

# CONTACT

THE PHOENIX PROJECT JOURNAL

GOD'S NEW MILLENNIUM

KNOWING TRUTH IS NOT ENOUGH,  
SUCCESSFUL CHANGE REQUIRES ACTION



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NEWS REVIEW

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# Mankind Is NOW Demanding Change

7/4/02—#1 (16-19)

RE: GLOBAL FOCUS WITH JUST A TOUCH OF "REALITY CHECKING" and PSYCHIC REALITY FROM A GATHERING OF "ELDERS" IN THE TRIBAL COUNCILS

### ACKNOWLEDGEMENT CORNER

**Hatonn**—We get so many requests and wonderfully supportive letters, care packages and articles that it causes great sadness because of the inability to respond either to the actual "questions" and/or timely with the "thank you" responses.

Just today there is again a "behind due" note to "Irene" of Canada for the items sent from Irene and received day before yesterday afternoon. The gratitude that is represented here is the appreciation to Irene and to you who remember us while doing what you can to push and shove us through the "eye's needle", as already referenced. A change or two of clothes is the particular

focus of this "Thank You", again, to Irene.

Then we have our wonderful friend, Will P., who sends a quite regular package of supplements and tea for the soul. His last package, however, contained the best "Probiotic" capsules yet shared and this goes beyond appreciation and into the realm of survival long enough to get this task physically concluded.

I am going to address the Probiotic hot topic ASAP and yet, I never like to harp on anything, especially that which will surely "make you possibly feel better in some obscure manner" due to the antics of our adversaries.

In use of products already on the market and yet needing that which only we can offer in additional "basic foundation building", I don't like offering anything that is not in our own realm of ability to resource.

As "dealers" try a prime product to be changed from "another" there gets to be large dilutions of ingredients to try and cover everything, mostly for sales purposes, and thus create a competition edge, creating push and pull and CONFUSION.

Yes, indeed, I personally wrote on the topic of necessary "good" bacteria in

your system—YEARS AGO. Now, the hot trigger term is "Probiotics". Ah good brain scramble (BS) as you now go overboard into the pool of "the next miracle" tool. No, these are OLD miracle realities. If you KILL off all of your good bacteria with ANYTHING, you wipe out your natural immune system right along with your ability to feel very well.

So, as I speak on these topics of great concern I will try to wait until we have resource where you can also obtain the BASIC product that is the very living fundamental "carrier" of choice for a human body. Trade secret? No, it is "product availability" and RESPONSIBILITY.

With the assault against Diane by her very "partners" who held the actual responsibility of their presentations, we have been damaged by having a two-year break in our ongoing ability to offer basic products—even those NOT under any question or impact.

The fact is that the very people who STOLE (no, they did not "just borrow") *our paper, CONTACT*, fully

(Continued on page 2)

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intended on taking New Gaia with its “Mother”, Unlimited Movement and go into full business using OUR PRODUCTS. They proceeded to cut their own throats and thus decided to destroy everything in reach.

THERE IS NO NEED TO “NOT CONTINUE” THE PRODUCT LINE AND, INDEED, THE SAME PERSON COULD WELL ACT AS MANAGER JUST AS PRIOR TO NOW. Diane did NOTHING wrong or even incorrect unless wetting and affixing a stamp to a paper brochure is somehow “incorrect”.

The basic guidelines for product for that distribution point as would be updated by the FDA were STOPPED AND DUMPED in Las Vegas right at Nevada Corporate Headquarters as they arrived. Moreover, Mr. Moorhead was the accountant (dirty word these days and rightfully applied right to this circumstance), held all information and then orchestrated the GANG RAPE of New Gaia and Diane Eckert-Kunick. The “haddee”, however, was to have been Ekkers—and yea, “Dharma’s old Hatonn”.

The end intent was to get rid of Ekkers and gather in all the product funds, paper, publishing, and YOU NAME IT. And THAT, readers, was just for openers.

After two years it is easy enough to gear up but financing restart, new packaging from seals to labels and renegotiation with suppliers who have furnished basic product for individual labels must be RE-connected. AND, already, labels in some instances reflect WRONG date data.

Ah but, in this instance, instead of redoing labels on good product it is allowed to simply “sticky label” over the bad data. Surely “Carlos” could do that easily enough or get someone in to make sure all is repaired. Any products we have recommended have “open” dates except for some instances where dates are affixed to keep records of batch numbers (box contents) should there ever have been a problem—it could be corrected properly.

As for Diane (and particularly Jack), she (they) would be the very best resource after having been stung so severely and painfully by the parasitic dung-slingers. Moreover, the records would be assured OPEN PRESENTATION right to the promised “search and seizers” as offered by the court on anything Diane handles. The restrictions against Diane are MINIMAL and this is one area of privacy she should not hesitate for even a moment to offer up to the Big Boys.

ALL of the colloids as in “metal” minerals (copper is a good example) are in the daily requirement charts. These are NOT “medicines” nor or they “new drugs”.

However, if the FDA wishes to keep these “old drugs” or “treatment modalities” off the market—so be it. THEY (GOV’T SHYSTERS) HAVE LEFT THEMSELVES THEIR PERFECT “OUT” AS USUAL. SO, IF THESE PRODUCTS ARE OFFERED IN SMALL QUANTITIES WITH SUFFICIENT PARTICULATE (AS TESTED ON INSTRUMENTS)—THE ITEM BECOMES “SUPPLEMENT”.

My own preference as to colloidalizing of minerals through electrical systems would actually be to, for goodness sakes, contract it done by, say, Jack, who is a fully-noted electrical systems supervisor. You need to handle electricity

other than intricate spectrometer readings—only produce a “reading” of “water”. No matter what, for instance, you “feed” Gaiandriana the result if properly produced will read: “Water”.

I am asked why, for example, is there a difference in Gaiandriana and AquaGaia as kept in separation as bottled if both are Dria-based in identical cellular “base”?

Ah indeed, BECAUSE the Drias as established in Gaiandriana EAT (absorb) the very mitochondrias you want to move about pac-manning the cholesterol or plaques that tend to form also in lipid form to vessel walls. No big deal but the AquaGaia SOLUTION was especially “fed” glucose and trained, therefore, AS MITOCHONDRIA to go right to work in a rather “mechanical” way and not have to WAIT for the cellular processing which can also take up precious time and never put the little “bullets” to proper targets.

I believe, hopefully, suppliers have met and corrected any MISUNDERSTANDINGS that may have come forth from, frankly, IGNORANT handlers.

Were it in MY prerogative to “manage”, I would suggest you contract somehow with Diane as consultant or something because obviously with all the prior “team” of rogues departed, she may well be the only party around who could even “guess” at prior contacts for products.

NO, “I” AM NOT WILLING TO GIVE UP, ROLL OVER AND PLAY DEAD OR OTHERWISE—AS LONG AS “MY” FRIENDS HAVE “NOT” WHILE CHILDISH “GETCHA” GAMES ARE THRUST AGAINST US. THOSE “GETCHA” PLAYERS ARE NOW THE ONES UNDER THE MAGNIFYING GLASS OF THE FDA AND DON’T FORGET IT FOR A SINGLE MINUTE. THE DIFFERENCE, ☺ ☺ ☺, IS THAT THIS IS NOT NOW OVER “PRODUCT” POSSIBILITIES BUT RATHER, FRAUDULENT INFORMATION FED DIRECTLY TO FEDERAL AGENTS. BIG, BIG, BIG DIFFERENCE. BUT, THIS IS WHY IT IS IMPORTANT FOR DIANE TO PLAY OUT THIS HAND DEALT BY THE BASTARDS OF HELL.

I am asking Mark to confer with others and start rerunning our information items and then offer a resource which can serve as a “distributor” just as before and frankly “New Gaia” is quite suitable since the parties who stole everything cut and ran and in the process DUMPED the most important thing of all: “corporation” and “dba” which made things legal and operative especially through contracts which legalized and regulated things under the California laws as to ANY use of “even” funds.

## PHOENIX JOURNAL SPECIAL SALE

These priceless *Journals* are presently on sale for the incredibly low price of \$3.00 each plus Shipping/Handling.

It wasn’t too long ago when these *Journals* were priced at a reasonable \$10.00 each.

This once-in-a-lifetime sale will be ending on September 30th, so there will *NEVER* be a more appropriate time to purchase an entire set—or at least complete your existing collection!

Please call 1-800-800-5565 for ordering information—and check the back page of this paper for a listing of the currently available *Journals*—while supplies last!

PROPERLY to present metallic colloids. Particulate must be appropriately TINY or you have metallic fallout—which is a total NO-NO in anything “I” offer.

We also have available a very responsible Electrical Engineer whose very career is with the Department of Water and Power for Los Angeles who would be most happy to test the solutions—but you don’t need more than a batch test once methodology is established. Science is a “science” and parameters are easily repeated.

It is not “impossible” but difficult, however, to TEST some items like ionized water where you have CLUSTERING of ions, for the test results—

I would hope you would not withdraw the very same resource as “New Gaia” or “Gaia Premium” BECAUSE it will be RECOGNIZED! For goodness sakes, STOP WITH THE FEAR ALREADY! Just start CLEAN AND CLEAR and end what came BEFORE with the split and the now “recovery” of those business entities. Just make SURE that the line of separation is clear and visible. That is easy in retrospect because of the major breach of continuity and shifting of locations and holdings.

You don’t need to hire accountants until you have some freed-up funds—just keep your records and then when you re-establish, you get outside accountants and bookkeepers right out of the business directories. We certainly do not want any more things tainted like ENRON. And, yes, THAT is exactly what you had while running things through the miscreant crowd. But, friends, we HAD TO KNOW WHO—didn’t we?

If Brent Moorhead did not do his job honestly and file necessary paperwork with such as IRS, etc. (the company was always in absolute debt over its head), then that is Mr. Moorhead’s problem and not for Diane K. to rectify.

The only thing Diane needs do, actually, is bring a legal complaint against every last participant ever involved in the “great debacle” and that can easily NOW be done right through the very entity long established. The miscreants LEFT THE SMOKING GUN AT THE VERY SCENE OF THEIR CRIMES.

Don’t just “bury” the patient—HEAL THE PATIENT AND SAVE THE BODY WHILE AT THE SAME TIME ESTABLISHING NEW GUIDELINES AND REGULATIONS ON YOURSELVES.

As an example, from an article I will share with you on Probiotics, there are over 4,700 places on the Internet alone where Probiotics can be obtained. The fact that we are only talking about gut bacteria doesn’t seem to be very impacting and, like silver, OLDER THAN THE HILLS OF Lebanon. The FDA has a problem don’t they? They have to check EVERY site, every bottle of every product and still “gut bacteria” is not only appropriate for “presence” but the only question is “now much” is in a capsule as packaged. I think anything New Gaia might offer under our beautiful label is going to be wondrously respected under the regulations because we DEMAND QUALITY—period and end of story.

If participating people goofed or bungled—STOP IT! Furthermore, frankly, I am most pleased that to recover you are going to have to GO TO my “old friends” through Pablo, *et al.*, who were also the bunch of innocents threatened by the miscreants as well as their family members right down to efforts to get some of the family members DEPORTED. If you want to identify “Ugly Americans”—go directly to the *Spectrum* office and get addresses and phone numbers! AND, oh no, I have no intention of getting “nicer” about those nasty little devils who deal on Nasty Street.

Any Federal AGENT going after ANYTHING referenced as SIMILAR to “New Gaia” or a “Diane Kunick” is going to breathe very heavy indeed and from now on go directly to source of complaint and check EVERYTHING about that “secret” informer. THIS WHOLE EPISODE WAS HORRIFICALLY EMBARRASSING! Therefore, please don’t bury the baby in addition to dumping the bath water containing baby.

NO, you do NOT need a resident lawyer to

accomplish your programs. You need to check standing regulations, keep your records updated, do your work and LEARN YOUR SECURITY GUIDELINES. **The problem is in the dumping off onto others YOUR JOB.**

Diane, for instance, may well not want or need that old job which brought hellfire and brimstones, BUT you now need her “lessons learned”—and now YOU KNOW YOUR ENEMIES AND CAN PUT FACES TO THE VERY INDIVIDUALS IN POINT. This is a blessing FEW ever have opportunity to experience. Diane has a far larger job than Gaiandriana and that involves ME. (That does not read “Doris”, that READS: “HATONN-ATON”.

I don’t want any of you to have to work “harder”—I want you to work “smarter”.

Neither do I suggest ANY OF YOU simply assume that when we “make it” in Manila that YOUR RESPONSIBILITIES END WITH THE CHECK RECEIVED AFTER BEING “IN THE MAIL”. However, leave the transition to other people in good order so they can move on, build, grow, and produce. If you don’t build it NOW, you will not even HAVE IT, later. Think about it as everyone takes their “rewards” and head for their own proverbial hills.

GAIANDRIANA MUST BE AVAILABLE AND THERE IS NO DEBATE ABOUT IT NOR IS THERE ARGUMENT AS TO “WHO” MIGHT CONTROL IT. AND ALWAYS REMEMBER: IT WILL TEST OUT, NO MATTER WHAT YOU ADD TO IT—AS WATER! SAFE ENOUGH? I WOULD GUESS SO EVEN IN YOUR WORLD OF UNCONDITIONAL HATE AND “GETCHA”.

Please recognize the fact that Bruce T. volunteered to see to the problems with the offices and warehouse shared in Las Vegas and, as well, attend the “product” line in order to restore some products offered WITHOUT input from “Diane” (for lack of better or accurate description).

We have asked “Connie” to continue to man the phones so that the lines are not lost to the “ordering numbers” while there is a recouping of stability for people and not the least, property. She has agreed to continue that service as a contract person. Further, we will relieve Bruce as soon as possible because his position is/was ever intended in publishing and related potential developments.

The point NOW is in the MOVING which we also call “ACTION” to get back up onto feet again. Let us not allow the miscreants to have irreparably CRIPPLED us. We are NOT crippled nor are we invalidated—we are ready to BEGIN this phase of incredible movement FORWARD. Remember: Angels lift you to your feet when your wings forget how to fly! YOU HAVE TO DO THE FLAPPING, HOWEVER. NOW YOU ARE GIFTED WITH KNOWING THE RULES AND GAMES IN THE “PRODUCT” ARENA AND YOU CAN AVOID THE PITFALLS AND TRAPS ALONG THE PATHWAY.

One thing we will never AGAIN ALLOW is someone to put together a catalog that misrepresents ANYTHING. We will claim nothing. We will offer ONLY product with proper information ON THE LABEL. Information will, of necessity, for protection of all involved parties, be presented separately and only as “information” while liberally sprinkling with Internet research information as well as our own observations. IT WORKS AND THAT IS THE POINT.

KISS (Keep it Simple and Separated).

If I write about what I ask Dharma/Doris to do, it does not mean I am practicing medicine if you choose to do the same. And yes, example: Dharma has at LEAST TWO (2) liters of WATER a day—OR MORE. Certainly when “under the weather” it is LOTS more. This is about 8-10 cups of simple water.

However, since she is pretty “stay put” she puts it into a “sucky bottle” (one with a straw) and keeps a couple stashed around where she will be. Any routine is fine. BUT, to each bottle I have her add a MINIMUM of the “New Gaia” “vortexed colloidalized minerals and also the vitamins” directly as anyone else would get them. A dropper “squirt” into approximately a quart of water. In addition she adds about an ounce of Gaiandriana—but 10-20 DROPS is certainly sufficient. To that she adds 10 drops of silver colloid to make sure there are no unwanted varmint in the cup because the cup, after all, is NOT sterile. OxySol would be better for this purpose but she wants no “flavor” added and she can come by silver colloid far more easily than she can obtain OxySol in Manila.

**SOMEBODY GET ON THAT OXY SOL—WHY HAS EVERYTHING STOPPED? AND YES, WE DEMAND TO KEEP THE ASSETS “IN THE FAMILY”—THAT IS ONE OF THE POINTS AS TO QUALITY CONTROL AND TO FUND OUR ONGOING NEEDS!** Why do you await miracles when you HOLD THE MIRACLE?

We have to watch as people in Mt. Shasta, for goodness sakes, make a bundle on our setups of “vortex apparatus”. What happened with our magnetized bottles for vortexing and “liquid clustering” equipment? PLEASE, GET THOSE BOTTLES MOVING AND YOU GET THEM OUT OF YOUR CLOSETS AND VORTEX YOUR WATER AND ANYTHING ELSE YOU USE AS A LIQUID. WATER BECOMES AS GOOD AS THE OLD GLACIER SPRINGS.

Why is our mineral solution better? BECAUSE IT HAS “RARE EARTH” minerals which are volcanically-produced ANCIENT minerals mostly now depleted from your ability to find them—AND YET, YOUR BODIES WERE CREATED TO UTILIZE EVERY ONE OF THEM—“YOU” ARE COMPILED BY “ALL” OF EVERYTHING! REASSEMBLY REQUIRES ALL IF YOU ARE TO BE REASONABLY REPRODUCED.

You see, you do not need to fret over my presentation as “light” or “dark” as in judging a piece of toast—WHAT DO I OFFER YOU IN TRUTH? “THAT” IS THE QUESTION, MY DEAR ONES—NOT, TO BE OR NOT TO BE...! And, moreover, if you get some “Hatonn” who simply continues to feed you mush and gush and offers you nothing to enable you to grow, thrive and share “the way” along with the “how”, you have a full dud, my dears.

Go WITHIN? For WHAT? If you put “crap” within, then you can’t get doodle-de-squat OUT other than crap. And I remind you: A receiver who will not identify is Satan himself at PLAY. All the shouting and swearing and sweet gush from the “speaker” means NOTHING, NOTHING, NOTHING... (do you get the point?)...!

We had also made available the rare-earth capsules. Where are they today? I will say that when you run out of the commodity we supplied, you are OUT because I will not tell a surrogate where to get them! The FDA “scientists” had to ask “what in the world is rare earth?” My goodness, all you have

to do is use the dictionary! To you who want to ascend—you are going to have to have a few of those unnoticed minerals—ESPECIALLY YOU WHO THINK YOU WANT TO ASCEND WITHOUT ANY EFFORT OTHER THAN MEDITATING! Your bodies, as are, can't hold a frequency in the lowest light range much less ascension waves.

Dispersion and reassembly of "matter" requires a DNA structure which allows for that processing of any form of manifestation into a material form, and yea, even into a holographic WHOLE. With that little tidbit I had to go fish Dharma from under the bed. She is really tired of such topics that are not even understood well enough to be controversial. BUT, ISN'T "THIS" FOR WHAT "YOU" CAME ABOARD? THEN, STOP THE NONSENSE. "Light" energy or "Dark" energy as you define the silly concept, is neither here nor there, for what IS, IS and tampering only damages, for it cannot PERFECT nor can it CREATE.

You really are trying to lift off as in FLY with your soul. Well, we are trying to teach you not only HOW but get you to "solo" liftoff. That means we will also offer the things you will need in that manifest FORM to be able to have a manifest matter form for your own use. Shooting down the messengers only gives Satan "target practice" while you go deeper and deeper in debt to the 'company store'. I certainly don't care how many of you are "confused"—SORT IT! Where are your brains, your minds, reason, logic and TRUTH?

Facts are that you now have New Gaia totally cleaned up, friends—why chop and bury? And no, I do NOT care one way or another about anything regarding the miscreants who set forth to destroy all we offer and for which we stand: one people, under GOD with liberty and justice desired for all. And God bless you all on 9-11 WHATEVER, for you are about to drill some more holes in your sinking boats. And remember well, in addition, a bird whose feathers are plucked—cannot fly! Be careful about your feathers, birdlings, because you render selves totally unflightworthy every time you buy into the garbage-spreading.

On a more understandable level of example: When you "buy" something, the selling party expects, at the least, a Federal Reserve NOTE in exchange. Wow, simple in every concept isn't it? My goodness, people, YOU ARE MANIFEST BEINGS—you must have that which serves in the MANIFEST FORMAT. Stop the Alice in Wonderland fantasies based on nothing (just like the Fed Res Note in point). You are so brainwashed that if someone offered you a goldpiece instead of a Fed Res Note you would first refuse to take it—IT HAPPENS EVERY DAY IN OUR WORLD! Just try giving a few grains of gold to the checkout clerk at the grocery market and watch the expression on her/his face. You can't even exchange Federal Reserve Notes for anything except other worthless Federal Reserve Notes. Stop and consider it carefully.

Oh but you can in the Philippines? NO, YOU CAN'T! Even the "Euro" is VALUED against that Federal Reserve Note BASED ON ABSOLUTELY NOTHING!

So, you want magic? Why? You have years, yea centuries, of MAGIC. Wouldn't it be refreshing, at the least, to TRY REALITY?

You see, you don't need selective attention even in the line of product information about that which is "out there" somewhere. Look it up, help—in this case—New Gaia and get moving. There is an

incredible NEED so FILL it. If you want "lift-off", then you had best be flapping those wings, chelas. It comes with "flight school". Stop looking for magic in some Shamballa or Nibiru. YOU ARE "IT", can't you see? You must attend SELF "where you ARE"—RIGHT THERE WHERE YOU ARE!

We personally, as in "us" with Ekkers on board, have had to wait through legal games while our own families were on trial and under target in the most incredible way possible. IT IS FINISHED TO THE POINT THAT WE MUST NOW "HITCH UP THAT TRAVOIS AND HAUL ASS". Little Crow can explain the statement and NO, I won't "clean it up" for sensitive ears, for Little Crow wouldn't, so why should I in pretending that some PIOUS old sheet-wearing ghost is somehow too holy than to get down to WHERE YOU ARE! No, GOD goes to the gutter EVERY TIME "you" go there. Get it straight, friend. YOU may go anywhere you choose—it is called FREE WILL.

#### LEARNED ELDERS—(OR NOT ELDER)

I am entertained frequently by the retorts I get on such writings as this might conjure. I get "But, \_\_\_\_\_, (Dr. Young?), is a learned professor from Stanford and holds several 'doctorates' in several subjects... therefore why shouldn't I believe him instead of your invisible presence, good sir/madam/teacher/dark-light energy (you name it/me)?" Do, fine, believe him, it, etc. But as to receiving doctorates from the INSTITUTIONS of higher bigotry and mandated wrong information dispersion? No thank you. I AM NOT IMPRESSED IN EITHER THE MAN OR THE PROJECTED BS FROM THE PEN OR MOUTH OF SUCH IMPOSTORS. If you wish to "follow" nonsensical pipers (organ players), DO SO and stop annoying us. Dr. Young is exceptionally learned in electricity flow (Electrical Engineer is one of his "doctorates"). HE IS TOTALLY WITHOUT REASON IN HIS PRESENTATION OF SPIRITUAL TRUTH; so too is the impostor conjured by his colleagues from "outer space".

"This will offend Dr. Young," you say? Why, are you inferring that Dr. Young would stoop to reading "our" material? Oh my, is there something I could have missed here? The same holds true for V.K., Rick, Bellringer, Rumor Mills—you name it. Why do they continue to burden themselves into insanity playing with OUR things? Why don't they just take their "stuff" and go forth, live long and prosper—in the words of you-know-who. We remain around here with the "you-know-what".

And to you who continue to somehow think *SPECTRUM* is some kind of take-off of *CONTACT*—THINK AGAIN! "Spectrum" is a wholly owned corporation belonging to an individual called "Ed Young". Moreover, he went forth and got it some special Federal treatment for tax purposes. So, he has LIED in one place or another—go back and read the documents which came out of the "split" in 1999—at or about the same time as the Feds were called in to interview the nasties against us. Spectrum is the corporate entity that received ALL THE PAY GOING TO DR. YOUNG to keep him free of the infernal IRS for MANY, MANY YEARS and through TODAY.

Moreover, students of fact, THE SORTING HAD TO BE ACCOMPLISHED!

Note that what we are doing IS WORKING—so about what is the argument? WHAT, BY THE

WAY, DOES DR. YOUNG, EXACTLY, OFFER YOU? You don't know? Good, it is one less BS (Brain Scramble) with which you must deal. Dharma stalls out a bit and asks: "Is there a message we might miss out of this writing, sir?"

Yes indeed, you are through the "eye" now, so let us heal the wounds but NEVER ignore the attacker lest you get broadsided again. You may well not yet see "results" in that which you can "count" but it is, nevertheless, taking its proper sequence. We will not, either, live by magic—so, let us get our work in order and ready to move ahead—it is IMPORTANT! There is yet a lot of debris to be moved out of the path and flow-lines. WE CAN DO THIS—we already have done it. *SPECTRUM* as such is but one tiny piece of rubbish to be attended. What is one more or less birdcage liner? Can it be "recycled"? Into what?

As for property losses which might expire if not legally tended, E.J.—get a message to that attorney before October so there is no loss through limitation statutes. We MUST reclaim our property, for it was not just "your" (our) property lost—it was "all of ours". This has little to do with "money"—it has everything to do with "right" and "justice".

Do we want the "miscreants" "out of town"? Who cares where they are? They contribute nothing to the area or to the town—so why consider it worthy of your attention one way or another? They will be far more convenient to reach under the law while right where they ARE. So, please, encourage them to stay around. **THEY HAVE LOST ALL CREDIBILITY—END OF STORY.** But, indeed, we want them all "handy"—SOON. Note, I did not say "imminent".

I always have told you, chelas, there is nothing like SUCCESS in an endeavor well accomplished, to prove our point in both honor and in TRUTH.

#### NOW FOR A NEW POINT OF REALIZATION

I want to leave you with the above long enough to carefully consider the next offering for the sharing. The following was brought by Ramon as shared with him by some people who presented a consensus of information from "higher sources", "lower sources", ESP, Psychic speakers—and in general, a massive grouping of very wise projectionists. The information deals WITH THE PHILIPPINES but I think you can read on top of those lines presented.

[QUOTING:]

#### THE PERILOUS 3RD QUARTER OF THE YEAR 2002

**[H: This refers to the quarter "just ending" September 31<sup>st</sup>.]**

There is a storm gathering on the horizon. The pressure has reached its apex and a social volcano is ready to irrupt at any time. The political situation is very fluid.

What is happening locally is only a microcosm of the global situation. A global financial collapse is nearing its logical conclusion. The dollar collapse will trigger everything and it will be a worldwide disaster. An economic depression worldwide worse than that of the 1929 era is not remote.

A paradigm shift in the consciousness of the people is reaching a point that will manifest itself in a big, dramatic alteration of our way of life—

politically, economically, culturally and socially. Old political systems will give way to new ones. Social and economic systems will move and give way to more practical systems.

Elections coupled with their systemic fraudulent manipulation are self-destructive, together with all of the institutions and systems of the old ways. The changes are not coming from the outside. They are coming from the inside “within” every system and situation.

To avert the impending economic collapse of the world, the Zionist-militarist faction of the U.S. government, headed by George Bush, wants a military adventure on a scale unprecedented since World War II. But **this adventure will not work**. It will only aggravate the problem and the U.S.-Israel Zionist faction will only isolate the U.S. and Israel from the rest of the world. A military blunder committed by the U.S. will isolate it from the rest of the world.

China is growing rapidly, economically and militarily. The U.S. is being threatened and its South Korean allies could trigger a disastrous confrontation with the Chinese. Since we are allies of the hawkish faction of the Bush administration, we will eventually get mixed up in a war that is not our own doing.

The GMA (Gloria Macapagal-Arroyo) regime equipped with a “Trap (Traditional Political) Method of ruling the country cannot cope with the present rapid changes worldwide. The Regime with all its political infrastructure will experience an implosion unexpected by the GMA leadership.

Sooner than we think, the GMA regime will lose the backing of its U.S. ally and will eventually be replaced by a benevolent, charismatic military leader [**H: Unfortunate use of an oxy-moron.**] who forms a military junta to restore order from the anarchy.

A civil war in the country is becoming imminent. The Philippine military is so divided that a period of A LA VERDE might occur in the country.

To prevent such a thing from occurring, a charismatic military leader carrying the education and religion of the West will lead this country. This leader will unite all military factions and all armed groups of the left and the right.

No leftist organization carrying the doctrine of MLKMZ can lead and win this patriotic struggle. Both the Reaffirmists and the Rejectionists of the National Democratic Movement and Social Democratic Movement cannot unite our people if they insist that their movement is the only right movement to lead this nation.

All patriotic forces will unite and carry a new sense of patriotism among us. The beacon of light of great spiritual energy is shifting from the West to the East, specifically Southeast Asia. And by 2004, the shift will have been deemed complete. By that time, all patriotic movements must unite and face the awakening of a new patriotic race with the renewed breadth and depth of the oldest civilization on Earth.

[END QUOTING]

I only offer this so that you can have a look from another window. People can only deal in their own perception from their own perspective.

The point I hope you take away with you is that **MAN is demanding CHANGE**. You can have it better or you can have it far worse—that choice remains with you. WE, HOWEVER, PREFER IT TO BE BETTER!

I salute you who walk this walk because talking the talk is simply NOT ENOUGH.—GCH

dharmma 

# Consider Possibilities To Your Good Health

[MM: This article was previously published in the January 17, 2000 issue of CONTACT and is being republished now for research/educational purposes only: It does NOT purport to make ANY medical/health claims whatsoever—those issues should be addressed by your physician and/or medical health practitioner.]

*This lengthy article consists of excerpts of numerous writings by Commander Hatonn from late 1992 through early 1995 that were placed in Journal #130, TRACKING DOWN THE KILLER, pages 143-218. We generally refer to this Journal and its compilation of health-related information as the “Health Book”.*

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12/25/92—#1

I have asked that full information be given on Gaiandriana along with writing on products which WE HAVE MADE AVAILABLE TO YOU—FOR RECOVERY OF YOUR HEALTH. **You are going to have to begin your program with cleansing of the parasites you carry within.** This is easy to accomplish but it is mandatory. Why? Because the parasites utilize your nutrients that “accidentally” make it past the “neutralizer of good food” and are now being USED AS VIRAL AND MICROBE CARRIERS to “getcha”.

Then, you are going to have to attend intake enough to get balanced. I further advise good supplements and then ongoing attention through the “gaias” and “drias” to maintain, and shore up continually, your immune systems. We can’t get all the information into this *Journal* but we can get enough that you can begin to utilize the information immediately.

I am asking the crew to rev up the motors to hopefully better meet demand. We are not in major marketing of anything—we don’t even WANT TO BE. We want to be able to share with you for as long as allowed. In that way we will be left alone for the most part.

YOU ARE TRULY IN THE MIDDLE OF THE WAR FOR YOUR WORLD! This is a WAR you CANNOT win with the sword. Salu.

## GOD’S TANGIBLE GIFT TO YOU

I am herein making an announcement of God’s gift to you, HIS faithful. I have worked hand-in-hand (actually mind-to-mind) with our most beloved Wendell Hoffmann (for I desire that he have credit and appreciation for his open willingness to “give me a hearing”) and we have ready for you something which none other on the planet yet has in its “whole” form. My blessed children are working as quickly as possible here and are working hours without end to arrange to get this to any who desire it—immediately as the mails can move it. There is much to be worked out but we have been petitioned to NOT hold the supplement for details. YOU NOW HAVE THE “WHOLE” SUBSTANCES WHICH WILL GIVE RE-CREATION TO YOUR CELLULAR STRUCTURE INTO WHOLENESS AS RENEWED.

The basic structured product is to be called: Gaiandriana. The substance made with this addition

was added to the “bread” substance sustaining the children of Moses in the desert, called “manna”. As our children will package it for you, the mixture can be added to “Life Crystal” so that the product already in possession can be utilized without loss to any of you. Instructions will be given. The details shall be given directly but OUR ONES JUST BACK FROM WITNESSING AND MAKING ARRANGEMENTS ASKED THAT WE GIVE YOU “KNOWING” TODAY, CHRISTMAS [1992].

The next question will obviously be: “Will it be marketed widespread through stores, etc.?” I would guess that, to meet your regulations, it most likely will, at some time, be offered—or through a network or something similar. The point is to offer to ALL who wish healing and better life quality in bodily stamina, etc. We also must be sure that all costs are covered, for ones have gone without resources to accomplish this task. We are not through perfecting the “products” but we know that you do not wish to wait for perfection of packaging, etc. “If” ones will take the new product, supplement, with chlorella, with or without the addition of hydrogen peroxide, you have all that you MUST have to begin the re-creation of perfection in the cellular structure and recovery of imperfect immune systems. All substances utilized are pure and simply substances without chemical additions. This is WHY there will be effort to stop the flow of the product itself. So, use discretion in how you speak of this supplement so that we can have the value without the “war”. Thank you. Perhaps a notice will be readied for this paper’s edition—the holiday interruption makes it difficult for the workers to handle the added load. Kathy and Dave, Diane and Jack have volunteered to do the work and I bless them for their continued service without complaint or stinting. KNOW, chelas, that in the “giving” comes automatically the reward in like kind. Ah, if man would ever but learn this simple fact of “being”. When the receiver is ready for the GIFT—so then shall GOD provide!

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12/28/92—#1

## GAIANDRIANA

Yes, for you who are waiting for the supplement: We are working as fast as little hands can move. We do, however, require protection of the products and full control over all advertising so that nothing is done or said which takes this out of the supplement category. What seems most appropriate to do is integrate capability of utilizing that which you already have acquired from this resource and shift over. Supplies are being built but it takes time to meet regulations of labels, etc. Be a bit patient, please. We will also be bringing forth a chlorella with introduced cellular programming specific to each consumer. The DNA will reprogram its crystal-program to individualize. This will be a “whole food” product—not drug, not “chemical”, and fully NATURAL. It will reclaim in wholeness the cellular structure specific to type of cell within the body. This means that the immune system will reclaim itself.

There will be specific supplement already

programmed for various compromised organs, i.e., liver, kidney, etc. But that will need more attention before it can be released without being stopped in allowed distribution.

Since the supplements will reclaim the immune system, the immune system will function without being compromised so all mutant-cell diseases and viral activities will be targeted and the body will reclaim itself.

Remember that when the student is ready, the teacher appears. Well, also, when the people are ready for God to assist—HE will not fail! Please do, however, allow us to work out things properly and KNOW, PLEASE, there will likely have to be many changes in these early stages of labels, packaging, pricing, etc. The INTENT is to keep this within our own operation somehow, in order to disallow greedy marketers from ripping-off the public. We desire to get the pricing such that ALL can have the supplements and this is really difficult in this world in which you live because a natural item is easily copied.

We MUST have a healthier “living” citizenry or we will continue to have a dying nation and world. The chemical/drug houses have destroyed the well-being of all bodies on the globe.

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1/14/93—#2

#### GAIANDRIANA AND MITOCHONDRIA

I honor ones who have worked and served in the past in this presentation of substance—it is, however, imperfect to now and greed has entered into EVERY circumstance to now. He who lives by greed shall perish in greed—therefore, we shall serve God in all instances.

This means not that ALL men will not gain benefit from that which is offered—but NO MAN shall be allowed to divert, take unto himself for grievous use or cause this natural substance to be given into the hands of the Adversary. Therefore, ALL caution and care will be given in ALL instances to make NO CLAIMS other than “support of better physical and emotional states of being” as in “makes you ‘feel’ better as would balanced nutrition”.

I am not at this time, however, interested in offering you a bunch of hoopla on “nutrition”. I KNOW what the body needs to balance its cellular reproduction and recreation to its original blueprint (DNA/RNA mapping). This Gaiandriana IS the catalyst which gives the varied “instructions” to each individual structure.

I do not practice medicine, law, nutrition or any other so-called “professional” career activity. We do not deal in any type of produced drugs or chemicals as presented through any pharmaceutical development or offering. We do not claim “cures” or any form of induced “healing”. At any rate, man “heals” self. Supplements—be they natural, chemical or impacting in any manner—are only tools to assist in such “healing”.

I do need to point out clearly, that the “mind” is in ALL instances the “directive” order-giver. This means that the physician or teacher can lead, teach, hope and pray—but the individual “mind” will do the work or it won’t get done. Therefore, I suggest that with all substances and supplements that any individual utilizes that the mind give the instructions to the remainder of the vehicle. In other words, just as adding various solutions to your gas tank in your car—the various weighted liquids will go to various places of work—i.e., cleaners to the carburetor, gas to the combustion chambers, lubrication to this or that, etc.

Gaiandriana changes and integrates with any and all

cells and becomes the perfection of THAT particular cell. The Gaiandriana will actually take the shape suitable for structuring or recreating the cellular “whole”. The introduced cells will immediately go to wherever there is malfunction or mutation—just as do the proper cells of the immune system. I have no intention of giving you scientific breakdown on this paper, for if I do, the distraction will cause you to improperly use the supplement. I will, however, share these technical properties as we find time and space—my scribe has neither at present.

We do not wish to longer hold the product awaiting perfection of instructions save to make sure you understand how best to utilize that which you will have. YOU CANNOT OVERDOSE UNDER ANY CIRCUMSTANCE. HOWEVER, there is enough natural product which would cause you to not “feel” very well if you gulp down the whole bottle at once. It might even ultimately be better for you to do so but you might find yourself nauseated and wishing you had not done so.

For you who already have what is called “Crystal Life”—you have a good base for “mixing” and, therefore, can utilize whatever liquid you have remaining. I do suggest, however, that as you begin to use the new product that you start with a bit different regimen. You who feel good and have noted response already—are out ahead. Therefore, I suggest you simply continue on with 8-10 drops of BOTH under the tongue as you have been doing. If you are suffering from an assault, such as a “cold” etc., you will want to hit it hard with say, one to two ounces a couple of times in a day. If you take it in juice, say apple, you will neutralize the stomach acids to some extent and that will allow the Gaiandriana to pass in more quantity into the intestine where it can then rapidly move into the circulatory system.

You who knowingly suffer from viral-(and HIV) caused debilitation or active mutation of cells as in malignancies—give your body a break—take as much as you can tolerate without nausea several times a day for the first three days and then taper it down. The little friends reproduce themselves to their own perfection so overdose won’t help—just waste. To an already compromised system, however, the need is great so treat it likewise.

We get constant responses of “miraculous”, “total resolution” of all manners of insults to the body. However, we decline to accept this in such terms—you have only given your body what it needs to create its perfection in working cellular recreation. What, actually, represents good health to you? Is it not “feeling good—or ‘fit’”?

Remember also that, as the reclamation becomes active, there can be symptoms that you might think are “illness” as the radicals and mutated cells are cast off. There are items which will assist you if you want them. There is a natural combination which we CAN offer you and which I have asked to be put on “hold”, for we have no intention of being in the healing “business”. And, further, we do no advertising through the paper except for those things made available through other entities. We will never offer you any “solutions” without means of obtaining use thereof. To tell you “baby buntings” will cure arthritis and then not tell you where to get “baby buntings” would be an insult to your intelligence. I can also promise you in guarantee—that you will always be given, through anything we suggest, that your costs will be below anything on the market and the quality, perfection, or as nearly perfect as hands can make it to be.

We must help in healing one another that we might serve our Father and for THIS cause HE allows our sharing. We also ask that you be as patient as possible as our children take on this massive job of distribution for in the beginning there is no resource for mass “anything”. I will leave it to the ones who must bear the work to give instructions as to acquisition.

Now, in addition, our “researcher in charge” is working with me directly—to produce various medium “bases” which will automatically produce “target” Gaiandriana. One will cause immediate awakening of the estrogen-producing glands. If you are interested in obtaining specific target gaiandriana product—please inquire. I believe the cost will be minimal and can simply be introduced WITH the “regular” product. It is not necessary except wherein the present structures have ceased to function. Of course, if the structure, say the glands themselves, have been surgically removed—I think you are not ready for full reproduction. That is, of course, up to you! It is imperative at this time, surely, to have at least one blueprinted cell intact even if non-functional in your own system under discussion. Again, we make no claims of any sort other than a better feeling of well-being.

I know that chlorella is available through this resource and, again, it is a whole-life substance which has protein necessary for good muscle stamina and fuels body function. At this time we won’t pre-introduce Gaiandriana to the chlorella, for there is no need for you who already intake Gaiandriana—it will introduce itself.

However, there are a couple of other things which I would suggest. One, if you wish, is to get Ginkgo. It is massively important to the free use of mitochondria which converts “sugars”, etc. I have written about this before and will not bore the audience. I have asked that THAT be also made available to you.

Then, the one that I have on “hold” is a basic anti-oxidant to handle the free-radicals released from the toxins sluffed off. We can make it available if enough of you tell us you want it.

Hydrogen Peroxide is very important but with this NEW Gaiandriana is not nearly as important as before. The new product has a medium base that produces H<sub>2</sub>O<sub>2</sub>. I think, however, that with a compromised body or in the instance of arthritis, Alzheimer’s and/or some of the “elderly” symptoms—it is necessary to have larger amounts until symptoms seem improved. Again, that is up to you. We certainly are NOT in competition with any profession. I certainly am not in competition with Chiropractic—because aligning the skeletal structure will enhance all body reclamation.

A damaged “nervous system” and injured spinal cord are capable of “repair” or, at the least, improved function if intact at all. All we are doing is offering the body some necessary tools to repair itself at a cellular level.

I have noted, however, on occasion after occasion that those who expect miracles, cause miracles—and you, after all, are THE greatest miracle of Creator. He would never give unto you His perfection and keep from you, forever, the means of maintaining that perfection. BUT NEVER EXPECT HIM TO PERFECT OR REPERFECT THAT WHICH IS DEDICATED TO THE SERVICE OF HIS ENEMY—GOD NOR HOSTS WILL SERVE “SATAN”. If your intent be “right”, your reclamation will also be “right”, for you shall have the balanced state of being which will allow reclamation. If your intent is simply to “heal” enough to continue with your

unGodly actions and intent—I think you would probably simply sluff off the cells.

Can this “stuff” be actually “seen” or is it one of those “spiritual gimmicks”? It not only can be microscopically seen in individual cells—as they multiply and program—but they can visually be seen growing into cellular “strings”, “clumps” and membranes of living form. No, they won’t grow up into puppies, toads or chirping pets. They will never be more than individualized programmable “cells”—exactly what they are created to be.

Herein, please, let me sketch a few specifically individualized cells and you can get an idea of various recognizable forms. These can be seen and isolated under a microscope.

I could agree, that the product is so mild in taste, and quite pleasant to bland, that you might be fooled into thinking it’s “Willard Water” or some other innoxious “stuff”. No, it is quite viable and quite provable and exceptionally “useable”.

Just a side idea: Ladies, take a teaspoon amount and “wash” over your face. Now, take a “liquid” vitamin E solution (not oil and not thickened supplement—just liquid “E” as you will find in a dropper bottle from “Schiff” or a “GNC” store) in the amount of a few drops. Smooth this over the face immediately. You will “not believe” the results in a matter of hours. This same exercise on rashes, stretch marks in pregnancy, etc., will note very pleasing results. USE GOD’S PRODUCTS—EVEN ASPIRIN (A NATURAL SUBSTANCE FROM THE WILLOW BARK). Aspirin used properly relieves pain and regulates the blood viscosity.

Many of you ask for nutrition input. I don’t want you all going off the “deep end” on anything. I am not a touter of “meatless” or any other extreme. Treat your body properly to balance it and the rest will take care of itself, precious ones. Good nutrition is, of course, a fine goal. But, you may find times when you cannot practice that which you desire. Be prepared with that which will give you sustained energy and whole-cell access.

We are now growing here, right now, spelt. This is “Triticum Spelta” as separated from “Triticum Sativum” (which is wheat). So, it is a form of wheat but it is the oldest known grain to man. It is not a hybrid so can produce its own seed, etc. It can be gotten easily in health food outlets or ordered.

I suggest, if you want to give it a try, homemade (or purchased) spelt bread. If you have facility for grinding, get the whole grain and grind it into flour and use as you would any flour of wheat. You can purchase the whole-grain flour I’m sure. Tinker with your bread-makers, you who have them, or any way you desire to use, but have the equivalent of at least two large, thick slices, or cereal, or whatever grabs you—EVERY DAY. More would be better. Butter that bread with BUTTER (!) if you have it. You need what is in the natural butter. If you have a hangup about it—put anything you want on or “nothing”. Why? Because spelt has a large supply of cyanogenic glucosides or nitrilosides, called the “anti-neoplastic Vitamin B17”. (Enough said?) This is best utilized “broken down into useable form” in the presence of substances found in “butter”.

Also, sprinkle your diet liberally with soup made from RED lentils. If you can’t get “red”, use “brown”—but what you are wanting is what makes the lentil “red”. Isn’t all this fun? By the way, CHUBBY is BETTER than SKINNY! It is said that “You can’t be too skinny or too

wealthy.” WRONG!! ON BOTH COUNTS!

IF YOU BALANCE THAT BODY AND BRING THAT “MIND” INTO CONTROL—THE REST WILL TAKE CARE OF ITSELF. IT IS BETTER TO HEAL THAT WHICH CAUSES YOU TO BE UNBALANCED AND THAT MEANS THE OTHER OLD SAYING HAS TO BE CONSIDERED: “IT IS NOT WHAT YOU ARE EATING THAT IS YOUR PROBLEM—IT IS WHAT IS EATING YOU!”

Salu

P.S.: THERE IS ABSOLUTELY NOTHING OTHER THAN NATURAL SUBSTANCES—PROBABLY FOUND IN 99% OF ALL PANTRIES IF YOU KNEW HOW TO USE THEM—AND THEN, THE WONDROUS GIFT OF LIFE ADDED TO THIS AMNIONIC LIQUID. GOD has returned this gift to you for your use in this journey in its proper sequence—HE CAN ALSO TAKETH IT AWAY! The life-forms themselves are as old as “time” itself and it is precious, indeed—don’t abuse this gift, I petition you. And remember, there is no place for “greed” in the house of the Lord. So be it.

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1/25/93—#2

#### GAIANDRIANA

In 1986, the J.D. Bernal Peace Library organized a conference on the dangers of biological warfare. Ritchie Calder said then that among the weapons being stockpiled were some designed to bring about genetic changes. He said the “doomsday bug was under wraps” and that there was “a conspiracy of silence about germ weapons because the implications were so frightening”.

He told the British *Daily Mirror* after his address that “somewhere in the world a germ is being cultured to which we would have no natural resistance and to which there would be no sure defense.” [H: Ah so—and therefore there must be something presented which will create its own defense while targeting the very mutated cells introduced. Remember that the HIV virus MUTATES WITH EVERY INDIVIDUAL IT INFECTS—THEREFORE PROVING IT TO BE SELECTIVE IN ITS ABILITY TO CONFORM AS NECESSARY. SO, TO ALTER THAT PATH OF DESTRUCTION, YOU HAVE TO INTRODUCE SOMETHING LIKEWISE CAPABLE OF INDIVIDUAL SELECTION WITHIN THE VERY CELLS CONTAINING THE VIRUS, AS WELL AS GIVING FULL RESTORATION OF THE VERY IMMUNE SYSTEM AFFECTED. THAT IS WHAT IS OFFERED HERE—GAIANDRIANA—THE VERY STRUCTURE THAT CHANGES ITSELF INTO THE IDENTICAL PERFECTION OF THE DNA/RNA BLUEPRINT OF EVERY LIVING CELL. IT HAS BEEN RETURNED TO YOU—BY US, THE HOSTS—AND WILL BECOME EVEN MORE PROFICIENT IN ITS SELECTION AS YOU ENTER INTO THAT “PHOTON BELT”, AS IT THRIVES ON THE INVISIBLE, HIGHER ULTRAVIOLET FREQUENCIES. Simple? Indeed! But, you aren’t going to get it in a hospital ward, chemical house, pharmaceutical house of death drugs, or in the pits of Gay-ville or Lower Somalian food lines. By the way, do you ones realize that almost NONE of the needy villages in Somalia have received any food help AT ALL? What might that tell you about that Somalian operation? Villages have been simply driven by and passed up to get to the media-directed towns selected for show and tell.]

#### GAIANDRIANA

There are other products which support and aid in the workings of Gaiandriana which we shall also make available, but, if you can only have ONE—get the Gaiandriana, for it renews the very cellular structure of your own body and then all the rest can be utilized to perfection.

We are receiving reports daily of ones who have witnessed improved function in everything from Parkinson’s disease, Alzheimer’s, to simple improvement in the feeling of “well-being”—and this in only a couple of days of intake. Miracle? YOU are the miracle! May insight be your guide.

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1/30/93—#1

#### PRIORITIES

I would remind you ones of MY mission so that you might better understand why our presentations do not always match your own perception of what should be done and in what order to accomplish same.

Ours is to prepare, bring Truth out of the shambles of the tampered-with disinformation and misinformation—in other words, we call it THE WORD.

Next, we must awaken the sleepyheads who do not see that which has come down upon your globe through powerful, controlling influences in a totally humanistic issue of slavery/master.

We must speak of that which is WRONG, analyze it and then when we see and understand that which has come to be—consider what can be done to counter the rolling blob of would-be freedom and Truth killers.

The enemy must be identified and his *modus operandi* studied and a defense planned, orchestrated and instrumented.

Further, it means that to regain individual sovereignty—you MUST start where you CAN DO SO. You must see what can be done at community, county and then state levels of organization of government—THEN you can bring pressure to bear on the Feds. The government has become totally topsy-turvy and you are now run by the government, not the government by you-the-people. In addition, you are forced to pay for your slavery.

In addition to these insights, we are to point out some changes of natural evolution—i.e., this so-called “Photon Belt” now creeping upon you with very damaging X-rays (for lack of better definition in understanding). Yes, we can and have brought information and structured substance to allow you to do very well in those frequencies of light rays. The same thing will allow cellular good health and enhancement of the living immune system.

I note that Chlorella is listed first in the discussion regarding some recommended “things” to assist you to good health. That is error in placement, for if it would indicate its priority of importance—it is NOT first in importance—it might well be last. It is a natural algae and could be substituted out with other algae forms. ANYTHING with Gaiandriana (this is not just a tradename) is FIRST and LAST in importance. If you had nothing other than this one substance you could do nicely.

Our staff—in an effort to “underplay” the significance of the offering to keep clear of regulators—are not ever going to give you more than a smattering of its importance. I am now, however, writing on the subject and shall continue to give you a full explanation of what it is and how it works. I have given explicit and very technical details to the researchers so that testing and perfection of product can be accomplished.

Phenomenal claims are pouring in from ones who suffer the debilitations of a myriad of malfunctions from diabetes, carcinomas, etc., to head colds. I am happy to share the results but I remind EVERYONE—Man cures self and anything utilized by Man is simply a tool. It is simply a giving of the substances “missing” which accomplishes the ability to reclaim a measure of good health. If you go forth and claim “miracle cure”—you will be in gross error, for you will simply make sure you DO NOT HAVE IT FOR YOUR USE.

### GAIANDRIANA

These improvements in health and well-being are nice but the thing we need attended is that allowance of the cellular structure, as is, to be able to speed up its frequency levels to more nearly match the rays pouring in upon you. That is what is made possible with gaiandriana—a living cellular structure which duplicates any DNA blueprint in every and all living cells. Instead of mutations when attacked by something or other such as a virus—the cells are able to destroy the virus because of the capabilities naturally of a strong immune system. These little friends match an individual’s cellular DNA according to body location and individual. The cells can cross cellular walls and reach the invading virus, etc. It acts just the opposite of what could be exemplified as the HIV virus, which mutates to every individual attacked. The invading virus, for instance, is a “foreign” influence and must be discarded or devoured. The Gaiandriana perfects the cells and does the foreign body removal—just as do the normally operating immune-system cells. EVERY “disease” is caused by “foreign” invasion and/or MALFUNCTION. This can occur at any time from conception to day of death of the body. If genes are damaged, then some cells will not produce and reproduce. If this occurs in formation of a fetus, obviously, you have malformations. Nothing is apt to help that which is not formed but anything formed and caused to malfunction by foreign-body intake can be given proper recovery of itself. This will not, however, be true of some heavy-metal poisons, radiation death of cells, etc. However, it can allow restructuring and recovery of all DAMAGED cellular structure. This will assist in all sorts of a myriad of incapacitations.

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2/3/93—#1

### RESPONSE TO INQUIRIES ON T-CELLS

#### GINGKO

Before we close out these updates, let us consider Gaiandriana and T-Cell count improvement. We have many responses that utilizing the Gaiandriana is giving almost immediate response in numbers of T-Cells—but with the lowering of amount of intake the count will not maintain itself and falls off. This will not happen if utilized with at least 3 tablets of Ginkgo per day. There is a direct and immediate response to the addition of the Ginkgo in this arena. Ones are finding the best results come from four ounces of Gaiandriana liquid in a day, followed by daily intake of one ounce per day for the following 12 days. During this two-week period also intake 3 Ginkgo tablets per day. After this two weeks (13 days, actually), continue with 8-10 drops of Gaiandriana under the tongue for about three minutes AND continue the 3 daily Ginkgo tablets. If the T-Cell improvement drops—do another run-through of the 4-1-1 etc. To maintain the level of T-cell improvement this

is the best approach. After a while it will balance itself out, if other impacts are not present. It takes a while for the body to improve and reverse its functions.

Many are claiming miraculous results. Please do not do this, for if there are “miracles” happening—YOU are the miracle. You are simply restructuring and normalizing the normally functioning original cellular structure of your body.

As to your inquiries regarding the use of Gaiandriana in “Valley Fever” fungus, I would suggest the same regimen as above, for you need a good immune system in any event. A specific target Gaiandriana “little friend” is being targeted for study—but a healthy immune system is the goal to achieve at any point. Valley Fever is a fungus, *Coccidioides immitis* (a cocci). Cocci are more vulnerable to destruction by our little “Pacman” gophers than are the viruses because there are no cell walls to resist passage of a countering element.

What is happening with these newly discovered and hybridized agents of disease is that they overwhelm the immune system and actually have no known countering agent (antibiotic). It is always the concomitant “disease” process which kills in AIDS—not the little lazy HIV virus. “Cure” should not be in ANY medical or even natural-healing practice or even self-healing practice. ONLY THE BODY/MIND CAN HEAL OR CURE OF SELF—everything else is only a tool. Further, it has to be established that the tools do not damage as well. In the instance of Gaiandrianas—they are fully natural little cellular forms which are simply specific-use tools. This does not mean they cannot be used for many jobs (i.e., a hammer or pliers) but there can be specialized pliers for different tasks, as example. If our offering makes you feel better and seems to enhance your wellbeing, the pleasure is ours. God bless and keep you in HIS hands, for it is from HIS HANDS that these things come forth for your blessing.

Take this from the computer and we will effort to get on with more writing, for the ending of this week may require that you be elsewhere most of the time.

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2/4/93—#1

#### VALLEY FEVER

What do I suggest? GAIANDRIANA! There is no known “cure” for Valley Fever! If your immune system is debilitated—Valley Fever will run to epidemic proportion SOON. Why? Because like other “harboring” diseases—once in the body, ALWAYS IN THE BODY—THEY ARE, JUST WAITING! If you people don’t get that IMMUNE SYSTEM working properly, you will not make it as they dump one thing after another on you. Remember those soldiers coming back from the “Desert Storm”? Chelas, you are in constant jeopardy from these hidden death-dealers. I have no right nor wish to pound upon you blind lambs—but you are going to need to do something or you are going to perish, it appears, at the hands of the would-be KINGS.

#### CHAPARRAL & AQUAGAIA

Please, you nice herb-users—Chaparral is now removed from the “quantity” health food outlets and herbal stores. What does this tell you? THAT IT IS DAMNED EFFICIENT AS A HEALTH RESTORATIVE. ONE BY ONE “THEY” DEPRIVE YOU OF THAT WHICH YOU MUST HAVE TO SURVIVE IN A DELIBERATELY SICKENED WORLD.

There is irony herein, however, for Chaparral is

simply a name meaning a “thicket of small low-growing shrubs”. What the point is, is to get the Creosote bush (*Larrea tridentata* of the caltrop family of Mexico and the Colorado desert) away from you. Now, if you live in this area affected with Valley Fever, you will note that it is thriving near the desert areas—which is overgrown with creosote bushes! Use your heads, chelas, and save your lives! Should you rush out there and start grazing on these bushes? I wouldn’t suggest it because you can make yourselves very, very sick by such unintelligent use—of anything. But, you CAN find ways of helping your own health—so investigate those ways. I DO suggest you help yourselves with a little Gaiandriana and mitochondria (Aquagaia). It is better to have a healthy immune system which can handle these invaders than all the “treatment” and proclaimed “cures” in the world. So be it.

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4/16/93—#1

### GAIANDRIANA

We will be, very shortly, offering more “in-depth” information regarding Gaiandriana as we have had it available long enough to get the next bombardment of response and inquiries from you readers. We find that many are taking too much, others not enough—others simply do not follow directions. In all instances, we must remember that there are two types of, say, “cancer” cells: causatives—artificial (or “constructed”) and “natural”. The “natural” bothers are things such as caffeine in coffee, etc. The “constructed” and worse are the additives of “constructed caffeine-like substance”, say, in the cola beverages. Gaiandriana allows immediate attack of your immune system against the “naturals” (especially if not overwhelmed by great intake), but it is all but impossible for a “natural” substance to break up and dissolve the causative agent when “man-made” through genetic/DNA manipulation of the invader—IF THE RECIPIENT CONTINUES TO ABUSE BY CONTINUED INTAKE OF THE DAMAGING AGENTS, I.E., OVERUSE OF ALCOHOLIC BEVERAGES (SURPRISING AS IT MAY SEEM, EVEN THOUGH ALCOHOL IS DAMAGING IN ITS OWN RIGHT) IT IS THE “ADDITIVES” WHICH CAUSE THE MUTATION OF CELLS—TOBACCO ADDITIVES, ETC. Further, please note that if you use Mogu (Mugu) tea—do NOT overdo it. If you drink it like you would a juice or a drink of water—you defeat the work of the Gaiandriana, as it will move directly to take up residency and fuel supply from the ingested tea which is often its very living foundation. Why work on “aliens” if you keep abundantly supplied in your favorite life-fuel? Also, MANY THINGS cannot well be adapted in conjunction and either negate the other or simply are not compatible.

We find that especially ones with HIV are so eager to get better that they are swamping their bodies with everything and while they are “feeling” better are not showing sufficient increase in the immune cells. The researchers are going to take the whole of this week to work on variations to increase the Gaiandriana per unit, reducing the solution’s “fuel” supply to cause better intervention of the cells as they move into the body. You must understand that as this passes through the stomach—30 to 50% of the cells are killed. To help avoid such massive loss, a bit of apple juice is suggested but most ones forget to use it. Also, you must remember that many “patients” continue to take medications which are chemically damaging to the cellular structure as it efforts to move within its own DNA-structured cells.



I can equate this somewhat to a sperm efforting to get past all the birth-control devices to fertilize an ovum. I told you not to EXPECT miracles—YOU ARE THE MIRACLE and it requires your own cooperation. If you continue to abuse and insult the body, you are working not only for the disease invaders but also for the disease-enhancing additives in your intake. Ones who have been pronounced “terminal” are showing massive return of good health but also show willingness to balance their intakes of “body debilitating” substances. We will ask our Doctor to draw up a listing of harmful substances. If you can’t give up your “addictions”, then begin to “taper off” and as you feel better the nagging addiction CAN come under control. It will mean you will have to invest in greater intake amounts (of the correct items), not just at random “overtake” anything. Also, if you are showing no, or poor, results—change your intake methods to hit very hard with under the tongue amounts four to five times a day—leaving the liquid under the tongue for at least 3 minutes. If you are working with a child or animal of whom you can’t require this—use many times a day under the tongue and it will take up into the bloodstream.

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4/27/93—#1

HYDROGEN PEROXIDE:  
USE FOR PURIFICATION OF “STUFF”

NECESSARY INSTRUCTIONS:  
GAIANDRIANA AND OTHER “PRODUCTS”

As we sit to pen this information I am at a loss as to how to keep you from thinking me idiot-material. However, you who already have past information, say, regarding hydrogen peroxide and its antiseptic-antibiotic properties, please be patient while we offer information to those who have not received same. Further, summer is upon you and such as Gaiandriana and the Mo-Gu starters and/or tea need updated care instructions.

We have gotten back from ONE who said he had the “stuff” tested and found a few bacteria, a virus or two and some E. Coli in the test-run. If it were the Gaiandriana, I question that result very, very much. It is important for you to know that in the culture medium utilized, there is a combination of items which CREATE AND PRODUCE HYDROGEN PEROXIDE in the Gaiandriana transformation. This will purify the liquid. This does not mean that you cannot contaminate the bottle in some manner. However, since intake decreases, usually, let us consider the “setting” bottle, etc. Of course, it is recommended that you store the larger quantity in refrigeration facilities.

HOWEVER, if you have no refrigeration facilities, etc.—place the equivalent of 10 drops of food-grade (35%) hydrogen peroxide ( $H_2O_2$ ) in a small quantity (approximately an ounce) of water (to first dilute the  $H_2O_2$ ) and then add this diluted  $H_2O_2$  to the 32-ounce Gaiandriana or Aquagaia bottle. Remember to scale down the number of  $H_2O_2$  drops utilized for the smaller 16-ounce and 8-ounce product bottles. The Gaiandriana or Aquagaia will continue to thrive and the unwanted bacteria and/or any virus will be destroyed and then actually removed by ingestion by the Gaiandriana or Aquagaia activity.

The “tea” (Mo-Gu) is a very different matter. You are making a very sweet growing medium for the membrane and in addition you are growing it in a warm condition (necessary) and further you are setting it for a couple of weeks or so, give or take a bit. What do

I suggest? Well, I suggest that probably you won’t want to ship much “tea” during the hot months because of lack of refrigeration en route. But, you CAN purify the water used in making the tea with the general rule-of-thumb water-purification formula of 7-10 drops of 35% food-grade  $H_2O_2$  per gallon of water—which will additionally help enhance the membrane growth.

Then, later on, as you process or “harvest” the finished Mo-Gu tea product and store it in the refrigerator, add another 7 to 10 drops (say, for a gallon storage container of Mo-Gu, with scaled-down number of drops for smaller storage containers) of the 35% food-grade  $H_2O_2$ . Again, first dilute the  $H_2O_2$  in some water before adding to the Mo-Gu. You will not taste it and neither will it hamper the value.

I always suggest, in adding any 35% food-grade  $H_2O_2$  to anything, that it be DILUTED FIRST. Just as you must NEVER drop concentrated anything into the mouth (for it would damage living cellular structures), neither do you dump it full-strength into living culture medium. Dilute it in a bit (say, an ounce) of water first and STIR rapidly whatever it is you are dumping the diluted  $H_2O_2$  into for purification purposes. Naturally, if just purifying a gallon of water, there is no need for active stirring, though a little closed-container agitation (a few shakes) won’t hurt.

GETTING “SLIMED”

Another question: What about that slimy goo in the bottom of the bottle of Gaiandriana or Aquagaia if left out of refrigeration? GOOD GOO! I suggest you now go get some FOOD-PROCESSED ALOE VERA LIQUID. Take a half cup or so of it (some of it is even orange or lemon-lime flavored, etc.) and dump in the “goo” and last portion of a Gaiandriana or Aquagaia bottle. Or, strain the “goo” out of its original bottle and place it into the new aloe vera “home”. Leave set for a couple of days and you will have a concentrated batch of Gaiandriana or Aquagaia product, which will be an addition to the original bottle.

This is NOT a replacement for the original batch you get, for it will not contain all you need. However, in ones who intake products which tend to kill off a portion of the Gaiandriana in the body (like caffeine in coffee), this will enhance the potency—even if you just drink a little. Remember, Aloe Vera itself has a tendency to make some people feel “queazy”, so DO NOT OVERDO how much of this you drink!! However, a full-blown AIDS victim could take ten times a “normal” amount and only improve—for perhaps “feeling good” is a very relative state of being.

Some people are going to run fevers and have “crisis” symptoms as healing takes place. If this goes on for very long, look to other health problems for the cause. First, treat the “liquid batch” with hydrogen peroxide as above described. THEN start on a regimen of hydrogen peroxide according to the instructions given again herein [following after next paragraph].

**I happen to know that you do not need to work up to any 25 drops as the instructions [following] claim UNLESS you are suffering from flu, infection or other maladies.** If you are “well” and “anything” makes you feel bad—either stop it or, certainly, decrease the amount. USE YOUR REASONING MIND!! Like anything of this nature—TOO MUCH WILL MAKE YOU SICK OR BE DETRIMENTAL, EXCEPT WITH GAIANDRIANA—AND THEN EVEN THOUGH YOU MIGHT NOT FEEL GOOD (BECAUSE OF THE OVERDOSE OF ALOE FROM THE CULTURE MEDIUM), YOU WON’T HURT YOURSELF.

HYDROGEN PEROXIDE— $H_2O_2$   
(35% FOOD GRADE)

Purchase a small eyedropper bottle at the drug store. Fill your small dropper bottle from the large bottle as needed. The large bottle may be stored in the refrigerator or in the freezer, inside another plastic container. The small eyedropper bottle should also be kept in the refrigerator. Always use caution when handling 35% hydrogen peroxide!

DO NOT use with carrot juice, carbonated drinks or alcohol. For best results, take on an empty stomach, one hour before a meal or three hours after meals.

Formula: Mix the number of drops of 35% hydrogen peroxide into at least 6 oz. of distilled water, juice or milk and stir vigorously, then drink the mixture. Some people eat ¼ to ½ of a banana immediately after drinking the solution. You may prefer something else to eat.

If your stomach gets upset at any level, stay at that level or go back one level. Then proceed to increase your daily dosage again.

When free of complaints you may taper off by taking:

25 drops once every other day for 1 week.

25 drops once every 3<sup>rd</sup> day for 2 weeks.

25 drops once every 4<sup>th</sup> day for 3 weeks.

A good maintenance dosage could be 5-15 drops per week, or whatever makes you feel good.

If you get the 35% hydrogen peroxide on your skin, rinse it under running water for several minutes.

Soak feet: 1-1/2 oz. 35% to 1 gal. of water.

Bath: 16 oz. 35% to a tub of water to detoxify.

Colonic: ½ pt. of 3% per 5 gal. of water.

Douche: 6 tablespoons of 3% per qt. of water.

Candidiasis: 1 drop of 35% 3 times a day then increase schedule.

For the more serious complaints, stay at 25 drops 3 times per day for 1 to 3 weeks. Then graduate down to 25 drops two times per day until your problem is taken care of. This may be from 1 to 6 months.

If you have a weak stomach you may experience nausea similar to that in pregnancy. Also, as dead bacteria or various forms of poisons are released, you will experience a cleansing effect as they are released through the elimination organs of the body: skin, lungs, kidneys and bowels.

Some reactions to the cleansing effect could include skin eruptions, nausea, headaches, sleepiness, unusual fatigue, diarrhea, head or chest cold, ear infections, boils or any other ways the body uses to loosen toxins. This is a natural cleansing of the body and should be of a short duration as you continue to maintain your program.

Formula to make a 3% solution of hydrogen peroxide: Put 1 oz. of 35% hydrogen peroxide in a pint jar. Add 11 ozs. of distilled water. This will give you 12 ozs. of 3%  $H_2O_2$ . Use also for brushing teeth and applying to skin sores.

Do not use 35%  $H_2O_2$  if you have had a transplant.

TO THOSE OF YOU WAITING FOR  
NEW STRENGTH OF PRODUCT

Because I have mentioned that work is being done on strengthening the Gaiandriana, some of you are backing off and waiting. Please don’t do that, for research is being done and it will be a while. In addition, one of the items in the medium is being removed in order to enhance the strength. This will mean that you can get the same basic result by adding

some food-processed aloe vera to the initial product, which will allow a higher level of Gaiandriana presence. Gaiandriana will only grow to its level of fuel (food) available—so just treat the product accordingly.

I am, further, requesting that all further product be receiving hydrogen peroxide for purification purposes. Any that YOU ADD, however, will only enhance—not damage.

### OTHER PRODUCTS

We have tried to make available other products to use in conjunction with the Gaiandriana. USE YOUR REASON HERE ALSO!! If something makes you feel bad—don't use it! Cut back on amount or forget it altogether. These are all natural substances so remember, if you are eating anything that makes you feel bad—you quit eating it, right? Just continue the Gaiandriana—I promise you—it is not making you ill. If you are reacting, then it may be due to the “base” or “combining” substance in tableting, etc.

### CHLORELLA

We get complaints about chlorella causing indigestion, etc. Chew the tablets or dissolve in a bit of liquid before intake.

Now again, use reason. Are you still eating in addition to the chlorella? Well, perhaps you will wish to reduce the intake. It is better for you than food but you DON'T NEED EVERYTHING. We are efforting to show you what you could take with NO food in survival situation AND STILL BE ABUNDANTLY HEALTHY. Adjust your intake accordingly. If you are caught in an emergency and need survival sustenance—now you know what to take for health needs.

You can subsist on chlorella and water alone. Add Mo-Gu tea, a bit of spelt bread and some lentils (preferably red) and you can live healthily ever after—in other words, it would not be malnutrition that would “getcha”. AND ALWAYS KEEP FOOD-GRADE HYDROGEN PEROXIDE AVAILABLE TO PURIFY EVERYTHING. REMEMBER, 7 DROPS OF 35% FOOD-GRADE HYDROGEN PEROXIDE TO A GALLON OF WATER WILL PURIFY IT AND THE WATER WILL PICK UP A MUCH IMPROVED “FLAVOR” OF FRESHNESS UNDER MOST CIRCUMSTANCES NOT EVEN NOTED AT ALL.

THIS is why one of the first items confiscated from health food stores, labs, and so on—IS HYDROGEN PEROXIDE IN FOOD GRADE. I remind you readers of long standing: The best treatment for arthritis and other seemingly “incurable” diseases is hydrogen peroxide therapy in an accompanying regimen of Gaiandriana, which moves in and restores the cellular restructuring of self.

### CRYSTAL LIFE

That is an exceptional product but has become almost out-of-sight expensive. However, the best results with Gaiandriana are being reported with continued, even if remarkably decreased, amounts of Crystal Life right along in conjunction with the Gaiandriana—mixed or otherwise. About 8 to 10 drops mixed or separate under the tongue three times a day is excellent. In illness, however, increase within reason. If I did not already state it prior to this—add 7-10 drops of hydrogen peroxide per quart to the Crystal Life also—especially if non-refrigerated, after opening. This will decontaminate any possible “unwanted visitors” and not damage the product.

### WATER

I cannot urge you often enough to TREAT your faucet water. Even if you have a reverse-osmosis unit—treat that water with proper amounts of hydrogen peroxide, for YOU DO NOT KNOW WHAT IS IN THAT WATER. IT WON'T HELP CONTAMINATION BY TOXINS BUT IT WILL TAKE CARE OF THE VIRAL OR BACTERIAL CONTAMINATES. IT IS CHEAP AND NON-TOXIC IN PURIFICATION AMOUNTS. The best mouthwash and gum enhancer is a mouthwash of several drops of hydrogen peroxide (35%) in one-fourth cup of water (or so) and cleanse mouth after brushing (or just do it several times a day as convenient). If the solution is “light” just swallow the wash—it can only help you unless you have an active mouth infection. Moreover, I suggest keeping some hydrogen peroxide near and handy to drop a few drops of undiluted peroxide on your toothbrush a couple of times a week—or daily—whatever. You will have a sterilized brush and stop spreading germs and recontamination.

### SPILLING

If you spill full strength (35%) peroxide on your skin—it will burn you. Rinse immediately under water and it will be fine. It will bleach so rinse anything that gets spattered—in water. It is simply one of those substances which needs to be handled properly. Peroxide offers so many “cleaning” uses that I won't even effort to list them—but you will find it about the most useful item around your kitchen, bath, etc. You can find information at health-food stores and vitamin-supply outlets.

Our people may also be able to direct you or help you with product or information. I do not attend those things unless brought to my attention. We offer these things as a service rather than a major business, so we are perhaps remiss in full-range material. We can do better when the full load eases a bit. Thank you for your patience and loving support of the ones who have taken this load on in addition to their other tasks—ever without complaint and ever wishing to help and please. At present they are trying to build refrigeration facilities to bring you exceptional product as the months heat up and yet do so with very, very limited resources—so we do thank you for your patience. With George Green's attack on the Institute a lot of things have had to wait or be actually closed down until the audits are over and the reclamation can begin. As you might realize, the impact has been great on all entities in these projects. It is fine—rewards will be in like measure to that which is given forth.

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9/1/93—#1

### GAIANDRIANA AND SPELT BREAD

So, what has Dharma been doing that she couldn't trip through and over the keyboard? We have been perfecting the Gaiandriana and that which needs to go WITH IT for full-bore offering. I spoke of it at length on this past Sunday so will not be repeating here. We will be writing about IT and also that which is suggested you do along with the Gaia-drianas and drias. We have waited for ones of your place to meet our needs and offered to meet theirs—but we only get more conflict and discrediting. We are not interested in “saving” anything but will offer God's gifts to anyone who desires to share in HIS work and journey. We are going

to offer to do so in convenience and pricing which will be less than anything you can purchase anywhere.

A MAJOR part of my suggested “program” is SPELTA BREAD. Spelta is a grain all of its own unique being. It is the best fiber resource, has large amounts of B-17 (anti-carcinoma)—it is the grain GOD gave to the planet as “manna” when you were put upon it.

The Spelta is more mildly flavorful than wheat and even ones allergic to wheat will have no allergy to Spelt. It is, however, VERY EXPENSIVE, for it was all but removed from the market. We will arrange to find a conduit and keep you informed. We are finding that, in general, the cost is upwards of a dollar per pound—even in large batches for the most part. This means that in some health-food resource stores it is \$2.50 a pound and up.

Our people need another job like the proverbial hole-in-the-head but we see no other way to make this available to you. We can consider packaging in smaller than the usual amount of 25 (min.) pounds of the flour. As we grow and harvest from our own fields we can grind it and offer it for less but, with Mr. Green's antics this year, we lost most of the harvest quantity. We are indebted beyond measure to the Millers, who made an irrigation system available albeit almost too late to salvage the fields. Don't worry about keeping “track”, people—GOD KEEPS GOOD RECORDS!

In addition to the above, the PLAN is to offer a good bread-making machine at below cost of even the discount markets—direct from a manufacturer. It looks like perhaps the best turbo machine may come in at well under \$200 (it sells for \$300). This is NOT set yet—I am only mentioning it for you who diligently effort to follow necessary instructions.

I have had Dharma into the Gaiandriana preparation but also standardizing a recipe which can be utilized in any machine or, at the least, TWO varieties (the round and the square leaders on the market). It is difficult, for whole-grain Spelt is harder to deal with than is whole-grain wheat. The loaves will be “heavier” but after dozens of loaves of bread she has developed one that appears to package into individual machine-ready ingredients for a large loaf of just around, or just under, two pounds. To get better “rising” we are, of necessity, adding a bit of bread flour from wheat, so all should keep that in mind when ordering the pre-packaged ingredients. We have not been able to establish costs for the product because we haven't reached a stabilized recipe.

By the way, the ones who have served you so well up to now—Kathy, Diane, Jack and on and on—are willing to run the extra load of accounting and ferreting out the machines and will offer them on a “time” payoff arrangement, if possible, and it appears to be possible. Of course, you will be able to utilize the ingredients by hand as well so don't get up-tight about it. Also, you can get Spelt flour and make cookies, muffins, biscuits or any flour product. This other is simply for convenience and FOR MY PURPOSES—FOR I PREFER YOU HAVE BREAD WHICH YOU CAN SLICE AND THEN TOAST. In the toasting comes a release of the substances which make the grain so incredibly good in the first place—AND THEN, BUTTER IT. I said BUTTER, not margarine. There is a substance in BUTTER which allows utilization of the important substances and allows the body full utilization—no other oil has it.

As we get closer to being able to offer the full-range regime and do the labor (for we have to “nursery” the drianas and other mandatory life-forms and it takes TIME for full growing cycles), we have

no facilities and even though there are willing hands to help, we remain limited by ability to get “quantity” and the preparation of thousands of packages by hand is an overwhelming prospect for these already overextended people. Your patience will be appreciated and we know that you will be gracious and understanding as always. We are hopefully looking forward to early or mid-October to begin.

Do NOT concern that the product you have will be outdated—it won’t—it will be the same as utilized for “maintenance”. I believe, especially for you *CONTACT* subscribers, there is a special offer which is being set up in some manner. It will henceforth PAY ones to subscribe because there will be ongoing discounts, to ones who do so, on everything which is accepted by the *CONTACT* to back publicly—the *JOURNALS* also.

We will keep you informed as we move along here.

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9/4/93—#1

### SPELT

Please, readers, understand that this is NOT Dharma’s only task—writing for me or my compatriots. I have her actually putting together the life-substance resource of Gaiandriana that you might have that which WE know to be necessary and correct for all purposes of good health. Someone has to do the actual measuring and testing and she is NOT a chemist or scientist any more than she is an author. She must also perfect the required product of SPELTA (*Triticum spelta*) and not *Triticum aestivum* or (*T. sativum*) which is the grain of what you call WHEAT. This is done so that YOU will be able to utilize the product in some measure of success, since the grain seems to be highly “hidden” (because it is a most wondrous product sent to you from God). It is the most delicate of flavor, surpassing wheat in its flavor and unmatched in its health-positive perfection.

She is working to perfect right proportions for what I demand as well as a product that you can utilize in your bread machines, by hand (in your oven), or in other cooking. “We” are “there” with the bread loaves—it is just the final product testing daily and the problems of packaging which confront her now and, here, she has help so it should move right along. We have a typical “team” in working here—she takes credit for the “good” baking and causes “me” to look bad with the “hockey pucks”! Ah, a ghost gets no respect! Worse yet—there have been lots more “hockey pucks” than soft, fine loaves of manna. She plans to offer you some other recipes as the flour becomes more available. It is very expensive to purchase—WHEN YOU CAN GET IT—and must be utilized as “whole” grain product to be suitable.

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9/23/93—#1

### GAIALYTE CONTENTS AND USE

Let us divert from the day’s “urgents” and consider one of the “products” which we will bring in (hopefully) October: GAIALYTE. What is it? Can we just use MO-GU tea? Why is it more expensive than any simple fruit juice? Who conjured such a boggle of “stuff”?

In order:

GAIALYTE is brought forth from that which was called Kargosok Tea. This was what was grown in the ultra-high lands in a LOT of ultraviolet (and higher) rays of solar origin. This IS the basic component of MU-GU tea as we have used the tea by that name. There

are so many “names” that we specify simply for definition. The FACT IS that it is NOT the same, for we are now growing the resource from an entirely different growing medium. The GAIALYTE will be a fully integrated electrolytic liquid. The “drink” which will be brought as a “concentrate” (3 to 1 minimum—as much to one as you like maximum) contains EVERYTHING supplemental to Gaiandriana—INCLUDING A GROWING PROGRAMMING BASE OF GAIANDRIANA AND BASIC DRIANAS. It will also contain enough Carbragaia (shark-fin cartilage) to equal a full schedule of what is being used in Mexico. If you are using MO-GU—keep on—it can only enhance your full-rounded intake but it WILL NOT be the same. However, the “new” drink will supply all you need without it. Do as you wish, for this is NOT A MEDICAL PROGRAM OF ANY KIND. We are not physicians as in Medical Doctor; we are not anything—except, hopefully, sharers of information.

The GaiaLyte will have a full spectrum of vitamins, minerals, Ginkgo, Echinacea, Chlorella, Oxygenators, Aloe Vera—everything necessary to “program” the cells in the tea membrane AND the Gaiandriana included. No, this does not replace the Gaiandriana used otherwise. This is a PERFECT medium to enhance the ability of the Gaiandriana you already take to enhance itself—reinforcement fuel, if you will. There is a lot more included but this is sufficient to give you an idea.

We are efforting to keep the “quantity” base to a quart for shipping purposes and economy. You can dilute the concentrate with water AND/or anything you like. I ask that you ADD two things to the reconstituted drink: apple juice (unfiltered preferred) (at least one-fourth cup per one-fourth cup of concentrate) AND Cranberry juice (at least one-fourth cup per one-fourth cup of concentrate). [This would increase each serving by a minimum of ½ cup.] The apple juice is directly needed to flush out the gall bladder and the cranberry juice flushes out the bladder (urine). You may use as much as you like of either OR both and I would hope you would do so on a continuing basis because of the value of these two products and their focus of use.

I believe you will find it a very tasty beverage but I ask that no matter how “good”, just keep to the “program” amounts or you may find yourself a bit “woozy” immediately after intake. This is due more to the Aloe Vera present than the tea itself—but as you know, even the MO-GU tea can make you quite light-headed. There is no alcohol in the beverage although you may very well think so as the body rushes to uptake the fuel supply. This is not a medical-chemical concoction, so you could take the entire bottle without damage or hazard—but you might well not feel so great for a bit afterward and it is totally UNNECESSARY for any expected positive response.

Readers, please consider this statement carefully: This is not like taking an antibiotic with flu or sore throat. This is a well-body systemic enhancement. It sometimes, as with other persons’ elixirs—takes weeks or months to feel any difference. ONCE balanced, however, you will note that at onset of infection, cold, etc., if you take around six ounces of Gaiandriana and double up on the GaiaLyte—you will probably note positive response in about an hour. Remember, you are activating the enhanced immune system and it takes a while to accomplish this task. If you expect instant perfection, disappearance of scar-tissue, long fingernails to paint in pretty pictures, return your hair color to what it was at 15 years, you are barking up the wrong Gaia-tree. Most of you have worked 30, 40, 50—60-80 years to mess up yourself to

the extent you have—give GOD a chance to work WITH you for a couple of weeks at least.

We have one precious friend from right in our immediate circle in the hospital RIGHT now as we speak. She was not feeling well a few weeks ago and I asked to have her run through the “program”. She is in the hospital and a massive amount of “stuff” was drawn from one of her lungs. The interesting part is that the substance being removed is causing the hospital staff grief—because they don’t find what anyone would expect. They realize that something was going on in the lung in point—probably massive infection or tumors but the removed substance is confusing, for it doesn’t seem to fit anything “ongoing”—even testing for “mystery disease”. So, what is it? Well, I might suspect that it is the result of a breaking down of mutant cells from tumors, blood clots from some type of injury or isolated infection in the lungs. We have noted, as has Merkl, that when tumors or infectious clumps break down—they reduce the tumors to “mush” and then have to be either surgically removed sometimes or go through a long period of self-removal in the “waste” systems.

Will this mean “she” is totally healed and awaiting the OK to come home? No—it DOES, however, mean that she is alive and would probably otherwise be quite dead with this much build-up of fluid—one lung was all but useless for air intake. Ongoing illness and “cure”? Come now, I am not in the medical business—nor even the “diagnosis” business. You would have to ask HER. Further, she may well undergo all sorts of things while hospitalized, such as X-rays, antibiotics, etc. These are accepted treatments in a medical setting so “who knows?”—we just pray that she will rally her own resources and heal. Beloved ones, it is ALL anyone can do. Doctors do not “cure” nor “heal”—THE PATIENT DOES—all things done by a physician are tools to aid the body to do its own healing.

I conjured the boggle of “stuff” and Dharma has worked day and night as if in a laboratory, and now we have it with everything it now needs. As we move along we will also enhance its own frequency level which will transfer to the body of anyone taking it—just as with Gaiandriana—only in a much different manner of utilization. Remember, you are now in the time of having to brace yourselves against the pulses and electromagnetic fields being structured against you—such as those “towers” we have been writing about being placed all over your globe. This will also enhance the ability to utilize the higher ultraviolet and above rays, without simply converting them to cancer and skin atrophy. This does not mean to stop protecting yourselves to the best of your ability, for there is so much left to thrust upon you that you must utilize all care and possible protection at every occasion.

Your immune T-cells are very, very prevalent in the skin, friends. Further, if you can—use PABA-based lotions for skin protection (sunscreen) because it is marvelous for the immune cells within the skin as fuel to keep them working. It is not just a “sun-blocker”, the point is that it also enhances the dermal immune cells.

### COST:

This is an expensive concentrate to produce, as anyone using Aloe Vera and other of the ingredients would note right off. We tried to bring the cost lower but, until we can find better resources, we are stuck with that which IS. What you have is a far, far better and more comprehensive product than Crystal Life ever began to be—just as is—even if it did not have living

Gaiandriana in it. That product was, I believe, costing in the neighborhood of 80 dollars a bottle (quart). You will now have a gallon for less than an eighth the cost. Frankly, it COULD be used exactly like Crystal Life, in drops, but it is not so effectively used that way—especially as you are efforting to BRING YOUR SYSTEM into balance and enhancement. Besides, I BELIEVE (Merkl does not) that you must have vitamin particulate present from which to program production by the cells—after they have lost their full-spectrum capabilities. We will walk, together, through the maze as best we can to reach full balance and capability. We are not yet to SURVIVAL mode. We are simply efforting to get prepared and realize what we can do for selves in an ongoing, non-competitive manner with the big-boys, and have whole-body enhancement along with offering the mind that which it needs to “sharpen up”.

WHY DO YOU HAVE TO MIX IT IN IMMEDIATE-USE AMOUNTS AND NOT THE WHOLE GALLON?

Because it is reactive with the juices and water. It will literally “change color” and it will not be appetizing, even if taste is unchanged. It also will separate into component parts and MUST BE AGITATED (SHAKE IT). IT HAS LIVING CELLS, HOWEVER, AND UNREFRIGERATED WILL EFFERVESCE (form gas). When your bottle arrives, I suggest you chill it FIRST—then remove top, replace top and shake well [then refrigerate]—or you may have GaiaLyte all over your ceiling and cupboards! It will react just as a shaken can of pop or champagne.

On this note, I would say that the concentrate—mixed with any flavored “pop” of any kind—is very, very tasty and delights the children as well, as with any punch mix or juice mixture.

You will have calories, which must be considered in diabetic situations. I further suggest that you give a teaspoon, at least, of AQUAGAIA, along with the drink, to any diabetic because AquaGaia is “mito-chondria”, which is a basic manipulator of blood sugars and balancer of glucose-insulin producing glands. As for calories, they come from the necessary sugars used as medium base. The sugars are radically “changed” but still must be considered just as you would have to consider wine, sugar, pop or anything. Reconstituted, with WATER, you will have calorie equivalent of reconstituted Tang, fruit juice, punch, or any other beverage (such as regular pop). So, dilute with sugar-free beverages and consider the fruit-juice addition and you will be fine. THIS IN NO WAY EVEN BEGINS TO SUGGEST YOU CHANGE YOUR MEDICAL REGIME FOR DIABETES—ANY SUDDEN CHANGE TO A REGULATED “PATIENT” WOULD BE VERY NEGATIVE AT UPSTART. “IF” changes and refunction become apparent—the doctor will note it. DO NOT TREAT THIS LIKE A MEDICINE—IT IS NOT! If it is more suitable, say, with children, to give the juices separately (or even leave them off entirely) just go with what is comfortable for you. I REPEAT: THIS IS SIMPLY AN ENHANCEMENT TYPE OF PROGRAM, NOT A MEDICINAL REGIME—NOR ARE THERE ANY CLAIMS OTHERWISE.

#### EXERCISE:

It is up to you. Obviously, if you start off ILL, you will not feel like exercising. Any “body” is better off in having some exercise—but this has NOTHING to do with exercise. We leave that to the “fitness” proponents. This is likened to equating medicine with running, or exercise with vitamins—they DO different

things. THIS IS NOT AN EXERCISE ADJUNCT OF ANY KIND, with one exception: THE ADDED OXYGENATION QUALITIES WILL ENHANCE STAMINA INCREDIBLY!

Thank you for your inquiries and we ask your patience. Our workers are volunteers and there is only a handful to do this massive load of preparations. Even our provider of the Gaiandriana and AquaGaia is sucked into IRS court these days in another “state”—so we will have to adjust as we can.

The “youngsters” are doing an IMPOSSIBLE task of structuring some kind of order in distribution, etc. I CAN promise you one thing—ALL will be well tended and timely, for that is what our volunteers are dedicated to provide in order to share with the rest of you, our team. We need YOU and, here, we understand WHY and no amount of work is spared in order to fill my necessary requests. I bless this team, for they are the very life-resource which will see our own troops through this “gathering” period. They serve with every adversarial arrow shot at them. In addition, I simply, myself, do not know how to thank them, for I give them one “impossible” task following another—superhuman tasks in “time” alone, jobs for which they have little or no background—and ask them to both make it possible and learn it if you don’t know it. What saves “the day” here almost EVERY day? A sense of humor and realization that if I ask them to do a thing—IT CAN BE DONE! AND IT IS!

#### FOOD POSSIBILITIES

You are going to end up in a terrible bind for “food”. Food is the controlling factor in all wars—and in peace, if the controller wants to manipulate YOU.

Hybridization of seeds is the first most horrendous thing which has come to pass—for the seeds from a crop are worthless except for the eating. They will not reproduce.

This is why we are working on Spelt (and a specific type of Spelt—there are only four kinds), for it was the first food grain brought to your planet. ALL except the “common spelta” are “toxic”. This means that it measures its environment and grows accordingly. This is a “thinking” grain. The “toxins” show up in varying degrees and once toxicity is established at a plus 2 or plus 3 (meaning contaminates such as pesticides and chemicals, etc.), it will not reproduce itself well; it will not make good breads and so on. Genetically, the “common” variety (of which there is not very much around anymore) will continue to maintain itself in a “nontoxic” state or WILL NOT GROW. Spelta is radioactivity resistant and utilizes the higher-wave light frequencies to advantage—not to store radiation for the unsuspecting “eater”.

#### PROTEIN NEEDS

Now, this is fine for “grain” but what about proteins? It is interesting to note that the proteins in the Spelt are not as useful as might be thought. It is for other things that Spelt is valuable—not protein. There are several proteins in the grain but we consider that some of the proteins which “become” present in the “toxic” grain are what causes it to be labeled “toxic” in the first place. So, you will need chlorella (algae), possibly yeast and, of course, you knew I would eventually get there—lentils (red preferably) and SOYBEAN curd, sprouts, tofu, milk and thus and so. So, I annoy the planters (who are not farmers but are

becoming so) with, “Now, get some non-hybrid quality from the same ‘Common Spelt’ resource”—and lay out some fields as soon as we can have enough funds to lease them, as purchasing is out of the question this season. The Spelt needs to go in the ground very, very soon to attend its winterizing.

THIS is why it is so hard to not have the resources which George Green has taken from this Institute. The Institute was established for the specific purpose of making available the resources for these projects. It reminds me of the thieves taking from the church donation boxes for the poor. How can ones steal from God’s people when all they are doing is providing a foundation upon which a remnant can survive in wholeness and the masses can recover if they so choose? Well, I always, like you, ask—and, of course, we all know the answer. We were never promised an easy go of it...!

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10/2/93—#1

#### NATURE’S PRODUCTS FOR A NATURAL LIFE

(INTRODUCTION by Oberli [E.J.]): For many months Commander Hatonn, with the help of WH and Dharma, has been bringing and perfecting a series of products which, when properly integrated and used together, will give our physical bodies the tools and supplies they need to rebalance and achieve “good health”. More importantly, the body frequency will be raised to take advantage of the additional energy reaching us as a result of entering the “Photon Belt”, rather than suffering from it. While any one of these products, taken alone, will enhance wellbeing, when taken together in a “program” as He has outlined below, they become TNT. And that’s INDUSTRIAL-STRENGTH dynamite! It has taken several weeks to manufacture and stockpile enough GAIALYTE to be ready to supply the first orders without long back-order risk. We think we are ready, so go ahead, swamp us with orders!)

\* \* \*

Things YOU will need for this starting program:

Apple Juice

Cranberry Juice

Butter (not margarine)—Butter causes the Spelt to release its B-17 (anti-carcinogen)

THIS IS NOT A MEDICAL PROGRAM OF ANY KIND. YOU CANNOT OVERDOSE OR UNDERDOSE. SUGGESTED AMOUNTS ARE SET FOR OPTIMUM EFFECT, FOR ALL UNUSED SUBSTANCE IS WASHED AWAY IN THE EXCRETORY SYSTEM. PEOPLE WITH ONGOING, KNOWN MALFUNCTION OR DISEASE MAY WELL WANT TO TAKE MORE THAN THIS SCHEDULE REFLECTS. THIS IS UP TO YOU. AS WITH ANY SUPPLEMENTAL REGIME, IT TAKES A BIT OF TIME TO RESPOND FULLY. THE BODY MUST READJUST ITS FUNCTIONING—YOU ARE ADDING THE THINGS IT MAY WELL BE MISSING, AS WELL AS DOING SO IN A “PROGRAMMED” SOLUTION WHICH MERGES WITH THE BODY CELLULAR STRUCTURE AS AN ICE CUBE MELTS WITHIN ITS MOTHER WATER.

#### AUDIO TAPES

THE AUDIO TAPES INCLUDED ARE TO ASSIST IN THE INSTRUCTIONS TO THE SUBCONSCIOUS MIND FOR BOTH LOCATING POSSIBLE BODY MALFUNCTIONS AND/OR

INVADERS NOT SUPPOSED TO BE WITHIN THE BODY. THERE ARE FIVE TAPES.

1. *Learning Self-Hypnosis*: What it is and how to use it.
2. *Clearing and Relaxing Tape*: To clear dark energy forms from your presence while in relaxation.
3. *Let's Look Within and See What's Wrong*: This is to "scan" the body for SELF while in a state of total relaxation. YOU consciously do not need to participate—your mind will recognize any malfunction or invader.
4. *Let's Heal Ourselves*: This tape is instructions for your subconscious mind to allow sending of "troops" to infected, mutation or malfunctioning areas for specific attention.
5. *Subliminal Message Tape* (Healing and Success)—MUSIC. This tape is a gift and is for the purpose of allowing you something which enhances your program and can be enjoyed ANYTIME, ANYWHERE. The other hypnosis tapes should only be used in a state of rest when not operating any kind of machinery or other focused activities.

AS YOU LISTEN THROUGH THE TAPES YOU WILL RECOGNIZE APPROPRIATE USE. FOR INSTANCE, YOU WILL NOT PROBABLY USE THE SELF-HYPNOSIS LEARNING TAPE AFTER YOU ARE TRAINED TO RESPOND TO THE OTHER TAPES. HOWEVER, IF YOU ARE CAUGHT AT ANY TIME UNABLE TO "SLEEP"—GET IT OUT AND USE IT.

THE MORE YOU USE THE HEALING TAPE—THE MORE QUICKLY YOU CAN PROGRAM YOUR OWN SYSTEM TO ATTEND ITSELF. FURTHER, YOU WILL BE ASTONDED AT THE INCREASED FEELING OF WELLBEING. WE WILL SOON HAVE AVAILABLE A SIMPLE "SUCCESS" TAPE FOR YOUR ENJOYMENT (NOT YET AVAILABLE).

THESE TAPES MAY APPEAR TO BE UNPROFESSIONAL, FOR THEY WERE ORIGINALLY MADE FOR SPECIFIC PERSONS AND SPECIFIC PURPOSES (FOR DHARMA) BY MYSELF AND DORIS. DORIS IS AN ACCOMPLISHED HYPNOTHERAPIST AND THE CONTENTS OF THOSE TAPES ARE VERY PROFESSIONAL. REMEMBER, SHE HAS TO GET HER INSTRUCTIONS THE SAME WAY YOU DO! WHAT IS CREATED IN THE SUBCONSCIOUS MIND OR ATTACKING THE BODY AT THAT LEVEL OF SUB-CONSCIOUSNESS—MUST BE CONFRONTED AND REINSTRUCTED AT THAT SAME LEVEL OF CONSCIOUSNESS. THE SUBCONSCIOUS MIND DOES NOT SLEEP AND KNOWS EVERYTHING GOING ON WITHIN THE ENTIRE SYSTEM—IT NEVER FORGETS!

USE THESE TAPES AT EVERY OPPORTUNITY—ESPECIALLY AT THE BEGINNING OF THE PROGRAM. TAKE THE TIME FOR YOURSELF, FOR YOUR RESPONSE WILL BE INCREDIBLE IF YOU INSTRUCT THE ITEMS YOU INGEST TO DO THEIR WORK! DO, PLEASE, CONSIDER USING THE HEALING TAPE AS YOU GO TO SLEEP AT EVERY OPPORTUNITY—THAT IS WHEN THE MIND AND BODY DO THEIR HEALING AND REPAIRING, SORTING AND ADJUSTING.

(Oberli's Note: The tapes multiply the value of the program by scads—if you do not use them, you may have to redo the first week of the program several times before you get the "boost" you get with them. They come with the starter kit; sold separately, they are \$12.00 plus shipping.)

### GAIANDRIANA & AQUAGAIA

AQUAGAIA AND GAIANDRIANA ARE TWO SEPARATE ENTITIES AND IF STORED TOGETHER THE GAIANDRIANA CONSUMES THE MITOCHONDRIA IN THE AQUAGAIA. (The mitochondria is that which feeds on vessel plaque adhering to blood vessel linings. It is also that which directly affects the blood-sugar conversion system within the body—so you want to tend it carefully.)

AFTER ENTRY INTO THE BODY SYSTEM THEY GO ABOUT THEIR SEPARATE WORK AND MIXING IS FINE—SIMPLY DO NOT MIX FOR STORAGE OR FOR ANY LENGTHY PERIOD OF TIME.

EACH TIME YOU TAKE EITHER THE GAIANDRIANA OR THE AQUAGAIA—HOLD A PORTION UNDER THE TONGUE FOR A COUPLE OR THREE MINUTES BEFORE SWALLOWING. THIS ALLOWS INSTANT ENTRY INTO THE BLOOD SYSTEM. BOTH ARE CELL STRUCTURES EXACTLY LIKE YOUR BODY CELLULAR STRUCTURE. UPON ENTERING YOUR INDIVIDUAL SYSTEM THE CELLS WILL PICK UP YOUR DNA PATTERN AND REPRODUCE ONLY "WHOLE" ORIGINAL CELLS. ALL FOREIGN BODY PRESENCE (I.E., VIRUS, BACTERIA, MUTATION CELLS, ETC.) ARE TAKEN OUT, USED FOR REFUELING AND/OR SLUFFED FROM THE BODY.

THIS IS NOT A MEDICINE OF ANY KIND. IT IS A WHOLE-CELL PRODUCT WHICH ALIGNS WITH INDIVIDUAL BODY CELLULAR LIFE. It seems to enhance the production of immune system function and increase presence of T-cells—among other cells in the immune system—raising immeasurably the body's defense system to deter malfunction of any kind. The "Driana" cells are blueprinted with all substances found in natural cell structures. These work WITH the ORIGINAL cell patterns in a body and reproduce only "whole" cells, while cleansing out the mutations and alien particulate. Do not expect this to act as an antibiotic of some kind—the cellular structure has to be shored up and an enhancement period of time accomplished. This is only that which can help your own healing mechanisms do what they were originally supposed to do in perfect creation of body specific. FIRST YOU ENHANCE AND HEAL YOUR OWN IMMUNE SYSTEM AND SYSTEMIC "ORDER" AND THEN THE BODY WILL ATTEND ITS PROPER FUNCTION.

### GAIALYTE

This is an electrolyte concentrate with Kargosok tea, Gaiandriana, Carbragaia (a cartilage similar to shark-fin but "programmed" to human tissue), juice and a plethora of vitamins and minerals necessary for EVERY cell structure. This also adds fuel for the new cells introduced from the Gaiandriana and Aquagaia.

### RECONSTITUTION INSTRUCTIONS:

TAKE ¼ CUP (2 OZ) CONCENTRATE AND RECONSTITUTE WITH WATER TO ONE (1) CUP LIQUID. (CHILL THE CONCENTRATE AND SHAKE WELL BEFORE OPENING AS IT TENDS TO "BLOW" AS IT MATURES AND RELEASES NEW LIFE.) (If volume is a problem, the water can be reduced or eliminated but the fruit juice is necessary.)

ADD: ¼ CUP CRANBERRY JUICE

ADD: ½ CUP APPLE JUICE

This is a very tasty drink and is best when

chilled or on ice.

DRINK A FULL MEASURE OF THIS MIXTURE AT LEAST FOUR TIMES THE FIRST DAY. IT IS SUGGESTED BY USERS THAT IT IS BETTER TO TAKE YOUR LAST DAILY AMOUNT ABOUT 4 HOURS PRIOR TO SLEEP-TIME AS IT TENDS TO "REV-UP" THE SYSTEM. MANY, HOWEVER, ENJOY IT AS A BEDTIME DRINK SO USE YOUR OWN JUDGMENT.

WHY APPLE AND CRANBERRY JUICE ADDITIONS? BECAUSE YOU WILL NEED TO CLEAR OUT THE LIVER DISCHARGE SYSTEM AND APPLE JUICE IS RECOMMENDED FOR THE FUNCTION OF THE GALL BLADDER. CRANBERRY JUICE IS RECOMMENDED FOR THE BLADDER (URINE) SYSTEM. YOU MAY USE ALL ONE TYPE OF JUICE AT A TIME IF YOU LIKE BUT THIS IS A MINIMUM AMOUNT DESIRED FOR INITIAL CLEANSING. HAVE AS MUCH ADDITIONAL JUICE AS YOU WISH. WE ENCOURAGE DRINKING A LOT OF BOTH AS WELL AS OTHER JUICES AT EVERY OPPORTUNITY. AT UPSTART OF THIS PROGRAM DO NOT GET THE JUICE "BLENDS", AS THEY WILL NOT CONTAIN THE PROPER AMOUNT OF EITHER. AS YOU MOVE INTO A REGULAR, ONGOING INTAKE REGIME—USE ANYTHING YOU WANT.

### SPELT BREAD

This is a problem to some who have no access to Spelt. Spelt is, however, THE gift of GOD to your planet as the "original" grain. It is deliciously milder than wheat, non-hybrid and is so far superior to other grains as to be almost incomparable. If you cannot get Spelt bread or grain, of course, use the best whole grain bread you CAN get.

OUR RESOURCES WILL BE ABLE TO SUPPLY YOU WITH SPELT IN ONE FORM OR ANOTHER. THEY ALSO ARE SETTING UP A PROGRAM WHEREBY YOU CAN OBTAIN A BREAD MACHINE FOR YOUR USE AND "BREAD MIX" WHICH IS SUITABLE FOR SAME. THE FLOUR IS NOT INTERCHANGEABLE IN MOST INSTANCES BUT CAN BE ADJUSTED NICELY IF TIME IS TAKEN TO DO SO. THERE ARE, HOWEVER, SUBSTANCES IN SPELT THAT NO OTHER GRAIN HAS AVAILABLE AND SPELT IS ALL THAT I RECOMMEND. OTHERS ARE SIMPLY FILLERS FOR THE TUM-TUM.

IN THE UPSTART PROGRAM YOU WILL INGEST PROBABLY MORE THAN YOU WANT, IT WILL SEEM, FOR IT IS A MAGNIFICENT BREAD UPON WHICH YOU COULD LIVE NICELY WITH NOTHING ELSE ADDED. HOWEVER, OUR THRUST IS AFTER, AMONG OTHER THINGS, THE FIRST TWO "B" VITAMINS AND B-17. B-17 IS AN "ANTI-NEOPLASTIC" SUBSTANCE WHOSE PRESENCE IS NOT FOUND ELSEWHERE IN ANY AMOUNTS ALLOWABLE TO YOU ANY LONGER. TOASTING THE GRAIN OR BREAD HELPS RELEASE THE VITAMIN AND ALSO THE ADDITION OF BUTTER (NOT IMITATION) INGESTED WITH THE GRAIN ALLOWS TWICE, OR MORE, THE RELEASE OF THAT VITAMIN. If you cannot bring yourself to have butter on every piece of bread you eat—I do ask that you have at least one tablespoon of butter per day in some way. It has properties that no other fat carries.

As you get your body back into BALANCE you will find that it is the very thing you go through now which got you into the unbalanced mess in the first place. If

your system is able to work as it should—IT CAN BALANCE ITS OWN PERFECTION WITHOUT YOUR CUTTING IN OR OUT ITEMS FROM A REGULAR DIET. YOU HAVE MADE YOUR BODIES SICK. IT IS UP TO YOU TO GIVE THEM, NOW, WHAT THEY NEED TO HEAL THEMSELVES.

### INSTRUCTIONS

#### DAY ONE:

6 OUNCES GAIANDRIANA divided into 2-ounce segments. Can be mixed nicely with GAIALYTE drink.

6 OUNCES AQUAGAIA divided into 2-ounce segments. Can be mixed into GAIALYTE drink—EXCEPT in cases where you already have mixed Gaiandriana into the drink.

4 GAIALYTE drinks

4 TO 5 AVERAGE SLICES OF SPELT BREAD (PREFERRED TOASTED) WITH A BIT OF BUTTER

#### DAY TWO:

SAME AS DAY ONE

#### DAY THREE:

GAIANDRIANA: REDUCE TO THREE OUNCES.

AQUAGAIA: REDUCE TO THREE OUNCES.

GAIALYTE: REDUCE TO THREE DRINKS.

SPELT BREAD: YOU CAN REDUCE TO 2 SLICES IF YOU DESIRE.

#### DAY FOUR:

GAIANDRIANA: REDUCE TO 2 OUNCES.

AQUAGAIA: REDUCE TO 2 OUNCES.

GAIALYTE: CAN REDUCE TO 2 DRINKS IF DESIRED.

SPELT BREAD: AS DESIRED—AT LEAST ONE SLICE OR EQUIVALENT IF AVAILABLE.

#### DAY FIVE:

GAIANDRIANA: REDUCE TO 1 OUNCE.

AQUAGAIA: REDUCE TO 1 OUNCE.

GAIALYTE: IDEAL TO CONTINUE PERMANENTLY, 2 DRINKS PER DAY.

SPELT BREAD: AS AVAILABLE AND DESIRED. IDEAL TO ALWAYS HAVE SPELT BREAD AS YOUR STAPLE GRAIN PRODUCT.

#### DAY SIX & SEVEN:

GAIANDRIANA: REDUCE TO ½ OUNCE.

AQUAGAIA: REDUCE TO ½ OUNCE.

GAIALYTE: 2 DRINKS

SPELT BREAD: AT LEAST ONE SLICE OR EQUIVALENT

### MAINTENANCE:

GAIANDRIANA: ½ OUNCE PREFERRED, TAKEN IN DROPS UNDER THE TONGUE AT LEAST THREE TIMES/DAY. UNFORTUNATELY, THE AMOUNT NOW BECOMES A MATTER OF EXPENSE AND ABILITY TO HAVE QUANTITY. AS LITTLE AS 8 TO 10 DROPS UNDER THE TONGUE TWO TO THREE MINUTES 3X PER DAY WILL PROBABLY MAINTAIN YOU IN A HEALED STATE OF NORMAL FUNCTION. I SUGGEST THAT IF COLDS, FLUS, ETC., ARE AROUND YOU OR YOU SHOW SIGNS OF PHYSICAL STRESS, INCREASE YOUR INTAKE ACCORDINGLY.

AQUAGAIA: IF YOU HAVE A KNOWN METABOLISM PROBLEM OR PLAQUES IN THE VESSELS, I DO SUGGEST YOU CONTINUE WITH AT LEAST MINIMUM INTAKE OF AQUAGAIA. HOWEVER, IF CLEARANCE IS ACHIEVED AND YOU ARE COMFORTABLE, YOU CAN USE A FEW DROPS UNDER YOUR TONGUE ONCE OR TWICE DAILY AND YOU WILL REMAIN BALANCED. IF YOU

NEED TO GIVE UP EITHER ONE OR THE OTHER, AQUAGAIA OR GAIANDRIANA, GIVE UP THE AQUAGAIA—FOR IN A BALANCED STATE THE GAIANDRIANA WILL SUFFICE NICELY.

GAIALYTE: IF YOU CAN DO SO, CONTINUE WITH TWO DRINKS PER DAY—INDEFINITELY. IF YOU MUST REDUCE INTAKE, PLEASE TRY TO MAINTAIN WITH AT LEAST ONE DRINK PER DAY. THIS IS MASSIVELY ENHANCED WITH WHOLE GAIANDRIANA AND CARBRAGAIA AND OTHER THINGS WHICH YOU CANNOT GET ELSEWHERE, ANYWHERE WE KNOW ABOUT.

SPELT BREAD: THE PROPER AMOUNT IS TWO SLICES PER DAY; ALWAYS TRY TO GET AT LEAST ONE SLICE PER DAY.

[Oberli's Note: Thirty-some years ago, when the diet beverage called METRO-CAL was first introduced, my uncle Harold Ekker (a huge man) complained, "I've drunk two cans of that stuff with every meal for six weeks and all the good it's done is gain me ten pounds!" This program is a bit like that—if you just add it to what you eat/drink now it will add to the weight around your middle and subtract from the weight of your wallet.

What our friend has brought to us is an ulcerless, stress-defeating new lifestyle which can restore our bodies to their intended functioning, a condition most of us have not enjoyed since long before our first birthday. If we will substitute a glass of GAIALYTE and a slice of buttered spelt toast for that morning cup(s) of coffee plus donut (or ?) and then do the same at lunchtime, we will experience a marvelous elevation of energy and a new clarity of thinking without any significant change in our daily food/beverage expense. The cost is approximately \$3 per day at the maintenance level—less than most spend for lunch—and this includes the optimum input of Gaiandriana.

Speaking of cost, I should remind you that GCH has said many times that we are to provide substantial price breaks to *CONTACT* subscribers.

For additional ordering information please call NEW GAIA PRODUCTS at 1-800-639-4242. Thank you for your attention—Oberli] [**updated to 1-888-895-1696**]

(We thank Oberli for volunteering to assist with this announcement.)

NOW, WE ARE ASKED ABOUT SUPPLEMENTS TO THIS PROGRAM. AS MANY AS YOU FEEL YOU CAN AFFORD IS THE ONLY LIMITATION I CAN SEE. THERE ARE SOME THINGS WHICH WILL MAKE YOU FEEL SO MUCH BETTER AND FUNCTION MORE EFFICIENTLY. A WELL-ROUNDED SUPPLEMENT PROGRAM IS EXCELLENT FOR ONGOING AVAILABILITY OF NEEDS FOR THE CELLS' CONTINUING HEALTH AND BALANCE. WE HAVE TAKEN THESE ADDITIVES UP IN SEPARATE WRITINGS AND DESCRIPTIONS.

IT IS IMPOSSIBLE TO SAY ENOUGH ABOUT SUCH AS THE PROPER USE OF HYDROGEN PEROXIDE AND THE ALOE VERA PRODUCTS. IN THE GAIALYTE, FOR INSTANCE, THE REACTION WITH THE GAIANDRIANAS AND THE ALOE VERA PRODUCE ABUNDANT FOLIC ACID, HYDROGEN PEROXIDE AND VITAMIN C AS MAJOR CONVERSION TAKES PLACE. WE ARE NOT, HOWEVER, IN ANY BUSINESS OTHER THAN THAT WHICH WILL ALLOW YOUR OWN DEFENSES TO BALANCE YOUR BODY FUNCTIONS. WE CAN OFFER YOU WHAT MAY BE NEEDED—YOU, HOWEVER, MUST HEAL SELF—THESE ARE BUT TOOLS FOR YOUR USE.

AS THE GOVERNMENT TAKES AWAY YOUR SUPPORT SYSTEM IN THE FORM OF HERBS AND NATURAL SUBSTANCES (BEGINNING IN THIS DECEMBER) YOU ARE GOING TO GET IN WORSE PHYSICAL CONDITION UNLESS YOU TURN TO THAT WHICH WILL NATURALLY BRING BALANCE IN PROPER PROPORTION TO YOUR CELLULAR STRUCTURE AND ALLOW YOU TO ENHANCE YOUR DEFENSE SYSTEM TO CAST OFF DISEASE, ETC. YOU DO NOT HAVE TO "MAKE A BIG DEAL OUT OF IT". THE BODY IS PERFECTLY ABLE TO ATTEND ITSELF AND DEFEND ITSELF IF GIVEN A BASIC MINIMUM OF WHAT IT NEEDS. ONCE RESTRUCTURED IN WHOLENESS IT CAN SURVIVE ON THE BASICS OF WATER, GOOD AIR, CHLORELLA, GAIANDRIANA REPLACEMENTS, A FEW LENTILS AND SPELT. IS THIS DESIRABLE? IF YOU ARE STARVING TO DEATH? I THINK IT WOULD BE MOST AGREEABLE! IT IS OBVIOUS THAT YOU WILL NOT BE GIVEN GOOD HEALTH AS A PROMISE FROM YOUR NEW WORLD ORDER—SICKNESS SEEMS TO BE THE OFFERING AND BANDAID TREATMENT FOR THAT.

THIS IS ALL NATURAL SUBSTANCE WHICH WE OFFER—NO MEDICINE AND NO CHEMICALS. WE ARE NOT PRACTICING MEDICINE UNDER ANY CIRCUMSTANCES—NONE OF US ARE DOCTORS NOR HAVE ANY WISH TO BE SO.

CAN YOU HEAL YOURSELF? OF COURSE! GOD BIRTHED YOU WITH THE PERFECTION TO DO SO. CAN A BABE UTILIZE THESE THINGS TO HEAL SELF? OF COURSE, ONLY THE CONSCIOUS MIND OF THE BABY IS NOT AWARE—THE SUBCONSCIOUS MIND WILL HEAR, FOR INSTANCE, EVERY WORD ON THE TAPE AND TAKE IT IMMEDIATELY WITHIN AS INSTRUCTIONS FAR FASTER THAN YOU ADULTS.

### FOR INFANTS AND TODDLERS

YES, INDEED, GIVE THEM THE ABOVE ITEMS. MAKE CEREAL FROM THE SPELT OR OFFER IN OTHER FOODS AS THEY GROW INTO READINESS FOR SOLID FOOD. THE JUICE MIX WILL BE GREATLY ENJOYED BY BABIES AND CHILDREN—GIVE THEM AMOUNTS APPROPRIATE.

GAIANDRIANA, ETC.: PLEASE DO OFFER YOUR CHILDREN THIS DEFENSE SUPPORT. THEY ARE BOMBARDED MORE HARSHLY THAN ARE ADULTS. IF A CHILD IS SHOWING SIGNS OF COMING DOWN WITH A COLD OR FLU—GIVE UP TO THREE OUNCES AND THEN BACK TO MAINTENANCE. GAIANDRIANA CAN BE SIMPLY ADDED TO FORMULA OR WATER—OR A BIT OF JUICE. IF YOU CAN GET YOUR BABY FUNCTIONING IN A BALANCED MANNER—IT CAN MAINTAIN ITSELF.

YOU CAN, AT THE LEAST, MATCH OR SURPASS THE LIFESPAN (IN GOOD HEALTH) OF THE ANCIENT PEOPLE OF HIGH TIBET OR THE OTHER LONG-LIVED BROTHERS. YOU ARE SIMPLY KILLING OFF YOUR OWN SPECIES AS YOU ARE GOING. IT SEEMS A BIT OF A SHAME SINCE HUMANS CLAIM TO WISH A LONG AND HEALTHY LIFE. IT IS STRICTLY UP TO YOU.

We are continually blasted with the fact that if people would quit smoking, drinking, eating wrong, etc., etc., etc.—they wouldn't have these problems. Well, you do these things and surely enough you damage yourselves. However, do not think that you cannot help self in spite of these problems and

addictions. You may find the addictions coming under YOUR CONTROL instead of OUT OF CONTROL as you REGAIN CONTROL AND BALANCE. I would urge you to get control as rapidly as possible, for the thrust of the New World Order is going to get more repressive instead of better and you need all the ammunition you can get for good health, if you are to withstand that which is coming.

I can only offer that which “can” assist you to perfect a “miracle”—YOU ARE THE MIRACLE!

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10/26/93—#1

#### POINTS TO PONDER: GAIANDRIANA

It has been brought to my attention that I need to give you a few more instructions on Gaiandriana. Dharma handles a lot of the research experiments with the “mother” cells and she got a real shocker today. Yesterday was too busy to attend much work on the Gaiandriana so all she did was add the additional water I told her to use to “hold” it. Today is a beautiful, clear and “Sun-intense” day at this altitude. By mid-afternoon the cells had grown and “crystallized” to the point that the entire 3-gallon container was acting as a giant refracting magnifying glass. She has 12 of them and every one was focusing such an intense laser that there are actually etched burns ready to flame on the wooden tables. These were smoking and moving in a line at the speed of the orbit, smoking and ready to burst into flame.

The reason I tell you readers this is to warn you who would think you can “upgrade” your own drianas—be careful, for if you put the liquid into a crystal container (as in hand blown, uncut, crystal) and place in the Sun—you can very well start a fire and burn your house down. Treat it EXACTLY as you would a high-quality magnifying glass. This has burned into the wood and, therefore, ruined the surface finish of the furniture and might very well scorch formica if not attended. I would not expect this to happen but these are large three-gallon containers and the power is tremendous. It is nice, however, for confirmation reasons that this happened—for it proves beyond doubt that you have active crystals reproducing so quickly that the replication frequency measurements are “off-scale”.

I always have her temper the solution with other ingredients and color to gauge “readiness” and prevent this from happening. It is a good experience, however, to SEE the results and life reproduction right in full eye view. If you think this will not raise those frequencies within a body cell to such an extent as to rapidly dispatch a foreign form (virus, etc.), then think again. These people (four of them) literally watched the cells line up in solution, into “stands” to intensify the laser. NEVER UNDERESTIMATE THE POWER OF GOD IN CREATION nor what God will make available, if HIS people would but accept the gifts. HE would never leave His creations without messengers or that which you need to make transition—unless His own turn from HIM. In that instance HE has NOT denied—HE has BEEN denied.

#### CLONES

I find it most amusing to watch and receive the input from the past week’s revelations in the “news”. Cloning?? Twins, triplets or more? Come children, these are NOT NEW capabilities—it is simply that this technology is now being made public to counter the revelations and happenings to come which would

overwhelm the senses. We thought it especially amusing in that the releases of cloning news came from the same journalists who covered a large meeting which Rick Martin attended and all but four or five speakers were clones—some now without the original. Cloning is EASY, RAPID and downloading “memory” even more easily accomplished than downloading a computer program.

I have been asked to make a detailed discussion on the subject. No, thank you—we have had detailed discussions on that very subject over and over again for five years.

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10/30/93—#1

#### AIDS CAUSES

I remind you that WE are the only ones who have told you the truth of it and HOW the AIDS virus is passed. Today, however, they claim they have “found” that the AIDS “HIV” virus is passed within a living cell, PROGRAMMED to enter into the safety of other cells for protection and sets up a barrier against treatment, while mutating to change with every DNA change (of host(s)). KEEP UP YOUR GAIANDRIANA AND STOP COMPLAINING ABOUT THE “TOO THIS AND TOO THAT” TASTE OF THE GAIALYTE—IT IS NECESSARY TO ALLOW PASSAGE OF THE NEW CELLS TO MOVE THROUGH THE BARRIERS. YOU HAVE THE GIFT OF KNOWING AND OF LIFE—IF YOU ALLOW IT TO BE ACCEPTED.

I repeat to you beloved readers who wish to share with us as things are offered for your choosing or denying: We are NOT in a mass-marketing thrust; we are not in a MEDICINE-chest thrust; we are NOT TRYING TO “SAVE” ANYONE OR ANYTHING. We offer that which may well help you feel better and enhance wellbeing—NOTHING MORE. If it happens to cross the barriers of the protective structures guarding an HIV virus—so be it. It only allows the body to structure itself properly to create the capability. The bottle of “stuff” doesn’t do anything. The contents, if utilized, CAN—there is a big, big difference.

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11/8/93—#1

#### GENETIC REALIZATION (PERHAPS YOU WILL WANT TO TRY GAIA SOURCE)

What do you have today from the “real” world of medical “breakthroughs”? Three things from *CNN* this morning: “1) Alzheimer’s is a GENETIC malfunction; 2) Heart disease is NOW LINKED TO GENETIC MALFUNCTION, and 3) Breast cancer is linked to GENETIC problems.” Interesting?!? So, what will be the next step in this unfolding drama of life and death? Yes, indeed—years of RESEARCH and NEW DRUGS to further alter the genetic structuring, along with outrageous surgeries *ad nauseam*. WOULD IT NOT BE BETTER TO SIMPLY TAKE GAIANDRIANA, LET THE BODY SORT ITS PERFECT GENE-DNA STRUCTURE AND RECLAIM AND RESTRUCTURE ITS OWN PERFECTION?? IT SURELY SEEMS MORE REASONABLE, INEXPENSIVE AND PROBABLE IN PERFORMANCE THAN MUTILATION, DEAD-BLOOD-GIVING AND POISONING THE ENTIRE SYSTEM TO RECALL ONE OR TWO GENETIC FRAGMENTS! That, too, of course, is up to you.

#### GOD CREATING

YOU, of God, are given great gifts with your birthing onto this stage of experience. You are given “reason”, “choice in free will” and ability to CREATE. You can create good health or allow your enemy to destroy it. You can act in such ways as to cause the adversary to have no power over you or your nation—OR YOUR GLOBE. But do you remember “how” to Create? Creation is never violent, forceful or negative to any God-Creation. GOD CREATES NEW AND BETTER WAYS—SATANIC FORCES CAN ONLY USE THAT WHICH IS ALREADY CREATED AND FUNCTION IN TOTALLY PHYSICAL DIMENSIONS.

IF YOU WISH TO CHANGE A THING, YOU MUST CREATE THAT WHICH WILL BRING IT INTO BEING—IN GOODNESS. GOD HAS THE “POWER” OF THE UNIVERSE—YOU ARE OF GOD CREATOR—THEREFORE, YOU ALSO HAVE THIS POWER WHICH SURPASSES ALL IN THE UNIVERSE. IS IT NOT TIME THAT WE USE THESE THINGS GIVEN FROM CREATOR TO CREATE OUR PERFECTION?

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11/20/93—#1

#### GOOD HEALTH

There is no substitute for good health in the form of good nutrition and abstaining from all “harmful” substances. Man is simply not going to abstain until he is sick unto death and is forced to do so. We can’t wait until everyone is dead before we offer something to BALANCE a bit better that WHICH HE CONTINUES TO INTAKE.

So, let us recognize that man will not act on simply “good advice” but I promise you that if you offer other solutions to his dilemma by the addition of “something” to neutralize the action of these damaging things—he will do so.

What is happening now is that people continue their “vices” and negate a great amount of the validity of the Gaiandriana. This is because, with the addition of these particular substances which affect the nervous system, or the instructions to the cells, you have original focus of the drianas to negate the invaders—FIRST—and then the focus can be changed to the healing or perfecting of the “cells”.

There is no way to counter the immediate effect, for instance, of the burned tar from a smoke, no matter what the smoke. This is an introduced damage maker—but the immune system and body-healing cells CAN overcome it if given enough of a head start. It becomes a mechanical “thing”. These named invaders, however, move rapidly within cells and, although they don’t belong there, they set up a whole string of events. For instance, none of the substances as itemized would be particularly damaging, except in mental response, if left circulating long enough to be rendered harmless. This is not the case with poisons, toxins and such as caffeine, alcohol, nicotine, etc.

Do not get the idea that when I say neutralize the atom or molecule of caffeine that I mean negate the response of the body to a cup of coffee. I simply mean that it will give the drianas “equal” opportunity.

These substances work on the nervous system, knocking out the molecules which give full flow to the nerves and central nervous system “home office”.

I am not interested, at this time, in offering some kind of drops to allow people to continue their vices. However, this will do it. It will not keep a person from getting intoxicated by alcohol but it can prevent, totally, the

damage to brain-cell connections—the same with Alzheimer’s physical nervous response, muscular dystrophy, Lou Gehrig’s, Parkinson’s and other “nervous” incurable diseases. It is a protein substance that interferes with the nervous system connector relays. The most auspicious results, however, will be seen with ones wishing to cooperate in their own wellbeing and utilize the “program”.

Dharma laughed and suggested “fat drops”; well WE CAN DO THAT—this WILL DO THAT. IF ones would take as directed the full “program”, they would lose appetite; moreover, the body would be able to balance out the unnecessary fat absorption.

What people do is overwork fat cells and they expand—to properly balance, the cells must learn (be programmed) to accept only the sufficient amount. This can easily be done but the substances are NOT ALLOWED YOUR USE—so a new product with target capability WILL NOT BE ALLOWED—so we have to label it something else, don’t we? You will never be able to take everything I ask you to take daily in the bread, GaiaLyte and chlorella alone—and lose weight—if you continue to consume a cake with every drink. OBESITY is a mind-game—a total brain-drain program. Obese people do not eat because they need food—they need love and solace. BALANCED NERVE-MIND FUNCTION PRODUCES PERFECT BODIES BALANCED IN POSITIVE MANNER OF RATIOS PROPER FOR SKELETAL STRUCTURE—ALWAYS. Mental unbalance followed by intake imbalance is what causes obesity, underweight—whatever. A balanced, working body will attend itself—except for the CONSCIOUS/SUBCONSCIOUS training of the person in point.

I have hesitated to offer this to you people because some of you who must attend my needs and are under bombardment by electronic-wave beams—NEED THE FAT CELLS AROUND THE AREA OF THE MIDSECTION FOR PROTECTION! As you come along, we can handle that problem but we have caused so many changes in ones closely working here—that one or two more is like the backbreaking single straw added to the load.

When we get the countering frequencies established and raised beyond that which the enemy uses for bombardment—we can put you on “automatic” self-adjusting and negate need for all this other effort.

Until we can do that, however, it will require that some extra substance, extra thought (even to meditation on balance and wellness) be continued—and the majority will ALWAYS need the boost. It is fine, beloved ones—it is fine. If you turn to the balancing substances we offer, you will find a lessening of your energy and financing expended to that which doesn’t work at any cost! Do you understand? If your coffee is important to you and allows you to “feel” better—realize that there are healing qualities in caffeine but it does not positively interact well with Gaiandriana; just the opposite, it negates. It will be ever thus but it can be “neutralized” energy-wise, molecule by molecule.

Would this be good for ANYONE—say, those who do not want Gaiandriana? Of course, because I fully intend to have the stuff LOADED with Gaiandriana—or mitochondria, depending upon that with which we are working. Alcohol will respond better with mitochondria (AquaGaia) because of its energy-conversion capability.

The alcohol molecule neutralizer would be excellent to be utilized in diseases of, say, the liver, the pancreas, the spleen, kidneys, etc., which deal with detoxification of the system—regardless of whether alcohol is present or not. It is not needed, however, because if you are taking the other things offered, you are “covered”. What we want to accomplish up front is the ability to keep these additives from damaging the value and potency of the Gaiandriana or mitochondria (AquaGaia). If you can balance the toxin prior to intake, you are far, far ahead, for there are some molecular structures which absorb a tremendous amount of energy to negate.

Will this allow you to go from 5 cups a day of coffee, to ten? WHY IN THE WORLD WOULD YOU EVEN WANT TO CONSIDER SUCH A THING? THERE ARE OTHER THINGS BESIDES CAFFEINE IN COFFEE WHICH AIN’T SO HOT FOR YOU. The “acid” alone in coffee and some teas—is enough to destroy your system. Are you searching for suicide or healing? WHY? A couple of glasses of wine are healing and calming—a couple of quarts at a sitting gets you drunk. Even the occasional “drunk” will not hurt you as much as the drunken driving likely will. REASON, LOGIC and WISDOM had better become your code-word rule-of-thumb(s).

Will the negation of the items in point keep you from addiction? YES! So, there is, after all a Tooth Fairy—but only useful with “I” teeth. The proper use of Gaiandriana itself will stop an addiction in its tracks, properly utilized WITH MIND-CHANGE. “Intoxication” and “alcohol damage” are not interchangeable terms, my friends. Neither are they the “kind” of “diseases” established to relieve responsibility, as claimed by your nut-niks. “Disease” is now a cop-out diagnosis to offer excuse for lack of responsibility—as are all ADDICTIONS.

So, Hatonn is getting mean in his old age? Yes! I do not accept excuses—TWICE! An EXCUSE is good for ONE TIME ONLY!

We are WATCHING one die of Lou Gehrig’s disease (which is, by the way, a total misdiagnosis in the first place, as that is not what is wrong with the man!) right in front of your eyes when, yep, about 20 drops of this and a bottle of Gaiandriana would stop this nonsense. But, I too believe a man has the right to commit suicide any way he chooses. If one ceases to desire to live in the play granted by God—then it is between him and God. I have little patience with giving attention to such foolishness and I consider it the highest form of irresponsibility to others, including God.

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12/3/93—#1

#### IMPORTANT NEW PRODUCTS

The following is an explanation regarding the new products which will now be introduced for your use—especially for you who are taking Gaiandriana products.

The physical actions of the products are all the same, so I will explain the mechanism of the various items for your understanding in terms which I believe will be most effective in simple explanation.

There are toxins which are particularly detrimental to your body and yet are used by so many of you who would be on a health program. They are especially noxious in the face of what is efforting to be accomplished with intake of the Drianas, i.e., Gaiandriana, AquaGaia, GaiaLyte. (Know, please, that GaiaLyte as it comes from this source is already neutralized for all ingredients.)

Toxins such as caffeine, nicotine, alcohol and sucrose (refined sugars) are especially dastardly in the “confusion” brought within the cellular structure of your body. In EVERY instance they will lower the cellular frequency and introduce that which I like to refer to as free radicals, simply because they enter cells and act as “foreign” substance in the same category as a virus or bacteria. In many instances they are WORSE. The reason is that they interfere with the frequency and they circulate through excretory cleansing systems (liver, kidneys) and must be detoxified. This is especially hard on a body and causes a focus on the foreign particulate.

Those of you taking the Gaia products are not getting full use of the product. Why? Because when the Gaiandriana, for instance, enters the body—it has certain duties in the reclamation of cells. If you introduce these toxins into the system, the Gaiandriana (Drias and Drianas) move FIRST to cleanse the TOXINS which have now passed into the cells of almost all of the system.

#### WHAT HAPPENS WITH THE “GAIASORB”?

The solutions in all instances are grown in the presence of an overriding light frequency of the toxin in target (example: caffeine). When equal numbers of cells are added to anything now containing caffeine (example), there is IMMEDIATELY INSTANT bonding of all caffeine particulate to the programmed cells of the GaiaSorb. The particulate of the toxin is bound and rendered, for all practical purposes, neutralized. Its frequency is interrupted and bound within the frequency of the GaiaSorb cells. In turn, as ingested into the body, it is rendered into the same frequency of Gaiandriana cells. In other words, the toxins are no longer primary targets for Gaiandriana because it does not recognize the (now neutralized) toxin particulate as a “foreign” invader.

Does this mean that all these toxins are good for you? No, indeed. It does mean that, with the use of these new substances, the toxins will not be allowed to neutralize the ability of the Gaiandriana to go about its wondrous work. Of course, in the neutralizing and frequency changing of the toxic particulate, there is incredible advantage to ANYONE using the substance. We simply have not tested the extent to which it works otherwise.

We do note that if you need a relative comparison for your further understanding, consider “Beano” or “Lactaid” or those genetically-prepared digestive aids which specifically aid in prevention of gas buildup or failure of digestive processes to easily handle targeted byproducts of foods intaken.

Yes, we can specifically target anything but remember something, readers, we are BUSY and these things take time, for I am working with one who is NOT a scientist and we have to nurture these babies like any creative processing. We will not offer anything to you which is not tested and proven effective. Therefore, in our attempt to get these new products into your hands and use—we ONLY attended the target of compatibility and effectiveness WITH Gaiandriana, AquaGaia, GaiaLyte, etc. We do KNOW that used ALONE the drops are greatly effective but we have not done anything to research those other avenues of use. We have, however, had many testing the caffeine neutra-bond and all find it delightful, in that it seems to take the sharpness (bitterness) from the beverage and renders caffeinated coffee more digestible and palatable than decaffeinated brands.

The “direct” taste will simply be one of “a bit like electrolyte” base. That is because EVERYTHING which is compatible with cell integration—MUST be in electrolytic balance. It will not be as noticeable as with something like “Beano” because the purpose is not the same as with a gas-prevention substance, with which you are efforting to change the conversion process of carbohydrates and sugars.

We will, by the time you have this information, have enough to fill most immediate orders. It is not a part of the original “package programs” at this time because we did not wish to hold up availability. Further, there is no need to invest in solutions for items which are of no value to some individuals. I trust our crew to make the pricing reasonable and get the bottling approved and done in time for use by those of you who want the product, immediately. The product will, I believe, arrive in 2-ounce dropper bottles for your convenience. We will attempt to get full labeling done prior to shipping the first batches—depending on the availability of printing.

We will turn to other selected items in this category of toxins and target some foods that the body has trouble handling easily or which produce negatively perceived byproducts of digestion. We will also try to make available some targeted aids such as estrogen, thyroid and some of the other glandular substances which become very unbalanced through aging, modern surgery and drug interventions in disease, etc. There is nothing chemical or “medicine” in any of these products. We have no wish to interfere, intervene or in any way practice medicine. Everything which shall be offered, ever, through here is totally natural in EVERY way.



I would, however, call your attention to the myriads of presented-as-new treatment programs being offered through the medical profession in the line of genetics, DNA and RNA processing. THIS IS NOT AN ACCIDENT—THEY ARE HAVING TO MOVE INTO “DAMAGE CONTROL” AS SUCH AS GAIANDRIANA GETS TO CIRCULATING THROUGH THE COMMUNITY OF MAN. It, if nothing else, PROVES the basis upon which the Drianas and Drias perform their balancing act. We note recently that actual pancreatic tissue is being “transplanted” into diabetics. Wouldn’t it be easier to simply reprogram and reclaim ill-functioning tissue by simple oral intake of that which will ultimately balance the function? It would seem so to me, but then again—I make no claims to medicine, surgery (psychic or otherwise) or chemical compounds.

By the way, however, number two, because these items we offer are “grown” in the full presence of all solar rays (directly) and undergo increased amounts of direct ultraviolet spectrum and beyond ultraviolet spectrum LIGHT frequencies—you will find a buildup of tolerance for radiation rays and/or radiation treatments for various tumorous diseases. In other words, we are getting feedback that with the intake of Gaiandriana there seems to be a remarkable lessening of the sickness produced by these medications and therapies. I make no comment, for that is the respected method of treatment on your place and I am not allowed to speak against it. However, use logic and reason in your treatment programs and note that even chicken soup can have very, very beneficial qualities. Remember, the medical physicians thought it wise to drain blood from patients at one time—now they give you dead blood from someone else. It is all beyond my understanding but we are legally not allowed to comment and, therefore, consider each thing with wisdom and, please—leave us out of it.

As you are now into the holidays recognized around your world as the “Holy Days”, be ever mindful of TRUTH. You most certainly should partake of that which brings joy and reminders unto the heart, for man needs wise and good traditions and joyous times of sharing and giving. This is true of all “religions”, all beings. Do not think that a Christmas tree is evil—it is whatever focus YOU PLACE UPON IT. I prefer artificial trees, for the whole of the ritual is usually artificial and why would you destroy a tree to please your nose—get some evergreen spray and leave the tree in its garden. That, however, is up to you. But if man is to survive—it will be because he begins to CHOOSE to leave those living oxygen machines firmly planted and nurtured into the soil of Mother Earth!

EVERY DAY IS A HOLY DAY! EVERYTHING, EVERY BEING, IS SACRED! IN THAT SACREDNESS THERE ARE NO THINGS WHICH YOU MAY OVERLOOK OR FAIL TO APPRECIATE AND TO WHICH TO RELATE—ALL ARE RELATIONS AND ALL MAKE UP THAT WHICH IS YOU. BE EVER MINDFUL OF THE GRACE AND GLORY OF CREATION/GOD.

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4/17/95—#1

#### CLOCK AND CALENDAR

The pleadings come in to: “Please, can’t you slow the clock and calendar so we have time to get—!” NO! If I could do so, I wouldn’t. You ones have got to get with the program—another week, a month, a year may well make a big difference in the short daily routine; it will not change the Universe if you continue to “just wait”.

HOW does Dharma measure time? By that which gets lost in the entropy and finally has to be found to do a “project”. She has spent all this morning just clearing her desk. No, I did not say “clearing up” her desk—I simply said clearing it while looking for “silver” documents—both kinds, soluble and coin. Sometimes the smallest task is magnified by the multitudes who await my input—through

Dharma. So be it, a lot goes begging and is ultimately lost to the cause by the delays and stacks upon stacks of material without means of sorting (to ever locate again), lack of space to file or place and slings and arrows from ones who feel that they MUST have DIRECT response—RIGHT NOW, or we are somehow false prophets of some kind. We are NOT prophets of ANY kind!

Everyone seems to have their own project and agenda. Fine, but how is it that it seems to always involve Dharma? She now has seven stacks of every kind of information (except books) which makes another two stacks from just one month of incoming documents. Each stack is as high as it will go without toppling and when it topples, it remains in a heap. Please, you who await response—WE CAN’T DO IT! Why? I, too, have an agenda. That means that if those at CONTACT can’t write on various subjects more than the News Desks, we won’t write on some subjects. We already have, with just MY agenda, more than we can afford to print and that is quite a shame, for information is ALL that will save your nations and your species.

#### ONE OF MY AGENDAS: OXYSOL

The major topic on my agenda is one of urgency. We have now gotten our “ducks” aligned and will have available, by the first of May, colloidal silver with trace gold—to use ALONG WITH the Oxysol which is a different product entirely. [Editor’s note: Oxysol suspends trace amounts of gold and silver in an active hydrogen peroxide fluid, while the newest product will suspend the gold and silver in distilled water.] We also have introduced silver, gold and other completion minerals into GaiaLyte. It has been in there for a year now so what you have is certainly perfected. However, if you wish, a good way to get it all at once is to add Oxysol to either Gaiandriana or GaiaLyte or take a few drops at the same time. The drias alchemize the gold particles into monatomic gold, which is the programming circuitry of cells as to DNA, RNA, etc.

Gold in colloidal form is even better than silver for frequency and positive charge but you only need a trace and, since that is within the regulator’s ability to LEAVE ALONE, we will go that route. My own “opinion” is that silver without the trace of gold is only a tenth as good. Since NOBODY else offers this, we have had to do it ourselves and Dharma is tired of being a blind scientist, for her forte is chocolate-chip cookies.

Ones raise all sorts of objections to my need to have a piece of coal run through the solution of gold, silver, ash and hydrogen peroxide. But it is necessary to ensure the POSITIVE charge results in the particulate, holds the trace elements in suspension AND releases enough other trace minerals as to fill the body’s cellular needs—such as tiny atoms of otherwise dangerous things if incorrectly introduced—i.e., a minute trace of sulfur, manganese, etc. No, there is no harmful thing introduced such as mercury or lead. Those things have their place but not in consumption as found in your array of needed items. The major problem with these unwanted substances is that enough shows up in other things as to overload. We can neutralize those heavy metals easily enough but not the way you have things structured politically. We can neutralize the radiation rods from your nuclear power plants also—but the enemy wants them to terrify you-the-people. The method is already perfected by a man who can literally “flame off” sand and recover gold. Interesting? No, infuriating that you can’t have these things to use.

No, this person is not David Hudson, so please don’t annoy him with it. David has a grasp on monatomic gold processing but he has far more of a grasp than ability to produce, at this time. These are very definitely no-nos in your society of political insanity and big business takeover. We had to take a different routing to get it into the Gaiandriana. The Drias convert to monatomic gold within

the cells but it is the ONLY other way to get the stuff except to burn off everything else in mineral samplings. I repeat something, however: I will NOT give away methodology and when we have a product it will always be a superb product, less expensive than ANY OTHER SOURCE and will pass all regulations of anybody—as a natural substance or organic product.

I didn’t want to push the river and the people here are distracted by work regarding other products and a push for Snell, etc., this week, so I am writing for the paper of April 25<sup>th</sup> in announcing availability of the colloidal product. I’m not requiring any particular name be given so please take note. I cannot overstate the desirability of this product in this world of inability to fight these hardened and resistant microbes now attacking the bodies of you-the-people. Antibiotics are just going to continue to make the situation worse and worse. Even in your own older scientific literature it is found that colloidal silver can kill every recognized microbe. Gold will allow for reprogramming of the cells after killing off the microbe invader. The Oxysol already available from “Gaia” is an incredible topical antiseptic for EVERYTHING, including herpes (topical) and burns of minor severity. Colloidal silver itself is wondrous on burns and is used in burn centers. The colloidal form, applied to healing burns, reduces fibrous-tissue scarring by great measure. If it had the trace gold, it would reduce it further, for the fibrin would dissolve after new tissue is formed, thanks to the programming capability of gold (Au) changed into crystal form—as is accomplished from an Au compound to an Au+1 conversion. But it must be accomplished WITHIN the cells. I, for that, recommend a solution of Gaiandriana WITH colloidal silver; a mixture that can be applied directly and instantly to merge within the cells present. But this is another lecture I had not intended for today.

We have enough working on the product to get it finished. The holdup is always, please understand, the getting of permits, labels, bottles, etc. I hope all of you can stay alive long enough to get “approved” by the government or meet their regulations! It seems they have already banned food with nutritional value, so I suppose to finish you off they will soon ban food entirely.

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4/21/95—#1

#### BALANCE IS EVERYTHING

Because I have asked that the team get you some of the products of which I speak and this time I announced it prior to their having same, I must give you some strong advice UP FRONT.

As of this paper there IS colloidal silver available from Gaia. I always promise you a couple of things about Gaia products: They are REAL, they are the best on ANY market and they are “living”, for all are balanced through the perfection of cell structure of Drias which will immediately pick up INDIVIDUAL DNA patterns, supply RNA in perfection and WILL ALWAYS BE THE LEAST EXPENSIVE OF ANYWHERE YOU SEARCH.

We purposefully have offered things in a given sequence, which was necessary at the time. We do not COMPETE with anything or anyone—NOBODY ELSE HAS THE LIVING CELLS IN SUSPENSION. The supplier of Gaiandriana, for instance, uses MY “recipe” and never releases a single drop until it is totally programmed to the highest frequency within your capability without changing structure. By the way, we have, from onset, grown silver and gold traces within the Gaiandriana along with some other minerals which are ONLY found in PERFECT cell structures, for they are GROWN there, alchemized there and ONLY within a living cell. BUT—

I hope to be able to bring the prices DOWN so that you can fully saturate your bodies with Gaiandriana at some point. You get plenty now if you only take a few

drops a day, for the body will simply toss aside anything not used within its circulation time.

I offer this discussion before you get any colloidal products from Gaia because, if you are an “overdoer” you will not hurt self, BUT, you will have a tendency to take enough to hit whatever disease process you may have taking place—AND WASH OUT, DEAD, SUICIDE, KILL, MURDER—WHATEVER YOU CHOOSE TO CALL CLEANSING, THE GOOD BACTERIA THAT GIVES A BALANCED INTESTINAL FLORA AND FAUNA. FOR INSTANCE, YOU NEED ACIDOPHILUS AND LACTO-BACILLUS, ETC. So what do you do and STILL get rid of the nasty critters? You simply add it to your intake program.

If you have a suspect dis-ease, even to stomach-ulcer symptoms which would ultimately boil down to nagging organisms in the belly—go ahead and hit them HARD with the colloids or OxySol. It won't hurt you but it will really annoy your visitors. They will abandon ship but they will take with them your balanced bacteria. So, I suggest, for whatever disease you KNOW you carry, the following: Get rid of the parasites FIRST if you have a chance to do so. Then take maximum portions for whatever ails you. If it be stomach problems, take on an empty stomach half an hour before eating. Why? Because you probably have been taking antacid preparations and have unbalanced everything about your digestive system. Then eat or whatever. Next, after allowing some two to three hours to pass—take double or triple amounts of the added acidophilus and lacto-bacillus. I will ask our people if they can supply you with this but until then just get these replacements at the health-food store. I prefer the liquid, fresh—but for ongoing replacement, freeze-dried powder or capsules are fine.

**THIS IS THE ONLY PROBLEM THAT COLLOIDAL SILVER/GOLD WILL PRODUCE—EVER—THE SIMPLE OVERCLEANSING.**

What is different about Gaia colloids? The silver is colloidalized with gold traces. Gold holds a different electrical frequency than can silver and can knock out the really hardened criminals in the disease spectrum. Only a TRACE will be found because of REGULATIONS. We never offer ANYTHING which is not within all boundaries of legality. This is WHY you need both products we now offer—to use in different needs but still have the sufficient spectrum for disinfectant, antiseptic AND internal applications.

#### ANTIBIOTICS WON'T WORK

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# The News Desk

By John & Jean Ray

## CHENEY LAYS OUT CASE FOR PRE-EMPTIVE ACTION ON IRAQ

By Pat Harris, *Daily News*, 08/26/02

NASHVILLE, Tenn. (*Reuters*)—Vice President Dick Cheney on Monday laid out the White House's case for pre-emptive action against Iraq, citing mortal danger to the United States and labeling critics as guilty of “willful blindness”.

Cheney used a gathering of the Veterans of Foreign Wars to reject fears, expressed publicly by some senior members of his own Republican Party and others, that such action would undermine the global U.S. “war on terrorism” and mark a radical new departure for American foreign policy.

Citing what he said was the danger that Iraqi weapons of mass destruction could fall into the hands of terrorists, Cheney said America could not afford to sit by idly. It would, if necessary, fight a war of liberation, not of conquest.

“The risk of inaction is far greater than the risk of action,” he said, in remarks clearly designed to win over public opinion at home and address skepticism abroad over military action to oust Iraqi leader Saddam Hussein.

“And the entire world must know that we will take whatever action is necessary to defend our freedom and our security.”

The vice president, who served as secretary of defense during the 1991 Gulf War, said Iraq's development of advanced weaponry, its refusal to allow UN inspectors to monitor its weapons programs and its general hostility had produced “an imperative for pre-emptive action”.

“What we must not do is in the face of a mortal threat is to give in to wishful thinking or willful blindness. We will not simply look away, hope for the best and leave the matter for some future administration to resolve.”

Cheney's remarks, a strong rebuke to recent words of caution several Republican Party luminaries in recent weeks, came as the administration asserted its legal authority to attack Iraq without advance approval from Congress.

Spokesman Ari Fleischer said White House lawyers had concluded President Bush had authority under the *Constitution* and subsequent acts of Congress to take military action against Iraq, without special congressional approval.

But he held out the possibility the president would consult Congress all the same. “The president, aware of this determination, if he makes a decision about the use of force, will make the decision about a congressional vote on more than legal factors alone,” Fleischer said.

Tom Daschle, the Democratic Leader of the Senate, said through a spokeswoman that the president had a duty to consult lawmakers.

“This is not merely a legal issue,” said spokeswoman Ranit Schmelzer. “The issue is whether the president should seek to obtain the full support of the American people and their elected representatives before sending U.S. troops into combat in Iraq.”

Officials have stressed Bush has made no decisions regarding a possible attack on Iraq, and that he would consult with Congress regarding future steps. The White House has also chastised the media for creating what Defense Secretary Donald Rumsfeld called “a frenzy” over a possible Iraq campaign.

Yet, senior administration figures have not been shy about their public demands for “regime change” in Baghdad. Bush, whose father was president during the war with Iraq, himself has talked about it at almost every public appearance.

Spokesman Fleischer, with the president at his ranch in Crawford, Texas, made it clear Cheney's tough talk reflected Bush administration policy. He repeated the White House position that no decision had been taken on military action.

Cheney said: “I am familiar with the arguments against taking action in the case of Saddam Hussein. Some concede that Saddam is evil, power hungry and a menace, but that until he crosses the threshold of actually possessing nuclear weapons we should rule out any preemptive action.

“That logic seems to me to be deeply flawed. The argument comes down to this: ‘Yes, Saddam is as dangerous as we say he is, we just need to let him get stronger before we do anything about it,’” he said.

“Yet if we did wait until that moment, Saddam would simply be emboldened and it would become even harder for us to gather friends and allies to oppose him.”

In Afghanistan, he said, “the world has seen that America acts not to conquer, but to liberate. ... We would act in that same spirit after a regime change in Iraq.

“With our help, a liberated Iraq can be a great nation once again,” he said.

**[JR: Iraq can be a very great nation, provided the U.S. controls its oil. If there are any left who still say we are governed by the U.S. Constitution, please show me as I can no longer believe it. The Constitution today is just a wrinkled piece of paper on display and yet government officials wave it in our faces and act like it still has meaning. Congress is well aware they have transferred their powers to the President and have neutered themselves of all authority. The only viable action Congress has left to stop this war with Iraq is to cut off funds—but we all know that will not happen once the President has sent in our troops. At this stage of the game our Constitution has been rescinded and replaced by the NWO constitution—our courts rule by case law and not by the “rule of law” and Presidential powers extend globally, so why do we still need a Congress? I can only pray that by the time you read this comment that we haven't already invaded Iraq on or near 9-11.]**

## BUSH EXPECTED TO SEEK SOME APPROVAL ON IRAQ

By Neil A. Lewis and David E. Sanger,  
*The New York Times*, 08/29/02

WASHINGTON—Senior administration officials said Wednesday that they expected President Bush eventually to seek some new explicit sign of approval from Congress—but not necessarily a formal vote—before launching any military campaign against Iraq. ...

As one top adviser described the argument, Bush must decide “whether to go it alone or go to the UN,” with one final, if largely symbolic, effort to force Hussein to readmit the arms inspectors who left Iraq 31/2 years ago. ...

Despite White House assertions this week that Bush already has all the legal authority and congressional approval he needs for an invasion, officials said it is widely recognized that it would be unwise to launch any attack without some new expression of support from Congress.

One official suggested that the statements indicating that congressional approval was unnecessary were a way of preparing the ground for talks with lawmakers. The official added that the assertion might make Congress more pliant on the nature or wording of any statement backing military action.

It was “like the opening round” of talks, the official said.

The new recognition of the need for congressional support comes as many lawmakers have lined up to denounce the administration for asserting that the 1991 resolution authorizing the Gulf War provides legal justification for a new invasion. One official said that while there may be a valid, by-the-book legal argument, “It’s very hard to get away with it in a political sense.”

As if to underscore that point, Sen. John Warner of Virginia, the senior Republican on the Armed Services Committee, complained Wednesday of an “information gap” between the White House and Congress and called for Defense Secretary Donald Rumsfeld to be summoned to the committee to explain the need for military action. ...

Some administration officials believe that another rebuff from Hussein regarding inspectors would strengthen the administration’s case before Congress. But a failure to win UN Security Council approval of military action to enforce Iraq’s commitment to disarm after the Gulf War could undercut the administration’s efforts, officials said.

Kofi Annan, the UN secretary general, seemed to confirm those fears at a news conference in Botswana on Wednesday when he said, “The UN is not agitating for military action” against Iraq.

China and Russia, which hold permanent seats and thus veto power on the Security Council, have said they oppose military action. France has demanded a Security Council vote, and has made it clear that it would oppose military action without some evidence of an imminent threat.

The debate over whether to keep demanding unfettered weapons inspections and whether to seek explicit Security Council approval for action against Iraq accelerated this week in part because it became evident that Vice President Dick Cheney and former Secretary of State James A. Baker III, a confidant of former President George Bush, see the issue differently.

Cheney said Monday that the return of inspectors to Iraq, even if they could roam freely, would be useless.

But Baker argued in an essay in *The New York Times* on Sunday that turning to the United Nations is a political necessity, a view heard often in the State Department.

Some senior U.S. diplomats said this week that they believe Baker may have been acting as a surrogate for the former president, and that the essay was an effort to ensure the current President Bush was hearing the counsel of those outside the most hawkish administration circles.

**[R: The war of words is at a near meltdown stage between the Zionist hard-liners in the Bush circle and the “conservatives” outside the circle. The hawks are pushing hard to override any congressional input and that has become too obvious a fact even for our controlled media to ignore. The American public is voicing its concerns and opposition, along with every nation in the world that is vehemently opposed to attacking Iraq and its people. We invaded Afghanistan and it is still a hotbed of instability and unrest. The people of Iraq have suffered for 11 years under the U.S./British embargo and a war would only add to their miseries or mercifully end them. Either way, that seems to be the plan that Rumsfeld, Cheney, and Sharon have in mind to build a Zionist empire in the Middle East?]**

#### POLITICS VS. JUSTICE AT THE HAGUE

By Ramesh Thakur, *International Herald Tribune*, 08/16/02

TOKYO—The policy of the United States toward the International Criminal Court appears to put politics over justice. But it has more merit than critics allow.

The U.S. position ensures that Americans continue to have full safeguards as criminal defendants. It is also consistent with balancing the competing requirements of peace, justice and reconciliation.

The International Criminal Court, or ICC, is not

embedded in a broader system of democratic policy making. There is no political check on it. In claiming jurisdiction over nationals of countries that are not members of the court, it displaces the state as the conduit of democratic representation without providing an alternative. Why should it have authority over a constitutionally legitimated democracy like the United States?

Washington may have been tripped by its own moves in setting up the international criminal tribunals for Yugoslavia and Rwanda, which generated an unstoppable momentum for a permanent court with universal jurisdiction. Yet the Hague and Arusha tribunals began as substitutes for effective action to halt preventable atrocities; they were not indicators of toughening new standards of international judicial accountability. By keeping them under the jurisdiction of the United Nations Security Council, the United States made sure that it controlled their destiny.

For justice to be done, it is important that the rule-of-law standard is scrupulously observed in the collection and presentation of evidence, the right to cross-examination of witnesses, and all other procedures that we associate with a fair trial. In the U.S. legal culture in particular, human rights law gives primacy to protecting the rights of the arrested and the accused over the requirements of the prosecution for securing conviction.

Impelled by the momentum of international accountability, the balance has shifted: the conviction rates of the ad hoc international tribunals have been notably higher than for criminal prosecutions in the United States. Washington itself has been complicit in this transformation from protecting the rights of the accused to privileging the case for the prosecution.

Criminal law, however effective, cannot replace public or foreign policy. Determining the fate of defeated leaders is primarily a political question, not a judicial one. The legal clarity of judicial verdicts sits uncomfortably with the nuanced morality of confronting and overcoming, through a principled mix of justice and high politics, a troubled past.

A criminal trial is not always the best instrument for collective memory and communal healing. It can cause more damage and solidify the very social cleavages that led to genocide and ethnic cleansing.

The international criminal justice route takes away from concerned societies the right to decide whether, how and who to prosecute for alleged mass crimes, and what punishment to inflict on those found guilty. It also takes away from them the options of alternative modes of reconciliation. The purely juridical approach to transitional justice traps and suspends communities in the prism of past hatreds.

South Africa, Mozambique and Rwanda have all made deliberate policy choices to escape cycles of retributive violence. The record of “restorative” justice systems in bringing closure to legacies of systematic savagery is superior to that of institutions of international criminal justice; the latter’s closure is more authoritative but also more partial and premature.

**Just as any law constrains any power, so international law would constrain U.S. international power. There lies the rub. Washington bridles at the audacity of the “international community” in wanting to constrain U.S. international behavior. For Washington, the United Nations exists to expand national policy options, not limit them.**

But the U.S. rejection of the ICC betrays a curious mixture of exceptionalism—the self-image of a good and great people divinely ordained to lead the world by example at home and activism abroad—and power politics: Why concede equal status to inferiors?

The ICC’s attraction is its global scope, giving it the authority to investigate heinous international crimes wherever, whenever and by whoever they are committed. Only universal liability can arrest and reverse the drift to

ad hoc universalism, from Nuremberg and Tokyo to the Yugoslavia and Rwanda tribunals....

**[JR: The world is caught up in our orbit of power, so we, like Israel, don’t have to play by the rules or laws others are bound by. The UN’s role is to ensure that the U.S./Zionist vision for the world moves forward unimpeded. What we do and how we do it is not for others to judge.]**

#### MUSHARRAF GRABS POWER WITH DECREES IN PAKISTAN

By David Rohde, *New York Times*, 08/22/02

ISLAMABAD, Pakistan—President Pervez Musharraf single-handedly enacted 29 amendments to his country’s constitution on Wednesday, granting himself near-dictatorial powers.

The new measures will allow him to change the constitution at will and dissolve the elected parliament as well as appoint the military chiefs and supreme court justices. It also includes progressive steps such as reserving 60 seats for women in the National Assembly.

Musharraf, appearing in military uniform at a news conference, said a new parliament to be elected in October would be unable to repeal the wide-ranging constitutional reforms.

“This is part of the constitution,” he said, waving his hand in the air. “I am hereby making it part of the constitution.”

Opposition leaders assailed the move and called on the United States to press him to reconsider his stand. The Pakistani leader, who declared himself president last year, is one of Washington’s closest allies in its effort against terrorism. ...

As the legal basis for his sweeping actions, Musharraf cited a May 2000 Supreme Court ruling granting him the right to amend the constitution.

Rights advocates and opposition groups dismiss that ruling as coerced.

Sidiqul Farooq, a spokesman for the Pakistan Muslim League, said the party would use every step short of violence to limit the power of Musharraf, who seized power in a bloodless coup in October 1999.

“He does not believe in the right of 140 million Pakistani people to rule the country through their elected representatives,” Farooq said. “No single person can play with the constitution.”

The wave of popularity he enjoyed upon seizing power after a decade of corrupt and incompetent civilian governments has faded. An April referendum, which granted Musharraf a 5-year term as president, was widely viewed as fixed, and polls show a majority of Pakistanis oppose the amendments.

Western diplomats expressed surprise at the general’s failure to be more politically astute.

**[JR: No individual should have the right to change their country’s constitution at will and yet it has become the rule rather than the exception. Our own President Bush has acted arbitrarily in assuming powers not granted to him by our own Constitution. It appears as though the leaders of the Philippines and Pakistan, (our close allies), have also been pressed into following our example as well. The U.S. is fast becoming the dominant force in leading the world towards Zionism and socialism through the establishment of dictatorships. This is what nation building and spreading our brand of “democracy” is all about.]**

#### IRAQI DISSIDENTS HELD IN EMBASSY INVASION

By Geir Moulson, *Daily News*, 08/23/02

BERLIN (AP)—A Berlin court has ordered the detention of five Iraqis who took their country’s top diplomats in Germany captive for five hours, judicial authorities said Thursday.

The five men, from 32 to 43 years old, could face as much as 15 years in prison if convicted of hostage-taking at the Iraqi Embassy, said Ariane Faust, a spokeswoman for the Berlin Justice Ministry.

The men, who were not identified, also are accused of causing bodily harm, attacking representatives of a foreign state and breaching the peace. They appeared in court late Wednesday.

German commandos stormed the embassy in a western Berlin suburb after a five-hour standoff Tuesday, freeing Iraq's acting ambassador, Shamil Mohammed, and his designated successor, Muaead Hussain.

The two men had been bound with tape and held at gunpoint by the assailants, who were armed with a loaded pistol, two tear gas guns, a hatchet and a stun gun. An Iraqi man and his German wife who had been at the embassy also were taken captive but were released, suffering from the effects of the tear gas.

A little-known dissident group calling itself the Democratic Iraqi Opposition of Germany faxed a statement to news agencies, reading, "We are taking over the Iraqi Embassy in Berlin and thereby take the first step toward the liberation of our beloved fatherland."

A statement from the Berlin Justice Ministry said, however, that "the detainees have yet to talk about the issue—the background and motives are still being investigated."

The five suspects had been living at a hostel for asylum-seekers in the state of Brandenburg, which surrounds Berlin. Four of them applied for asylum in March, and one last year, but Faust gave no details on when they entered the country.

Mohammed said he suspected that his captors were either Israeli or American agents attempting to gain German support for a U.S. attack on Baghdad. Germany has voiced opposition in recent weeks to a U.S.-led operation to oust Iraqi leader Saddam Hussein.

Iraqi dissidents said that they had never heard of the Democratic Iraqi Opposition of Germany and that it appeared to be a new organization.

The U.S. government said it had no knowledge of or contacts with the group.

**[JR: It seems as though these bogus liberators for Iraq may need to be liberated themselves from the German prison cells they now occupy. I doubt that these men were the future vanguard to oust Hussein. It is also doubtful that the U.S. or Israel was behind this embassy siege because these men lacked the skills to insure a successful mission. It would be interesting to know just who might be behind these bunglers.]**

#### PALESTINIAN POLICE RETURN LACKING EQUIPMENT, HOPE

By Christine Spolar, *Tribune*, 08/21/02

BETHLEHEM—In a single breath, Police Chief Ala Husni can list all the crime-fighting equipment he has for 400 officers and employees: three computers, three fax machines, 25 walkie-talkies and five police cars.

Everything else—dozens of radios, desks, computers and cars—is gone, whether ruined or stolen during months of Israeli army rule, leaving this police department once deemed the best-equipped in the West Bank "starting from zero," Husni said.

"We're starting as if we are back to 1994," he added, referring to the first year of the Palestinian Authority's existence. And how does Husni expect a cop to respond to emergencies if he has no cars? "He'll run or take taxis," the chief said.

A deal sealed by Israeli Defense Minister Benjamin Ben Eliezer and Palestinian Interior Minister Abdel Razak Yehiyeh on Sunday was to lead Israeli

troops out of this West Bank town and parts of the Gaza Strip. At the same time, Palestinian police officers would return to work in an attempt to restore Palestinian control to Palestinian territories.

But what has been billed as a pilot program to gauge Palestinian Authority ability and will to secure its own cities began Tuesday with the barest of necessities and, by all appearances, slim prospects for success.

By morning, Israeli troops were gone from the center of Bethlehem, but at least one armored personnel carrier was seen rumbling along a road at the southern edge of the city. As blue-uniformed Palestinian police officers ventured out on foot patrols or into street intersections to direct traffic, Israeli troops maintained a blockade around the city's outskirts.

In the Gaza Strip, there were no signs of a softening of military rule. Instead, there was an ominous increase in tensions: One Israeli soldier was killed by a Hamas sniper as the soldier guarded a Jewish settlement. The killing came after a vow from Hamas to ignore the effort to restore Palestinian control to parts of the West Bank.

By evening, Israeli forces showed that their self-described war against terrorism would not be forgotten amid even the smallest outbreak of peace.

For a second day, Prime Minister Ariel Sharon voiced no support for the change in policy in Bethlehem and Gaza. The prime minister's office also was silent in the face of criticism from hard-right political groups, such as the National Religious Party, which threatened to quit the Cabinet. ...

Mohammed Saadat was the brother of Ahmed Saadat, a leader of the Popular Front for the Liberation of Palestine. Ahmed Saadat is in jail in Jericho, accused in the slaying of Israeli Tourism Minister Rehavam Zeevi. ...

West Bank security chief Zuhair Manasra had warned earlier Tuesday that Israeli attacks, such as the one that killed Mohammed Saadat, could "bring about the collapse" of the agreement aimed at restoring calm in Bethlehem and Gaza.

"This depends not only on the Palestinians. This depends on the Israelis too," Manasra said in an interview.

The Israeli army said soldiers had intended to arrest Saadat but then killed him when he fired on them. The army described Saadat as an "active member" of the PFLP. ...

In Bethlehem, fears ran deep about the possibility of provocations—and many acknowledged that another attack could easily derail efforts to regain control over Palestinian lives.

"There are no guarantees with the Israelis," said one 20-year-old police officer, walking down the center of Star Street, just off Manger Square. "We do what we can do."...

In the months since Israeli troops entered Bethlehem, Ibrahim said he had lost thousands of dollars from spoiled drugs and almost all hope that his business would survive. He added that he had absolutely no hope that the breakthrough in Bethlehem would hold.

"Watch," he said. "Any small problem will bring the Israelis back."

**[JR: Poor town of Bethlehem. When the Israelis left they didn't leave much behind for the Palestinians to "police" themselves. What is left is a reminder to the Palestinians that their hope for a future in the little town of Bethlehem, is as fragile as the peace we all pray will come to be.]**

#### AZERBAIJAN REFERENDUM RAISES CONCERNS

By Richard Allen Greene, *Tribune*, 08/23/02

BAKU, Azerbaijan—Voters in this oil-rich former Soviet republic had a big task ahead of them Saturday. They were being asked to consider nearly 40 amendments to the constitution in a national

referendum that has elicited concern from the U.S. State Department and international organizations.

The country's president, former KGB general and Soviet Politburo member Geidar Aliev, says the changes are required to bring the country into line with its international obligations as a member of the Council of Europe. But critics say the rewriting of the constitution is designed to stifle opposition and enable the aging president to hand power over to his son.

Voters are being presented the lengthy ballot only two months after Aliev called the referendum. Within days, the usually fragmented opposition issued a united call for a one-month delay in voting to give the public time to learn more about the issues, a request that the U.S. State Department supported. The government ignored the request.

The opposition responded by calling on its supporters to boycott the referendum.

An official with the National Democratic Institute, a congressionally funded organization that encourages the development of democracy worldwide, characterized the ballot as a "snap vote."

The United States has a strategic interest in the future of Azerbaijan, which controls large oil and gas reserves in the Caspian Sea. Construction is due to begin this fall on a 1,050-mile pipeline from Baku to the Turkish port of Ceyhan. The pipeline would make it possible to transport oil to the West from the Caspian exclusively through pro-Western countries.

Experts have welcomed some of the proposed changes. But there are fears about the elimination of proportional representation in the parliament and a planned change in the order of succession if the president is incapacitated.

Many Azeris say the change essentially will enable Aliev, who is 79 and has serious health problems, to name his son as his successor.

#### OPPOSITION CHALLENGES AZERI REFERENDUM WIN

By David Stern in Baku, *Financial Times*—Europe, 08/26/02

A weekend referendum in the former Soviet state of Azerbaijan—viewed as an attempt by Heydar Aliyev, the country's authoritarian president, to tighten his grip on power—was riddled with fraud, Azeri opposition groups said on Monday.

Leaders of the country's four leading opposition parties told journalists that only 15 percent of the voting population had turned out—less than the 50 percent needed for the vote to be valid—and that massive ballot rigging and voter intimidation had taken place.

The referendum was to approve 39 changes to the country's 10-year-old constitution, and could possibly smooth the way for Mr. Aliyev's 40-year-old son, Ilham, to assume power. Azeri officials said the changes were needed in order to bring the country in line with western democratic standards.

Azerbaijan's central election commission announced on Sunday that some 88 percent of the electorate had participated, of which 97 percent voted in favour of the changes.

But according to a monitoring exercise conducted by the opposition, in which some 12,000 observers monitored the voting, "The will of the people was distorted and a state-organised crime took place."

Observers said they recorded overwhelming instances of ballot stuffing, intimidation and other irregularities. Government workers were, they say, given an "invitation" to vote, which they needed to stamp at the voting station, or else face possible dismissal.

In one electoral precinct, their report says, 100 percent of the electorate were recorded as having voted, including individuals listed as deceased. The

local election chief, when asked about the discrepancy, is said to have retorted that the voters had died on the way home after casting their ballots.

International observers also said they witnessed examples of gross violations. Previous elections in the oil-rich, Caspian republic have fallen far short of international standards. As a result, few expected this referendum to pass by anything but the largest of margins.

Azeri central election officials said that they had received “not one” report of any irregularities.

The referendum’s significance stems from its potential to aid an anticipated handover of power from Mr. Aliyev, 79, who is said to be in ill health, to his only son, Ilham, a vice-president in the state oil company. The younger Aliyev is not generally considered to be as popular or as strong-willed as his father, however.

The constitutional changes proposed would institute an exclusively first-past-the-post system for elections to parliament, eliminating all proportional representation. Opposition parties said that this would allow Mr. Aliyev to further reduce their already meager numbers in the legislature. ...

Should Mr. Aliyev be unable to fulfil his duties, the Prime Minister takes over for a three-month period while elections are organised. Ilham could himself become premier, observers say, or another individual could be named to facilitate the younger Aliyev’s path to the presidency.

Mr. Aliyev however remains silent on who he would like to see succeed him. He also says that he plans to run for another five-year term in next year’s presidential elections.

**[JR: The State Department said Monday “a weekend referendum on constitutional reform in Azerbaijan appears to have been marred by widespread irregularities including voter list fraud.” The major opposition IS the U.S., which was openly critical even prior to the vote on the referendum. I’m sure the Bushites want their own man in this oil-rich, Caspian republic. The CIA is working overtime to oust its authoritarian president by interfering in the internal affairs of his government and increasing tension with the breakaway Nagorno-Karabakh region of Azerbaijan through an exchange of gunfire between Armenian and Azeri troops. This threatens to topple an eight-year cease-fire. As in the “war on Terrorism,” every move on this global chessboard is oil-related. Where there’s smoke, there’s fire and where there’s oil, there’s a covert move for its control.]**

#### NASA PLANS TO READ TERRORISTS’ MINDS AT AIRPORTS

By Frank J. Murray, *Washington Times*, 08/17/02

Airport security screeners may soon try to read the minds of travelers to identify terrorists.

Officials of the National Aeronautics and Space Administration have told Northwest Airlines security specialists that the agency is developing brain-monitoring devices in cooperation with a commercial firm, which it did not identify.

Space technology would be adapted to receive and analyze brain-wave and heartbeat patterns, then feed that data into computerized programs “to detect passengers who potentially might pose a threat,” according to briefing documents obtained by the *Washington Times*.

NASA wants to use “noninvasive neuro-electric sensors,” imbedded in gates, to collect tiny electric signals that all brains and hearts transmit. Computers would apply statistical algorithms to correlate physiologic patterns with computerized data on travel routines, criminal background and credit information from “hundreds to thousands of data sources,” NASA documents say.

The notion has raised privacy concerns. Mihir Kshirsagar of the Electronic Privacy Information Center says such technology would only add to airport-security chaos. “A lot of people’s fear of flying would send those meters off the chart. Are they going to pull all those people aside?”

The organization obtained documents July 31, the product of a Freedom of Information Act lawsuit against the Transportation Security Administration, and offered the documents to this newspaper.

Mr. Kshirsagar’s organization is concerned about enhancements already being added to the Computer-Aided Passenger Pre-Screening (CAPPS) system. Data from sensing machines are intended to be added to that mix.

NASA aerospace research manager Herb Schlickemaier told the *Times* the test proposal to Northwest Airlines is one of four airline-security projects the agency is developing. It’s too soon to know whether any of it is working, he says.

“There are baby steps for us to walk through before we can make any pronouncements,” says Mr. Schlickemaier, the Washington official overseeing scientists who briefed Northwest Airlines on the plan. He likened the proposal to a super lie detector that would also measure pulse rate, body temperature, eye-flicker rate and other biometric aspects sensed remotely.

Though adding mind reading to screening remains theoretical, Mr. Schlickemaier says, he confirms that NASA has a goal of measuring brain waves and heartbeat rates of airline passengers as they pass screening machines. ...

“Screening systems must address privacy and ‘Big Brother’ issues to the extent possible,” a NASA briefing paper, presented at a two-day meeting at Northwest Airlines headquarters in St. Paul, Minn., acknowledges. Last year, the Supreme Court ruled unconstitutional police efforts to use noninvasive “sense-enhancing technology” that is not in general public use in order to collect data otherwise unobtainable without a warrant. However, the High Court consistently exempts airports and border posts from most *Fourth Amendment* restrictions on searches.

“We’re getting closer to reading minds than you might suppose,” says Robert Park, a physics professor at the University of Maryland and spokesman for the American Physical Society. “It does make me uncomfortable. That’s the limit of privacy invasion. You can’t go further than that.”

“We’re close to the point where they can tell, to an extent, what you’re thinking about by which part of the brain is activated, which is close to reading your mind. It would be terribly complicated to try to build a device that would read your mind as you walk by.” The idea is plausible, he says, but frightening.

At the Northwest Airlines session conducted Dec. 10-11, nine scientists and managers from NASA Ames Research Center at Moffett Field, California proposed a “pilot test” of the Aviation Security Reporting System.

NASA also requested that the airline turn over all of its computerized passenger data for July, August and September 2001 to incorporate in NASA’s “passenger-screening testbed” that uses “threat-assessment software” to analyze such data, biometric facial recognition and “neuro-electric sensing”.

Northwest officials would not comment.

Published scientific reports show NASA researcher Alan Pope, at NASA Langley Research Center in Hampton, Virginia, produced a system to alert pilots or astronauts who daydream or “zone out” for as few as five seconds.

The September 11 hijackers helped highlight one weakness of the CAPPS system. They did dry runs that show whether a specific terrorist is likely to be identified as a threat. Those pulled out for special checking could be replaced by others who do not raise

suspensions. The September 11 hijackers cleared security under their own names, even though nine of them were pulled aside for extra attention.

**[JR: Big Brother is really going all out to invade the rights of its citizens as well as foreigners. Suspected criminals can not be forced to take a lie detector test, and these tests also can’t be used as court evidence because they are termed unreliable. Do they actually believe that we will allow this remote electronic lie detection to scan every passenger processed through airports to calmly accept this “for the personal safety of all passengers”? Get real! What will happen is that the volume of airline passengers will dwindle down to nothing because people are sick of the hassle we are subjected to—all for the privilege to fly. No thank you. We can always travel by train or bus and if their security becomes too intrusive, there is always MY WAY ON THE HIGHWAY.]**

#### INTEREST IN SATELLITE CHILD LOCATORS GROWS WITH RECENT ABDUCTIONS

*Tampa Bay Online*, 08/24/02

SAN JOSE, Calif. (AP)—Given the recent spate of high-profile child abductions, Eric Wasman now double-bolts his front doors and shuts his windows even on hot nights.

And soon, he’ll arm his two young daughters, ages 4 and 2, with high-tech, satellite-linked bracelets he hopes will keep them safer and buy him some peace of mind.

The bracelets, locked onto a child’s wrist and worn like an oversized wristwatch, have built-in technology that lets parents track their children’s whereabouts by Internet or phone. In a kidnapping or other worst-case scenario, the wearer can contact 911 by pressing two buttons.

“When it comes to your kids, you can’t be too careful,” said Wasman, a mortgage broker in Redwood City. “And the worst thing is just not knowing.”

Experts on missing children warn that such devices, while expensive—Wasman will be paying about \$800 for the pair and about \$30 in monthly service fees—are not foolproof and could give parents a false sense of security.

“Parents need to realize what these devices can and cannot do,” said Tina Schwartz of the National Center for Missing and Exploited Children. “It doesn’t take the place of safety education and line-of-sight supervision.”

The locators have won endorsements from both Oprah Winfrey and Marc Klaas, whose 12-year-old daughter, Polly, was abducted from her bedroom and killed in 1993.

The 3-ounce locators Wasman is considering are due to be released next month by Redwood Shores-based Wherify, which spent four years developing its locator and tracking service. Similar people trackers are offered by Applied Digital and other companies.

Wherify’s GPS Personal Locator combines global positioning system satellite and digital wireless technologies to pinpoint a wearer’s position within a few feet, the company says.

Parents can view satellite or street maps on Wherify’s Web site or call a toll-free number to obtain their kids’ location and movements within a minute.

A “bread crumb” mode lets parents preset times for tracking: The monitoring service would contact the parent by phone, pager or fax if the child isn’t at the right location.

Parents lock the bracelet, made of water-resistant material, onto a child’s wrist and can unlock it by key or remotely. Cutting or forcibly removing the band would activate an alarm for the company’s emergency operators.

A series of high-profile kidnappings of children this year has worried parents across the country. In suburban San Diego, a man was convicted last week in the kidnapping and killing of 7-year-old Danielle van Dam. Samantha Runnion, a 5-year-old kidnapped from Orange County, Calif., and Cassandra

Williamson, 6, kidnapped in Missouri, were both found slain. And Elizabeth Smart, a teenager taken from her bedroom in Utah, is still missing. ...

Despite the attention to recent cases, experts say abductions by strangers remain rare. The National Center for Missing and Exploited Children estimates the total number of cases annually at 100 now, down from 200 to 300 in the 1980s. ...

**[JR: Another money-maker in our free enterprise system. Child abduction 'news hype' is all meant to get everyone on the "Put a chip in them" campaign. Anyone who thinks having a "chip" inserted into their kids' body or wearing a bracelet is going to prevent them from being kidnapped is dreaming. It may help you find them later but it may be too late, and won't PREVENT anything from happening. I noticed it said nothing about the child being able to set it off if they are abducted. Within the first few months parents may be observant but time will cause them to become lax and preoccupied with other matters. If too many parents are too busy to watch their children, then it's too bad they weren't too busy to conceive them to begin with.]**

#### SQUEEZING LAST DROP OUT OF CUBA EMBARGO

By Patrick Michael Rucker, *Tribune*, 08/18/02

Reading that James Sabzali was convicted on 20 counts of trading with the enemy, one might conclude that federal prosecutors busted a terror agent rather than a water-purifier salesman. In fact, Sabzali may spend the next 20 years in prison for making Cuban water safe to drink.

It's somewhat surprising that Cuban-embargo enthusiasts are not crowing about Sabzali's conviction, considering it is one of the few successfully prosecuted cases of its kind. Then again, perhaps it's more fitting that they remain silent. The authors of American policy toward Cuba would prefer that the public treat the embargo as something akin to a papal decree—inscrutable, shrouded in mystery and obeyed nonetheless.

The last thing that they want is a lot of awkward questions.

But now, as the policy designed to liberate Cuba marks its 40th year and Fidel Castro celebrates 43 years in power, the embargo seems to deserve some scrutiny. Although President Bush vowed to stand by a highly principled and effective policy last May, the Sabzali case revealed the embargo to be something much more arbitrary and haphazardly applied.

Sabzali, a Canadian citizen, got involved in trade with Cuba while working as a contractor for American firm Bro-Tech Inc., a manufacturer of water-purification resins, in the early '90s. Bro-Tech, based in Philadelphia, used Sabzali, working from Ontario, as its agent for sales to Cuba. It was an ideal arrangement. While American firms are prohibited from trading with Cuba, Canadian firms are equally prohibited from complying with the American embargo—a policy adopted by many countries unmoved by arguments for Cuban isolation.

In one light, as a Canadian doing business in Canada, Sabzali actually was compelled to trade with Cuba. Bro-Tech did not invent this scheme, but it suited them quite well. Over the years, the firm did more than \$2 million in trade with Cuba.

The story might have ended there, but over time, Bro-Tech's dealings grew more brazen.

Sabzali was transferred to Philadelphia and the company began recording Cuban transactions directly into its American books. An accountant cautioned the firm about its Cuba dealings and was fired.

Bro-Tech officials thought that Sabzali's nationality shielded them from prosecution; federal investigators disagreed. Last April, Sabzali, Bro-Tech and the company's founding brothers, Donald and Stephan Brodie, were convicted on charges of violating the Cuban embargo.

The striking thing about Sabzali's trial was the unique sense in which the word "embargo" was used. Judging by the rhetoric from proponents of the embargo, one might believe that the policy left Cuba hermetically sealed from American commerce. In fact, there is virtually no hindrance to American firms interested in trading with the island. Getting caught was the most egregious thing that Sabzali did.

In 1995, U.S. corporations were permitted to register their trademark in Cuba. Heinz, Gillette and Pizza Hut are among the 4,000 companies that have paid to protect their brand names if and when the country opens to capitalism. According to a recent report from the accounting firm PricewaterhouseCoopers, some of America's most respected companies, such as General Electric, Microsoft, IBM and Coca-Cola, already have a presence in Cuba.

The Commerce Department routinely issues Cuba export licenses to manufacturers of health-care products. "That exemption is viewed rather expansively," according to John Kavulich, president of the U.S.-Cuba Trade and Economic Council Inc., an organization that gives advice to American firms seeking to do business in Cuba.

For the sake of a postage stamp and a few phone calls, Bro-Tech might have found that their trade with Cuba was perfectly legal. At the end of the trial, as the embargo lay exposed as vague, reluctantly enforced and manifestly ineffective, only one question remained: Why does it continue? ...

But at least the Sabzali case shows that the embargo has at least some teeth, right? Not really.

Steven Brodie's conspiracy conviction was overturned last month. His brother, Donald, and Sabzali are due to be sentenced in three weeks, but attorneys for the men are working on an appeal.

#### CUBA GETS U.S. GOODS DESPITE EMBARGO

By Gary Marx, *Tribune*, 08/18/02

#### *Famous brands spill into nation, fill store shelves*

HAVANA—Does Fidel Castro wear Nikes, or doesn't he?

Several members of a U.S. delegation were asking each other that question last month after they chatted with the Cuban president and noticed that, in addition to his pressed olive-green military fatigues, he was decked out in stylish black tennis shoes. ...

But the idea that Castro may be sporting one of the most recognized American brands illustrates the prevalence of U.S. products here even as pressure builds in Washington to lift the 40-year-old economic embargo. ...

In addition to Nike running gear, Cuban stores carry Tide detergent, Clorox bleach, Jack Daniel's whiskey, Heinz Ketchup, Dial soap, Rubbermaid coolers, and Gillette razors and aftershave.

Feel like playing tennis? You can purchase a brand-new Wilson racket and balls. Thirsty? How about some Coca-Cola, Sprite or Fanta. Need to work on the house

or garden? One Havana store carries Black & Decker power saws and drills, along with American-made garden hoses complete with a three-year warranty.

None of the U.S.-brand merchandise appears to be here with U.S. government approval, according to the U.S.-Cuba Trade and Economic Council, a group that tracks U.S. trade and investment in the island.

But that will change Sunday when the first authorized shipment of U.S.-brand food products in years is scheduled to arrive in Havana under an easing of the embargo that allows the direct sale of agricultural and food products.

The products, which include butter, margarine and breakfast cereals, are being sold to Cuba by Marsh International, an Indianapolis-based supermarket chain.

Cuba for years has stocked its shelves with U.S.-brand products by working through a network of companies that buy them in third countries or by dealing with hundreds of middlemen and wholesalers.

Some of the products are made in the U.S. Others are made in countries such as Mexico, Panama and Canada and shipped to Cuba. The goods are generally priced in dollars and sold in state-run stores, providing Cuba with badly needed hard currency.

"They have always been able to bring things in," said Wayne Smith, a Cuba expert who headed the U.S. diplomatic mission here from 1979 to 1982. "They can get everything."...

Experts say most companies have no idea the products are here and, even if they do, they can't do much about it. One reason, according to a 1998 General Accounting Office report, is that "few countries cooperate with U.S. enforcement of the embargo."...

**[JR: The conviction of the Canadian, Sabzali for violating the U.S. embargo against Cuba is an arbitrary one, and is ludicrous at best. When we signed the NAFTA trade agreement with Canada and Mexico why were they not bound to honor our embargo against Cuba? Why after over 40 years do we still have an embargo? America's biggest companies are busily engaged in registering their trademarks in Cuba and are eager to do business in Fidel's Castroland? Bush's opposition to lifting the embargo makes no sense to those of us who are not intellectually challenged as is the President and his brother, Jeb. Cuba is not a haven for al-Qaida and doesn't have any known weapons of mass destruction. If the U.S. can make trade agreements with our past enemies, why not with our close neighbor Cuba? The bottom line is that all is forgiven and forgotten in the business wars because it is the sales and profits that really matter?]**

#### DEMOGRAPHICS, APATHY BLAMED IN MCKINNEY DEFEAT

By Dahleen Glanton, *Tribune*, 08/22/02

DECATUR, Georgia—For the entire decade Rep. Cynthia McKinney has served in Congress, a coalition of conservative Whites made it their mission to get her out of office. But in the end, it was her most loyal constituents—middle-class African-Americans—who did her in.

Many Black voters—who in the past had always come through to lift the outspoken liberal Democrat to victory in spite of strong opposition adversity—stayed home Tuesday, giving the race to a more moderate Black candidate who had spent her campaign building a base that is mostly White.

The Southern Democratic primary was watched across the country for its racial dimension as well as the conflict it represented between American Jews and Arab-Americans. It ended in a way few would have predicted a year ago: McKinney, whose campaign was financed largely by Arab-Americans, lost to Denise Majette, a political unknown who raised \$1.1 million from Jewish groups and conservative Whites, including Republicans. ...

However, some political analysts said McKinney lost touch with many of her core constituents, including moderate Blacks and liberal Whites.

"Cynthia went too far to the left in giving the impression that she was embracing Arab causes," said Harry Ross, an Atlanta political consultant. "It may not have been true, but she was never able to overcome that perception, particularly with the Jewish population."

McKinney was criticized for accepting campaign money from some Arab-Americans under federal investigation for allegedly supporting terrorist activities.

A visit to Atlanta on her behalf by Nation of Islam leader Louis Farrakhan the weekend before the election alienated some voters, analysts said. And her father, longtime state lawmaker Billy McKinney, further angered Jews when he went on television on Monday and said what he thought was the reason for his daughter's tough fight: "J-E-W-S," he spelled out in the interview.

In recent months, Jewish groups from out of state poured hundreds of thousands of dollars into Majette's \$1.1 million war chest. In the final weeks, television and radio ads inundated the airwaves, lifting the name recognition of the former DeKalb County judge who said she entered the race without a dime.

Her growing popularity fueled an e-mail and flier campaign by Republicans to encourage others in the GOP to abandon their primary and cross over to vote—not so much for Majette but against McKinney. They did so in great numbers, helping Majette garner 58 percent of the vote to McKinney's 42 percent. ...

Regardless of what the Republicans did, the ultimate decision was left with African-Americans, according to Rev. Joseph Lowery, who co-founded the Southern Christian Leadership Conference with Rev. Martin Luther King Jr.

"We had almost 150,000 African-Americans in DeKalb County, and had we gotten a significant turnout—if we had thought there was enough at stake—we could have overcome those who were part of the assault," said Lowery, head of the Georgia Coalition for the People's Agenda. ...

"This race gave us a wake-up call, and we are going to have to rise to the occasion."

[JR: The "wake-up call" for the Black Southern Christian leadership is its failure to protect one of their own candidates. There may not be a next time for them, as Ms. Majette was elected with the understanding that she would promote the agenda of those so "privileged" who put her office, and not the people of her district. It was not Rep. McKinney's liberal viewpoint that was her undoing as much as her association with Arab-Americans. The Zionist movement has become a powerful driving force in our campaigns and in influencing the outcome of our U.S. elections. Their interference in the political process has effectively eliminated the independent candidate who does not have the support of their media nor the access to their friends in high government places. Elections in America have become a forum for bribes and influence peddling as well as a bonanza in revenue for the ringleaders in control of the media circus.]

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The United States Immigration Service has in recent years relaxed requirements for many high-tech workers, in recognition of the global demand for skilled workers in this field. H1-B visa status—which applies to entertainers, athletes and those who otherwise possess unique skills—is easier to obtain now than at any time in the past. Wouldn't it be nice if an American company needed you badly enough that it would help you to qualify for an H1-B visa? You just might have a LOT to offer this country!

H1-B visa quotas are often filled quickly but there is another type of visa that might be of interest to any foreign national working in a management capacity. An executive or manager of a foreign corporation affiliated with a U.S. corporation can qualify for an L visa, if the following requirements are fulfilled:

1. The foreign corporation must be affiliated with the American (Nevada) corporation and should have assets in excess of \$500,000.
2. Document that you are in fact an executive or manager of a foreign corporation affiliated with the U.S. corporation.
2. Document that the U.S. corporate affiliate is in need of someone with your skills and abilities. (An advertisement demanding a special combination of skills and abilities that just happen to match your own will help a lot.)
3. Document your skills and abilities relative to the U.S. corporation's needs.

In addition to the L-type visa, foreign nationals may be able to avail themselves of E-type visas, which typically involve investment in U.S. businesses. We suggest you consult with an immigration attorney.

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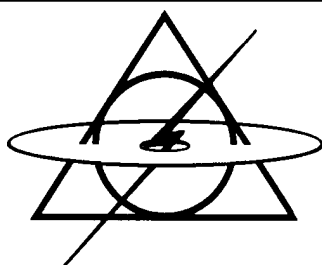
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I want to briefly respond to a most unusual question from a totally "out of the blue" person: "It appears *Spectrum* will fail, possibly close, so will you go back to writing for *CONTACT* or what?"

I have never stopped writing for *CONTACT*—but I have NOT written, nor have my compatriots written for *Spectrum*. Tails wag a lot of dogs, my friends. Therefore, "or what" has no meaning.

January 6, 2001