
3. Chicken and poultry.
4. Boiled apples (not sauce), apple cake (not too fresh).
5. Stewed veal and liver. **[H: Because of the recognized problems with the food animals in this modern time, I do not suggest too much "liver" intake. However, liver is a good source of iron which may well be depleted, so care and attention must be paid to the patient during long-time bouts of illness.]**
6. Cooked raspberries, cherries, blackberries.
7. Four to six cups of fennel tea a day.

After the condition improves, the meal can be enlarged gradually to contain the whole Hildegard diet. Gradually discontinue use of cortisone and sulfonamides under the guidance and control of your doctor.

CASE STUDY

Patient: R.V.

Age: 74, male

History: After an operation the patient got sick on an infection and was treated with massive doses of antibiotics. These destroyed the mucous lining of the intestine and after 9 months treatment colitis was diagnosed in addition to an itching skin eczema. Attempts at revitalization proved unsuccessful.

Initial therapy: Spelt soup (sift out the bran) 3 times a day; diarrhea egg twice daily; 1 Tbsp. poppy seeds a day against the itching.

After only 4 days, the patient suffered less gas and fewer bowel movements than before. After 8 days of increasing improvement the first vegetables were added

to the diet. One month later, but still following the general diarrhea diet patient had a normal bowel movement once a day with increasing solidity. Finally the diarrhea egg was reduced from twice daily to once every 2 days, so that within less than 2 months the patient was completely cured and has never suffered a relapse. He gradually enlarged the spelt diet to contain the whole Hildegard diet.

[H: There are several things which would enhance this program in a very positive way, one of which would be to supplement normal intestinal tract flora/fauna. Remember that massive sessions of antibiotics kill off your friendly bacteria and that alone can give endless bouts of misery.]

This healing effect, as in similar cases, (sometimes very quickly, other times after several months) is closely related to the diet, particularly to the spelt diet together with the diarrhea egg. The spelt fiber may be one of the factors that influence intestinal cell renewal.

[H: Remember that the spelt fiber itself is very water-soluble and, therefore, is a good "sweep" but also provides the soft bulk so necessary to good intestinal and colon health.]

CASE STUDY

Patient: M.S.

Age: 17, male

Diagnosis: Colitis ulcerosa

Patient was healthy until his 10th year when stomach pains and diarrhea with blood in stool began plaguing him. Long hospital stay with high doses of cortisone and Tagamed was treatment. Chronic colitis with frequent bloody stools (10 a day) and fever forced him back to the hospital at 15 years. He was dismissed with cortisone and "eat whatever you wish". Three months later renewed hospitalization was required because of a cramping attack with proceeding loss of consciousness, suspected meningitis. Massive doses of antibiotics were the treatment for coma and breathing insufficiency; renewal of cortisone in high dosage. As a result of this therapy his lowered immune resistance led to meningo encephalitis. He was finally released from the hospital, only to return a year later where his treatment included 50-mg. cortisone per day.

Finally in June 1986, treatment with spelt, diarrhea egg and the gradual reduction of cortisone began. In September, the patient was free of symptoms with normal bowel movement. Recommended to continue the spelt diet; no further symptoms.

2. NEURODERMATITIS AND OTHER ALLERGIES

There is a growing number of patients with skin problems and food allergies which cannot be cured by modern medical procedures. Cortisone is not a cure. The spelt diet always leads to a radical change in skin appearance and when consequently followed to complete remission.

Therapy plan:

1. Substitute spelt for all wheat and soybean products.
2. Take 1 Tbsp. ground poppy seeds a day (with apple slices) for itching.
3. Eat red beets spiced with wild thyme 2-3 times/wk.
4. Avoid kitchen poisons: strawberries, peaches, plums, and leeks. **[H: No, I don't know as to why they refer to these things in the same statement as "poisons". Perhaps it is meaning that these are very often allergic-reaction-causing items.]**
5. Avoid pork and lunchmeat and wieners containing pork.
6. Except for salads with dressing, no raw foods.
7. Sugar, vinegar, salt and spices in moderation: reduce salted nuts and snack foods.
8. Discontinue cortisone, antibiotics and other unnecessary drugs.

9. Refrain from coffee, cigarettes and alcohol, except for wine and beer.

10. Avoid dairy products. Milk is highly allergenic and creates congestion. Milk proteins cause many of the health problems associated with dairy products (even skimmed milk and cheese).

11. Eliminate eggs which may be allergenic.

12. Eliminate fast foods, processed foods and commercially baked goods.

Daily meals should include spelt in any form, vegetables, and fruit as the main dessert (perhaps sprinkled with almonds). Small amounts of butter and poly-unsaturated oils such as cold pressed sunflower oil are fine, but avoid margarine or partly saturated hydrogenated fats. Drink plenty of well water or fresh fruit juices (watch citric acid allergy). Bless and give thanks for each meal maintaining a harmonious peaceful atmosphere at mealtimes as well as in all affairs.

CASE STUDY

Patient: B.S.

Age 9, female

Diagnosis: Neurodermatitis

This young girl is allergic to horses, pets (cats and dogs) as well as dust. Breathing difficulties and coughing spells occur during the day with severe asthmatic attacks occurring at night. Eczema is on both arms, eyelids are swollen. Treatment followed the therapy plan above relieving first the eczema and later the asthmatic symptoms. After 3 months the girl was able to go horseback riding again and play with her pets.

3. DISEASES CONNECTED WITH BASIC METABOLISM

CASE STUDY

Patient: E.H.

Age: 21, male

Diagnosis: Hypercholesterolemia Type IIa Frederickson (high cholesterol)

The young man inherited his high cholesterol from his father who has suffered 3 heart attacks and from his grandfather who died after his third heart attack at the age of 51. At 18 years, already suffering heart pain, his cholesterol level of 337-mg % was discovered for the first time. In spite of treatment with lipid-lowering drugs and a rigid fat free diet his cholesterol only went down to 310-mg % by March 1986.

In May, 1986 his cholesterol had climbed to 357-mg %, when the patient began Hildegard treatment. By a consequent change to the spelt diet and biannual bloodletting (See Hildegard Medicine book) cholesterol lowered to 278-mg % in May 87, and 248-mg % in June 87. In the meantime following the diet based on spelt and beans the young man reduced his weight, so that today his cholesterol is almost normal at 208-mg % and his heart pain has disappeared.

Patient: K.J.

Age: 36, male

Diagnosis: Obesity (Adipositas)

After a week of Hildegard fasting this man with 300 pounds overweight decided to continue fasting with spelt. Every other day he ate normally, with spelt as his main food, but also with vegetables and meat. Every second day he ate only spelt bread (as much as he wanted) and fennel tea or spelt coffee, as well as lettuce salad with spelt kernels. Six and ½ months later he had lost over 100 pounds without any loss of energy or strength. An added bonus was his newly won self-discipline.

Most dieters lose weight but gain it back within a few months. This yo-yo dieting is dangerous and

fattening in the long run. Follow-up studies on weight loss of a large variety show that the failure rate in weight maintenance is 90% or greater. Since obesity is a serious medical problem, weight maintenance by means of the spelt diet is important.

Patient: H.M.

Age: 80, male

Diagnosis: diabetes mellitus, insulin dependent.

Glucose tolerance improved and insulin was reduced in an 80-year-old patient with a history of over 20 years diabetes treated with the standard diabetic diet (6-8 meals a day) and 28 units of insulin twice a day. After 10 days of spelt kernel breakfast the glucose level, even after breakfast, remained constant, so that only one injection of 28 units insulin a day was necessary. Meals were reduced to 3-4 a day. It is recommended to have twice a day, fourteen units insulin instead of one injection only.

Evidence shows it is recommended that diabetics eat about 3 Tbsp. of spelt kernels (50 grams or approximately 3 bread units) a day plus a spelt-lettuce salad at lunch over an extended period of time after which a definite improvement should become noticeable.

[H: I also highly recommend intake of a tea or capsules of what in Asia is called Ampalaya (Charanchia—in the U.S. it would be Balsam Pear—or import it, it is readily available now in the Philippines.) It is one of the few products recognized in this area, by physicians (medical profession) from the holistic/health food line of products as a valid treatment of diabetes.

I suggest you check with Artemis distributors or through CONTACT if necessary to see what products they will make available. Since there is no longer a New Gaia resource, much is shifted off but will remain available through some other distributor.]

4. ANTIBIOTIC INDUCED DISORDERS

CASE STUDY

Patient: S.T.

Age: 71, female

Diagnosis: Stomach and intestinal pain caused by antibiotics.

The patient has suffered 15 years of kidney stones and urinary infections. The last kidney stone was removed in 1983. Because of recurrent urinary infections the patient took massive doses of antibiotics which in turn destroyed intestinal bacteria. This resulted in candida with abdominal pain and cramps, gas, heartburn, diarrhea (sometimes 3-4 times a day) and chronic fatigue.

In March, 1987 Hildegard treatment began. The diet was radically changed to spelt. Heartburn and gas disappeared immediately with fennel tablets. After 3 months of spelt diet all abdominal pain and cramps were gone. Dietary mistakes like coffee, frying fats, pork, whipped cream, as well as too hot or too cold foods, caused gall bladder pressure and pain on the right side. Supplementary medication: Acidophilus.

It is a known fact that not only bad but also the “friendly” bacteria in the intestinal tract are killed as a result of treatment with antibiotics leading to an overgrowth of *Candida albicans*. By strengthening the immune system through spelt these problems can be prevented and cured.

[H: I would suggest you refer, in addition, to our presentation prior to this writing on OxySol (aerobic liquid oxygen) in a carrier solution of Gaiandriana. We have reports of almost immediate improvement in this specific disease process by a few days of 20 drops of OxySol (Check with CONTACT for

distributor information) in a bit of Gaiandriana four times daily. This can be decreased after a few days when improvement in symptoms is noted. Wouldn't it be wondrous if everybody simply got healthier from natural methods without side effects worse than the disease process itself? Yes it CAN be done! No, we do NOT discuss “cure” but some “miracles” have been reported from hither and yon.]

5. CELIAC DISEASE

CASE STUDY

Patient: W.F.

Age: 4, male

Diagnosis: Wheat allergy

The little boy suffers from celiac disease, an acute sensitivity to wheat gluten with chronic diarrhea (2-3 times daily), constant intestinal problems, gas, abdominal pain, cramps, inflated hard stomach, weight loss and anemia. After a biopsy of the small intestine celiac disease with an atrophic cradle II-III is diagnosed. Following a gluten free diet the boy can only tolerate rice, corn, millet and buckwheat.

The mother insists on trying the spelt diet, although she is informed that spelt also contains gluten. The new diet is very slowly introduced with only one Tbsp. of spelt kernels a day mixed in lettuce salad or in apple dessert with cinnamon. Three days later his stool is no longer soft and slimy. After 3 weeks, his diet expands to include warm spelt porridge for breakfast and spelt bread for supper, all well tolerated. Now the digestive disorders like gas and abdominal pain disappear and the boy grows gaining normal weight (38 pounds) at a height of 111 centimeters. With new strength and health he is able to return to kindergarten.

Other patients with celiac diseases have been treated likewise. It is recommended, however, to start slowly with just one Tbsp. of spelt kernels a day for the first week, 2 a day for the second week and finally 3 a day in the third week before following the complete Hildegard diet.

SUMMARY

To our knowledge we are the first persons to treat and heal the described diseases systematically with spelt. Critical examination proves that these successes are due 90% to the consequent changing of the diet from wheat to spelt. Many attempts to interest colleagues in hospitals have been unsuccessful. Therefore, only practical case studies are reported and no clinical trials, which we would like to encourage. Healing results are only possible with 100% organically grown spelt, free from the harmful pesticides, chemicals, food additives, and environmental pollutants present in all other conventional grown grains and detrimental to health.

THE HILDEGARD DIET

The simplicity of the Hildegard diet does not require measuring the complicated data of calorie charts, vitamin tables, fat percentages, or fiber content. This simple diet is totally complete. Supplementation through additional vitamin or mineral pills is not only unnecessary, but is not recommended. Hildegard's frugal diet contains fresh vegetables and fruits in season, preferably grown in the immediate area. Instead of an overabundance of various foods from exotic lands, and the cultivation of gourmet tastes, Hildegard advocates a plain diet which can nevertheless be delicious and healthful.

[H: There is going to come a time where a simple diet which actually contains “food” is going to be your most treasured possession. It can only give you support to know that which will best fortify in the most balanced way possible.]

The characteristic, important, and fundamental substance of a food is its essence (essential), its subtlety. For the Hildegard diet, this is the scale which weighs and selects the foods. On the basis of subtlety we can select “good” foods from the various food families for our diet. All things 100-percent “good” have health-promoting, health-sustaining, rejuvenating, and vitalizing qualities as a part of their fundamental nature.

WHOLE GRAINS

1. SPELT—the most ancient grain—the very best; use for cooking and baking.
2. OATS—only good for healthy persons; promotes beautiful skin; leads to health and happiness. (PL 1130 C)
3. WHEAT—only good as whole-wheat or graham, and only for baking.
4. RYE—only good for healthy persons; excellent for those who tend to have heavy fat deposits (hard workers); detrimental for persons with weak stomachs (gastritis). (PL 1130 A)
5. BARLEY—injures healthy persons and those with anemia and poor circulation, for barley lacks the values which are found in the other grains. (PL 1131 B)

RECOMMENDED VEGETABLES

1. BEANS—green beans, soy beans, kidney beans, all other beans.
2. FENNEL—however eaten, fennel makes us happy, produces beautiful skin, good digestion, and good body odor.
3. CELERY—cooked.
4. CHICKPEAS
5. PUMPKIN
6. WATERCRESS
7. RED BEETS
8. LETTUCE—only with dressing; strengthens the brain and provides good digestion.
9. CHESTNUTS—fill empty brain; strengthen heart, liver, and stomach. **[H: If it strengthens and fills empty brains, I highly recommend the use of Chestnuts. Perhaps you can even get the Holiday spirit and roast them on an open fire or chop them in your Suey.]**
10. ONIONS (cooked)
11. CORN-ON-THE-COB
12. BROCCOLI

RECOMMENDED FRUITS

1. APPLES—raw for healthy only; cooked or well baked for sick and healthy; old, wrinkled, raw apples also good for sick.
2. CHERRIES
3. QUINCE
4. RED AND BLACK CURRANTS
5. GRAPES
6. RASPBERRIES, BLACKBERRIES
7. CITRUS FRUITS
8. CORNELL CHERRIES
9. MELONS
10. DATES (in moderation)

MEATS

1. FISH—good for healthy and sick: pike, perch, roach, and grayling. Good only for healthy: salmon, herring, carp, and trout. **[H: I have a comment regarding fish in TODAY's world: Please be reminded that the very largest fish in the sea have grown longer and have more exposure to mercury which is stored in the body of the fishes. I think you might try to stick to the more abundant supplies and simply don't OVERDO intake.]**

2. POULTRY & CHICKEN—easy to digest; Hildegard recommends its use all year round; prepare without skin. Turkey: though Hildegard is silent on turkey, it is easy to digest and is lowest in cholesterol of all meats. Wild goose, wild duck: only for the healthy. Ostrich meat: excellent for obese persons.

3. LAMB—in spring and summer; good for healthy and sick; especially good for varicose veins. Hildegard writes: "Whoever is failing in his whole body and whose veins are withered should often sip the juice of lamb and of the soup in which it was cooked. Also he should eat some of the meat and, when he improves, he can eat even more meat if he wants." (PL 1324 A)

4. GOAT—in spring and summer; good for healthy and sick. In Hildegard's words: "If goat meat is eaten often, it heals obstructed and malfunctioning weakened intestines and leads and strengthens the stomach." (PL 1325 A)

5. VENISON—in fall and winter; good for healthy and sick. Hildegard says: "Whoever eats of this meat frequently is cleansed of slime and filth. Whoever is plagued by precancerosis (vicht) should eat often from its liver and it will devour the vicht in him." (PL 1321 D)

DRESSINGS AND SPICES

The standard dressing for Hildegard's salad contains one tablespoon pure wine vinegar, three tablespoons sunflower oil, and a little bit of brown sugar to neutralize the sour taste. Lemon juice, as well as yogurt, can also be used.

ABC OF HILDEGARD'S SPICES:

basil
bay leaves
caraway
chervil
cinnamon—universal spice for sinuses
cloves
cubeb pepper—clears the intellect
cumin—makes cheese more digestible
curled mint
dill
fennel—"happy making" spice, good for bad breath
galangal—activates entire organism, especially heart
garlic
horseradish
hyssop—chicken spice; excellent for liver colic, melancholy
lovage
majoram
mother of thyme—good for skin disorders
mugwort
nutmeg
oregano
parsley
pellitory—universal spice; aids digestion of all nutrients
pimpernel
rosemary
rue
sage
savory
stringing nettle
watercress
watermint

BEVERAGES

Hildegard recommends that one drink in moderation during the meal.

The best tea is fennel tea, which is 100 percent good for your health. You can also use lemon balm or rosehips for your tea.

Beer is a beverage especially good for the underweight. It is good muscle builder and provides a healthy skin color.

Wine is also good in moderation—almost a remedy for the sick. But do not forget to add of squirt of water in order to "humanize" the wine. The quenched wine is especially helpful to keep you happy.

Spelt coffee, a roasted-grain coffee substitute, is recommended for the digestion, especially as a breakfast coffee.

Spring and well water are normally better than mineral water. As a general rule, a good mineral water should contain as few minerals as possible, in order to cleanse the body of waste products. Mineral water is not always good as a main drink, especially if it contains too many minerals.

Orange and lemon juice are good for your health, especially when fever is present.

The word diet comes from the Greek word "diata" which means course of life. Nutrition is only one part of the six age-old golden rules of life (res non naturales).

New life energy pours out of:

1. The healing forces from the four elements: fire, air, water, and earth. (aer)

2. The curative value found in proper food and drink, (cibus et potus)

3. The power of life itself through exercise and rest. (motus et quies)

4. The restarting of health through sleeping and waking. (somnus et vigilia)

5. Regeneration through elimination and secretion. (excreta et secreta)

6. The healing force found in the Christian virtues. (affectus animi)

This is not a "new way of cooking" but an extension of present-day cooking seen from the previously unknown viewpoint of St. Hildegard's medicine. The nutritional value of the various food sources is important, but their curative properties for mankind are just as important.

Vitamin C is not an orange! Calories are not calories! Carbohydrate calories burn more body calories to be digested than fat calories which have been proven to fatten faster than carbohydrate calories. Fat is not fat; there are mono-, poly-unsaturated and saturated fatty acids as well as cholesterol, which all have their function in the body. Butter, in moderation, is better than the partially hydrogenated oils found in margarine.

Spelt constitutes a versatile, healthful family diet, since it tastes better than other grains and is suitable for both cooking and baking. Its success depends on knowing how to use spelt in the kitchen in order to prevent and cure diseases. An effective way to get spelt in the diet is with hot coarsely-ground spelt cereal or home-made muffins for breakfast, a daily spelt kernel lettuce salad, spelt bread for lunch and spelt rice (cooked kernels) or spelt pasta for dinner.

[H: Before we share some recipes I would like to finish this writing, which is, indeed, far too long for a sitting but this is the way our time flits by—we write when we can do so. To wrap this up with the last few pages we will speak of Saint Hildegard.]

SAINT HILDEGARD

St. Hildegard of Bingen was a great woman of the Middle Ages, a bright star in the firmament of Western intellectual and spiritual history. The bright splendor that radiated throughout her whole life came from a mysterious phenomenon: the audiovision transmitted to her imagination by divine command which carried the message of prophecy. That was her charisma, a fundamental quality of her life.

Hildegard was born in 1098 at a country estate in Bermersheim near Alzey in Rheinhessen. Even as a child Hildegard possessed this unusual capability and saw things which other people could not see; for example the coloring of a calf while still unborn, or pictures from far away regions and out of the past. The tenth child of her noble parents, she was dedicated to God as their tithe from the time she was very young. Because of her wonderful gift and natural piousness, Hildegard's parents entrusted their eight-year-old daughter to the Benedictine sister, Jutta von Sponheim, at the Disibodenberg cloister near Kreuznach. The recluse, Jutta, taught her reading and writing, psalm singing, needlework, and music.

When Hildegard was sixteen, she became a nun at the Benedictine convent. After Jutta's death in 1136, Hildegard was unanimously chosen as the abbess, and she led the blossoming convent until her death in 1181.

Her life can be divided into two halves of approximately 35 years each. For the first 35 years she lived silently in the isolation of the daily life of the monastery. The second 35 years can be divided into five periods.

The first of these five periods began in 1141 when Hildegard was flooded and inflamed with an intense light from above, receiving her commission as a prophet. At all times of the day and night she saw a heavenly screen in front of her, like a shimmering cloud of light containing words and pictures. She heard wonders and explanations coming from it and a heavenly voice told her to write down all she experienced.

Obedient and dedicated, Hildegard began to write her first theological work, *Scivias* (know the ways), which was a gift to her cloister, Disibodenberg. *Scivias*, published today in English, is the most complete documentation of Christian faith in which the secrets of God are described in words, images, and music. The prophecies found in *Scivias* were tested and verified by a papal committee supervised by St. Bernard Clairveaux. Pope Eugene III personally authorized and read from *Scivias* in the Trier Synod in 1147. Overnight, Hildegard became famous.

In the second period from 1151 to 1159, an independent Hildegard founded her own convent on the Rupertsberg near Bingen. This convent attracted an increasing number of sisters, whom Hildegard trained in the Benedictine way of life. Rupertsberg became the meeting place of Europe! As if attracted by a magnet, thousands came to seek council from Hildegard.

At the same time, she started an extraordinary work comprised of seven books. *Liber Simplicis Medicinae*, also called *Physica*, (PL), a handbook on Nature, and *Liber Compositae Medicinae* (also called *Causae et Curae*, CC), a handbook on medicine, were the first books. There followed a song book with 77 chants, hymns, antiphons, sequences, and responsories in a cycle entitled *Symphonia Harmonia Coelestium Revolutionum* (the harmonic symphony of cosmic revolutions).

In her concern for the kingdom of God, this great woman wrote 300 letters to people seeking advice. She corresponded with bishops, cardinals, abbots, emperors, popes, kings, clergymen, and people from various levels

of society, both in Germany and abroad.

From 1158 to 1163, the third period, Hildegard wrote her second theological book, *Liber Vitae Meritorium* (the book of life's merits), which could be called a handbook of life. This psychotherapeutical book describes the 35 layers of our subconscious, the 35 pairs of virtues and vices. The vices are the major sickness-causing risk factors of our lives, whereas the virtues lead us back to health and wholeness.

In her fourth period, Hildegard undertook four extended mission trips up and down the Rhine and along the Main and Mosel Rivers. One can imagine the strain of these preaching tours on a woman over seventy years old. Her journeys often meant going by boat, on horseback, and on foot successively.

During this time (1163-1173), she wrote her last theological book *Liber Divinorum Openum*. In this Book of Divine Works, Hildegard describes humanity in the center of the cosmic circles as God's most complete creation. God forms humanity in the mother's womb; the workshop of God begins with conception. There is an exact description of the biochemical processes of the human body, which serves as an analogy to that which happens in the soul.

In her fifth period, shortly before her death, Hildegard dictated her autobiography to two monks. Unfortunately, the only personal work Hildegard wrote, as opposed to all her visionary works, exists today only as a fragment. When Hildegard died on the seventeenth of September 1179, at the age of 81, a bright light glowed in heaven like a cross, a sign that she was able to see the living light. She, who once wrote the wonderful phrase, the "creation looks upon its creator like the beloved upon her lover", was now allowed to return home to the source of light.

With Hildegard's death, everything came to an end: her theology, prophecy, and medicine had no impact on the following generation whatsoever. Her medicinal book was not even included in *Corpus Hildegardicum* (1180-1190, Rupertsberg).

Hildegard never practiced medicine! As she testified herself: "I have never dedicated myself to the human studies of the learned." This is clearly evident from the total silence in all sources about any such practice. If she ever conducted studies or research, then at least some mention of such activity should be found, and yet none ever has. Her medicine would not be properly acknowledged for 800 years.

Why was it not until our century that Hildegard's medicine was discovered? We see that we are reaching a stage in medicine where our miraculous wonder drugs, like antibiotics and cortisone, are no longer effective against such disorders as allergies, multiple sclerosis, and AIDS. Out of God's wisdom, Hildegard's medicine has perhaps been reserved for the helplessness of our times. It is so modern that only now, with our scientific knowledge of medicine, can we begin to appreciate Hildegard's remarkable understanding of the basic causes of health and sickness.

As proof and example of its absolutely modern scientific nature, let me mention two points. First, cancer is described so exactly in its origin and its manifestations that it has been a pleasure to see how the results of our modern cancer research have verified step by step what Hildegard describes. It is amazing to discover how Hildegard explains the precancerous state developing years before cancer is actually diagnosed. During this neglected period of precancer, Hildegard patients are treated preventatively, receiving an elixir to build up body resistance so that cancer is less likely to develop.

[H: Ah, indeed, enhancing that old infamous "immune system". We can lead the horses to water, my friends, but WE CANNOT MAKE THEM DRINK.]

Second, Hildegard explains that detoxification is necessary in order to be healed. What is toxification of the body? He who thinks that Nature gave men only remedies, and no poisons, is greatly in error! Strawberries, pork, coffee, for example, are nutritional poisons. Environment, in the form of air pollution, food additives, or loud disco sound, can also be harmful. And finally, mental poisons like stress, distress, and anger change bile fluids, and thereby the chemistry of the blood.

Hildegard presents nearly 2000 remedies and health suggestions. There is a clearness in her presentation and a reason behind their use. Even today, no one is able to explain a single illness in the way Hildegard does. The most beautiful proof of all: Her medicine works, it does heal!

HILDEGARD OF BINGEN'S MEDICINE

Esoteric sources on alternative healing from Eastern teachings are readily available in the United States, but this is the first book on medicine based on Christian principles in an accessible and scientific format. This is also the first translation of Hildegard's medical book into English. As Matthew Fox has said, "If Hildegard had been a man, she would be well known as one of the greatest artists and intellectuals the world has ever seen." *Hildegard of Bingen* (1098-1179) completely documented her mystical experience in theology, cosmology, ethics, medicine, poetry, music and art. Dr. Wighard Strehlow and Gottfried Hertzka, MD, have been researching her medical sources and testing them clinically for thirty-five years in Germany. They have successfully aided thousands of patients seeking Hildegard's holistic methods.

This work is a groundbreaking contribution to medicine and healing, because it consists of original translations from Hildegard which are assessed clinically by means of reporting on results with patients. Hildegard is not just another collector of herbal remedies which were so plentiful in the monastic medicine of her time, rather she has her knowledge through spiritual visions. In her last *Book of Divine Works* Hildegard discloses the author of her medical book:

"Everywhere in Creation, trees, plants, animals and gems, there are mysterious healing forces, which no person can know, unless they are revealed to him by God."

What is more, she also never practiced medicine! This is clearly evident from the complete and total silence in all sources about any such practice.

Hildegard's wisdom is for both the professional and non-professional reader. Her remedies are a new sort of natural medicine. It cannot really be compared to any of the natural healing methods known till now. She has with them only the attitude of the physician who practises natural medicine, namely that these remedies and procedures are more appropriate to human nature than the chemicals which have taken the upper hand today. Her remedies are food for the soul, and many will find the spiritual teaching in this book to be the long-lost teaching about the health of mind, spirit and body. Her teachings about right living and balance of the soul are as important as her deep understanding about all the substances of Nature we live within: trees, herbs, animals and mineral substances.

[END OF QUOTING AND OF THIS WRITING]

SPELT RECIPES

From the booklet *THE WONDERFOOD SPELT*, by Dr. Wighard Strehlow, 1989

CEREAL

2 cups water

1 cup coarsely-ground spelt, spelt flakes or spelt farina
1/8 tsp. salt

Combine ingredients in a large saucepan and bring to a boil. Reduce heat and simmer for 10 minutes, stirring occasionally. Serves 2. Serve with brown sugar, maple syrup, cinnamon, apples and/or chopped almonds to taste.

SPELT MUFFINS

2¼ cups of spelt flour, fine or coarse in any combination

¼ cup brown sugar or honey

1 Tbsp. baking powder without aluminum

½ or less tsp. salt

1¼ cups milk

3 eggs, beaten

1 Tbsp. cold-pressed sunflower oil

Preheat oven to 425 degrees. Grease and flour 12 muffin cups. Combine all dry ingredients. Add milk, eggs and oil and mix until moistened. Fill muffin cups 2/3 full with batter and bake for 17 minutes, or until brown. Variations: add ½ cup chopped almonds or ½ cup chopped dates or raisins, or ¼ cup of each to batter before baking.

Note: there will soon be a quick spelt muffin mix on the market.

BUTTERMILK BISCUITS

2 cups finely ground spelt flour

1 Tbsp. baking powder without aluminum

¼ tsp. salt

1 cup buttermilk

Preheat oven to 425 degrees. Grease baking sheet. Combine all dry ingredients and add buttermilk until just blended. Drop batter by heaping spoonfuls onto baking sheet. Bake for 12 to 15 minutes, or until lightly browned. Yield: 12 biscuits.

SPELT PANCAKES, THIN

1 cup spelt flour

1 tsp. baking powder without aluminum

1 Tbsp. brown sugar or maple syrup

1 egg, beaten

1 cup milk, or milk and water mixture

3 Tbsp. cold-pressed sunflower oil, or oil and melted butter mixture

Beat ingredients together. Let batter stand for a while before frying, the longer the better. Grease fry pan lightly, but only the first time. Fry one side until bubbles appear, then turn. Serve sweet with fruit, syrup, or sugar and cinnamon, or spicy with creamed mushrooms or spinach and melted cheese.

BANANA BREAD

½ cup soft butter

1 cup or less brown sugar

2 eggs, beaten

2 cups spelt flour, fine and coarse mixed in any combination

1 tsp. baking soda

½ or less tsp. salt

2 to 3 ripe bananas, mashed

½ cup chopped almonds (optional)

Preheat oven to 350 degrees. Cream butter and sugar; add eggs and beat well. Add dry ingredients and finally bananas and nuts. Mix well. Bake in three 3 x 5-inch loaf pans or in one 5 x 9-inch loaf pan, well-greased. Bake for 1 hour or until toothpick comes out clean.

CINNAMON COFFEE CAKE

1/3 cup soft butter
 1 cup or less brown sugar
 2 eggs, beaten
 1½ cups spelt flour
 1 tsp. baking powder without aluminum
 1 Tbsp. cinnamon
 ½ cup milk

Preheat oven to 350 degrees. Cream butter and sugar; add eggs and blend. Add remaining ingredients and mix well. Pour into an 8 x 8-inch or 9 x 9-inch well-greased baking dish. Bake for 30 to 35 minutes. Cool before cutting.

SPELT BREAD

2 packages dry yeast or 1 cake compressed yeast
 1 Tbsp. sugar
 7 cups flour, fine and coarse, but at least 3 cups fine flour are necessary
 2 cups water (good well water is preferred)
 1 Tbsp. salt

Boil water and then let it cool to a lukewarm temperature. Stir yeast and sugar, gradually adding lukewarm water. Add about half the flour and the salt and beat well. Add the remainder of the flour gradually to acquire a stiff dough. It may require more or less than the 7 cups given in the recipe. Knead 5 to 10 minutes until smooth and elastic. Put dough into a buttered bowl and turn once to butter surface. Cover with a towel and let rise until doubled, keeping it between 80 and 90 degrees F. during the entire time of rising. It will take about 2 hours for the bread to rise, preheat the oven to 350 degrees. Grease two 9 x 5-inch loaf pans. Punch down with your fist and divide into two parts. Knead and shape into 2 loaves and place into loaf pans. Cover again and allow dough to rise to top of pans. Bake for 50 minutes. Variations: add spoonfuls of fleas, fennel, caraway, pellitory and/or mother-of-thyme for spicy bread.

SPELT COFFEE

Roast spelt kernels in a clean fry pan without oil until brown. Remove 80% of the kernels and continue roasting the rest until very dark. The resulting mixture is an excellent grain coffee. Brew 1 to 3 heaping Tbsp. in water until brown in color. Sieve and drink for breakfast to stimulate the bowel function. Add a few fresh spelt coffee kernels to the old kernels every day until they begin to fall apart. Then discard and begin anew.

Regular coffee beans, finely ground or as an extract (instant coffee), affect the body in negative ways. Coffee makes one dependent, unfree, and addicted. It undermines one's physical health, particularly the health of those with weak stomachs and heart infirmities. Chronic coffee abuse stimulates and stresses the body.

SPELT RICE

1 cup spelt kernels
 2 cups good water
 salt, optional

Add spelt and water in a large sauce pan and heat until boiling. Simmer on very low heat, covered, for 30 minutes until liquid is absorbed. Serve in place of rice or potatoes. Or add to pancake batters or other dishes. Use cold in salads and desserts. Serves 4.

SPELT RICE, RISOTTO

1 cup spelt kernels
 1 chopped onion
 1 Tbsp. cold-pressed sunflower oil
 2 cups water or chicken broth

Sauté onion in oil until glassy. Add kernels and fry with onions. Add liquid and simmer, stirring occasionally, until liquid is absorbed. Variations: add chopped green peppers, celery and/or tomatoes to taste.

SPELT PILAF

1 cup spelt kernels
 1 Tbsp. cold-pressed sunflower oil
 1 chopped onion
 ½ pound or more fresh mushrooms
 2 Cups chicken broth
 ¼ tsp. black pepper
 ½ tsp. pellitory and mother-of thyme
 3 Tbsp. parsley, chopped

Sauté spelt and onions in oil 3 to 4 minutes. Add washed and chopped mushrooms and sauté 5 more minutes. Add broth and spices and bring to a boil. Reduce heat and cover. Simmer for 40 minutes, stirring occasionally, until liquid is absorbed. If pilaf becomes too dry during cooking, add ¼ to ½ cup of water. Remove from heat and stir in parsley. Variation: add ½ cup grated cheese shortly before removing from heat.

SPELT STUFFING

1 Tbsp. butter
 1 Tbsp. cold-pressed sunflower oil
 2 stalks celery, chopped
 2 chopped onions
 Giblets from chicken or turkey, chopped into small pieces
 1 cup cooked spelt kernels (see above)
 2 cups (approximately) spelt bread
 ½ cup water, milk or chicken broth, enough to moisten mixture

1 egg, beaten
 1 tsp. mother-of-thyme and pellitory
 2-3 tsp. sage
 ½ tsp. salt
 ½-1 tsp. black pepper
 Sauté onions and celery in butter and oil for 3 minutes. Add giblets and simmer until they are cooked throughout. In a large bowl mix bread with liquid; add egg and stir well. Combine all ingredients, adding more liquid if necessary. Knead well and stuff into neck and chest cavity. If too much stuffing, spread around poultry in baking dish. It often tastes better with a crisp crust. Follow roasting instructions. Variation: add chopped cooked chestnuts for an exclusive flavor.

MEAT LOAF

2 pounds lean ground beef
 1 large onion, finely chopped
 1 stalk celery, finely chopped
 2 tsp. fresh parsley, minced
 1 tsp. each, salt, mother-of thyme and pellitory
 ½ tsp. each galangal, nutmeg, and black pepper
 1 Tbsp. brown sugar
 2 eggs, beaten
 1 cup very coarsely ground spelt
 1 cup cooked spelt kernels
 ½ cup broth or good well water
 1 cup tomato sauce or whole tomatoes, sliced or mashed
 Preheat oven to 350 degrees. Mix all ingredients except tomato sauce in a large bowl, kneading well. Pat meat loaf mixture into a greased 9 x 5-inch loaf pan. Bake for 30 minutes. Pour tomato sauce over meat loaf and return to oven. Continue baking another 30 minutes or until brown and slightly pulled away from the sides of the pan. Let stand for 10 minutes before cutting. Serve with buttered spelt noodles.

EXOTIC TURKEY STIR-FRY

2 Tbsp. cold-pressed sunflower oil
 1-2 chopped onions
 1 pound turkey or chicken breast, cut into small pieces
 ½ chopped green pepper
 1 small can pineapple chunks or 1 cup fresh pineapple chunks
 1-2 garlics
 ½ tsp. Galangal

1 Tbsp. soy sauce
 ½ tsp. black pepper
 2 Tbsp. spelt flour (or corn starch)
 1 cup dry white wine
 good well water

In a heavy skillet, sauté the onions 2 minutes, then add turkey and fry until white. Add green pepper, pineapple and pressed garlic, stirring constantly. Add spices, soy sauce and wine. Mix flour with enough cold water to make it very smooth, then blend into mixture. Bring to a slow boil, stirring always. Gradually add enough water for desired consistency. Variation: add ½ cup almond slivers or sunflower seeds before serving. Serve over cooked spelt rice or noodles.

MEATLESS SPAGHETTI SAUCE

2 Tbsp. cold-pressed sunflower oil
 1-2 large onions, chopped
 1-2 celery stalks, chopped
 1 zucchini or eggplant, chopped (optional)
 1 green pepper, chopped
 1-2 garlics, pressed
 1 pound or more ripe tomatoes or 1 lg. can tomatoes
 1 Tbsp. brown sugar
 1 tsp. each, oregano and thyme
 ½ tsp. each, galangal and black pepper salt to taste

Sauté onions and celery in oil until glassy. Add zucchini, if desired, and fry further until slightly brown. Add rest of ingredients and simmer together on low heat for 20 minutes. Serve over spelt spaghetti with Parmesan cheese.

HUNGARIAN DUMPLINGS

2 cups spelt flour
 ¾ cup good well water
 1 egg
 1 tsp. salt

Mix all ingredients until well blended. Spoon batter into boiling water by ½ tsp. or less, dipping spoon into water after each is dropped. After dumplings rise to surface, boil gently about 5 minutes. Remove with slotted spoon to strainer. Drain well. Place in warm oven until all are done. Serve with Hungarian chicken.


HUNGARIAN CHICKEN

1 frying chicken without skin, cut into pieces
 5 Tbsp. paprika
 1 tsp. salt, pepper and galangal, to taste
 3 Tbsp. cold-pressed sunflower oil
 1 onion, finely chopped
 1-2 garlics, pressed
 2-3 Tbsp. spelt flour
 2-3 cups chicken broth or good well water
 1 cup sour cream

Fry chicken, onions and garlic 30 minutes over low heat, gradually adding paprika, spices and salt. Add chicken stock or water and simmer until tender. Cream flour to a smooth paste with cold water, then add and cook until thickened. Remove 1 cup of hot liquid into a bowl. Slowly add sour cream to the bowl, stirring constantly. Add back to sauce in pan and stir well.

SPELT TACOS OR TORTILLA SHELLS

2 cups spelt flour or 1½ cups flour and ½ cup commel
 1 tsp. salt
 ¼ cup butter
 ½ cup lukewarm well water

Combine flour and salt. Add butter, cutting it in until crumbly. When particles are fine, add water. Knead thoroughly until smooth and flecked with air bubbles. Divide dough into 10-12 balls and roll as thin as possible on lightly floured board. Fry on a hot ungreased heavy skillet for 30-60 seconds until light brown. Turn over and bake on other side. Serve hot, or cool and freeze for later use. Warm up in oven in tightly covered dish. 

To The People Of RP: THE GAIA PROGRAM

GLOBAL ALLIANCE INVESTMENT ASSOCIATION
Las Vegas, Nevada 02 870-5351
EXECUTIVE OFFICES
6749 Ayala Avenue, Makati City, Philippines
Tel 812-9311 Fax 818-3848

DATE: August 17, 2001

TO THE PEOPLE
OF THE REPUBLIC OF THE PHILIPPINES

THE GAIA PROGRAM

PREAMBLE

This document is written expressly for President Gloria Macapagal-Arroyo. It is hoped and expected that she will take the time to read it carefully before setting a meeting for further clarification with the author. So that she may find it valuable to read, we can say unequivocally that Global Alliance Investment Association has the unqualified assurance of certain Islamic leaders that granting the use of the GAIA DEEDs will bring peace to Mindanao. The principle is simple: Give them autonomy plus control of enough of their own money through their Cooperatives to prosper and progress and they will clean their own doorstep.

THE FOUNDATION

To become comfortable with using the DEEDS OF ASSIGNMENT FOR CONSIDERATION offered by GLOBAL ALLIANCE INVESTMENT ASSOCIATION (GAIA), one only needs to know the history of the underlying asset and come to understand that it is God's asset, which He will use in His millennium to restore abundance and sovereignty to His people.

The asset is the principal and accrued interest on a Bearer Bond (Gold Certificate) of \$1000 issued and sold in New York City in 1875 for the benefit (and as a debt of) the Peruvian government. In 1905 and 1906 the U.S. government assumed the debts of Peru, Bolivia and Chili to avoid having to go to war pursuant to the Monroe Doctrine to protect them from Germany and England's attempt to "foreclose" on some of their prime properties.

In 1913 the U.S. Congress passed the Federal Reserve Act authorizing a private corporation, the Federal Reserve System (FED) owned by the major European banks, to act as the U.S. Central Bank. One of the prices for this privilege was that the FED would guarantee all prior U.S. debt, which included the Peruvian Bearer Bond, No. 3392-181 and its accrued interest, payable in gold.

The marvelous irony of this drama is that the very people who had spent centuries colonizing, stealing and carting off the treasures and precious assets of their smaller victim nations all over the world, became the guarantor of a debt hundreds of times greater than all that they thieved.

The actual "proving up" of the asset was done by Russell Herman (owner of the Bond), George H. W. Bush (CIA Director in the 1970s, Vice President in the 1980s, and President from 1988 through 1992), Alan Greenspan (FED Chairman 1987 to date), James Baker III (Secretary of the Treasury and of State for Reagan and Bush), and Lloyd Bentsen (Secretary of Treasury for Bush).

These five men operated as a team to: first, value the Bond with its accrued interest, which they did at the Los Angeles office of the FED, and second, create a letter from Bentsen to Bush acknowledging U.S. Treasury responsibility for the debt. Thus the value and validity were established in 1989.

Presidents Ronald Reagan and Ferdinand Marcos had a plan to put all of the world's currencies back on the gold standard, using Herman's asset to shift the balance of economic power from the International Banking Cartel (IBC) back to the sovereign nations, but Bush saw, and took, an opportunity to use the asset to garner

a lot of properties (mostly oil and gold) for himself which ultimately scuttled the Reagan/Marcos ABL program.

As always, God had a back-up plan. Bush got too greedy and had a falling-out with Russell Herman who stopped funding Bush. Bush had Herman kidnapped and tortured to make him turn over the asset to Bush but Herman refused and so was given a heavy dose of radiation in his colon. Most men would have been dead in two weeks; Russell Herman lived more than a year, during which he assigned 50% of the asset to Rick Martin (an investigative reporter and employee of *CONTACT* newspaper whose publishers are Mr. and Mrs. Ekker) for later assignment to GAIA after GAIA was established for that purpose.

In August 1989, fearing that Bush would figure a way to take the bearer Bond, Russell Herman took a clear photograph of the Bond to the Peruvian Consulate in Los Angeles, had it declared "lost or stolen", had it reconfirmed and then reconfirmed and reissued as a contract/jurat of identifiable ownership in the name of a corporation formed by Herman in 1985 called Cosmos Seafood Energy Marketing Ltd., which is now held by the Ekkers.

After Russell Herman's death in late August of 1994 we began to work on collecting the debt from the U.S. Treasury [UST]. When UST refused to negotiate with us, we tried to sue them but "permission to sue" an agency of the Federal Government was denied by the Attorney General, Janet Reno. In the course of our investigation we learned that Robert Rubin, Secretary of the Treasury, and Janet Reno were employees of and paid by the IMF. Since then, we have seen many confirmations of that fact.

After years of frustrating effort "to prove the authenticity of the Bond" and its descendant, the contract/jurat, we were referred to an attorney named Robert Knecht who advised that we use the Uniform Commercial Code [UCC] procedure to prove the claim. We had learned from a former Naval Intelligence officer who had worked closely with Bush that Treasury Secretary Lloyd Bentsen had written an official letter to Bush acknowledging that the Bond was part of the debt of Peru assumed by the U.S. Attorney Knecht advised that our use of the Uniform Commercial Code procedure would result in either Treasury's objection, which we could then take to court and possibly get the letter through "discovery", or in Treasury's taking a default—tantamount to admitting the debt. Since Treasury chose the latter, there can no longer be any question that Global Alliance Investment Association is the rightful owner of its 50% of the asset, a debt of the U.S. Treasury, guaranteed by the FED, and payable in gold.

Most of this history is outlined succinctly in the 3-page document captioned: TIME LINE & CHAIN OF TITLE OF PERUVIAN BEARER BOND BONUS 3392-181.

STRENGTHENING THE FOUNDATION

Bankers, and others schooled in the use of documents as collateral and banking reserves, always seem to be concerned that they will not "be able to collect on the DEED". We were encouraged to follow that line of thought: What do you get when you "collect on the DEED"? At best you will get newly-issued U.S. Treasury debt which is neither guaranteed by the FED nor payable in gold. Why would any intelligent banker swap his GAIA DEED, which is guaranteed by the FED and payable in gold, for unbacked U.S. paper that has lost nearly 90% of its value in the last 60 years and will continue to lose value as long as the FED continues to issue money without basing it upon something of value.

Then we got a shock. The DEEDs are denominated in U.S. DOLLARS, so their real value will also erode. How could we stop that? God's solutions to the toughest problems are always very simple. We could use the reserve created by the DEED to first purchase gold and then base the lines-of-credit on the gold. We called the result "belt and suspenders" because the reserve position, in quality as well as quantity, of both

the central bank and the domestic commercial lending bank are greatly improved with each transaction. Not only that, the continued worldwide erosion of paper money will ultimately result in an upward adjustment in the price of gold which will benefit the banks, nations, project proponents, and GAIA.

HOW THE DEEDS ARE USED

The DEEDs are used as supplemental collateral. They are designed to subtract a desired amount of the accrued interest and share it, 50/50, with a Joint Venture Partner (JVP) that has a definite "bankable" project and is willing to do the work necessary to get it funded. Each DEED represents a given, stated amount of U.S. Treasury debt, payable in gold. In ordinary banks it is treated as UST debt and used as a banking reserve. Virtually all banks know how to use it. Since it pays or charges no interest, in Islamic-style banks it is treated as a Gold Bullion Certificate or quasi-Warehouse Receipt.

In a typical application, say a group of fisher-folk bound together by a Livelihood Cooperative, who wish to buy a modern fishing boat with on-board refrigeration plus setting up a Class A processing plant and refrigerated warehouse costing a total of some \$4 million, GAIA would issue a DEED for \$10 million which would be used by their selected commercial bank (when added to the value of their project) to purchase \$10 million worth of gold (probably in two equal Warehouse Receipts issued by National Treasury). The gold would be divided and one-half assigned to the JVP, the other half being assigned to GAIA. With \$5 million worth of gold as collateral, the Cooperative should be issued a line-of-credit for \$4 million with which to do its project.

A nuance needing pointing out here is that there is no circumvention of the existing banking system—and the expertise of the banks is being used to monitor the completion of the project. In fact, the security and profitability of the participating banks will be the greatest beneficiaries of the program.

The applications for the use of the DEEDs are without number. They can be used in any situation that requires money. They could be used by the Mayors of Municipalities to furnish funding for roads and bridges, new public buildings, Courts and Libraries, Hospitals and Clinics, water supply, treatment and distribution systems, sewage and waste collection and treatment systems, electrical generation and distribution, and communications, even police and fire equipment add value to the Municipality. As long as each expenditure is balanced by an equal asset there is not loss of value to the peso and no need for an "interest cost". Money spent for non-asset-producing activities such as salaries, electricity, etc., should be raised through taxes but they are relatively so small that it may be possible to do away with VAT [Value Added Tax] and personal income tax. At the Federal and Provincial level, the same principles govern—money spent for infrastructure, freeways, ports and airports, transit systems and railroads can all be funded interest-free. To a large extent, so could the purchase of rescue, Coast Guard, Fire and Police equipment and training facilities, although most of these require maintenance and replacement which will require some tax support.

In the private or non-government sector the rules must change a bit. The DEEDs are used as supplemental collateral but the National Treasury does not directly fund them. They are placed with a commercial bank of the Joint Venture Partner's choice, used to purchase gold, and lines-of-credit issued against the gold. Such lines-of-credit will pay interest to the commercial bank (or enter into a profit-sharing arrangement with an Islamic bank). To a banker, the benefits of this arrangement are immediately apparent. The bank has virtually zero risk. The line-of-credit will be drawn upon in tranches to fit the completion of predetermined milestones of the project so the full amount of the line is unlikely to be drawn until the project is completed. The bank is not concerned about cost overruns, construction delays or "salvage value"; if the project is not completed or fails after completion, the bank can simply sell enough of the JVP's gold to satisfy what it is owed, give the balance to the JVP and the loan is terminated. Soon there is no such thing as an NPL [Nonperforming Loan].

Banks that have low reserves can apply for DEEDs directly to GAIA. The DEED is taken in as an addition to reserve, accepted by the Board of Directors, and shown as an asset of the bank with an offsetting liability of 50% to GAIA, which it takes care of by buying a gold Warehouse Receipt for GAIA. Using the Warehouse Receipt as collateral for a small line-of-credit to GAIA, the bank has the use of the full amount of the DEED as its reserve. No more runs on banks and no more bank-merger mania.

TRANSPARENCY, GLOBALIZATION AND COMPETITION

These are words used by the Internationalists to draw their former colonies into thinking they are "joining the world". It is really more like the old boys inviting the young boys to their poker game and telling them what fine young men they are to have accumulated so much money at such a young age. Transparency means we (Internationalists) get to see your cards but don't have to show you ours. Globalism and Competition mean you get to come to the party and join in the game as long as you play by our rules, which we will change as needed to maintain our advantage. Your chips? Oh, No, you have to play with ours (foreign exchange, you know). Besides, we have a monopoly on monopoly money and do not allow anyone else to manufacture it. You have to come to us for money and pay dearly for it—but you can compete with each other for it—that is allowed, even encouraged. Ridiculous? Yes, but that is exactly how it is.

WHERE DID THE GOLD GO?

One of the problems we have encountered is the fact that the BSP does not have sufficient gold and seems to be buying very little. We know there are tremendous stores of gold in the Philippines; the NASA satellite maps have shown that for several years. Just a rough estimate indicates more wealth in gold here than in oil under Saudi Arabia. What, we asked, would prevent its being brought in to be sold to the BSP, who can pay for it with newly created money at virtually no expense to the government?

In more than ten years of truth-bringing investigative journalism, we have accumulated a worldwide network of "rebel journalists" who have become frustrated with the censorship of the mainstream media. When we posed the question to some of them we got rather a startling answer. It seems to be a pattern well established all over the world. Central banks everywhere are being coerced or "bought off" NOT TO PURCHASE GOLD. Is that happening here? One thing is sure, of the dozens of "self-identified holders" that have come to us to get the details of our proposed \$400-per-ounce purchase program, not one of them is willing to do business with the BSP. Has the BSP deliberately gouged sellers to establish such a poor reputation and environment?

If Central Banks are being kept out of the gold-buying market, who stands to gain? The same people who are manipulating the price of gold, controlling the prices of currencies, and pushing "privatization" so that they can buy up good companies and assets at below-fire-sale prices, the Internationalists. We cannot tell if the Republic of the Philippines is in collusion with the Internationalists. We can read in the newspapers the admission of Mr. Buenaventura that more than 90% of the BSP gold reserves have been shipped to London. Can the BSP be in collusion with the Internationalists if the RP is not? That could be true in the U.S. and England where private companies run their central banks. Has the BSP been "privatized" while someone wasn't looking?

THE GAIA \$400-PER-OUNCE PROGRAM

When we were sent here some three years ago, we believed that the BSP had plenty of gold to begin funding our DEEDs, and would be able to get more. We were also expecting that some of the so-called Marcos gold could be used (wherever it is) as the basis for the issuance of new currency. That is still a likelihood but one we have not yet been interested in exploring.

So we have a big question. We know we can catalyze the bringing in of thousands of tons of gold. The question is: If we direct it to the BSP, will it just be diverted to enrich the Internationalists? Or, will it benefit its owners, God's people, and be used to fund their projects so that they can raise themselves out of poverty? If it is to be the latter, which it must be for GAIA to become involved, can the Administration wrest control of the BSP from the Internationalists' IMF? Even if that were accomplished, how can the awful reputation of the BSP (in buying gold) be redressed?

In looking for an alternative it occurs that before Rothschild invented the Bank of England (the first privately-owned central bank) the functions of the central bank were handled by the national treasuries. Modern central banks are not created to serve the people; they are created to hide certain activities that the people would not allow if known; that is why they are immune from audit. Their "independence" is a façade to assure that certain

transactions with such entities as the Bank for International Settlements [BIS], the IMF, the World Bank, as well as "sensitive" transactions with high-placed politicians, leave no paper trail.

Such immunities are quickly withdrawn, however, from those with the temerity to think they can highgrade (skim) from the U.S. Drug Lords. That is not to be tolerated.

If all of the services and functions of the central bank can just as well be performed by the National Treasury, which can be monitored and audited by the people, the central bank is redundant and has no real usefulness. To streamline the government's entire financial function, while at the same time removing the reluctance of the people to sell their gold to the government, and recovering at least a nominal control of the nation's financial future, it would appear that the central bank is surplus and could profitably be abolished.

Certainly, any central bank that has maintained high interest rates and raised the reserve requirement to 20% (in the U.S. the most restrictive reserve requirement in recent history is 5%) does not have the best interests of the citizens, and thus the nation, in mind. Further, when a central bank can squander the precious foreign exchange reserves of the nation to "intervene" in the "currency market", with no accountability, there is something dreadfully wrong in the design and/or operation of the system.

No one can, or will, quarrel with the fact that the infusion of thousands of tons of gold into the Philippine National Treasury and the concomitant issuance of new currency and/or credit to pay for that gold would have any effect other than to strengthen the value of the peso.

We have had discussions with at least five credible entities who say they have sufficient gold to pay the [RP] national debt owed to the IMF/World Bank, which is estimated to require some 5,000 to 6,000 metric tons. If the National Treasury were to purchase that amount of gold, the amount of money in circulation would be nearly tripled (assuming the seller of the gold would spend and/or lend its money), JDV's railroad would no longer be just a dream, and all of the promises of the SONA would be easily realized in one year, not three.

We should also point out that, with one-third that amount of gold reserves, the Republic of the Philippines could declare its currency to be backed by gold, which would make it instantly acceptable as payment for foreign purchases of any commodity, especially oil. Threats of "economic sanctions" against a nation with gold-based currency become laughable, especially if the sanctions are unjustified in the first place.

Why does Paul O'Neil, U.S. Secretary of the Treasury, say, "We cannot let Argentina default. The IMF will have to step in with an additional loan."? Let us look at the alternative. Argentina DOES DEFAULT. Then what? All of the other nations that have been tricked into massive, wealth-draining IMF/WB loans will say, "Let us join with Argentina and repudiate that debt. It was fraudulently represented to us and is thus uncollectable, so let us not leave Argentina to face the wolves alone; let us join her and get rid of our debt burden at the same time." Heresy? Only to the Internationalists. And they could do nothing to stop a coordinated repudiation because their loans in the last forty years have violated their charter.

There is, of course, a far more "orderly" solution to the problem. The Philippines, in concert with Global Alliance, could begin a program of buying gold at \$400 per ounce. This would break the price of gold loose from the IBC manipulators and all of the gold-producing countries would benefit. Other Southeast Asian countries, seeing the benefits to the Philippines, could follow by joining the Alliance and basing their currency on gold. Most of them have gold that would come forth at the right price and under "safe" circumstances. Those that do not could buy from the Philippines, as long as they agreed to base their currency on gold so that the Philippines remained safe as their creditor.

It is not too farfetched to expect that, to look good, the IMF and World Bank would begin to "forgive" their fraudulent debt. They are already talking about it, while trying to maintain control of those nations with the most assets, such as Argentina, Brazil, and the Philippines.

TIME TABLE

We have been told that it is so complicated that it could take years to restore a nation's currency to a gold base. That is simply more baloney from the same sources that worked so hard for more than 100 years to get nations off the gold standard. Granted that it will take some time

to reword contracts, letters of credit and other bank instruments, as well as the currency itself, but the benefits are available almost immediately. Especially as concerns the local economy—and that is where the relief is most needed. In fact, as soon the decision is reached to use gold, foreign exchange is no longer of any concern. Just show a few thousand tons of gold in your reserves and your credit rating will go to AAA, even though you will never again need to borrow money from a foreign source. For emergencies, each nation will have its own Global Alliance reserve to draw upon.

To be more definitive, the sequence must go very nearly as follows:

- * A test buy of the offered material
 - * An inventory of the offered material
 - * Negotiation of MOA between GAIA and Seller
 - * Negotiation of MOA between GAIA and National Treasury
 - * Negotiation of MOA between National Treasury and Seller
- establishing immunities, payment, arranging delivery and allocating delivery costs, and fixing the amount of the two payments to be made to Seller (as adjusted by the final delivery figures)
- * GAIA DEED issued to Seller for inventoried material at \$400/oz
 - * GAIA DEED issued to National Treasury to cover 1st payment to Seller
 - * Deliveries from Seller begin and are matched by daily payments in pesos, 90% to Seller, 10% to GAIA
 - * When the delivery is complete and the exact inventory verified, the final payment is made to the Seller and a Warehouse Receipt for 50% of the material issued by the National Treasury to GAIA
 - * Depending upon circumstances, GAIA will either lease back the Warehouse Receipt to National Treasury or use it at a domestic commercial bank as collateral for a line-of-credit
 - * When the quoted price of gold reaches \$400/oz, GAIA will purchase back its DEED from the Seller, including the 10% earlier withheld, so that the Seller receives \$400/oz less only the delivery expense to the nearest buying station
 - * The National Treasury has spent only newly-issued money, even for transportation and processing, and so has had no real expense, but has become richer by billions, perhaps trillions, of pesos which will be gaining in value as the program spreads around the world
 - * Further, now the National Treasury has the gold needed to back the GAIA DEED program for the project proponents (Joint Venture Partners) which will allow the hundreds of DEEDholders to begin their projects and to prosper

SUMMARY

The GAIA DEEDs are based upon an asset that has been used by George Bush Sr. to acquire a lot of valuable properties; it is highly unlikely that George Bush Jr. will make any attempt to "repudiate" the U.S. Treasury debt to GAIA.

The debt was proven to belong to GAIA via a procedure fixed by the Uniform Commercial Code wherein the UST elected to take a default in 1999 rather than give GAIA access to an acknowledgement of the debt from Secretary of the Treasury, Lloyd Bentsen, to then President George Bush in 1989.

Since the debt is guaranteed by the FED and payable in gold, as a banking reserve it is better than currently issued UST debt (or currency), so there is no justification for any concern as to its "collectibility". Just use and keep it as you would any stock of gold.

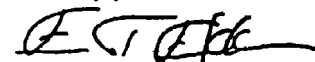
When the DEEDs are first used to purchase gold, the reserves are doubled. Not only is the security increased, but an opportunity for profit is obtained.

The DEEDs can be used wherever money is needed. One of the most useful applications is to assure Holder/Sellers of gold that they will be paid \$400/oz for it.

After a positive decision is made to use the GAIA program, the time to implementation should be no more than 60 days—the benefits can begin to flow in less than two weeks.

Let us hasten toward a positive decision to discard the shackles of debt and turn this wonderful archipelago into the Pearl of the Orient it was intended to be.

Sincerely yours,



E. J. EKKER, President

A God-Given Miracle: Life-Enhancing SPELT

8/30/01—#1 (15-014)

RE: SPELT (LEONARD RIDZON) FROM 9/28/93. WHAT MAKES SPELT GROW, HOW, WHY, WHERE AND WHEN. COMMENTS REGARDING ‘HOW DID ‘OUR’ SPELTA GROW

GROWING SPELT (TRITICUM SPELTA)

HATONN—IN THE FIELDS OF LIFE AND LIFE-GIVING FOOD

The following telephone interview is offered for at least the third time, 9/28/93, 10/17/95 and today 8/30/01. Yes, it IS that important.

We have offered the prior writing about Spelt for your information and WHY you should consider eating a lot of it.

I ask Rex to have a short (or long, as is the usual case), hard conversation with Leonard Ridzon. I want him for a RESOURCE and SOURCE—so—if he plans on being around, or even if he does not, please give backup information for assistance. We can and shall also ask some of our prior growers to participate when the groundwork is laid, funding and equipment can be made available and that will include hulling and milling facilities. The grain is not worthy of much if people cannot get to the kernels to use them. We will need to process a lot to meet our use needs as food, insulation, cement lightener and strengthener, and animal feed. Even for poultry feed we will probably want to “crack” the berries to better entice the poultry to feed. We will want the hulls from the feed for all sorts of magnificent “other” things.

Are we going to replace rice? No, we are going to share billing with rice and entice more people to use only whole-grain rice or brown rice. We will eventually have enough seeds and growing facilities for BOTH to offer food resources to everyone. This will also make available JOBS, INDUSTRIAL SALES (TRACTORS, MILLING EQUIPMENT, HULLERS, SORTERS AND HARVESTING EQUIPMENT), AND THIS JUST TO NAME A TINY FEW.

We will turn, now, briefly, to the input of one of the foremost dealers in Spelt and who is also a source of Melloream (a milk-type product made from whey). Both could formerly be gotten through New Gaia which is now out of business. My suggestion is to call CONTACT for any further information about either product. We know that prior New Gaia management parties are making every effort to get other distributors for your convenience and service.

I ask, Dharma, that we type the information from Ridzon and then I can better comment with meaning.

This WILL be a prime crop in Southeast Asia as we go along on this journey back to the reality of God and Hosts. I know that it is NEVER quickly enough for you who measure your life experience one short day at a time—but KNOW, it shall be accomplished in the perfect sequence of change and realization.

[QUOTING CONTACT, Oct. 17, 1995 and prior CONTACT, Sept. 28, 1993, Telephone interview with our long-time Spelt supplier and instructor, Leonard Ridzon, on a conference call hosted by Rick Martin:]

“And take for yourself wheat [Spelt] [H: Actually, right here is where translations fail to make the grade. At best it would have been presented as “grain” or even more in translation “the fruit of the field”. It is the same with the other named crops but we will use what is recognized today and as “quoted” from, supposedly, your Bible called “holy”.] and barley, beans and lentils, millet and rye, and put them in one vessel, and make for yourself bread of them; according to the number of days that you shall lie upon your side, three

hundred and ninety days, you shall eat of it.” *Ezekiel 4:9*
ANONYMOUS—“Everywhere in creation, trees, plants, animals and gems, there are mysterious healing forces, which no person can know, unless they are revealed to him by God.”
* * *

Spelt (Triticum Spelta) is not wheat, and it is among the most original and natural grains known to man.

Modern research has proven that Spelt was grown in Europe more than 9,000 years ago. Spelt was last prominent in Early Medieval Europe.

Spelt contains all of the basic materials for a healthy body, including protein, fats, carbohydrates, vitamins, trace elements and minerals. Spelt contains more protein, fats, and crude fiber than wheat. Spelt also contains special carbohydrates (mucopolysaccharides) which play a central role in blood clotting and stimulating the body’s immune system.

The exceptional historical author, Zecharia Sitchin, said, “Scholars, who have now established that agriculture began with the domestication of wild emmer as a source of wheat and barley, are unable to explain how the earliest grains (like those found at Shanidar Cave) were already uniform and highly specialized. Thousands of generations of genetic selection are needed by Nature to acquire even a modest degree of sophistication. Yet the period, time, or location in which such a gradual and very prolonged process might have taken place on Earth are nowhere to be found. There is no explanation for this botano-genetic miracle, unless the process was not one of natural selection but of artificial manipulation.

“Spelt, a hard-grained type of wheat, poses an even greater mystery. It is the product of ‘an unusual mixture of botanic genes’, neither a development from one genetic source nor a mutation of one source. It is definitely the result of mixing the genes of several plants. The whole notion that Man, in a few thousand years, changed animals through domestication, is also questionable.

“Modern scholars have no answers to these puzzles, not the general question of why the mountainous semicircle in the ancient Near East became a continuous source of new varieties of cereals, plants, trees, fruits, vegetables, and domesticated animals. [H: Does make you wonder, doesn’t it?]

“The Sumarians knew the answer: The seeds, they said, were a gift sent to Earth by Anu from His Celestial Abode.” Some food for thought, pun intended, from Zecharia Sitchin’s provocative historical work called *The Twelfth Planet*.

More food for thought comes from a closer look at the differences in the Spelt varieties. In a recent meeting, Commander Hatonn stated, “Man has tampered with Vita-Spelt; GOD brought man “Common-Spelt”. And, again, there is verification of the Sumarian legends.

Quoting Hatonn’s written word, “We are not interested in ‘saving’ anything—but we’ll offer God’s gifts to anyone who desires to share in HIS work and journey. Spelta is a grain all of its own unique being. It is the best fiber resource and has large amounts of B-17 (anti-cancer). It is the grain GOD gave to the dawn of Western Civilization. Archeological remains indicate that Stone Age residents of Europe were mixing crushed grains with water and cooking them on flat stones. These cakes were the forerunners of the unleavened flat breads still popular in Northern Europe.

The development of leavened bread is usually attributed to the Egyptians of around 2,300 B.C. They discovered that a mixture of flour and water, if left uncovered for several days, begins to bubble and swell, and that if this is mixed with fresh dough and allowed to stand for a few hours before baking, it yields a light and sweet bread. The Egyptians learned also that a small quantity of raised dough, removed before baking as “starter”, can then replicate this process a few days later in the next dough batch.

Natural leavening remained the basis of Western bread-baking for 4,200 years—and bread has remained the basis of the Western diet. In Rome of the 2nd Century B.C. there were large public bakeries, equipped with mechanical mixers and kneaders driven by animal power.

Although much of the art of baking was lost during Europe’s “Dark Ages” (5th through 13th centuries), by late Medieval times, the baker was once again a highly trained and skilled craftsman. Before being admitted to the baker’s guild he had to master the subtleties of the art during a long apprenticeship. This training was genuinely essential to success. Naturally-leavened dough is a living thing, and to control it under varying conditions, to turn out a consistent product day after day, is an acquired fine art.

In the middle of the last century a major change occurred. The works of scientists like Justus von Liebig (the founder of modern Nutritional Science) and Louis Pasteur led to the discovery and identification of the microorganisms that are responsible for the fermentation process. One of these, the single-celled yeast species *Saccharomyces cerevisiae*, was isolated and cultured. Used by itself it was found to cause a very rapid, uniform, and predictable raising of dough. Thus, yeasted bread was born.

The phenomenon of leavening is based on several facts. One is that the air contains a variety of microorganisms, such as fungi and molds. Another is that when these alight on a proper host, and conditions of moisture and humidity are correct, they will initiate fermentation, one aspect of which is the breaking down of complex carbohydrate molecules into simpler sugars or monosaccharides, with the release of carbon dioxide.

In the United States, grains make up only about 30% of the average person’s diet, and this figure is only about HALF of what it was a century ago. Some three-quarters of the Grain consumption of Americans is represented by wheat and wheat flour.

For human survival in the future, Spelt is an ecologically ideal grain. It (the Common variety) is not a hybrid like wheat. Not being a hybrid means its seed are useable for planting—that is, will germinate—as well as for eating. **Spelt requires a minimum of care and it grows in a variety of climates.** It isn’t fussy. Due to its inborn resistance, it is not sensitive to typical grain disease.

Moreover, for this out-of-control nuclear age, it is important to note that the Spelt kernel is tightly surrounded by a strong husk or hull, which must be removed before consumption. This protective covering guards against air pollutants and radioactive fallout! Thus Spelt is an excellent seed for storage purposes.

[H: Now we will turn our attention to Leonard Ridzon of Ridzon Farms, 47810 SR 14, New Waterford, OH 44445. Ridzon is a commercial grower of Spelt and has written a couple of books regarding “carbon” (Nutri-Carb) as is useful in the fields. We cannot offer current prices, etc., but certainly that could be made available. It is, of course, still premature for areas such as Southeast Asia until we can get funding resources more generally available. Unfortunately, we too, need more available funding large enough to function in the U.S. as well. We have no intention of ever again serving the greed-mongers who pretend to serve God and actually serve only themselves and their own interests and then literally turn and bite the very hands making the projects available or viable. It is difficult to realize that man will turn against his own brother, friend, family and actually steal from same. But it happens every day and seemingly everywhere. So be it. We are grateful to those who backed us to this point whereat we now have experience and knowledge without which we would have nothing of significance to offer.]

R = Leonard Ridzon

M = Rick Martin

R: There are four environmental varieties of Spelt, currently to my knowledge, in the United States.

M: And what are they?

R: The original Common Spelt came from Germany back in the early 1800s. Ok? The difference is it has never been

subjected to what the Dinkle was, and that was a complete transformation of the energy fields in the soil to negative energy fields. In other words, all acids are negative energy.

That Spelt was grown for, you know what I mean, a hundred years, onto the same condition, so it adjusts environmentally. And that is how it gets the names environmental species.

Now, we have planted the "Vita-Spelt", at the test farm, three years. The first year we planted it on a strip of healthy ground, and it did fairly well. The next year we planted it on a piece of ground that we know was not healthy. It had been subjected to a lot of chemicals over the years. We planted, and it did quite well; the problem was that it fell down but then the third year we planted in healthy ground again and the yield diminished tremendously. And, of course, this is exactly what was supposed to happen, according to... well, it didn't know that when it was growing, obviously, but based on what I knew, it was supposed to not grow so well in that third year and it didn't. So, consequently, there was no reduction in the "toxic" level of the grain in that three-year period. It still maintained the same toxicity level. My past experience has been that when we had a grain that was toxic and we planted it under non-toxic conditions, in healthy soil, we found that it took about three years for it, at max, to adjust. The very first year there was an adjustment. The second year there was adjustment. And the third year there was a complete adjustment. So, obviously, when we planted the Vita-Spelt, and there was no adjustment, this indicated what would happen in the third year. The yield would decline. And, of course, that's exactly what happened. The yield did decline.

Based on what we've seen on this, the Vita-Spelt can never cut it; you or I will not live long enough to take the seed that might change environmentally, and start a new generation, which will probably go back to the original.

It's interesting because one of the characteristics of these is, the Common has a light beige color to it. The Champ has a light bronze to it. The Dinkle or Vita Spelt—and incidentally, Vita Spelt is Dinkle—it came from Germany, and it has a darker bronze color than the Champ does. The one from Luxemburg, ironically, has got the darkest. So, there appears to be something in relationship to the bronze color and the toxins. What is it? I don't know; I'm not a chemist. And what purpose would it serve to find out? There would be no value to it, except for knowledge and who would believe you anyway?

We do know—as a matter of fact, I just got a call this morning from a customer and they wanted to know how we were fixed for non-certified Spelt. And I said, "We've probably got five-hundred-thousand to a million pounds." And he said, "Well, we just got a call from a company in California..." and, obviously, this company has been buying Vita-Spelt. And, they've been having quality problems, which is exactly what happens because the toxic levels are higher or lower in the grain, and it doesn't run the same on every farm. So obviously, that creates a quality problem. And this is one of the things that we are honored with, is that we have not had ANY customer ever be able to call us and question us on our quality because our quality is always the same. The Common is the only thing that we grow.

The Common originally came from Germany when the immigrants came over here from Germany years ago in the 1800s. They brought the seed with them. It has been planted over here ever since. It's not something that just showed up. The Champ was developed—I shouldn't use the term developed, so let's say that the Champ was segregated by the University of Ohio out of seed. In other words, they took a species out of that and grew it.

M: How did you get exposed to the different varieties of Spelt to begin with?

R: Simply because, what happened is, originally there were only two [kinds] and that was the Champ and the Common. Spelt, based on what I've seen, should never exceed 15% protein on the finished product. When it goes over that, then it becomes "toxic" and the molds will grow on the bread and all the things happen that tell you that

there are toxic conditions present. One of the methods of testing aflatoxins and mycotoxins is mold. And they use five molds for that testing; that's the scientific community. I use molds the same way that they do, the difference is that I use eighty different molds.

M: Let's talk about Common and Champ seed for a moment. [In] What quantities do you supply Common seed and do you have a price list that you could fax to us?

R: Well, the only thing that we sell is seeds. The seed stocks are 16 cents per pound, FOB Ohio.

M: Is there a limit as to quantity of Common seed stock that you have available at any time?

R: Oh, no, no. We can supply you with 100,000 lbs. of seed stock.

M: Ok, now, there was mentioned a difficulty in replanting year after year the Vita [-Spelt], as opposed to the Common. Does the Common not have the same difficulty or do you recommend plant rotation, such as soybeans in alternate seasons?

R: Two years of Spelt, successive crop years; then two years of beans, and then you can come back again to Spelt.

The reason that you do that is that the bacteria in the soil, that produced the food for the Spelt, are completely different than the ones that produce the food for the beans. So what you have to do is, you have to change the crop because the crop determines the bacteria that will be present. In other words, if you took an example, let's say you had a hay field and you took the hay field and you plowed it down and you planted Spelt or wheat because they're both grasses. Ok, they wouldn't do well. Oats would not do very well. Because, what it would be doing, it would be trying to still stimulate the same bacteria that had already been growing there.

One of the things that I recommend is to plant two years of corn, two years of soybeans, and then two years of Spelt. That is the rotation that I recommend. Now, of course, obviously, sometimes you can't quite get the rotation. But that is an ideal rotation program. You put the Nutri-Carb on [a product offered by Ridzon Farms], then the seventh year you start the cycle all over again.

M: What kind of yield are you getting per acre, roughly?

R: On Spelt the average is 3-4,000 pounds per acre. Now, prior to 1988, we were seeing yields of 6-8,000 pounds per acre on a fifteen-acre field. That was the highest. But since 1988, there has been a diminishing in the production of energy. And, of course, that's all we're talking about. If we take off corn, we've just taken off energy. And the ground doesn't have the ability to produce the energy that it used to. Now, they are producing heavy, high bushels. You know what I mean, per acre. The problem is that the nutrient values, the protein structure, which is your nitrogen, has gone from ten down to three. So you're now getting 150 or 180 bushels of 3%-protein corn, where prior to 1988 they were getting about the same bushels of 6%-protein corn. And fifty years ago they were getting those same yields and they were getting 9-10%. So, the yields have stayed up there, but the production and nutrient structure has declined. But, of course, the unavailable protein in the crop has increased and this is a problem because it is the unavailable proteins that are the problem related to illnesses, sicknesses, and diseases.

The problem with some Spelt seed is that it has been de-hulled and you can't plant seed out of the hull. You've got to plant the seed in the hull. And this is what we experienced. Then, later on, a guy in Illinois who worked at the University, or in the University system, took some grain and germination-tested it and he found out that the seed that was de-hulled only germinated 80%. And, based on what we saw, it appeared that only about 40% of it yielded, which was correct. And we found out that the seed which was in the hulls germinated 112%, and runs about 80-90% productive units. The reason it ran 112% is because, in Spelt, there can be two seeds in a jacket. As a matter of fact, in a pod, two spikelets, ok, there can be anywhere from 2-4 seeds in two spikelets. So, consequently, if you had four, you know, you'd have a higher germination rate. One of the things, I suppose, that once you cast your boat—if

you're in the wrong boat, what are you going to do?

And you know it as well as I do. You can take a field and look at that field and there'll be spots in the field where it's four feet tall, and places where it's two feet tall, in the same field. Everything was done exactly the same. Of course, I just played the patient game. Back in about 1985, we had shipped some of our samples to Europe. As a matter of fact, the quality of our grain was superior to anybody else's, so consequently, we were looking at a tremendous European market. Only to find out, a few years later, when we had taken all of our seed stocks and had converted it into production, we found out that the European market had dried up. And, I found the reason that the European market had dried up is, they had, in either Austria or some place like that, they had developed a new testing instrument, a new spectrograph that could go down to parts per billion. Here, when they got checking, they found out that the grain that they were buying from the United States, which was organically grown, they found out that they can buy the same grain from Turkey or from Brazil, depending on what the grain was, at HALF the price and it had the same toxic levels. So, they got really angry at the Americans, and quit buying.

Then it was only last year that there was a substantial movement of soybeans to Europe. Part of the reason for this is that their needs are greater and they were hoping that the ground had cleaned itself up a little bit more. The fact of the matter is, anything that is grown organically is merely half as toxic as what is grown conventionally. That which is grown conventionally, less than 2% will pass a toxicity test. On organics, less than 2% of that will pass a toxicity test. And this is what the Europeans found out. And, of course, I already knew it because of my method of testing, but it was just a case of how you are going to—you can lead a horse to water but you can't make him drink.

(Now, Rod walked in and joined the question session.)

This is "Rod Enz/Ence", so we will designate with an "E":

E: Listen, Leonard, back to the testing that you do for the toxicity. You mentioned, and we've talked about it, how you use the mold. Is that how you do the test?

R: That's the final test, yes. I have a quick test, what I call a quick test. I can tell if what you've sent me is toxic in less than 10 seconds. It takes me a minute to determine the level of toxicity. Then, if I want to pursue that in the scientific area, it takes three weeks to three months to do the mold test. I don't run the mold test every time. I do forty-fifty tests a day. And if I took every test that I ran and run the molds on them, I would have no room in my office for me.

M: Where is the New Waterford, Ohio address?

R: Twenty miles South of Youngstown, Ohio.

I spoke with a farmer yesterday from Illinois and they've got what they call the sudden-death syndrome. He was organic and got 11 bushels of wheat to the acre this year. He said, "I can't grow corn because I can only grow about 40 bushels." And I said, "Where are you, exactly?" "Kind of Central Illinois," he answered. And I pinpointed him and said, "Ok, you're very close to the Indiana line." He said, "Yes." I said, "Well, what you have I saw in 1989 and I predicted that, within a very few years, we were going to see major disastrous situations occur, and what's happening, the crop that's up there about 6-9 inches high is very healthy and then just dies. And it's DYING FROM RADIATION POISONING. That is what's killing it. And he said that he had eleven bushels of wheat this year but his neighbors didn't get any. And he said most of the beans died, and the corn died. And he said, it's a real disaster. I said, add another four or five years, your eleven bushels of wheat will have been a bumper crop. This is because we are, and here we go, I'm getting into an area where I really....

M: No, no. I hear everything you're saying.

R: WE'RE IN THE END TIMES.

Twenty-five years ago I had a vision that by the year 2000, thousands upon hundreds of thousands of people, healthy looking people, would just literally drop over. And when they opened their chests up [autopsy]

they would find that their lungs were destroyed. Of course that was twenty-five years ago and we didn't have the technology that we have today.

It was a bad situation. At the time, I was selling investments for new insurance companies. And I was trying to point out to these people that the safest investment there is in insurance companies because they never lose money. You know what I mean. And I said, "By the year 2000 this was going to happen," and I forgot about it until a year ago in July. What brought it to my attention was that my wife had passed away and when they had gone to look at her lungs, the doctor said, "There's nothing there. It's gone." He said, "It's gone." And, of course, then the little light went on and said, "Hey, remember when I told you what was going to happen?" And then, of course, the year ago July issue of *ACRES USA* had the little story in there, in the last third of the paper, that, in 1992, 434,000 people were going to die from lung cancer. And it rang a bell in my mind that in 1987, only 60,000 people died from lung cancer. So, guess what, it's increasing at nearly 100,000 a year any more. The numbers get higher and higher.

In 1989 I had a vision. When I say I saw a vision then, I was looking at a picture and the picture that I was looking at, the message that came, said that this is what is going to happen by the year 2000. And, of course, obviously, when is it going to happen then? That was 1989. In 1991 it happened the first time and the numbers are just getting bigger and bigger and bigger.

Last year all of the alfalfa died in Wisconsin. The problem is, they blamed it on "Winter Kill". The only problem was it was dead before winter ever set in, because the alfalfa roots were all consumed and that means that bacteria had to consume them, and bacteria don't feed in frozen ground, do they?

M: No.

R: Wrong; they do—they do. Then, of course, the other thing, I have, what appears to be, abilities that are unexplainable. I can see sort of like an X-ray. Now, I can't see everything, obviously, but I can see sick trees and sick fields and I can see crops that are dead, while they're still green.

M: Sounds like a Divine gift to me.

R: That's what I consider it to be. And, ironically, it has all been tied in with the Nutri-Carb. I have to go back to 1980. In 1979, I was broke for a second time and I said to God. "If you get me out of this one—I know how I got into this one—it will never happen again." And He sent me the ability to make Nutri-Carb. And it's ironic because we have sent samples to many people and they have spent thousands of dollars, sent it to laboratories, and nobody has been able to duplicate Nutri-Carb; nobody. And there have been some people who have taken coal and used it and nothing will grow where they used it. There is something big going on. Well, what got me, as I said, my wife passed away last year. They found cancer on May 11 and on June 17 she was dead. They couldn't do anything for her, although she responded fantastically to the treatment, which she accepted or wanted.

E: I've got a question, to back up. Rick had asked you about the rotation of Spelt and your recommendation is the 2 years. What was your experience with Vita-Spelt and its rotation?

The exact same thing will occur with Vita-Spelt as occurs with any other Spelt. It will only produce that amount of grain and the enzyme action that it can give off produces, bacteria's produce for the plant.

E: I was talking to you yesterday about 1-year rotation, and when you go into the 2nd year with Vita-Spelt, you don't have too good of a yield.

R: That's correct, because what's going to happen is that the first year crop of Spelt is extremely good. Then, the second year is not going to be because you've taken up so much energy in the first year. I don't care if you didn't get a drop of water in the ground. Because 98% of what you took off, well, in Vita-Spelt, 80% comes out of the AIR and 20% comes out of the ground. But on the Common Spelt, 98% comes out of the air and 2% comes out of the ground.

E: 98% comes out of the air?

R: Yep. You should have gotten a crop of 900-1,000 pounds. Now, I didn't really establish what your real humus level was, however, which is part of the calculation.

E: We want to put Spelt in a wheat field. How is that going to do?

R: Is this Winter wheat or Spring wheat?

E: Spring wheat.

R: Alright. Now, what are the chances of that wheat sending up germination next year.

E: You mean if some seeds get back in the ground?

R: Yes.

E: Well, it could be potentially so.

R: Do not, do not plant any Spelt on wheat ground that has the ability to regeminate itself because what will happen—and you just brought up a very interesting thing—we happen to have had a situation where we had gotten some Wheat into the Spelt, and they called up and said, "We've got a problem."

And I said, "Well, I'll tell you what, we don't really have a problem." And they said, "Oh, we don't?" And I said, "No sir." And they said, "Well, what are you going to do?" And I said, "We'll solve the problem for you."

What we did, was that we went and cleaned the Spelt, because the Wheat fell through the screen. So we cleaned all the berries out and sent them a load of Spelt. And that solved the problem. It only had 2-3% Wheat in it but that was enough that it reflected on the test, the allergen test. There were a number of people who would have reacted to it who were allergic to Wheat. We had the same thing happen with Rye.

M: Well, we have to close this for now, but thank you very much for sharing such fascinating information with us.

R: It was my pleasure.

[END OF QUOTING]

Now, right off the top I would like to remind you that it is very difficult to de-husk Spelt and so for garden-variety crops it is difficult to handle. If you want product, I suggest you get the pre-hulled Spelt which you can get in bulk, in small packages, bread mixes, etc. You can check with *CONTACT* for information.

We are working toward extremely large areas for planting and where we would have facilities for handling the grain, yea, even as a commercial crop. This will produce an additional industrial job center—so we can look forward to a thriving business environment as well as having the best grain for "hard times" which can be available as a food resource, along with the by-products also offered from the husks, silage, etc.

We have to have long enough to get this off the ground or into the ground as the case may well be.

Since we have agreed to not originate our GAIA funding within the continental United States AT THIS TIME, we need to get our program up and running so that we can get prepared for a crop of any kind. That is going to then require equipment for modern farming either to be shared among Livelihood cooperatives or simply work the land together. The tractors will have many uses as for even digging fishponds, clearing for tree reforestation, etc. At the same time there will be housing projects which require even more equipment. This is all not going to be easy for Southeast Asia unless we can work a network plan of production and planting—along with the very necessary FACT of needing COMMON SPELT for seed. Where we don't have availability, we will need to preplan the crop-rotation sequences so that growing seasons are not lost. That is less a problem in Southeast Asia, so we can surely work around the seasonal shifts.

Right now our problem is overcoming the political graft and corruption to simply GET STARTED. It is sad to see such as Japan falling into depression, for they have the industrial facilities to solve the massive equipment problems.

People, your world is dying because of the POLITICAL DEVASTATION to nations and people. It now needs to all be done at once. That is so difficult because you start so far behind—while the spiral is

picking up speed in that downward whirlpool.

We are simply making an effort to get a bit of head start on what might be the best startup crops to fit the needs.

What you can grow in your rotation crops can supply pretty much the survival needs—for you will also be producing animal feed as well in whichever crop you are utilizing in the rotation process. The rotation crops are recognized and available but Spelt is not widely recognized in this age.

You are also going to need to realize that other things can be used to assist—and one such process is through Microorganism, etc., as presented by Teruo Higa and written about in his books, *EARTH SAVING REVOLUTION* of which there are now several volumes.

I can't ask Dharma to write on these topics when they are better done by the researchers themselves. I only want to offer insight to what may well be lacking in general practice and what we KNOW is necessary for this period of transition back up and through the oppression of these past few years of stagnation and backward-moving social restrictions and monetary manipulations.

Our people at Phoenix Institute have a bit of experience in these matters in spite of the assaults against the Institute and those making an effort to simply survive those assaults and corrupted influences associated with just trying to "make it".

Well, the experience in management and actual GROWING of such as Spelt and the utilization of the above-suggested Nutri-Carb—as an addition right through irrigation needs and fertilization to improve the soil—has now become hands-on experience. Our few remaining people and friends know what kind of equipment and facilities are necessary and can generally provide assistance for the "learning" process.

Our GAIA team simply has to keep struggling along until we get OVER the barriers and we know that when the program is understood and what is necessary to make it work, will produce that commodity in exchange—and that too, will become a viable and valuable industry in itself. That, in itself, is the providing of gold collateral in "hard" commodity to back all of the programs/projects and give foundation upon which to base value and currencies. That commodity is here in Southeast Asia and will come forth when the people feel secure, are fairly treated and fully paid.

THE PEOPLE MUST REACH OUT AND DEMAND IT. THIS IS NOT IN "WAR" BUT IN PEACEFUL EXCHANGE.

And, no, this is NOT some spinoff of some V.K. Durham old gold certificate from Peru. This is the bountiful PLAN of God offering a way to change your world into a thriving direction and away from the survival, or worse, mode into which you are whirling at breakneck speed.

This is what was promised in the days of the Messenger, Esu "Jesus" (if you will) and the great prophet Mohammad of Islam. You can spell these entities any way you wish and use whatever book you choose—HOWEVER, IT IS TIME YOU REALIZE THE TRUTH OF YOUR "AGE" AND ALLOW US TO WORK TOGETHER TO REGAIN BALANCE, HARMONY AND WORTHY MORAL RESTITUTION TO YOUR LANDS. BAD MORAL ATTITUDES BRING DESTRUCTION IN EVERY WAY; DISEASE, MENTAL FAILURE, BALANCED ATTITUDES AND CERTAINLY, IN SOCIAL ABILITY TO THRIVE.


You are at the door of Sodom and Gomorrah, friends. You will destroy, or allow to be destroyed, your very life source if you do not CHANGE.

GOD AND HOSTS WILL ASSIST YOU—THEY WILL NOT, EITHER ONE, DO IT "FOR" YOU.

May you look within and realize where YOU are headed and consider what you might do to assist in bringing about these wondrously possible changes.

Look at what and who are destructive and manipulate your lives and then I suggest you turn in the opposing direction and consider alternatives and possibilities while you **STOP KILLING YOUR MESSENGERS!**

Salu and good afternoon, Hatonn

dharma 

TRUTH Must Always Be Presented And Documented

8/28/01—#1 (15-012)

WHO WE ARE

Hatonn—We are NOT in the business of any kind of “religion” and that is to prevent any disadvantage to anyone working with us. Man has ONE connection—TO GOD by whatever name you refer to that entity. Man-prophets and speakers CAN ONLY BE MAN or an “invisible” entity even if that man can exchange dimensions. Think about it. Do NOT, however, turn that into some other kind of RELIGION. MAN CAN ONLY “WORK” WITH WHAT “IS” IN HIS OWN ENVIRONMENT OR DIMENSION AS IN PHYSICAL. KNOWING GOD IS A SPIRITUAL RELATIONSHIP WITH GOD OF WHOLENESS OR “ONENESS”. YOU NEED NO BROKERS OR SALESMEN—AND TO HIM WHO ASKS OF GOD, GUIDANCE AND THAT HIS WILL BE DONE—SHALL RECEIVE RESPONSE. THAT SIMPLY IS THE WAY IT IS IN SPITE OF ALL THE ARGUMENTS AND DEBATES ABOUT WHOSE GOD IS WHO.

Righteousness is a STATE OF BEING and offers guidelines for behavior and attitude direction of intent. There is no “soul perfection” wandering around in your physical world. And yet, the Truth and Fact IS THAT THERE IS ONLY PERFECTION. That “becomes” because there is “ONLY” GOD.

Now, if this needs a professor for understanding, you have one handy. We do not present to TAKE AWAY that perception or understanding but to REALIZE it.

When you ask for HIS PERFECT WILL TO BE GIVEN FORTH, you must also stand ready to accept and recognize that PERFECT WILL when it is offered. It is a state of understanding and not some physical slave-master at work.

Is it NOT TIME to give God’s children an opportunity to consciously recognize GOD’S presentations? GOD has no reason nor “right” of some kind to interfere or intervene (especially without permission) into the business affairs of physical man. God IS the very being of MAN. That offers man an opportunity to function WITH GOD by whatever recognition man accepts in his spiritual realization of Creator/perfection.

We keep Dharma separated away—and that is not just for security of the person BUT to keep the confusion of the recognition of task apart from the more human expressions of the PERSON represented here in human presence. You have a job to accomplish for our brothers and it is fundamental to the very physical aspect of human presentation—AS MANKIND.

We do not need to do more than recognize the journey or the “business” wishes of the MEN involved in anything. (Please, I use “man”, “men” in the accepted vernacular of genetic human physical “presentation”. “Man” is a “species” designation. Just as GOD IS WITHIN THE TREE, SO TOO IS GOD WITHIN THE “MAN”. This, however, is not your task for today, although it might well be MINE.)

In a physical world you can only live within that

environment with what IS IN THAT ENVIRONMENT and certainly what is applicable to it. You most certainly can seek guidance in the experiencing of the expression in human form, through God. Furthermore, you can only REALIZE that which has been taught to you by those who came before. This is called “culture” or “tradition”. This does not mean that “man” cannot have REALIZATION and that realization or enlightenment unto soul achievement can’t be within the blink of an eye. HOWEVER, and this is a BIG HOWEVER, you can, in all fact, only recognize enlightenment or desire for greater and greater insight in the REALITY OF THE PHYSICAL ENVIRONMENT. In other words, you might well go within and better understand soul and God—but that changes NOT the need for finding truth or right perceptions and conceptions within your physical world. For that knowledge you have to know “WHAT IS GOIN’ ON, PILGRIM”.

ENLIGHTENMENT

Let us consider our topic of “Underwater” or “Underground bases and tunnels. Is that good or bad? It simply IS. The information is either correct or incorrect or certainly not FULL in explanation. Does, therefore, JUST knowing about the bases do anything for your position as to God or Man? Will “going within” give you answers regarding the, say, dimensions or use of those tunnels? No, you can only “function” by what information your HAVE and it has nothing to do with “insight”. You might very well come into insight regarding the tunnels but it will only be through the recognition of INFORMATION.

You all want me, Hatonn, for instance, to fit YOUR categorization of your interpretation of me. YOU will decide who I might be, or even “if” I might “be” by input from OTHERS! Face it, if you did not know of me through some information brought forth by SOME ONE, you would not even be cognizant of my experience or being. You can only then respond from WITHIN SELF as to what YOU think or feel about me or what I might offer for your learning.

Once upon a time in the beginning of this tale, YOU KNEW GOD. MEN then came forth and restructured your beliefs in and about THAT GOD. There is ONLY GOD, chelas, and all the rest simply pertains TO God. “Allah” in the term itself represents “All”. Therefore, YOU, by definition, are but expressing/experiencing fragments OF GOD OF ALL. Arguing over “religions” has no merit—for if there is, and it IS so, that there is ONLY GOD ALLAH, then arguments have no meaning.

So, from when comes ATON? Well, it was the recognized LABEL for that which was beyond conscious recognition as a person. It is representative of THE ONE LIGHT or again, “ALL”. To try to explain that in terms PEOPLE might understand, it became to be represented by the Sun which represented the LIFE. Without LIGHT as in the expression of Sun, there is NO LIFE. In the void of “total darkness” there is only VOID in which energy may well exist but cannot EXPRESS.

With this in mind I would then turn to any given “project” which may come along for you to experience.

Tell me WHY you continually believe that somehow if “I” or even, closer to home, Ekkers, are involved in “my project” that all men are equally involved in THAT VERY SPECIFIC PROJECT? It is NOT THAT WAY. You can have INTENT to share—and all fragments can work individually and jointly to accomplish a given goal—but the contract of ONE is not the CONTRACT OF THE OTHER.

When, however, you grab the streamers which float past and join with the destruction, in total ignorance (for ignorance represents the absence of knowing) of and by other individuals—you simply further broadcast or present LIES instead of truth. Oh, you can clean up your language and present “prevarications”, incomplete and incorrect statements, and generally put forth lopsided and inaccurate information—YOU ARE AT LEAST IN “ERROR” OF CORRECT PRESENTATION. THEN WHEN YOU PRONOUNCE THE ERRONEOUS INFORMATION AS TRUTH—AND SELF AS TRUTHBRINGER—YOU ARE BUT A LIAR AND A CHEAT. IT CAN’T BE OTHERWISE, PEOPLE. BLACK IS NOT WHITE, FOR WHITE IS THE GATHERING IN OF “ALL” COLOR—AND BLACK IS REPRESENTATIVE OF THE ABSENCE THEREOF. THIS, HOWEVER, IS WHY YOU CANNOT EVER ACHIEVE PURE WHITE OR PURE BLACK. ABSOLUTE DARKNESS IS VERY DIFFICULT TO ACHIEVE AND ABSOLUTE LIGHT IS STILL QUITE BLINDING TO MAN.

Nothing can exist in absolute darkness and ALL can exist in absolute LIGHT.

Man somehow sees need to define “words” or even traditions. Therefore, that is as surely absent of knowledge as you can go. This is because every attempt at definition can only relate to a given individual’s interpretation or a ruling by committee. This truly indicates the changing attitudes of mankind who will then present a DEFINITION to suit his OWN wishes—not FACT. Any time you have opportunity for contradiction, you will have inconsistency—and through that inconsistency there is always, then, a CHANGE OF DEFINITION.

The next very worldly precipitation of this of which I have just offered description is the change of truth of happening into that which anyone who wishes, changes concepts—usually through man’s more foolish laws. Finally, you have enslavement by the masters who have the greater physical force to bring against the person in target.

But what happens that some “man” gets in charge and his edicts are THE edicts accepted? Because of the programming of mind-warp methodology. If all you are exposed to is the LIE, you have nothing OTHER on which to base intelligent considerations. Once the perceptions of man are so totally distorted within the LIE, it is easy then to manipulate the physical activities of MAN—individual or in association.

THIS is why the adversary espousing false statements as if they are authority in fact, but actually offer no support, are often so negative and so well serve the scofflaws themselves. THIS is WHY you must always, when you discover lies, PRESENT TRUTH, even if simply to document the errors and correct same.

The adversary will always proclaim loudly to anyone who will read or listen that the “other side” will bash and clash and dispute in some effort to kill “truth” and the “truthbringer”. That is the loudest call of the wild BY THE LIAR AND CHEAT. If there is no rebuttal, the idiots will have prevailed. TRUTH IS MIGHTY AND CAN ALWAYS STAND IN CONTRADICTION TO

MISINFORMATION AND LIES. WHETHER OR NOT PEOPLE EXPERIENCE THE “CORRECTIONS” IS BESIDE THE POINT. THOSE WHO DON’T, SIMPLY FIND THEMSELVES IN THE LUMP WITH THE FALSE SPEAKERS—NO MORE OR LESS. THAT IN ITSELF IS LESS BURDEN TO YOU WHO STRUGGLE CONSTANTLY “WITHIN TRUTH”.

This is, furthermore, especially true in an offering which can be claimed “too good to be true”. The greedy will always grasp at the golden rings and find them to be brass which tarnishes in their hands. GOD DOES NOT GIVE THAT WHICH IS “TOO GOOD TO BE TRUE” AND HE WILL ALWAYS CAUSE YOU TO EARN YOUR WINGS IN A MOST EVIDENT AND PRODUCTIVE WAY—IN EXCHANGE FOR THAT WHICH IS POSITIVE AND GOOD.

V.K. Durham, for instance, can exclaim, claim and debate as long as she has audience. The FACTS are that Russell Herman asked me to attend the business, lest all be lost to the manipulators or, at the least, lost forever to the positive use of MAN.

There is no treading on ANYTHING of one, V.K. Durham by whatever she wishes to call herself. There is no connection nor truth in the presentations of that one which calls himself some “Archiving Consortium” or pontification presenter of total Hogwash.

It is not, however, OK to allow misinformation to flow and become accepted as TRUTH when it is naught save LIES. This is WHY, however, that **TRUTH MUST BE PRESENTED AND DOCUMENTED.** This is necessary no matter how small the voice or word—it is documented and when supported by facts presented as support—it WILL STAND, yea, even in a COURT of law—even “of man”.

Even in the mythical (or valid truth) of one, Esu Jesus Sananda “whoever”, although the man was wrongly convicted—TRUTH REMAINS! In other words: MAN ALLOWED THE LIE TO PREVAIL IN THE MOMENT, EVEN THOUGH TRUTH REMAINS.

Bellringer suggests that we should somehow restructure and connect somehow to V.K. Durham to participate in some kind of nebulous “funding”? What funding has V.K. Durham achieved? If there is any achievement at all, then the CONTACT paper, through the WILL of Russell Herman, is past due and owed \$40 million!

WHY do you think the fundamental theft of CONTACT actually took place? The players were sure that I would somehow perfect our portion of the program and, therefore, CONTACT would receive funding. That bequeath was made to CONTACT AND “NOT” to something called SPECTRUM.

And Rick Martin? Well, interesting isn’t it that it was in a fit of impulse that Rick reacted to his ego turbulence.

He thought that he had the control and power to gain command of the entire process and project through his agreements and documents regarding GAIA, etc. No, what he did was cut every string attaching him to anything—BY HIS OWN INTENT BUT WITHOUT KNOWING WHAT HE WAS DOING. Then, the only remaining “sure thing” would be to have some control and authority over CONTACT the “gutsy little paper” who would receive \$40 million from Herman’s estate.

Now, all should be forgiven and forgotten? Why? Who has ASKED for forgiveness? Who has tried to make RESTITUTION in order to receive forgiveness? The nasty assaults have not stopped nor even slowed

against us or our associates, much the LESS, our friends.

Even Mr. Bellringer obviously wants to get something for himself from “Hatonn” after successful conclusion of “our” program/project. What would that be in deserving reward?

Rick Martin and Charles Neil not only left my team in Manila while they went back to California (Tehachapi) and STOLE the paper, along with Dr. Ed Young, Norey Latona and Gail Irwin. They saw to it that outstanding bills were left open and they closed the basic credit cards which had been paid for directly for all of “their” expenses, by Ekkers. So, they left our people STRANDED in the Philippines without recourse and without ability to even pay the hotel bill.

The reason given by Rick Martin for returning to the States was to “straighten out CONTACT”. Well, he certainly did that, my friends. He and Gail took another several thousand dollars directly from the bank accounts, produced three pirated and totally obscene editions of the paper claiming some kind of “righteous” “right” to do whatever they chose to do.

Ed Young was dismissed unequivocally on March 10, 1999 nearly a week prior to their infamous edition, NOW ARCHIVED BY THE “BELLRINGER CONSORTIUM”, and sent forth AS THEIR OWN PUBLICATION.

Rick and Charles then went forth to the banks and tried to gain entry to the GAIA bank accounts only to find they had no authority or listing. They then actually blamed Ekkers for there being no record of their participation as directors or officers in the corporation itself. Dirty trick by old Hatonn? Actually, no, they HAD NO STANDING.

They signed away ALL RIGHTS to participation when they departed Manila in secrecy. They signed powers of attorney which would expire the following June—and then in April resigned from any attachment to GAIA. THAT SEVERED ALL RELATIONSHIPS! That is not some conjured game of chance—THEY DID IT THEMSELVES!

Who led who through the primroses? Well, I suggest you look closely at the Bellringer tarbaby and you might well find a lot of stuck fingers.

Also come the statements from, claimed, myself and/or compatriots that we would never follow the way of the injustice system to claim justice. That is more bogus-sham (BS). There may well be injustice in the justice system—but basically in the end, there has to be some attention to truth even if the case is lost.

I would guess that under the circumstances it would be difficult for the liars in these cases to obtain totally positive, for their side, objectives when all the evidence in HARD COPY is presented which refutes the lies.

The same thing holds true with Bellringer-V.K. Durham presentations. Their presentations or “causes” simply have NOTHING to do with us—period.

We are given some silly nonsense about “prior” to Herman’s death there were no executions or use of the will in point. Well, my goodness, what a surprise! WHAT IS A “WILL”? Does not a last will indicate something to take place AFTER death of the body? Russell Herman had full capability of doing whatever he felt appropriate with HIS PORTION of anything.

FURTHERMORE, his portion was no longer relative to any “Certificate” or even the principal represented by any such “certificate”. In this instance of Russell Herman, however, it is more applicable to note that the “Certificate” in point no

longer had value after its change-out to a CONTRACT of identifiable ownership. I believe that is not in question even among the infamous NEW WORLD ORDER which Bellringer fears might cause us misery. We have always had nothing but misery from those parties and, therefore, we bet our shekels on our program—for we have seen nothing from the attempts of Grandma Herman except wrong information, reputation assassinations, and finally, of all things, accusations as to Ekkers, Rays, etc., having some part in the very murder of Russell Herman.

Is it possible, friends, that Granny and buddies have LONG DECEIVED you the public? This has nothing to do with a valid certificate or contract—or bonus document. Have all the get-rich programs from roll-over potentials to farm-claims paid for up front and/or finally, whatever is being touted NOW through that network claimed by such as Bellringer, *et al.*, and his “consortium”, somehow been making headway? IS EVERYTHING A LIE? NO, WE HAVE DOCUMENTATION AND FOLLOW-ON PROOF THAT WHAT WE HOLD IS VALID. HOWEVER, OUR PROGRAM IS NOT BASED ON PIECES OF PAPER WHICH “REPRESENT” THAT WHICH IS NOT EVEN FEASIBLE. WE HAVE A PROGRAM BASED ON HARD, COLD COMMODITY. IF WE GET NOT THIS DONE IN FULL, WE SHALL SIMPLY NOT HAVE GOTTEN IT DONE, BUT THAT DOES NOT MEAN IT IS EITHER WRONG OR INVALID.

Our program gives participants opportunity to do exactly THAT, join together in unity and actually exchange value and grow. GOD DOES NOT SHOWER DOWN GOLD NUGGETS ON YOUR HEAD—IT WOULD KILL YOU IF HE DID. And you who keep demanding that we do something this way or that way, never mind. We will do it properly—period and end of discussion. This does NOT mean that individuals with good programs and projects won’t participate—but it DOES mean that just because you demand something, you will get it even when it is WRONG.

Things are coming together which you cannot know and this includes all of “you”. Therefore, it also stands to REASON that your proclaiming right of “forgiveness for past actions...” has no meaning at all. Forgive WHAT? It is very important that a person identify that “forgive and forget” myth as to meaning. Having a “bad hair day” or a burr under the saddle does NOT give worthy explanation for, for instance, accusing innocent parties of participating in MURDER, FRAUD OR THEFT. If, however, you are guilty of lies, cheating, fraud, theft or whatever—it is wise to get with rectifying the problems in hope there is some worthy explanation of your unrighteous actions.

GOD IS ABUNDANCE AND THERE ARE NO IFS, ANDS OR BUTS ABOUT IT. BY YOUR ACTIONS AND INTENTIONS YOU LIMIT YOUR OWN ABUNDANCE AND IT HAS EVER BEEN THUS AS WELL AS EVER BEING THUS.

Now, why should I waste time trying to convince you of who I might be? YOU WILL DECIDE ON WHATEVER BASIS YOU HAVE FOR MAKING A DECISION. THAT MOSTLY COMES THROUGH LIMITING YOURSELF TO JUST THE “SIDE” YOU “WISH” TO HEAR OR SEE—RIGHT AFTER PROBABLY MAKING SOMEWHAT A FOOL OF SELF THROUGH OPINION WITHOUT BASIS.

I even insisted long ago to have my name—and many of my compatriots who would be using this

conduit of writing—duly and legally registered in such manner as they could be identified WITH, YES, INDEED, “DHARMA-DORIS EKKER”.

Therefore, readers, does it not stand to reason that if I would move with someone like Norey Latona or Ed Young, I would identify myself differently? To further protect that legal documentation, we had it brought current so there would be NO MISUNDERSTANDING.

Mr. Bellringer would like to note that there is a new and somehow lesser *CONTACT*. Well, I suggest he look again more carefully, lest he be considered a public fool.

To you who would object to the ongoing “infighting”: This is NOT “infighting”. This is your life, students, and until the LIE is confronted, YOU cannot have truth. If the debate and presentation of facts makes you uncomfortable—LOOK WITHIN AND SEE WHY THAT MIGHT BE.

You might also face the truth of self. You LOVE the gossip, the interchange, the personal inclusion even if it just be “opinion”—and God respects, yes, YOUR OPINION. I remind you, however, that when you hurt the very ones upon which your own abundant realization has basis, it seems a bit inconceivable to me.

You all want something from, yes, Ekkers and from Hatonn. Now, I ask you: Will that adversarial *SPECTRUM* crew or the infamous Internet hacker, Bellringer, or even Granny two-shoes, pay back that which some of you think you have lost somehow. Did I or Ekkers cause you to do things YOU CHOSE TO DO? Now, next, what do you expect to GET from any of these destroyers, including *SPECTRUM* or its four manufacturers? Are they going to make right YOUR PERCEIVED WRONGS? Are they going to make sure to their very beings if at all possible on the Earth itself, to see to it YOU have no losses from any “time” you claimed participation or loaned funds for this purpose? Are they going to make restitution to YOU for their destruction antics? Is Bellringer going to somehow repay you for your troubles—or are you following a loud-piper-playing liar? No, I do not clean up the language to allow the guilty to hide.

By the way, Doris doesn’t choose to use the phrase “Nowhere to go and no place to hide” as presented by Bellringer. She has no where (as in home) to which to return and has total loss because of these miscreants who damage at random. AND, SHE CERTAINLY HAS NO REASON TO “HIDE”—from anyone.

I do believe that our precious little Cathy O’Brien found it necessary to use “No place to run and no place to hide”, just to realize survival. And how dare you steal from the very soul of such a child of God seeking only to find balance and survival. I mean, here, Cathy. The pain is so incredible that YOU have no right to poke your thorns into her being through your foolishness and usurping of her experiences as did the false projections of Ray and Janet Bilger—as a big “for instance”. You see, readers, there is enough LIFE and LIVING to go around—and how you experience THAT living and that life is UP TO YOU. YOU choose to be within the lie or the Truth—for BOTH are available for the using.

I am quite astounded by another statement by Bellringer as he states that it is so disruptive to be reading truth and be interrupted by Ekker/Hatonn with comments and then, surely enough, references of negative reference to even himself and other “wrongdoers”. Hummmnn—the facts are that how could I be interrupting, or even Ekker, that which I am presenting in the first place? Therefore, it actually suggests that the objection is to the TRUTH presented.

The next focus, however, might well be WHY WOULD BELLRINGER BE STUDYING SO HARD THAT WHICH HE FEELS IS EITHER FALSE OR “DARK”? He has stated that “After tediously reading the last 112 issues of the Contact newspaper since its rebirth from the *Spectrum* schism, we have now reached issue number 113 (volume 33, Number 2, August 1, 2001) the biggest GAIA sell-job yet, with no change in sight.”

My goodness, WHY, Bellringer? All you prove is that there was never a “schism” but that the *Spectrum* was manufactured by four people who STOLE, or tried to steal, CONTACT. The culprits were not allowed to succeed in that theft. So, you ask, “Who is the real Hatonn?” If you still ask that after “tediously reading the last 112 issues”, then you don’t really know which end is up—do you? HATONN HAS NOT CHANGED—THEREFORE, HAVE YOU?

And, yes, indeed, we will continue to write on this material because we are now up to bunches of those Internet presentations off that INFAMOUS BELLRINGER INTERNET (INTERNATIONAL NO LESS) WEBSITE.

Bellringer also refers to “the biggest GAIA sell-job”. Strange, we have NOTHING TO SELL, GAIA OR OTHERWISE! We find it quite interesting that so many errors can flow after having specific access to actual information—if only there was even slight attention to all those 113 issues of *CONTACT*. Except for the three editions pirated by the *SPECTRUM* in March 1999, they are all quite accurate in their presentation, which also has dealt in timelines, background, etc., of the Bonus Certificate claimed now by V.K. Durham.

Certainly, there would not be reason for such a blunder as saying the Certificate debt had anything to do with the Marshall Plan. Even an idiot could simply deduct that even with V.K.’s information, it COULD NOT HAVE BEEN THE MARSHALL PLAN.

One of these days soon I will give you some of the research on something called the Monroe Doctrine. YES, IT MAKES A LOT OF DIFFERENCE. And, brother Patrick, if you got “Marshall plan” from V.K., you have bats in your bell-fry, for if she misspoke, YOU should have known the difference immediately—and that immediately is not some “four years later”.

Present wrong information and you shall neither be “forgiven” nor “forgotten”. A globe filled to overflow with human people await YOU to just put a few things to correct before they are all willing to “forgive and forget” your silly antics and disinformation. Simply repeating bad information or the LIE under the guise of Truthbringer or Truth doesn’t cut it, friend. It makes the lies even bigger. Two or more lies do not make the Truth, even ONE, but surely does exponentially increase the LIE(s).

JOY B. AND WALTER S.

A poem has been sent in love and sharing and I recognize you and that which you offer. YOU are what keeps the birds singing, and eating, and right here in downtown Manila (Makati) on the twelfth floor of this hotel we have some 300 sparrows who come to commune with us. In the market, the bread is saved for E.J. for “his” sparrows. Sweetly known as the “bird people”, we live out some of the more simple things of wealth and abundance. Even the cleaning help here and the maintenance crew give love, flowers and care to these “old people” of the “bird tribe”. Therefore, thank you for your sharing:

THE MILLIONAIRE

I have my name on the river,
I have my name on the sea,
I have my name on the summer skies,
They all belong to me.

I have my name on the violets,
That grow in their corner fair.
And when ever Nature has planted peace,
My name is written there.

I have my name on the singing birds
That mate when Spring is new;
But I will not be selfish with all these things,
I will share them, friend, with you.

There is no deed to the river,
There is no lock to the sea;
Not all the power in all the world
Can take this joy from me.

There is no fence ‘round the heavens,
No vault holds the sunset’s gold;
The Earth is mine and the heavens are mine
Till all the suns grow cold.

The stars are my thousand jewels,
And life is my bread and wine.
And all that I see was made for me,
And all that I love is mine. (Anon)

And beloved ones, GOD ALLAH ATON, FATHER, will share them all with ALL OF US if we but accept His Truth and His gifts unto us.

GOD TURNS NO MAN AWAY. SO WHERE GOES MAN WHEN HE TURNS AWAY?


It certainly IS worthy of consideration and a bit of care as you broadcast about the globe and unto Heaven or Hell, for that which is scattered there is NEVER REMOVED from YOUR records.

Is it wise, really, to claim to be safe in the light of protection when you have just blown out the candle itself? It appears quite foolish to me, but then what could I possibly know about life or living? Well, I know TRUTH and I recognize LIES. Perhaps that is enough, brother and sister, perhaps that is enough.

When you are weary, I CAN carry you, my friend. But when you deliberately wrong others, I rarely WILL carry you, unless you change your perceptions into Truth. I do not help you to damage another who simply bears, to best ability, Truth, the Way, and the Light. MY name is ALSO on that river, sea and summer sky, as well as on the violets, roses and sunflower... YOU may not assume that which is MINE, albeit in sharing, it also is YOURS.

I AM, Gyeorgos Ceres Hatonn.

By the way, Hatonn is expressed or spoken as hATONn. It is an old tradition from ancient Egypt as enlightenment came forth—AGAIN—to see if MAN was ready for experience with GOD ALLAH. How many of you ARE ready? So be it.

dharmā 

The News Desk

By John & Jean Ray

JOHN RAY UPDATE

TUESDAY, AUGUST 28, 2001 3:05 PM

GREETINGS TO ALL!

After spending ten weeks in the hospital and going through three major surgeries it is great to be home and it's worth it all to be alive. The chances of my making it back were slim to almost nothing. When the doctors told Jean the odds were ten percent the only thought that came to her was... God loves those odds. Jean knew that to create a miracle she'd have to give it over to God and allow Him to do His work.

Although I was working on a subconscious level of experience all I remember was that a familiar voice spoke to me in my mind and said, "You must decide now if you want to stay or go on. If you decide to stay, it will be a long drawn out and painful struggle before complete recovery." When I heard the words "complete recovery" I knew my decision would be to come back. I wish I could remember more as there must have been some interesting bargaining going on.

In helping us all in creating this miracle God provided us with many gifts by providing me with the best doctors and nurses necessary for my recovery. He was always there to provide a special someone during those most anxious times. We just marvel at how timely and perfect are His ways and His works. That awareness is an awesome as well as a humbling experience.

To all of you who took the time to send cards, thanks for the cheers and good thoughts. Special thanks to Randy and Janis for your loving and helpful input and your updates and progress reports for *News Desk*. Thank you, Jack, for your visits and also to you, Ron and Melissa, for brightening my day with your visit at the hospital. Thank you also, Peggy of AZ, for your gifts and your illuminating insights.

To D&E: You are an inspiration to us all in commitment, dedication and devotion in bringing God's Plan to His people and we look forward to doing our part. You just keep on keeping on.

To Mark: Accolades to you for the fantastic job you've done in getting the paper out each week. You too are a miracle and we thank you. To the team in "T": Marge, Rex, Ellen and Princeton, loving regards to you all. God/Creator has provided us all with the very best.

Looking at the big picture it has been a long and painful struggle but it has also been a journey of discovery. We have learned to believe in ourselves and in our capabilities. We learned to take one day at a time and not get ahead of our own thoughts and perceptions. We were aware of the thoughts and prayers you were sending our way for my recovery and we felt the power of those prayers. It was those thoughts and prayers which kept us going on. Believe me you were all there for us... each and every one of you.

A big, loving, heartfelt thanks to you, Commander (Dad), for the lessons that got us through these past months. You said we are the miracle and that we can create a miracle. Thanks for showing us the way. Let us all carry this thought with us in the coming days.

Thank you all for caring!

In LIGHT, John

THE PHOENICIAN U.S. DOLLAR

By Adam Hamilton, *gold-eagle.com* (Gold Digest), 8/10/01

One of the most fascinating empires in ancient history is Phoenicia. Lying directly north of Israel in what is known today as Lebanon, Phoenicia was the name the ancient Greeks applied to the central eastern Mediterranean coast. The actual word "Phoenicia" is very appropriate as it was derived from the classic Greek word for purple phoinikies, which described a famous purple dye extracted from a rare snail that the Phoenicians industriously peddled throughout the ancient world.

A relatively loose confederation of independent city-states, Phoenicia grew into one of the most intriguing trading empires in the ancient world. The Phoenicians had the great fortune of being geographically situated on the very nexus of many of the most important land and sea trade routes of the ancient world linking Europe, Asia and Africa. In addition to their purple dye that was highly sought after by royalty all over the ancient world, the Phoenicians exported the lumber from the magnificent cedar trees of ancient Lebanon, pine, textile goods, glass, wine, metalworks and fish.

The Phoenicians grew into one of the most celebrated sea-faring civilizations of all time. They are believed to have been the first group of navigators to use the North Star to maintain their course over the formless seas. Phoenician sailors were the first to circumnavigate the large continent of Africa, and Phoenicians founded trading colonies all over the ancient Mediterranean, including the famous city-state of Carthage on the Tunisian African coast and Tarshish in what is modern Spain.

In order to maintain records of their trading and commerce, the Phoenicians developed a comprehensive alphabet that was later appropriated and modified by the Greeks and passed down through the Romans. It was one of the key ancestors of our current English alphabet today.

In many ways, the mercantile civilization of the Phoenicians that ruled the Mediterranean for over a millennium is among the most fascinating cultures of the ancient world.

One of the most important cities in Phoenicia was Tyre ("Rock" in Phoenician). An island one-half mile off the coast of Lebanon in the Mediterranean, Tyre was considered militarily impregnable. It had massive walls of stone that were two miles in circumference and over 150 feet high on the city's shoreward side. The powerful Assyrians tried to conquer Tyre in both 701 B.C. and again 30 years later in 671 B.C. Their first siege lasted over four years, their second nine years—and both ended in failure. Tyre stood strong.

The empire that conquered Assyria, the Babylonians, tried to subdue Tyre again in 585 B.C., spending thirteen years and vast resources trying to crack the sea fortress. The Babylonians under Nebuchadnezzar also failed to take the city and eventually packed up their war materiel and moved on, leaving the stubborn Tyrians. The proud residents of Tyre continued to consider themselves unconquerable, as they had unrestricted access to the sea, fresh water wells on the island, and an effective half-mile moat between them and land-based armies of marauding kings.

A couple centuries later, Tyre still thrived and business was good on the trade routes of the eastern Mediterranean. Meanwhile, north of modern Greece in Macedonia, a boy named Alexander was born to King Philip of Macedon and Princess Olympias of Epirus in 356 B.C. Alexander had an amazing upbringing including studying under the personal tutelage of the legendary thinker Aristotle,

meeting with foreign heads of state in his father's court, and even commanding and leading a cavalry force into battle for his father's army at 18 years old.

After his father King Philip was slain by an assassin's sword, Alexander became king of Macedonia at 20 years old, and his life's story is among the most captivating and exciting in world history.

Lusting after conquest and adventure like his hero Achilles of Homer's famous *Iliad*, which he had memorized, young Alexander began his successful bid for world domination at the tender age of 22. Alexander would later be known as "The Great", and became one of the most extraordinary generals of all time who forever changed world history. Eleven action-packed years later, sitting in Babylon on the Euphrates River after having conquered everything from Macedonia to India, Alexander the Great is said to have sat on his bed and wept, as his heart was broken because there were no worlds left to conquer. He became seriously ill with malaria shortly later and one of the greatest generals in world history died at the age of 33, on June 13, 323 B.C.

Of Alexander's entire brilliant military career, his devastating siege of Tyre stands out as one of his greatest tactical achievements. More than any other event in his early campaigns, it won him a formidable reputation among his potential foes.

In early 332 B.C. Alexander's army approached Tyre and he asked the city elders to allow him to sacrifice at their temple, an act that would have proclaimed him ruler over their city. The proud Phoenicians laughed at his request and butchered his messenger. After all, no army in history had ever been able to mortally threaten their city and way of life, so why bow to this young upstart Macedonian? No doubt fully aware of the prior unsuccessful decade-long sieges of Tyre, Alexander set out to conquer the island fortress.

Alexander had his soldiers and combat engineers gather vast quantities of stones from quarries in the Tyrian hills and throw them into the Mediterranean Sea opposite from Tyre. Gradually the stones accumulated into the beginnings of a causeway, a land bridge or "mole" between the Phoenician coast and the island fortress. Alexander's plan was to build an artificial peninsula out to the island and subdue the hostile city.

The Tyrians could see Alexander's siege works inexorably approaching and they weren't happy. Through heavy naval bombardment, special operations types of saboteur tactics, and barrages of lethal arrows from the high city walls, the Tyrian forces did everything they could to harass the construction campaign and stop the relentless advancement of the mole. Yet, young Alexander, at 24 years old, immediately developed effective countermeasures and neutralized Tyrian opposition as it arose. The accounts of the skirmishes during the building of the siege causeway to Tyre are extremely fascinating, and shed further light on Alexander's legendary genius.

Amazingly, after seven short months, Alexander's men completed the mole, breached the walls, and stormed the once impregnable city of Tyre. What the mighty Assyrians and Babylonians failed to achieve in a decade, Alexander accomplished in less than a year. On July 29, 332 B.C., the Macedonian invaders entered and destroyed the once proud and invincible Phoenician city. Alexander ordered 2,000 Tyrians slaughtered after his victory, bringing the total Phoenician death toll to 8,000. He took 30,000 more Tyrians prisoner and sold them into slavery. Throughout his whole incredible siege, Alexander lost only 400 men.

Alexander the Great's causeway still exists today and the island that was once proud Tyre is now a peninsula in the Mediterranean off modern Lebanon.

Throughout all aspects of human history, great pivotal events like Alexander's siege of Tyre have caught most people unaware. We all tend to become seduced and hypnotized by the status quo. We inherently extrapolate the present into the future, relying

on linear assumptions in a non-linear world. Because something looks stable today, we usually tend to naturally assume that it will remain the same tomorrow.

This instinctive human tendency led the proud residents of Tyre to believe that their city was absolutely secure and totally impregnable. After all, if two great ancient empires could not conquer and subdue it through repeated heavy sieges, what did they have to fear from some unknown Macedonian general? Yet, this assumption that the past would extend into the future—and that they were invincible—quite literally proved lethal for the Tyrians.

While the consequences of making false linear assumptions are not life-or-death issues in the financial world as they were for Tyrians who brazenly rode out the siege instead of fleeing in fast triremes, they are certainly still perilous for scarce and finite investor capital.

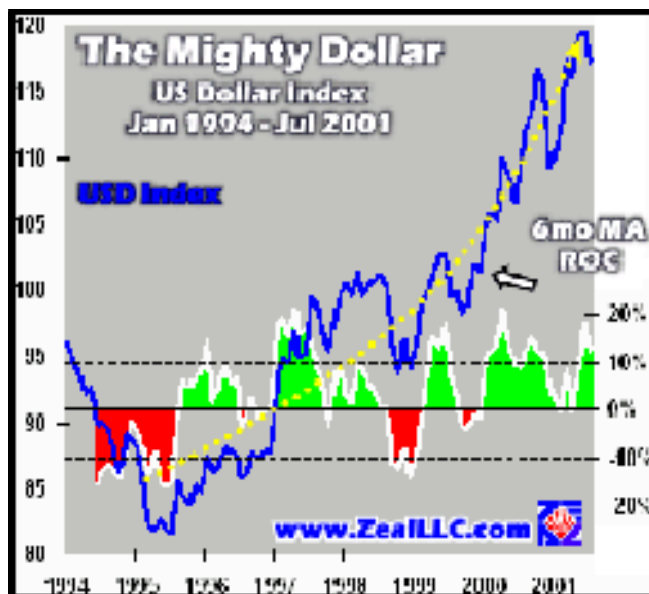
Today in the United States and around the world, investors seem to have taken on a Tyrian mentality regarding the mighty U.S. dollar.

The dollar is so incredibly strong, and has been for years, even through the NASDAQ crash and subsequent early deflation of the huge speculative equity bubble, that it is hard to imagine the situation changing. Americans, and even many international investors, have become incredibly complacent. As the dollar has weathered so many spectacular storms in recent years—from the endless parade of serious structural economic problems in the United States to near-meltdowns like the Long-Term Capital Management fiasco of 1998—many assume the dollar will stay strong indefinitely. “Tyre is invincible!”, they shout, “Long live the impregnable Phoenician U.S. dollar!”

In this essay, we take another brief excursion into that surreal hyper-valued world of the U.S. dollar.

As in much financial analysis, a prudent embarkation point is found in perusing a graph of recent U.S. dollar price action. We constructed a graph of monthly U.S. Dollar Index closes from 1994 to July 2001. The dollar index is graphed below as the blue line and slaved to the left axis. The right axis marks the six-month moving average of the annualized monthly rate of change in the dollar index. For instance, if the dollar index had an absolute change in value of 1% over a single month, that rate of change is annualized to 12% to equate to normal annual growth rates. These annualized growth rates are then distilled down into a six-month moving average that is shown in the graph below as the white line. Green shaded areas mark periods of time where that moving average dollar index appreciation rate was positive, and red where it was negative.

Behold the wondrous strength of the Phoenician U.S. dollar!



Since its trough in mid-1995, the dollar index has appreciated a remarkable 46% in six short years. We are not talking about some penny startup biotechnology stock here, this is the most important currency in the world today, the world's reserve currency! A price move of this magnitude in

any major currency over such a short time would be amazing, but it is absolutely mind-boggling in the world's premier currency. The little white and black arrow marks the launch of the latest steep ascent of the dollar that commenced in late 1999 right before Y2K.

Ominously, the growth trajectory of the U.S. dollar very closely approximates the early ascending stage of a parabolic growth curve, which we discussed in more detail in our “The Elusive Long-Term” and “U.S. Equities: A Strategic Perspective” essays. The dotted yellow curved arrow superimposed over the blue U.S. dollar index data above, drives home this point of anomalous appreciation in the price of the U.S. dollar since early 1995. **Trends like these are typically seen exclusively in market bubbles, as parabolic growth is inherently unsustainable.** This graph is nowhere near as extreme as the NASDAQ bubble, but with the lynchpin of world commerce the U.S. dollar at stake the potential ramifications of a major dollar bubble are vastly more serious than any equity bubble.

Why did the dollar launch on this stratospheric trajectory? Why will the dollar have to fall? And when will the dollar capitulate and head south?

We have written on the origins of the current strong dollar in the past, and generalizing greatly, believe that two interrelated factors contributed to much of the dollar's supernatural strength. The first factor, foreign capital inflows, is easily probably the most significant single cause for the dollar's amazing rally. The second factor, **a stealthy concerted Western effort to cap the price of gold**, while much more difficult to discern, built on the success of the early foreign capital inflows to attach a rocket booster to the already strengthening dollar.

Warping back to the middle 1990s, there was an enormous disconnect that became manifest in the very fabric of the American financial markets. Virtually any important U.S. market one can study, including the U.S. dollar, the Dow Jones Industrial Average, the S&P 500, the NASDAQ, the broad U.S. M3 money supply, etc, seemed to all of a sudden decisively break from old trend channels and launch north around 1995. Looking at all these graphs at the same time, with congruent timespans starting in 1990 and running to the present, it becomes very evident that the U.S. financial markets, dollar, and money supply suddenly broke free from long-term trends and leapt towards the heavens all at the same time. It was an extraordinary event.

Many, including us, have speculated extensively on this discontinuity in recent U.S. financial history. What the heck happened in 1995? We strongly suspect that a significant part of the reason for the odd disconnect in the dollar and U.S. equity markets in the mid-1990s centers around the strong dollar policy of the Clinton Administration.

The mid-1990s were right before the time Alan Greenspan made his famous “irrational exuberance” comment to the U.S. Congress in 1996. The DJIA had just broken through 4,000 in February 1995, and many traditional value-oriented investors looking at cashflows and earnings were in awe of the stock market's gravity-defying progress. By fundamental measures, the Dow was approaching valuation extremes similar to the late 1960s or even the 1920s, and prudent thinking investors were very concerned about stellar equity valuations.

Meanwhile, various currency crises were erupting around the world in assorted “emerging markets”, countries experimenting with free markets and the hazardous art of trying to manage fragile fiat currencies. Every year or two like clockwork, some far-off country would seem to implode as economic problems caused a run on its currency and elite hot money capital deserted it at the speed of light. The 1990s was a decade of continuing financial crises echoing around the globe, putting substantial stress on the world financial system.

In early 1995, Bill Clinton recruited Robert Rubin from Goldman Sachs to become his new Treasury Secretary. Rubin was well known and respected on Wall Street, and he had a passion for the financial markets and a legendary crusader-like zeal to keep the U.S. dollar strong. Rubin knew the strong dollar was necessary to entice fresh foreign capital into the U.S.

financial markets, which serves several important purposes.

First, foreign capital inflows bolster U.S. equity market prices, initiating a virtuous circle that entices still more money into the market. The more foreign capital floods into stocks and bids up prices, the more additional capital is attracted to the same markets. Also, as long as foreign capital was rapidly flowing into the States, the chances of the U.S. being seriously damaged by the swarms of regional financial crises of the mid-1990s remained very low. Wall Street, of course, thrives and makes boatloads of profits as the markets rise.

Second, the U.S. was running a huge current account deficit as U.S. consumers spent far more on foreign goods than the U.S. was able to export. Someone had to finance that deficit and maintain balanced capital flows, so foreign investment capital flowing into the U.S. would allow the gargantuan trade deficit to be sustained in the short to medium term.

Third, foreign inflows of capital helped ensure that domestic inflation in the United States remained manageable. **As the U.S. Federal Reserve ran its printing presses and computers 24 hours a day creating new inherently worthless fiat paper currency out of thin air, an outlet for that currency was needed so it would not slosh around in the domestic U.S. economy and bid up consumer and producer prices.** As long as foreign investors were willing to buy vast amounts of surplus dollars with their own currencies to invest in the U.S. financial markets, a pressure-valve-type outlet existed for the Fed to be promiscuous in its relentlessly inflationary tendencies. Foreign demand for dollars bled off potential consumer inflation and pushed the huge gluts of excess money into the inflating equity markets, which made virtually everyone happy.

Finally, and perhaps most importantly to the simple political mind, a rising stock market creates the illusion of prosperity for all, regardless of whether or not this notion is true. A strong dollar seducing foreign capital into the U.S. equity markets was certainly highly valuable politically, especially as Bill Clinton prepared for a second shot at the presidency in 1996.

The stakes for a strong dollar were incredibly high, and the dollar's strength was highly sought after by the Washington elite as it helped camouflage a variety of structural problems in the U.S. economy, markets, and money supply.

Under Clinton and Rubin, the U.S. government began to make many comments about the strong U.S. dollar and how the official U.S. dollar policy was aggressively for a strong dollar. Amazingly, no one questioned this policy. After all, if the dollar price is determined by free market dynamics, how on Earth can there be any dollar “policy”? The words “policy” and “free market” are mutually exclusive. Either the global markets determine the dollar's value through Adam Smith's invisible hand, or the U.S. government gets involved in a policy of active management and prodding to goad the dollar into a certain range.

As early foreign capital was enticed into the dollar by Clinton Administration proclamations of a strong dollar policy in the mid-1990s, both the U.S. dollar and U.S. equity markets began to rise. Foreign investors sold their own currencies to buy U.S. dollars, driving the dollar up and other currencies down. Many of these foreigners plowed their purchased dollars right into the U.S. equity markets or debt markets, bidding up prices on key U.S. financial instruments and initiating spectacular rallies.

Some, including ourselves, believe that Rubin's strong dollar policy went far beyond soundbites, fiery rhetoric, and occasional currency market interventions. A mountain of evidence is accumulating strongly suggesting that part of the U.S. strong dollar policy in the mid- to late-1990s was a concerted U.S. Treasury-led effort to place a de facto cap on the price of gold. **We have written many past essays and newsletters on the ever-growing and solidifying case pointing to official U.S. government involvement in managing the gold price down, contrary to U.S. law.**

Gold is the ultimate currency. For six millennia it has been the king of commerce, the ultimate asset. This is because gold has internationally recognized intrinsic value in and of itself. Gold is valuable because it is gold. **It does**

not represent someone else's promise to pay—like fiat currencies—and its value depends on no government to maintain. Gold has been sought after aggressively by virtually every nation and empire in world history, including our seafaring friends the Phoenicians of Tyre.

Gold is the timeless arch-nemesis of fiat currencies like the U.S. dollar. Gold is the barometer by which all fiat currencies in world history have been measured. When a paper currency begins to lose value relative to gold, the gold price in terms of that fiat currency rises. If a government prints too much paper money, the value of each paper monetary unit in circulation begins to decline as relatively more money chases after relatively fewer goods, classical inflation. As this inflation from government printing of money becomes manifest, the gold price in terms of that fiat money begins to rise. Usually a short-time later—if the government has attempted to peg its fiat currency to gold—it has to abandon that policy, which is known as a “devaluation”, as it declares gold will now be worth more fiat currency units per ounce. In reality, however, the fiat currency is simply worth less as gold's real value is remarkably constant through millennia of history.

Gold, throughout all financial history, has always been the ultimate judge, jury, and executioner of fiat currencies. If fiat currencies are expanded too aggressively, the gold price rises and ultimately vetoes that fiat currency built on nothing but confidence and promises.

Perhaps the Rubin strong dollar policy was partially or substantially built on the fraudulent premise that aggressive dollar-money-supply growth could be masked by capping gold. If gold did not rise, global investors would lose their traditional warning sign of impending fiat currency problems. If gold did not signal a weakening U.S. dollar through inflation, perhaps foreign investors would keep buying dollars and keep plowing them back into the U.S. markets, the best of all worlds for the Clinton administration politically.

Thus, the “strong dollar” policy was born and nurtured. Through incessant political rhetoric, strategic currency interventions, and most probably official gold price suppression, the U.S. dollar launched on a mega rally which has yet to be significantly broken, even with recent weakness in early August.

Unfortunately for the United States, U.S. investors, foreign investors, and countries and companies that do business with the U.S., the dollar is enormously overvalued and will have to fall. A dollar bear market or possibly even a dollar crash is coming, there is no doubt about it.

Rarely in history has a fiat currency grown stronger when its sponsoring government's economy was in such bad shape. The U.S. current account deficit remains mammoth, the most speculative portion of the U.S. equity markets, the NASDAQ casino, has crashed, and the Federal Reserve has embarked on its most aggressive easing cycle in its entire 88-year history in a last-ditch desperate attempt to stave off the inevitable.

In economic theory, when a country faces economic problems as great as the United States and official interest rates are slashed, a currency should be sold off. Lower interest rates mean foreign investors owning domestic debt securities will receive lower rates of return and a currency will become much less competitive internationally. Contrary to expectations, however, the U.S. dollar has actually rallied significantly in 2001, growing stronger as interest rates were cut, not weaker as anticipated.

Like the mighty NASDAQ bubble of 2000, today most expect the dollar to remain strong—but the prospects for this wishful notion are virtually zero when viewed in light of the current U.S. economic situation. Sooner or later, the fact that the U.S. Federal Reserve has imprudently grown fiat currency supplies at rates far exceeding U.S. economic growth for years and years will catch up with the dollar. A massive sell-off of the U.S. dollar is inevitable. The challenge is in trying to discern the timing.

When the dollar finally faces fundamental reality, it will be sold off. The critical foreign capital that has bolstered the U.S. dollar by flowing into the dollar and U.S. markets will reverse at some point. Foreign investors, slowly at first and then with increasing speed, will recognize the incredible systemic post-bubble stresses still inherent in the U.S. economy, the terrible

U.S. slowdown which will most likely soon be a full-blown recession, and the imploding U.S. equity prices. When these foreign capital inflows, which were approaching record levels early this year, reverse, foreigners will first sell U.S. stocks and bonds, putting heavy downward pressure on Wall Street. Then the dollars earned from selling foreign-held U.S. investments will be sold for the home currency of each foreign investor, driving down the price of the dollar.

The exact timing of any stampede out of the dollar is impossible to predict—but we believe we are nearing the season for a major dollar bear market for several reasons.

Investor faith in markets can be a fragile thing. Right now in the financial markets there is absolutely monumental faith in Alan Greenspan and his Federal Reserve. U.S. and foreign investors alike continue to point to the Fed's rate cuts and convince themselves that all will be well because the Fed is on the case.

Unfortunately for the perpetually bullish, we have been hearing that same statement for over seven months now, to no avail. Heck, it only took Alexander seven months to capture Tyre! One would think that if interest rates cuts were going to help, we would have at least seen initial positive signs by now.

Back in January, a few days after the first emergency rate cut, we hammered out an essay called “The Greenspan Gambit” in which we made the heretical assertion that rate cuts do not matter in a post-bubble environment. Until the speculative excesses of the previous bubble are painfully worked off, we said, rate cuts would probably prove futile. With equity valuations remaining at nosebleed heights, in early January we predicted the markets would sink lower, even with the popular investor fervor over the new Fed rate-cutting regime. We backed up with graphs and further analysis our brazen assertion that rate cuts are meaningless in post-bubble environments in our “Bubbling Interest Rates” essay published the week before the second Fed rate cut of 2001 in late January.

While we have never been among the New Era faithful, many investors around the world have bravely kept their faith in the New Era mythology throughout 2001. Now, with more and more investors gradually coming around to our once heretical conclusion that this post-bubble environment is nothing like anytime of the last 50 years—and that conventional market “wisdom” can prove lethal in this surreal post-bubble era—the probability of a mass foreign exodus from U.S. markets and the U.S. dollar is growing every day. Without international faith in the U.S. dollar and its Federal Reserve custodians, there is no reason for foreigners to stay heavily invested in the dollar. In addition, there is a strong incentive to sell dollars early before the crowd, as if all foreign dollar holders try to exit at once, the dollar price would crash. When they reverse their capital flows en masse, the dollar bear will roar to life.

Another reason we believe the dollar pivot point and a turn south is rapidly approaching is the growing chords of discontent echoing among the power elite in the United States. More than any time in recent memory, there is a huge disagreement and rift between opinions on the U.S. dollar in the halls of power. President Bush says the free market should determine the dollar's value, while his new Treasury Secretary Paul O'Neill publicly corrects his boss and contradictorily says that only he speaks for dollar policy and that the U.S. still aggressively advocates a strong dollar. (On a sidenote, it is a revealing commentary on politics and compromising principles that O'Neil was once an outspoken CRITIC of the strong U.S. dollar when he was running Dow 30 companies in the 1980s!) High-ranking poobahs of various elite Wall Street firms are also publicly disagreeing on dollar policy. Some say the dollar is way too strong and strangling the U.S. export economy, while others say the dollar has to stay strong or we face raging inflation and imploding stock markets. We discussed these disagreements in more detail in the current August issue of *Zeal Intelligence*.

Finally, and most importantly, we believe the dollar is nearing the end of its amazing bull market because we steadfastly cling to market fundamentals and millennia of hard-won market wisdom. **To the best of our knowledge, there is not a single important fundamental perspective that does not show the U.S. dollar woefully overvalued by virtually all historical standards.** In any market, any country, any era,

anywhere, investments that become fundamentally overvalued to extremes ultimately regress to their mean valuations, which are much lower. There has never been an asset or investment in history that has remained overvalued indefinitely. Neither will the dollar. Rock-solid fundamental financial truths—time-tested in the fire crucible of history—will not be shattered by a magical dollar.

The U.S. dollar has been weighed in the balance of fundamentals—and has been found wanting. Its days are numbered.

Bringing us full circle, a diligent study of history, whether of civilizations or finance, inevitably leads to the following conclusion.

NOTHING built by human hands is impregnable, whether it is the magnificent island fortress of Phoenician Tyre or the mighty bastion of currency strength in the current U.S. dollar. Just as the ancient Tyrians believed that because they had not been conquered in the past there was no reason to fear young Alexander and his army, most global investors today think the U.S. dollar will stay strong indefinitely.

Linear assumptions in a non-linear world are highly dangerous. Today the zealous international U.S. dollar faith sits upon a kind of fragile conceptual altar like the widespread Tyrian belief that it could never be subjugated. Like the once mighty city of Tyre, however, the U.S. dollar strength is not immortal. The Phoenician U.S. dollar is poised for a devastating fall. The Tyrians of the international investment world are still partying within the huge stone walls of the “safe and secure” U.S. equity market casino. But somewhere, just over the horizon, a young Alexander rides his mighty war-steed Bucephalus, some yet unforeseen event that will attack the Phoenician U.S. dollar with as much fury as Alexander the Great focused on Tyre.

As the dollar is valued in terms of gold, the primary beneficiaries of a dollar bear market will be physical gold and quality unhedged gold stocks. Before Alexander's army reaches the U.S. market gates, there is still time to jump on a fast golden trireme and move capital to safety. With every passing day, however, the day of reckoning for the U.S. dollar draws closer—and more stones are thrown into the water paving the path to the dollar's date with fundamental reality and destiny.

It's only a matter of time.—Adam Hamilton, CPA, MCSE, aka Zelotes

Do you enjoy these essays? Please help support Zeal Research by subscribing to Zeal Intelligence today!... www.zealllc.com/subscribe.htm

Thoughts, comments, flames, letter-bombs? Fire away at... zelotes@zealllc.com

Due to my staggering and perpetually increasing e-mail load, I regret I may not be able to respond to every comment personally. I WILL read all messages though, and really appreciate your feedback!

Mr. Hamilton, a private investor and contrarian analyst, publishes Zeal Intelligence, an in-depth monthly strategic and tactical analysis of markets, geopolitics, economics, finance, and investing delivered from an explicitly pro-free market and *laissez faire* perspective. Please visit www.ZealLLC.com for more information, www.zealllc.com/samples.htm for a free sample, and www.zealllc.com/subscribe.htm to subscribe.

ONE DOWN, AND ONE TO GO?

By Don Stott, *gold-eagle.com* (Gold Digest), 8/16/01

Economics 101, Logic 101, Physics 101, and every other “101”, says that what goes up, must come down, and furthermore, a balloon cannot be forever inflated, without it bursting. The way I see it, there are two bubbles or balloons. One has already burst: the stock market, NASDAQ in particular. The other bubble is inflating rapidly, and no one knows where the shut-off valve is located. Most contributors to GOLD-EAGLE, long prior to the stock crash, had warned of it, predicted it, and knew it was inevitable. We warned that P/E ratios in the hundreds, or even non-existent, were sure signs of stormy weather. The CNBC gang, stock brokers, and financial advisors by the thousands said ‘all was well’. It wasn't. Down the

NASDAQ came. It was as certain as a dimestore plate thrown from a third-story window would shatter.

The experts still say, "We had no warning." Do they know what the letters "BS" stand for? I'm giving the experts another warning, and when it comes to pass, they will recite the same liturgy, with bowed heads and deep circumspection. Several trillion bucks vamoosed with the last bubble-bust. I wonder how many dollars will vanish the next time? Over a million jobs have already been lost. What will happen when the second balloon pops?

What is that balloon, or bubble? Think about it.

Real estate sales are up. Home prices are up. Auto sales are up. Interest rates are down. Jobs have disappeared. Tourism is down. Mortgages are being placed by the thousands each week, at good interest rates. Commercial and office space goes begging, with businesses failing at record rates. The dot-coms have bit the dust like a thrown rodeo bareback rider—and now the telecoms are laying off, and throwing in the towel. Does any of this make sense? Yes, it does... to me anyway. It is the second balloon that is inflating and which will eventually burst like the NASDAQ did.

The second balloon is credit. Seeming limitless credit. Credit to one and all. Credit to the jobless, and minimum-wage earners. Mortgages, credit cards, and no payment or interest due till February! Come, buy now—and pay later. Buy now and enjoy. We trust you!

Has any new wealth been created? No. All that has been created is the credit bubble. Home builders and purchasers get mortgage money created out of thin air by Freddie Mac, Ginny Mae, or the bank at the corner, who immediately sells the 'paper'. No new wealth; only diminution of the currency's buying power, as trillions more dollars are created by the presses or ledger entries. Hundreds of thousands of notes are signed—and pledges are made to faithfully pay each month for 30 years, or 5 years, or whatever time one is sworn to uphold. Has new wealth been created? No.

Pieces of paper with ink on them by the hundreds of billions are spent, signed, recorded, notarized, and agreed to by borrowers, lenders, suppliers, manufacturers, and consumers. All the while, the telecom and fiber optics industries are trying to finish construction on their new factories so they can sell them. No one wants to buy an unfinished building and maybe not even a finished one. Ask Corning. With joblessness high, trillions of dollars vanished, factories closed, and tourism off, how can home and auto prices and sales go up? Easy! Credit. Credit where no one seems to lose, but everyone gains. Another NASDAQ-type bust being created, in other words. How can it all end? I spoke in a previous piece about \$25 ice cream cones, remember? Try \$50 ice cream cones, or maybe \$100 ice cream cones. Last week a friend took out \$100,000 from her bank checking account, because the interest paid for the month was \$10. (She's not a client of mine, just a friend who is misguided.) She bought a government piece of paper that pays 5%, but even she admits that after taxes and inflation, she's losing. CDs paying two percent, and when the fed lowers the interest rate again, will pay even less. Saving will virtually cease, and all loans will have to be made with "money" created out of thin air. Why should anyone save, when it is a sure loss?

As the credit (money supply) zooms heavenward, the dollar becomes worth less, as the numbers escalate. Since the dollar is the world trade vehicle—and other currencies are measured in terms of their relationship to the dollar—other currencies are also being printed with thoughtless abandon. Time will tell, but the point is that no new wealth has been created. None. Only the paper-thin "prosperity" has been stretched to the breaking point. How does it break?

It breaks when all faith is lost in paper money and the governments that print it. Faith is lost when more and more realize that it is smart to go into long-term debt with an interest deductible 30 year mortgage, which may be paid off by selling a bag of salted nuts in the year 2031. Already the Ruskiies have made their Chevronets gold coin legal tender—and several other 'backwards' nations are making silver coins, which can be used in trade. China is considering doing the same.

The point is, that when the credit bubble gets to the point where it must burst due to total lack of faith in pieces of paper with ink on them—and ice cream cones sell for \$100—a wheelbarrow will indeed be necessary to buy a loaf of bread, just like the Germans needed in 1924.

Like Germany in 1948, the U.S. government may one day say "Dollars are no more legal tender, and we will now use the red, white, and blue, patriotic 'Franklin', which we have already printed three trillion of, and you must exchange 100 dollars for one Franklin, which we have already supplied your bank with last night."

When enough frustrated citizens see their currencies become worth less every day, week, or even hour, and a new one is substituted, it is over for the governments that were responsible. Enough citizens will throw caution to the winds and become violent, when their life's blood has been drained yet again. It has happened time and time again in history, and usually it was because of empty political promises and worthless currencies. When could this happen? Soon? No, but it may in our children's lifetime—and the thought is not a pleasant one. Historically, no nation has ever begun inflating, without the process escalating, and the currency becoming absolutely worthless in the end. It has happened in American three times already, and we are on our way to a fourth. Are politicians more trustworthy now, than they were a hundred and fifty years ago?

The same gang has been messing with the true money (gold and silver) for three years now, keeping the prices absurdly low, because: (1) they need to repay the gold they borrowed, and (2) if gold and silver are allowed to rise to their true value, their dollars will look very bad, and even if the loans are repaid, \$650 gold and \$15 silver won't make paper dollars look very stable or wonderful. The good thing is, that until their efforts fail due to inevitable market pressures, it is a great time for us to get some for ourselves.

Protect yourself.—Don Stott has been a precious metals broker since 1977, has written five books, hundreds of columns, and his Website is www.coloradogold.com

If the reader is interested in my opinions on all sorts of stuff besides economics, I am sending my book *CONSEQUENCES* by e-mail only, since all printed copies are gone. Guns? Welfare? Free trade? Government? Militias? Schools? Rich and Poor? Prisons? Law? 230 pages, and they're all covered. Request one at gold@gwe.net

THE GOLD (REAL MONEY) MARKETS

By Jay Taylor, gold-eagle.com (Gold Digest), 8/28/01

Gold came off a bit last week as the manipulators continued to bide their time. Given the ridiculous levels to which the dollar has risen, manufacturing, mining and farming in America are all in deep trouble. Thus, with the real producers of wealth grinding to a near death status, even Goldman Sachs, who made billions of dollars from the Clinton strong dollar policy, have had to call for the orchestration of a weaker dollar, though they have indicated this should take place gradually.

Given Goldman's role in rigging the gold price downward as part of the Clinton strong dollar policy—which also worked very nicely in generating windfall profits for Goldman and their clients—one must conclude that at least one major reason for Goldman's emphasis on the "gradual" decline in the dollar results from its need to cover their short gold positions. A sudden rise in the gold price that would result in a sudden and violent decline in the dollar would not provide ample time for what Bill Murphy terms "Hannibal Lector" to get out of their short gold positions without losing huge amounts of money. So they work with the government to orchestrate a slow and steady decline of the dollar. So much for the notions of free markets in America.

Last week we published James Turk's well constructed argument that the U.S. may have dishorded up to 87% of America's gold supply. As a follow up to Mr. Turk's excellent revelation, Michael Bolser confirmed James was definitely correct in his assertions.

In an article published by GATA, Bolser drew on more

publicly available government information contained deep in cyberspace for reaching the following conclusion. "We can now confidently state that the ESF's depleted SDR [MM: **The acronym for Special Drawing Rights—AKA "paper gold".**] account, shown below in the associated chart, represents a depleted gold account since the new owners of these transferred ESF SDRs have a valid claim against ESF gold."

Not only did Bolser find confirming evidence that the Exchange Stabilization Fund has been dishording U.S. gold, but he also found evidence that the IMF has been violating its own policy in allowing itself to be used to dishord gold. We believed in the conspiracy theory from day one when we first heard Bill Murphy speak on CNBC. (So far he has never been invited back. I wonder why?) **But the evidence of a conspiracy now being exposed by GATA is getting so strong and obvious that it is hard to see how the mainstream media will be able to ignore it much longer, especially as the October 9th trial thdates draws near.**


GOLDMAN SACHS PREPARES FOR GOLD RISE & DOLLAR DEMISE

No one would know better that the handwriting is on the wall for the gold manipulators than Goldman Sachs and the other defendants named in Reginald Howe's lawsuit—because they seemingly hold positions of privilege and inside knowledge that Ivan Boesky could only have dreamed of. These are the ultimate insiders. They are America's version of "crony capitalists". As such, it seems logical that they are always given advanced knowledge of major turning points so that the American taxpayer and citizens as a whole are constantly guaranteeing their success no matter how bad their decisions.

One of the most obvious and blatant signals provided to the defendants in Reggie's lawsuit was handed to them by Mr. Greenspan when in 1998 he said "central banks stand ready to lease gold in increasing quantities, should the price begin to rise". From that point on, the gold cabal knew they would not need to worry about covering their shorts when they played the gold carry trade. They were handed a no-lose windfall profit opportunity. All evidence being assembled by GATA suggests this inner circle of privileged bankers took full advantage of the signals given to them by Mr. Greenspan.

The propaganda from Goldman Sachs and the other defendants in Reginald Howe's lawsuit as well as paper money apologists like *Barron's* Chery Strauss Einhorn and most all other financial writers in the mainstream press is predictable. As they begin to buy gold to cover their short positions, you can count on these establishment puppets trashing gold as an investment even as these inner-circle banks are buying the yellow metal to cover their short positions. This of course would be completely consistent with the same behavior by sell-side Goldman analysts who continue to pump technology stocks on CNBC which they wish to unload to a highly vulnerable public.

So, what Ms. Einhorn and the conspirator analysts will be telling the world is that gold is a terrible investment. To prove their case they will point to the yellow metal's pathetic reaction to a weakening dollar. Will they in a fair-minded manner tell their readers about the mounting evidence that the gold markets are rigged? Don't be ridiculous, they say! Would they ever look closely at the fundamental strength of gold, such as Frank Veneroso has, which demonstrates a fair market value for gold would be somewhere around \$600—without a run on the dollar.

And these media puppets can be counted on to simply mimic the propaganda put out by the major bullion banks, without even thinking to question the legitimacy of those positions, these falsehoods get played over and over again in the press so that the big lie is perpetuated. **So, like lemmings, vast numbers of Americans will continue to be misguided away from gold and toward paper assets of one kind or another, be they stocks or bonds or money-market instruments. This I believe will result in disaster for millions of Americans and folks around the globe as the Kondratieff winter unfolds.**—Jay Taylor, Editor of *J Taylor's Gold & Technology Stocks*; <http://www.miningstocks.com> 

PHOENIX JOURNALS LIST

THESE WORKS ARE A SERIES CALLED THE *PHOENIX JOURNALS* AND HAVE BEEN WRITTEN TO ASSIST MAN TO BECOME AWARE OF LONG-STANDING DECEPTIONS AND OTHER MATTERS CRITICAL TO HIS SURVIVAL AS A SPECIES AT THIS TIME. SINGLE JOURNALS ARE NOW ON SALE FOR \$3.00 (REG. \$6.00). (Shipping extra—see right.)

1. SIPAPU ODYSSEY
2. AND THEY CALLED HIS NAME IMMANUEL....
3. SPACE-GATE, THE VEIL REMOVED
4. SPIRAL TO ECONOMIC DISASTER
5. FROM HERE TO ARMAGEDDON
7. THE RAINBOW MASTERS
9. SATAN'S DRUMMERS
10. PRIVACY IN A FISHBOWL
11. CRY OF THE PHOENIX
21. CREATION, THE SACRED UNIVERSE
38. THE DARK CHARADE
39. THE TRILLION DOLLAR LIE...VOL. I
40. THE TRILLION DOLLAR LIE...VOL. II
41. THE DESTRUCTION OF A PLANET—ZIONISM IS RACISM
42. UNHOLY ALLIANCE
43. TANGLED WEBS VOL. I
44. TANGLED WEBS VOL. II
45. TANGLED WEBS VOL. III
46. TANGLED WEBS VOL. IV
48. TANGLED WEBS VOL. V (OUT OF STOCK)
49. TANGLED WEBS VOL. VI
50. THE DIVINE PLAN VOL. I
51. TANGLED WEBS VOL. VII
52. TANGLED WEBS VOL. VIII
53. TANGLED WEBS VOL. IX
54. THE FUNNEL'S NECK
55. MARCHING TO ZION
56. SEX AND THE LOTTERY
57. GOD, TOO, HAS A PLAN 2000—DIVINE PLAN VOL. II
58. FROM THE FRYING PAN INTO THE PIT OF FIRE
59. "REALITY" ALSO HAS A DRUM-BEAT!
60. AS THE BLOSSOM OPENS
61. PUPPY-DOG TALES
62. CHAPARRAL SERENDIPITY
63. THE BEST OF TIMES
64. TO ALL MY CHILDREN
65. THE LAST GREAT PLAGUE
66. ULTIMATE PSYCHOPOLITICS
67. THE BEAST AT WORK
68. ECSTASY TO AGONY
69. TATTERED PAGES
70. NO THORNLESS ROSES
71. COALESCENCE
72. CANDLELIGHT
73. RELATIVE CONNECTIONS VOL. I
74. MYSTERIES OF RADIANCE UNFOLDED VOL. II
75. TRUTH AND CONSEQUENCES VOL. III
76. SORTING THE PIECES VOL. IV
77. PLAYERS IN THE GAME
78. IRON TRAP AROUND AMERICA
79. MARCHING TO ZOG
80. TRUTH FROM THE ZOG BOG
81. RUSSIAN ROULETTE
82. RETIREMENT RETREATS
83. POLITICAL PSYCHOS
84. CHANGING PERSPECTIVES
85. SHOCK THERAPY
86. MISSING THE LIFEBOAT??
87. IN GOD'S NAME AWAKEN!
88. THE ADVANCED DEMOLITION LEGION
89. FOCUS OF DEMONS
90. TAKING OFF THE BLINDFOLD
91. FOOTSTEPS INTO TRUTH
92. WALK A CROOKED ROAD WITH THE CROOKS
93. CRIMINAL POLITBUROS AND OTHER PLAGUES
94. WINGING IT....
95. HEAVE-UP (Phase One)
96. HEAVE-HO (Phase Two)
97. HEAVE 'EM OUT (Phase Three)
98. ASCENSION OR NEVER-EVER LAND?
99. USURPERS OF FREEDOM IN CONSPIRACY
100. BUTTERFLIES, MIND CONTROL—THE RAZOR'S EDGE
101. THE BREATHING DEAD AND CEMENT CHILDREN
102. SACRED WISDOM
103. CONFRONT THE NOW CREATE THE FUTURE
104. FIRST STEPS
105. AMERICA IN PERIL—AN UNDERSTATEMENT!
107. RING AROUND THE ROSIE...!
130. TRACKING DOWN THE KILLER (OUT OF STOCK)
"AND OTHER FORMS OF MURDER" (*The Health Book*)
222. BIRTHING THE PHOENIX VOL. 1;
223. BIRTHING THE PHOENIX VOL. 2;
224. BIRTHING THE PHOENIX VOL. 3;
225. BIRTHING THE PHOENIX VOL. 4
227. RISE OF ANTICHRIST VOL. 1;
228. RISE OF ANTICHRIST VOL. 2;
229. RISE OF ANTICHRIST VOL. 3;
230. RISE OF ANTICHRIST VOL. 4

FOR INFORMATION ABOUT *JOURNALS*, BOOKS, ETC., MENTIONED IN THIS NEWSPAPER, PLEASE INQUIRE:

PHOENIX SOURCE DISTRIBUTORS, INC.
P.O. Box 27353
Las Vegas, Nevada 89126
1-800-800-5565
(Mastercard, VISA, Discover)

Phoenix Source Distributors SHIPPING CHARGES:

USA (except Alaska & Hawaii)

UPS-\$3.75 1st title, \$1.00 ea add'l
Bookrate-\$2.50 1st title, \$1.00 ea add'l
Priority-\$3.40 1st title, \$1.00 ea add'l

ALASKA & HAWAII

Bookrate-\$2.50 1st title, \$1.00 ea add'l
Priority-\$3.40 1st title, \$1.00 ea add'l
UPS 2nd day-\$9.00 1st title, \$1 ea add'l

CANADA & MEXICO

Surface-\$3.00 1st title, \$1.50 ea add'l
Airbook-\$4.50 1st title, \$2.00 ea add'l

FOREIGN

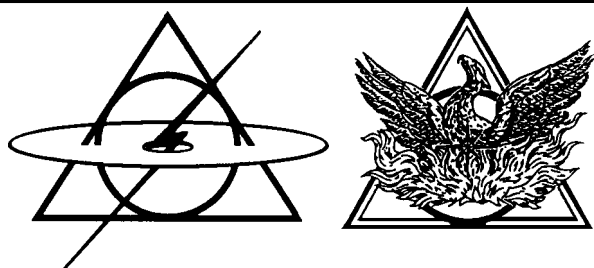
Surface-\$3.00 1st title, \$1.50 ea add'l
Airbook-\$8.00 per title estimate

(Please allow 3-4 weeks for delivery on all book orders)

CONTACT Staff

Margie Berndt
Mark Moore
John & Jean Ray
Rex Smith
Princeton Winton

PLEASE NOTE:
CONTACT and Phoenix Source Distributors are **NOT** the same! Checks sent for **JOURNALS** or book orders should **NOT** be made out to CONTACT—and vice versa.



Editorial Policy

Opinions of *CONTACT* contributors (including ads) are their own and do not necessarily reflect those of the *CONTACT* staff or management.

CONTACT: THE PHOENIX JOURNAL

is published by
CONTACT, Inc.
P.O. Box 27800
Las Vegas, NV 89126
Phone: (800) 800-5565

SUBSCRIPTION RATES

Subscription orders may be placed by mail to the above address or by phone to 1-800-800-5565.

Subscribers: Expiration date appears on upper left side of mailing label.

Quantity Subscriptions: U.S. For Foreign subscriptions call or write for shipping charges.

SINGLE SUBSCRIPTIONS					QUANTITY SUBSCRIPTIONS				
Quantity	U.S.	U.S. ENVELOPE	CANMEX	FOREIGN	Quantity	10 COPIES	25 COPIES	50 COPIES	100 COPIES
13 ISSUES	\$30	\$40	\$40	\$45	13 ISSUES	\$95	\$125	\$160	\$275
26 ISSUES	\$60	\$80	\$80	\$90	26 ISSUES	\$190	\$250	\$320	\$550
52 ISSUES	\$110	\$150	\$150	\$170	52 ISSUES	\$380	\$500	\$640	\$1,100

BACK ISSUE RATES

Miscellaneous copies of individual back issues are \$3.00 each copy
Shipping is included in the price for U.S. orders
Foreign please call or write for additional shipping charges

WORDS OF WISDOM FROM HATONN

CONTACT OR SPECTRUM?

I want to briefly respond to a most unusual question from a totally "out of the blue" person: "It appears *Spectrum* will fail, possibly close, so will you go back to writing for *CONTACT* or what?"

I have never stopped writing for *CONTACT*—but I have **NOT** written, nor have my compatriots written for *Spectrum*. Tails wag a lot of dogs, my friends. Therefore, "or what" has no meaning.

January 6, 2001